

APEX Wrestling Camp

Presented by APEX Wrestling Club August 1st - 4th, 2022

APEX Wrestling Commuter Camp is open to all wrestlers in the 7th Grade and up. Wrestlers will have instruction each day and practice designed to provide a high level of instruction, drill, and competitive live wrestling situations.

This camp will also focus on preparing for the 1000 Island Team Duals

Date: August 1st- 4th, 2021

Time: 9:00 am through 1:00 pm

Location: Pittsford Sutherland High School Multipurpose Gymnasium
55 Sutherland St, Pittsford, NY 14534

Use Jefferson Road entrance

Fee: \$80.00 which includes instruction and a t-shirt

Register: Online at <http://apexwrestling.com/dcamp.html>

Clinicians:

- Sean Peacock- Assistant Wrestling Coach at RIT, NCAA All-American at SUNY Brockport, 4x NYS Place winner, 3x NYS Finalist and NYS Champion
- Troy Seymour- Assistant Wrestling Coach at Oswego State, NCAA Qualifier for Oswego State, 4x NHSCA All-American, 4x NYS Qualifier, 2x NYS place winner
- Jason Bovenzi- Head Wrestling Coach at RIT, Former Pittsford High School, East Rochester and Honeoye Falls-Lima Head Wrestling Coach, Coach of 2001 Monroe County East Champions, Coach of 2005 Monroe County Division 1 Champions Coach of the 2022 Section V Class B1 Championship team, 3-Time NCAA All-American, 2-Time NCAA National Champion, Monroe County League Coach of the Year- 2000, 2001 & 2005, Section V Class C Coach of the Year- 2001, Section V Class B1 Coach of the year 2022.

Camp Questions: Jason Bovenzi ~ apexwrestling@rochester.rr.com ~ (585) 802-5799

