

YOUTH WRESTLING CLINIC



GRADES: **Boys & Girls** Grades 1st through 8th
(Modified wrestlers are welcome and encouraged to participate, you can still wrestle in Youth Tournaments.)

PLACE: **Brockport High School Wrestling Room**

DAYS: **Tuesday and Thursday evenings through March**

TIME: **Grades 1-3:** 6 - 7pm, Starts January 3, 2019
Grades 4-8: 7 - 8:30pm, Starts December 4, 2018

REGISTRATION: **Tuesday November 13th, 2018, 6:00 P.M. – 7:30 P.M.**
Brockport High School -- Pool Entrance * Cash, Checks or Credit Cards Accepted
(There will be an opportunity for late registration on the first day of practice)

COST: **Grades 1-3: \$75.00 Grades 4-8: \$100 MODIFIED WRESTLERS: No Charge**

If you are registering more than 1 wrestler per family, additional wrestlers are \$50.00.
(This price includes: Instruction, a Brockport Youth Wrestling T-shirt and end of the season pizza party.)

INSTRUCTORS: Paul Carella, Christian Boley, Brian Davies, Rich Wood, Josh Miesch Scott Oechsle, Dan Legault

QUESTIONS: Paul Carella: Paul.Carella@bcs1.org, Brian Davies: 260-4376, or
BrockportYouthWrestling@gmail.com

The clinic will cover wrestling techniques, conditioning and safety aspects in the sport of wrestling

Follow us on [FACEBOOK](#) for latest info: [Brockport Youth Wrestling](#)

**** ALL RECREATION PROGRAMS ARE "PARTICIPATE AT YOUR OWN RISK" ****

OPEN MATS START NOVEMBER 6th, 2018 - Tues & Thurs 6 -7:30pm (FREE TO ANYONE)

(Cut and Bring to Registration)

REGISTRATION FORM

PARTICIPANT'S NAME _____ GRADE _____ D.O.B.____/____/____

ADDRESS _____ DO YOU HAVE NYWAY CARD? YES or NO

T-SHIRT SIZE **YOUTH: 6-8 (S)** _____ / **10-12 (M)** _____ / **14-16 (L)** _____

ADULT: SMALL _____ / **MEDIUM** _____ / **LARGE** _____ / **X-LARGE** _____

PHONE NUMBER _____ EMERGENCY PHONE NUMBER _____

DO YOU APPROVE THE USE OF YOUR CHILD'S PHOTOS ON OUR FACEBOOK PAGE? YES or NO (circle one)

PARENT'S SIGNATURE _____ E-MAIL _____