

NYWAY Spring National Duals

When: Sunday, April 16th, 2017.

Where: Pinnacle Athletic Campus. 748 Phillips Rd, Victor, NY 14564.



Start time: 8:30am with doors opening at 7am. Coaches meeting at 8am

Cost: \$800 for all boys divisions and \$500 for girls only division. \$200 deposit must be received by February 10th, 2017.

Weigh-ins: Saturday, April 15th, 2017 at Pinnacle Athletic Campus from 6pm- 9:30pm ONLY
Weigh-ins for the G2 Spring Nationals will count towards the NYWAY National Duals. **No outside food allowed. This is a venue specific policy.**



NO WEIGHT ALLOWANCE. Wresters must make weight for the dual and that weight will be allowed for the individual tournaments on Sunday if they wish to compete in both events.



Pinnacle Athletic Campus

Weights &

Divisions: Girls K-8th - 45, 50, 55, 65, 75, 85, 90, 95, 100, 105, 115, 125, HWT (limit 150).
Girls 8th- 12th - 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 140, HWT (limit 165)
K- 5th grade - 50, 55, 60, 65, 70, 75, 80, 85, 90, 100, 110, 125, HWT (limit of 150).
6-8th grade - 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 120, 135, 150, HWT (195 max)
High School - 106, 113, 120, 126, 132, 145, 152, 160, 170, 182, 195, 220, 285 max.

Alternates will be allowed and exhibition matches as time permits. 3 per team

Format: This is a grade based National dual meet tournament. Trackwrestling will be utilized for pairing and matside scoring. Each team will be given 3 free admission passes for Head Coach, Assistant Coach and a table worker.

Rules: N.Y.S modified high school rules with NYSPHSAA Certified varsity officials to be utilized for all duals and exhibitions matches.
Wrestlers allowed to bump up 1 weight class and can only compete on one team.
NFHS modified overtime rules in affect. 1-minute neutral the 30 second ride out.

Periods: **K-5th grade** - 60:60:60, **Girls and MS** - 90:90:90 and **HS** - 120:90:90.

Scoring: 6pt forfeit or injury default, 6pt fall, 5pt Tech-fall, 4pt Major Dec & 3pt Dec

Eligibility: Athletes will have to show proof of age/grade via a school report card if challenged. Cost is \$100 to challenge/wrestler.

Awards: Championship banner for 1st - 3rd place in all divisions and 20 custom Dri-fit tournament t-shirts to Championship team. Gold, Silver, and Bronze team medals to individuals who finish undefeated, with one or two loses.

Contact: Tournament information and payment Kristen Tessier kristentessier@gmail.com
Tournament Director Julia Massa and Seth Jones

Hotel: Links will be in welcome packet to prospective teams.

WWW.NYWAY.COM

