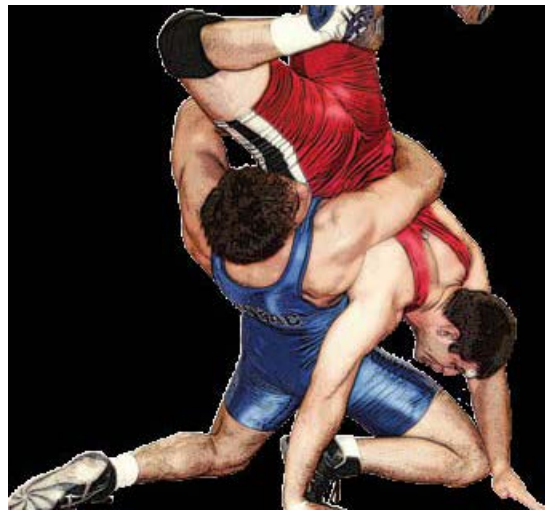


NY – USA Wrestling Cadet & Junior State Championships

SPONSORED BY:



Broome Community College

May 10-12, 2013



**New York - USA Wrestling
State Championships
May 10-12, 2013**

.....
ASSUMPTION OF RISK, WAIVER & RELEASE OF LIABILITY

IN CONSIDERATION FOR the opportunity to participate in the EVENT described below, PARTICIPANT acknowledges, agrees and affirms the following:

1. The following words used in this document will have the meaning indicated:
 - A. "EVENT" shall mean the **New York - USA Wrestling State Championships**
 - B. "USAW" shall mean The United States of America Wrestling Association, Inc., d/b/a USA Wrestling, Inc., and its directors, officers, members, employees, officials, committees, clubs, affiliates, agents and their successors and assigns.
 - C. "EVENT ORGANIZER" shall mean a club, local organizing committee or any other person or entity responsible for hosting, conducting and/or sponsoring the EVENT, including any director, officer, member, employee, official, committee or agent thereof and their successors and assigns.
 - D. "PARTICIPANTS" shall mean the undersigned individual who competes or is involved in the EVENT and his/her parents, legal guardians, their personal representatives and their successors and assigns.
 - E. "PERSONAL INJURY" shall mean and include any bodily injury, permanent, temporary, total or partial disability, paralysis, dismemberment, or death.
 - F. "PROPERTY DAMAGE" shall mean and include damage or destruction to PARTICIPANT'S gear, equipment and all other personal property or belongings.
 - G. "MEDICAL TREATMENT" shall mean and include all emergency medical treatment, medical procedures, hospitalization or other care rendered to PARTICIPANT in connection with or resulting from his/her participation in the EVENT.
 - H. "LOSS" shall mean and include any and all liabilities, losses, damages and claims (including reasonable costs and attorneys fees), which are suffered or result directly or indirectly from PERSONAL INJURY, PROPERTY DAMAGE and/or MEDICAL TREATMENT to PARTICIPANT, or others, and which are incurred during or in the course of PARTICIPANT'S preparation for, participation and involvement in, and travel to or from the EVENT or the conduct and management of the EVENT.
2. By issuing a sanction for the EVENT, USAW is not responsible or liable for the management or conduct of the EVENT, unless USAW has otherwise expressly agreed in writing to serve in such role.
3. PARTICIPANT understands and appreciates the risks of serious injury that may occur in the sport of wrestling or in the course of preparing for, participating in and traveling to or from the EVENT, and that such activities may involve risks, including PERSONAL INJURY.
4. PARTICIPANT knowingly and voluntarily assumes all risks of LOSS and all legal and financial responsibility therefore.
5. PARTICIPANT releases, waives any claims and promises not to sue the EVENT ORGANIZER and/or USAW with respect to any LOSS incurred during or in connection with his/her participation in the EVENT, any activities associated with the EVENT and the conduct and management of the EVENT (including as may result from the negligence of the EVENT ORGANIZER), except any LOSS which is the result of gross negligence and/or willful or wanton misconduct by the EVENT ORGANIZER. PARTICIPANT further agrees to hold harmless and indemnify the EVENT ORGANIZER and/or USAW from any claims brought against the EVENT ORGANIZER and/or USAW resting from, arising out of or in any way associated with any LOSS.
6. Prior to participating in the EVENT, PARTICIPANT shall have the right to inspect the facilities and equipment to be used and, if PARTICIPANT discovers any condition, which he/she **reasonably** believes to be unsafe, PARTICIPANT will immediately advise PARTICIPANT'S coach, supervisor or EVENT officials of such condition and will not participate in the EVENT so long as such condition exists.

.....
**BY SIGNING THIS DOCUMENT, PARTICIPANT ACKNOWLEDGES HAVING READ AND UNDERSTOOD ITS
MEANING AND CONTENTS.**

Print name of PARTICIPANT

Signature of PARTICIPANT

Date

Signature of Parent or Guardian
(If PARTICIPANT is under 18 years old)

Date

**NEW YORK - USA WRESTLING STATE CHAMPIONSHIPS
Cadet & Junior * Freestyle & Greco**

Friday, May 10, 2013

11:30 am – 1:00 pm	CADET GR / FS Registration JUNIOR FS/ GR Registration
1:10 pm – 1:30 pm	WEIGH-INS
***** All athletes must be present at the BEGINNING of weigh-ins.	
1:30 pm – 2:00 pm	Pairing Clinic
1:30 pm – 4:00 pm	Cadet GR Tournament Set-up Junior FS Tournament Set-up
4:00 pm – 5:00 pm	Coaches Meeting
5:00 pm – 5:45 pm	Mat Officials Clinic
5:30 pm – 5:45 pm	GR Rules Clinic for Athletes & Coaches FS Rules Clinic for Athletes & Coaches
6:00 pm – 10:00 pm	Cadet GRECO Preliminaries Junior FREESTYLE Preliminaries

Saturday, May 11, 2013

9:00 am – 12:00 pm	Cadet GR Prelims thru Pool Finals Junior FS Prelims thru Pool Finals
12:00 pm – 1:00 pm	Cadet FS Registration/Weigh-in if not wrestling GR Junior GR Registration/Weigh-in if not wrestling FS
***** All athletes must be present at the BEGINNING of weigh-ins	
1:00 pm to Conclusion	Cadet GR Medal Rounds Junior FS Medal Rounds
12:00 pm – 3:30 pm	Cadet FS Tournament Set-up Junior GR Tournament Set-up
3:30 pm – 4:30 pm	Meeting of Mat Officials Elections - Mat and Pairing Officials
4:30 pm – 4:45 pm	Rules Clinic for Athletes & Coaches
5:00 pm – 9:00 pm	Cadet FREESTYLE Preliminaries Junior GRECO Preliminaries

Sunday, May 12, 2013

8:00 am to Conclusion	Cadet FS Preliminaries to Finals Junior GR Preliminaries to Finals
------------------------------	---

The tournament committee reserves the right to make changes in the above schedule prior to the end of each session by announcement and by posting the change at the wall chart.

For more information on the Greater Binghamton area call (800) 836-6740 or VisitBinghamton.org.
One Visit Invites the Next.



PRE-REGISTER @ www.trackwrestling.com

Provided by:



VisitBinghamton.org

HOTEL RATE INFORMATION
NY – USA Wrestling Junior/Cadet State Tournament ~ May 10-12, 2013

<i>Hotel</i>	<i>Double</i>	<i>Triple</i>	<i>Quad</i>	<i>Cots</i>	<i>Amenities</i>	<i>Distance</i>
Best Western Plus of Johnson City 607-729-9194 569 Harry L. Drive, Johnson City, NY www.bestwestern.com/ofjohnsoncity	\$104.00	\$104.00	\$104.00	\$10.00/night	Complimentary deluxe continental breakfast, 35,000 sq. feet health club access, free high speed internet, pillow top mattresses, & lounge	5 Miles
Comfort Inn 607-724-3297 1000 Front Street, Binghamton, NY www.choicehotels.com/hotel/ny302	\$94.00	\$94.00	\$94.00	\$10.00/night	Complimentary deluxe continental breakfast, fitness facility, outdoor pool & picnic area, free wireless internet.	½ Mile
Double Tree Binghamton 607-722-7575 225 Water Street, Binghamton, NY www.binghamton.doubletree.com	\$129.00	\$129.00	\$129.00	\$10.00/night	Complimentary continental breakfast, high speed internet & wireless, indoor pool, restaurant & lounge on premises.	3 Miles
Hampton Inn Johnson City 607-729-9125 630 Field Street Johnson City, NY 13790 www.hamptoninn.com	\$139.00	\$139.00	\$139.00		Full hot breakfast, fitness facility, indoor pool, high speed & Wi-Fi internet. Enter through Wegman's parking lot.	5 Miles
Hampton Inn & Suites 607-797-5000 3708 Vestal Parkway East, Vestal, NY http://www.hampton-inn.com	\$135.00 – Std / \$155 Suite	\$135.00 – Std / \$155 Suite	\$135.00 – Std / \$155 Suite	\$10.00/night	Complimentary hot breakfast, indoor pool, fitness facility, high speed & wireless internet.	7 Miles
Holiday Inn Binghamton 607-722-1212 2-8 Hawley Street, Binghamton, NY www.holidayinnbinghamton.com	\$109.00	\$109.00	\$109.00	\$15.00/night	In-door pool, fitness facility, high speed wireless internet, full service restaurant & lounge, room service.	3 Miles
Holiday Inn Express & Suites 607-348-0088 3615 Vestal Parkway East, Vestal, NY www.hiexpress.com/binghamton	\$127.95	\$127.95	\$127.95	\$10.00/night	Complimentary hot & cold breakfast buffet, microwave & refrigerator in all rooms; high speed internet, wireless, indoor pool & fitness center.	7.5 Miles
Howard Johnson Inn & Suites 607-722-5353 1156 Front Street Binghamton, NY	\$79.00	\$85.00	\$89.00	\$10.00/night	Complimentary continental breakfast, wireless internet.	1 Mile
La Quinta Inn 607-770-9333 569 Harry L. Drive, Johnson City NY www.lq.com	\$104.00	\$104.00	\$104.00	\$10.00/night	Complimentary breakfast, extensive health club access, high speed internet, 80 cable channels, & lounge	5 Miles
Quality Inn & Suites 607-729-6371 4105 Vestal Parkway East, Vestal, NY www.choicehotels.com	\$99.95	\$99.95	\$99.95	\$15.00/night	Complimentary deluxe hot breakfast buffet, full service restaurant, fitness facility, high speed internet & wireless.	7 Miles
Red Carpet Inn 607-754-1533 749 West Main Street, Endicott www.bookroomnow.com/locations/RNYE	\$59.99	\$59.99	\$59.99	\$10.00/night	Complimentary continental breakfast, refrigerators & microwaves, internet access, cable TV	10 Miles
Red Roof Inn 607-729-8940 590 Fairview Street, Johnson City http://www.redroof.com	\$99.99	\$99.99	\$99.99	No cots	Fitness facility, high speed & Wi-Fi internet, adjacent to Oakdale Mall and restaurants.	5 Miles
Super 8 Motel 607-773-8111 650 Old Front Street Binghamton, NY www.super8.com	\$69.00	\$74.00	\$74.00	\$10.00/night	Complimentary breakfast buffet, free high speed internet, fitness facility, cable & HBO.	2 Miles

NOTE: All prices subject to 13% Sales tax

CADET / JUNIOR / WOMEN - GENERAL INFORMATION

1. **EVENT DIRECTORS:**

Junior Director:	Rick Gumble, 38 Patch Road, Binghamton, NY 13901	(607) 648-7536
Cadet Director:	Bob Neamon, 2437 Broadway Road, Darien, NY 14040	(585) 880-9967
State Co-Chairman:	Bill Crum, 395 S. End Ave.162, New York, NY 10280	(646) 244-9714
State Co-Chairman:	Rick Gumble, 38 Patch Road, Binghamton, NY 13901	(607) 648-7536

2. **ELIGIBILITY:** All contestants must present proof of current USA Wrestling membership at registration. Membership cards must be acquired from the Section Chairperson or State Membership Director. Secondary sports accident insurance is provided as a benefit of membership.

A wrestler must have qualified in a competitive event conducted in NYS under the sanction of NY-USA Wrestling, which is to be validated by his Sectional Chairperson.

Cadets: Only wrestlers born in **1997 or 1998** are eligible.

Weights (pounds): 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, & 285 (215 minimum)

Juniors: Only wrestlers born on **September 1, 1993** or later and are enrolled in grades 9-12 during the spring **2013** semester are eligible. No wrestler who is enrolled in grade 8 during the spring 2013 semester will be allowed to enter, and if any such wrestler should enter or compete, he will be penalized by forfeiting his eligibility in the next year's event in both styles.

Weights (pounds): 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, & 285 (215 minimum)

3. **ONLINE REGISTRATION (CREDIT CARD ONLY)**

Online registration via credit card is available at **TrackWrestling.com** until **10 PM Wednesday, May 8th**. Entry fee for participants registering online is \$30 (per style) and \$50 (two styles). The official waiver will be completed electronically when registering online.

ON-SITE REGISTRATION (CASH OR MONEY ORDER)

The attached OFFICIAL ENTRY BLANK (both sides) must be accurately completed. The \$40 entry fee (per style), or \$60 for both, along with the completed OFFICIAL ENTRY BLANK must be filled at registration. Please make Money Orders payable to ***"New York - USA Wrestling."***

4. **INDIVIDUAL AWARDS:** Cadet/Junior top 6 place winners in each weight class will receive specially designed awards. The Gregorian Award will be given for the most pins in the least amount of time, in Cadet/Junior and in both styles.
5. **RULES:** The rules of the F.I.L.A., with current USA Wrestling modifications where applicable, will govern the event and the competition.
6. **UNIFORMS:** Red and Blue singlets, or reversible red/blue singlet with briefs, handkerchief, and solid white socks, and wrestling shoes are required. The use of headgear is permitted and encouraged.
7. **PAIRINGS:** Draw numbers by contestants at weigh-in with separation by section. The pool system will be used for all weight classes with 6 or more entrants.
8. **INJURIES:** In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.
9. **COACHING:** Floor pass will be required to be on the floor and coach. ONLY coaches with a USA Wrestling Coach's membership card and a USAW Bronze certification may purchase a floor pass for the weekend. Coach's Membership cards can be obtained at: www.themat.com along with a background check.
10. **SKIN CHECKS:** Rashes of any kind may disqualify a wrestler without a currently dated note (within 5 days) from a physician describing the location and type of any rash, treatment and stating that it is not contagious through contact. The Chief Medical Officer has full authority, without appeal, in determining the eligibility of an athlete to compete.
11. **CADET & JUNIOR SCHOLARSHIP AWARDS:** The Mary Ann Lange Award for outstanding Freestyle Wrestler and the Jules D'Agostino Award for outstanding Greco-Roman Wrestler. (Approximately \$300 Scholarship for trip to the Nationals)
12. **CADET/JUNIOR NATIONAL TEAMS:** Top 3 place winners in both styles at each weight class automatically qualify. Other spots on the team may be open. A **mandatory \$400 deposit** must be made following the Freestyle or Greco-Roman competition to secure a place on the team.
13. **QUALIFYING WEIGHT CLASSES:** Juniors may move up or down from the weight wrestled in the qualifying tournament. Cadets may not wrestle at a weight lower than the weight they qualified at.
14. **WEIGH-INS:** All athletes must be present at the beginning of weigh-ins. Athletes competing in both styles of the Cadet or Junior Divisions will weigh in only once for both events. This is contingent on the athlete actively competing in the first of the two styles scheduled. Athletes competing in one style must weigh-in for that style. **(This rule may be modified. Contestants should check with their Sectional representatives prior to registering for this event.)**

***** USA WRESTLING RULES *****

WEIGHT CUTTING: The use of hot rooms, hot showers, hot boxes, saunas, steam rooms, heating devices, diuretics and laxatives for rapid weight reduction purposes is prohibited for all USA Wrestling events. The use of vapor-impermeable clothing (i.e., plastic sweats) for the specific purpose of rapid weight reduction is prohibited. Any method that raises the athlete's body temperature for the specific purpose of rapid weight reduction is prohibited.

Violation of these rules at USAW sanctioned events shall cause the individual(s) in question to be suspended from the competition. The Tournament Committee for the specific event will address each case. The decision of the tournament committee shall be final.

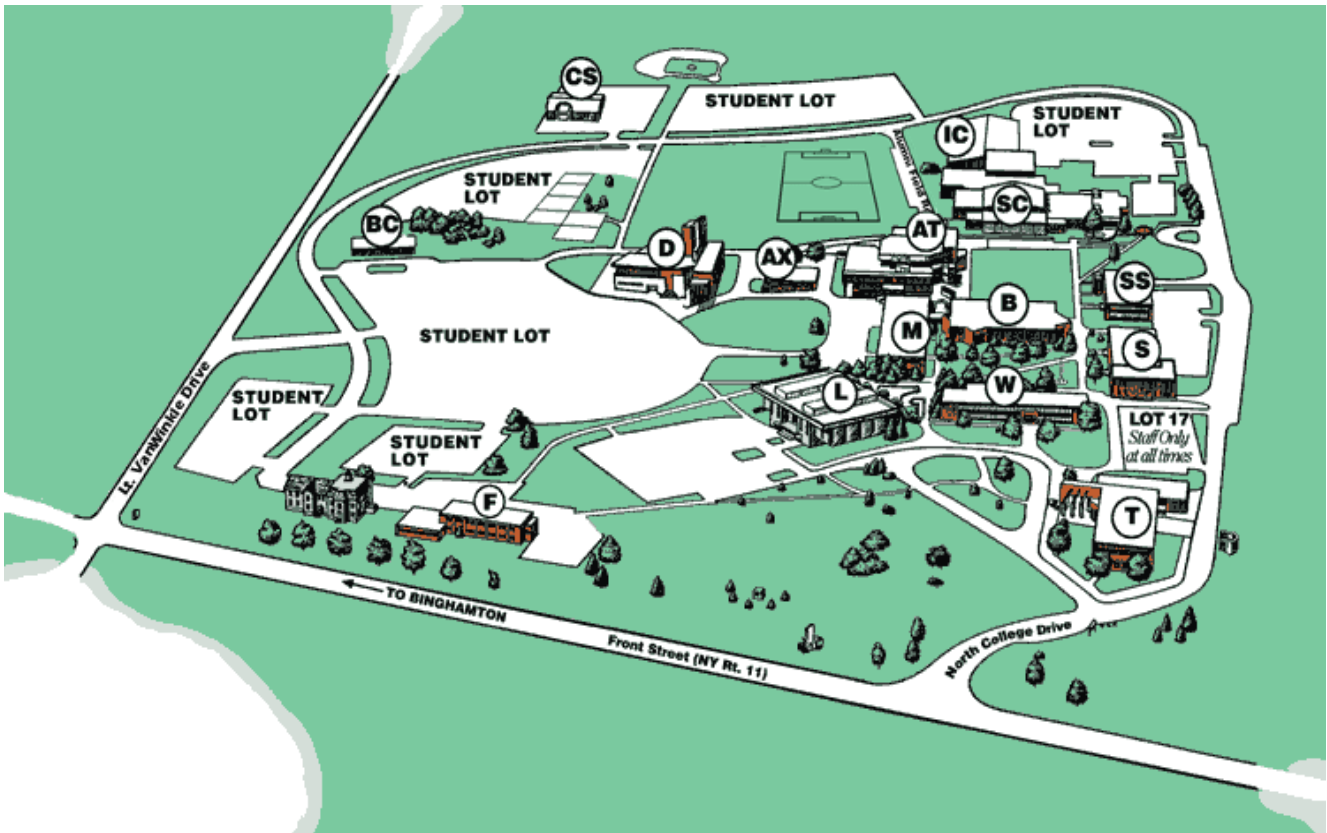
A second violation will result in the suspension of the individual(s) from any USAW sanctioned event/activities for one calendar year from the time of suspension.

Any individual assisting an athlete in prohibited weight reduction practices shall be held to the same rules and penalties as athletes, which are listed above.

** Complete rule is printed in the current USAW Rulebook and posted at weigh-in.*



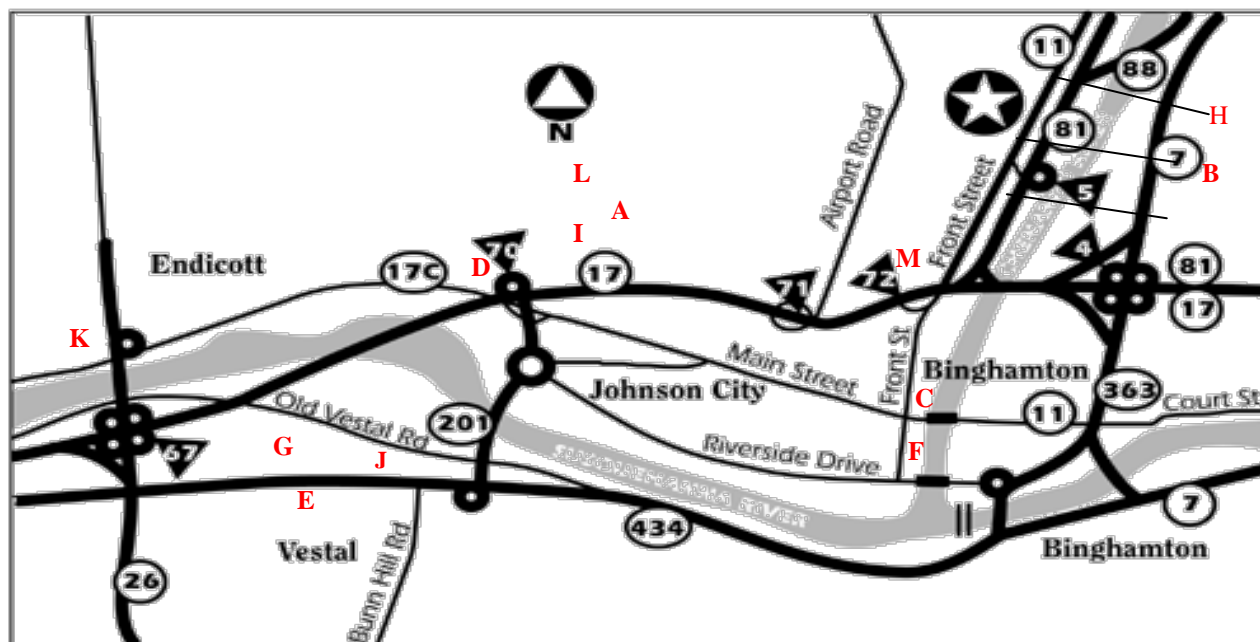
BROOME COMMUNITY COLLEGE



Directions to Broome Community College & Accommodations

LEGEND:

- A – Best Western Plus of Johnson City
- B – Comfort Inn
- C – DoubleTree Binghamton
- D – Hampton Inn Johnson City
- E – Hampton Inn & Suites
- F – Holiday Inn Binghamton
- G – Holiday Inn Express Hotel & Suites
- H – Howard Johnson Inn & Suites
- I – LaQuinta Inn
- J – Quality Inn & Suites
- K – Red Carpet Inn
- L – Red Roof Inn
- M – Super 8 Motel



DIRECTIONS TO BROOME COMMUNITY COLLEGE ICE RINK



From east of Binghamton (Approximately 2 ½ hours from Albany):
Take I-88 West to I-81 South to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.

From west of Binghamton (Approximately 3 hours from Rochester; 4 ½ hours from Buffalo):
Follow Route 17 East to Interstate 81 North to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.

From north of Binghamton (Approximately 1 ½ hours from Syracuse):
Take I-81 South to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.

From south of Binghamton (Approximately 1 ½ hours from Scranton):
Take I-81 North to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.