

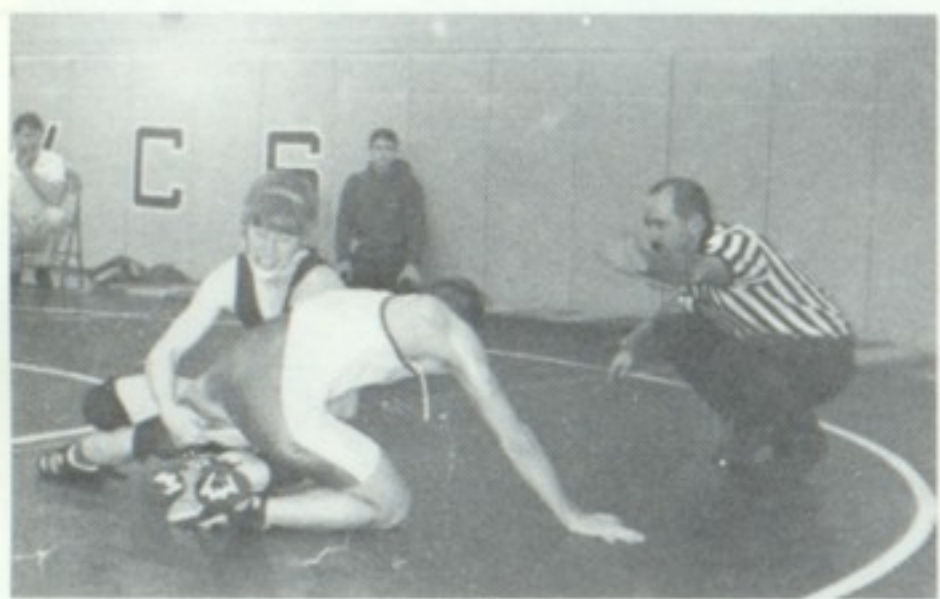
# Lyndonville Wrestlers Have "Banner" Year



This season's Varsity Wrestling team had its ups and downs. After losing some close matches, the Tigers were still able to capture the Division banner for the fourth year in a row. A strong performance was put forth by all in the Sectional meet, but only three wrestlers were able to advance to the next level. Brett Wilson, Seth Rak, and Tom Russo all gave a maximum effort at the Super Sectionals and represented Lyndonville well.

Lyndonville Tigers  
1995-1996 Wrestling

Row 1: S. Weese, S. Buffin, T. Russo, B. Truelson, S. White. Row 2: J. Houseman, M. Jurinich, B. Wilson, L. Silversmith, S. Rak, A. Doran, J. Monthony, N. Flugal, Coach J. Fisher.



Kneeling: J. Hayton, J. Blair.  
Standing: J. Lowe, B. Hurley, P. Raduns, J. Ostrander.

## J.V. Wrestlers



# Boys Modified Basketball

The boys modified basketball team did an excellent job representing Lyndonville during this year's season. The team's offense proved to be virtually unstoppable, as they racked up an amazing 90 points per game. The defense was also outstanding, with Brian Howell stuffing an unbaleavable 15 stuffs overall this season. Merrill Fredricks was an animal on the court breaking a Lyndonville record with technical fouls on the season.



Kneeling: J. Dent, M. Rhodes, M. Haul, A. Eckerd, J. Derrick. Standing: Coach Holland, B. Gapa, M. Fredericks, T. Macadoo, B. Howell, J. Polar, T. Hollaway.

# Modified Wrestling



Kneeling: A. Helsdon, J. Gerling, J. Oakes, B. Millis, JJ Heideman, Luke Schnell, T. Weber, Z. Blair. Standing: S. Fuller, A. Bentley, B. Thering, M. Fredericks, J. Bruning, T. Macadoo, B. Rosenberg, M. Rhodes, M. Johnson, Mr. Gress.

The season for Boys Modified Wrestling began on October 24, 1995 with the first practice. The boys worked tirelessly to earn their 4-1 record. This year's team of 17 got experience by practicing several times with the Varsity Wrestling team. Mr. Jeff Gress did a fine job of guiding these athletes through each practice, scrimmage, and match. The team was led by Co-Captains Brain Millis and JJ Heideman.

The coach remarked that "the team worked well together and they seemed to enjoy themselves a great deal".

A budget request has been put in by the squad for the large gym to be made available for some home matches next year, as the multi-purpose room does not allow enough room for spectators, and the wrestlers must sit on the floor.