



# SPENCERPORT JUNIOR RANGERS



## WRESTLING CAMP

**Camp Director:** Joe Gallina Assistant Wrestling Coach Spencerport High School

**Contact Info: Phone:** 721 – 6289 **email:** jgallina@spencerportschools.org

**Location:** Spencerport High School Auxiliary Gym

### Elementary School Wrestling Camp

**Who:** Wrestlers entering grades 3 – 6

**Cost:** \$65.00

**Date:** July 14 - 18

**Time:** 9:00 – 11:00

**Camp Description:** Basic skills and techniques will be taught from all three phases of wrestling: Top, Bottom and Neutral Position. Wrestlers will practice technique, Wrestle live and participate in mat activities that will aid in honing their skills.

#### WRESTLER INFORMATION

**Name:** \_\_\_\_\_ **SCHOOL:** \_\_\_\_\_

**GRADE:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**T-SHIRT SIZE:** YM YL S M L XL

*PLEASE CIRCLE*

#### PARENT GUARDIAN INFORMATION

**PARENT/GUARDIAN:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_ **CELL PHONE:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**Please make checks payable to:** Spencerport Varsity Club C/O Wrestling

**ALL REGISTRATION MUST BE RECEIVED BY JUNE 26th**

*Send Registration to:*

Joe Gallina

113 Laura Lane

Brockport, NY 14420

**2008 NYS  
CHAMPIONS**

**Ranked 10th in the Nation**