

2ND ANNUAL PAL-MAC VARSITY WRESTLING DUALS

Dear Coach:

SUBJECT PAL-MAC DUALS

DATE: Saturday, December 7TH 2013

TOURNAMENT ENTRY FEE:

Please Make Check Payable to Pin and Win Wrestling Club

Mail to Palmyra-Macedon High School 151 hyde parkway Palmyra, NY 14522 attn: Brian Quick

Team- \$325.00

FORMAT- 2 POOLS OF 5 TEAMS IN EACH WITH CROSSOVERS-In the event of two teams with same record in a pool. They will be placed according to cumulative team points scored...minus team points scored against for the 4 rounds in that pool.

TEAMS THAT COMPETED IN 2012

PAL-MAC

WEBSTER THOMAS

CANISTEO-GREENWOOD

WATERLOO

SOUTH SENECA

MIDLAKES

CHEEKTOWAGA

PITTSFORD

KENDALL

SALAMANCA

ROY-HART

(These Teams have first choice as far as entry in the tournament all others interested will be placed on waiting list. Please respond by Friday June 21st. The tournament field will be set before summer vacation.)

SCHEDULE:

****WEIGH-INS****- scales open at 7:30am

Round 1-8:30-10:00

Round 2- 10:00-11:30

Round 3- 11:30-1:00

Round 4- 1:00-2:30

Round 5- 2:30-4:00

Round 6-4:00-5:00- Two teams with worst records(begin on first available mat from round 5)

Round 7- 5:00-7:00 Championship Round (top8)

REGULATION HIGH SCHOOL WEIGHT CLASSES-

99 AND 285 WILL COUNT TOWARDS TEAM SCORING-NO OPTION TO EXCLUDE

AWARDS:

Champion Team receives T-Shirts/

Trophies for top 3 teams

Undefeated wrestlers receive t-shirt- must compete in at least 3 matches

MOST OUTSTANDING WRESTLER-old school (just one)

Brian R. Quick(585-490-0083)

