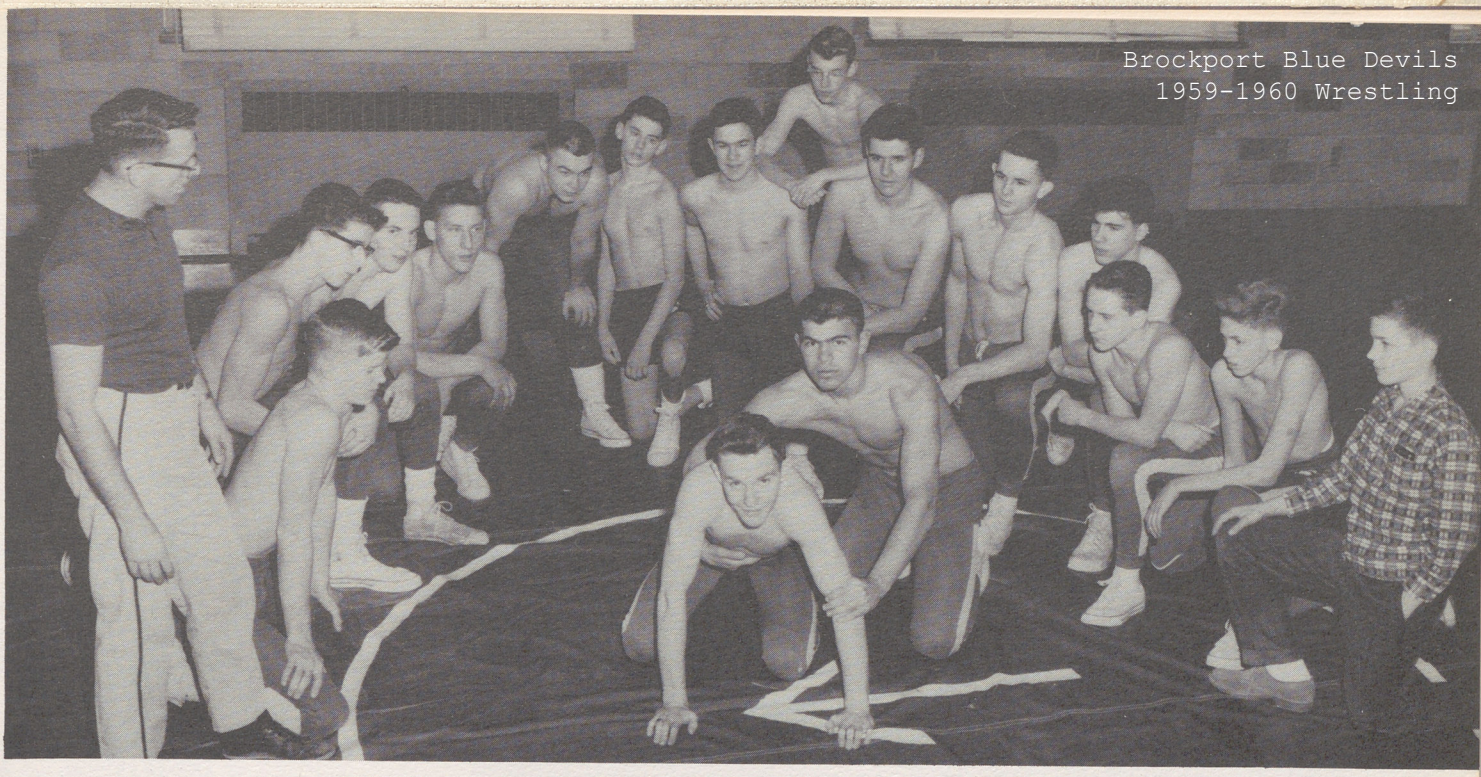


Center: G. Nesbitt, F. Flemming. *Standing:* Mr. Aceto, T. Faill, R. Davis, R. Eastman, D. Mehserle, R. Gartley, J. Mahle, D. Baker, L. Coleman, N. Hegadorn, R. Merle, P. Randazzo, C. Fox, T. Nichols, D. Welch. *Absent:* V. Avel, R. Seaman, R. Taube.

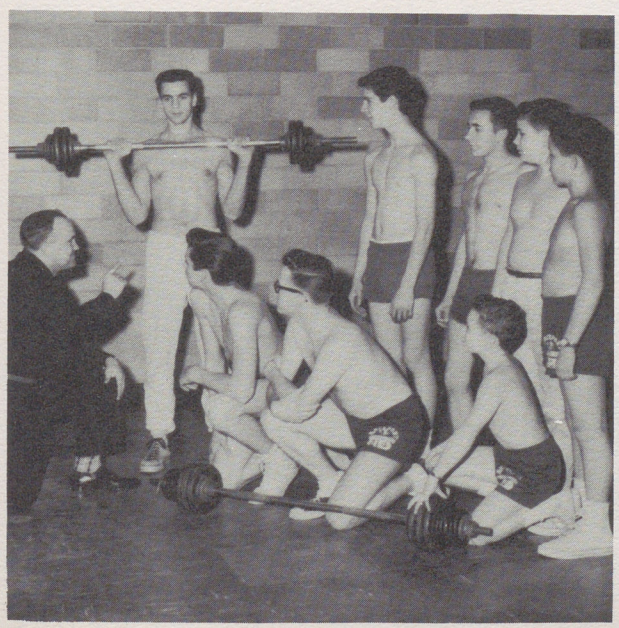
Wrestling

Gaining in popularity with both spectators and participants, wrestling is great for keeping athletes in shape during the winter months. Besides mastering various holds and conditioning their bodies, the wrestlers also gain the self-confidence that comes from knowing that they can handle opponents their own weight.

Weightlifting

Weight lifting is an activity just recently gaining in popularity. The weight lifters soon begin to feel muscles they never knew they had before. This leads to good, healthful exercise and conditioning of their bodies.

First Row: Mr. Beaney, G. Horn, R. Rayburn, R. Moore. *Second Row:* T. Seveins, P. Armstrong, J. Stirk, R. Sime, R. Annlot.



Apparatus

A new activity at B. H. S., working on the apparatus has interested many winter athletes. Participants learn to work with the different equipment and to perform many acrobatic stunts.

First Row: M. Conradt, S. Coleman. *Second Row:* A. Sealey, W. Whitman, T. Nichols, H. Pratt, C. White. *Third Row:* Coach Nietopski, P. Randazzo, N. Hegadorn, S. Warthman, A. Mitchell, *Cadet;* D. Mehserle, *Cadet;* A. Blau.