



Sunday, April 28, 2013
UNION COLLEGE – Messa Rink at Achilles Center
 807 Union St. • Schenectady, NY

WEIGH INS: at Hampton Inn, Latham, NY
 Saturday, April 27 – 6:00-7:30 p.m.

COACHES' MEETING: 8:10 a.m.

WRESTLING BEGINS: 8:30 a.m.

- Round 1: 8:30 a.m. ■ Round 2: 10:00 a.m. ■ Round 3: 11:30 a.m.
- Round 4: 1:00 p.m. ■ Championship/Cross Over Round 2:30 p.m.

FORMAT:

- 8 teams – All clubs should receive four duals.
- Two pools of four with a cross over match against a team from the other pool.

ELIGIBILITY: High school aged athletes ■ Graduating seniors permitted to compete, as well as athletes in 7th & 8th grade who are selective classified. Each team is to bring two scorers!

ENTRY FEE: Teams \$475/Spectators \$5

WEIGHTS: 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 170, 185, 195, 225, 285

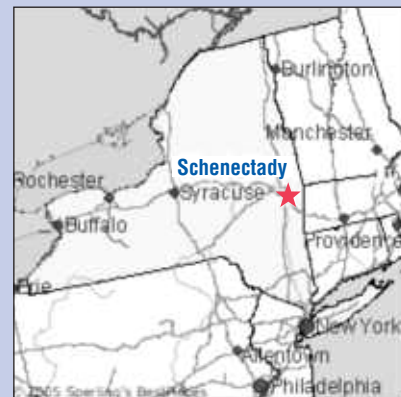
AWARDS: Singlets to champion team.



RULES:

- **Individual Bouts:** Will be scored by USAW Freestyle rules, there will be no tied bouts. Winner will get 5, 4 or 3 points and a bout loser will get 1 or 0 points.
- **Dual Meet:** Will be scored by using the individual match positive points. After each individual bout, a wrestler will receive either 0, 1, 3, 4, or 5 points. At the end of each dual, the cumulative points total will determined the winner. If a tie remains, the team with the most individual victories will secure the dual win.

ACCOMMODATIONS: Participating teams are asked to stay at the host hotel. There are several hotels in the area, but we caution you to do your research or use our host hotel. Some of the hotels in close proximity to the arena simply do not measure up to our organization's standards.



HOST HOTEL

• **Hampton Inn** \$109
 45 British American Blvd.
 Latham, NY (518) 782-7500



USA wrestling This is a USA Wrestling sanctioned event

CONTACT: Frank Popolizio of Journeymen Wrestling Club
 518-377-5309
 Frank@journeymenwrestling.com
 www.journeymenwrestling.com

sponsored by





Please try to pre-register: Mail MONEY ORDERS to Journeyman Wrestling Club, 2220 Balltown Rd., Niskayuna, NY 12309

OFFICIAL ENTRY FORM

Team Name _____

Weight Class	Actual Weight	Skin Check	Name	National, Sectional or State Place finish	Waiver Received
105	_____	_____	_____	_____	_____
112	_____	_____	_____	_____	_____
119	_____	_____	_____	_____	_____
125	_____	_____	_____	_____	_____
130	_____	_____	_____	_____	_____
135	_____	_____	_____	_____	_____
140	_____	_____	_____	_____	_____
145	_____	_____	_____	_____	_____
152	_____	_____	_____	_____	_____
160	_____	_____	_____	_____	_____
170	_____	_____	_____	_____	_____
185	_____	_____	_____	_____	_____
195	_____	_____	_____	_____	_____
225	_____	_____	_____	_____	_____
285	_____	_____	_____	_____	_____
Extra	_____	_____	_____	_____	_____
Extra	_____	_____	_____	_____	_____
Extra	_____	_____	_____	_____	_____
Extra	_____	_____	_____	_____	_____

Head Coach _____

Assistant Coach _____

Table Worker _____



PARTICIPANT'S WAIVER AND RELEASE FROM LIABILITY

1. I, _____, the undersigned, on behalf of myself, my heirs and next of kin, personal representatives, agents, insurers, successors and assigns (all hereinafter "Releasors") hereby FOREVER RELEASE, DISCHARGE AND COVENANT NOT TO SUE Union College/Journeyman Wrestling Club, its insurers, its affiliated clubs, administrators, agents, directors, officers, state organizations, members, committees, volunteers, all employees of Union College/Journeyman Wrestling Club, and any and all participants, officials, referees, coaches, host clubs, sponsoring agencies, sponsors, advertisers, local organizing committees (and if applicable) owners, lessors and operators of premises used to conduct any Union College/Journeyman Wrestling Club sanctioned event, meet, practice or activity (all hereinafter "Releasees") from any and all liabilities, claims, demands, causes of action or losses of any kind or nature, past present or future, direct or consequential that I may hereinafter have for PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, arising out of my participation in, attendance at or traveling to and from any Union College/Journeyman Wrestling Club sanctioned event or activity including, but not limited to, LOSSES CAUSED BY THE PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.
2. Releasor understands and acknowledges that Union College/Journeyman Wrestling Club activities and the sport of wrestling in general have inherent dangers that no amount of care, caution, training, instruction, supervision or expertise can eliminate. RELEASOR EXPRESSLY AND VOLUNTARILY ASSUMES ALL RISK OF PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, sustained while participating in, attending, preparing for or traveling to and from any Union College/Journeyman Wrestling Club sanctioned event, meet, practice or activity, including the risk of PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.
3. Releasor acknowledges and fully understands that each participant in any Union College/Journeyman Wrestling Club sanctioned event, meet, practice or activity, including Releasor, will be engaging in activities that involve risk of serious injury, including permanent, temporary, total or partial disability, disfigurement, paralysis and any other losses to person or property, including death, and that severe social and economic losses may result not only from Releasor's own actions, inactions or negligence, but also from the actions, inactions or negligence of others notwithstanding the rules of play or the condition of the premises or of any equipment used. Further, Releasor acknowledges and fully understands that there may be other associated risks with such activities which are not known or not reasonably foreseeable at this time.

I ACKNOWLEDGE THAT I HAVE HAD SUFFICIENT OPPORTUNITY TO REVIEW THE PROVISIONS OF THIS DOCUMENT AND UNDERSTAND ITS PURPOSE, MEANING AND INTENT.

Participant's Name

Signature of Parent or Legal Guardian

Date

Print Name

Relationship to Minor