



2012 EMPIRE NATIONALS DUALS

- Where?* SUNY Brockport Tuttle North Complex, 350 New Campus Drive, Brockport, NY 14420
- When?* Sunday, April 15, 2012. Wrestling to begin at **10 a.m. sharp**
- Who?* Eight - High School teams, Eight - K-8 teams
- What?* Make the most of the weekend and battle head-to-head for team supremacy
2 pools and 2 crossovers; 5 duals ***guaranteed***
- Cost?* \$450.00 per team entered on a first-come, first-served basis.

Mail check or money order to: Empire Nationals, 39 Morningside Drive, Spencerport, NY 14559

High School Division Weight Classes:

99, 105, 112, 120, 125, 130, 135, 140, 145, 152, 161, 171, 189, 220, HWT (max 275)

Three 1 ½ minute periods

K-8th Grade Division Weight Classes:

52, 56, 61, 66, 71, 76, 81, 86, 91, 96, 103, 112, 119, 125, 132, HWT (max 150)

Three 1-minute periods

WRESTLING RULES NYSPHSAA Modified rules

Sudden Death Overtime Criteria: NYS High School Rules apply

No weight allowances. Each team will be responsible for table help.

Weigh-ins: Sunday, April 15th, 2012 8:00 a.m. @ SUNY Brockport

********Empire Nationals weigh-ins will be honored********

SPECTATOR ADMISSION: Adults \$5; Students \$2; 5yr old & under free

For questions or concerns please feel free to contact:
jay@empirenationals.net or adamburgos@g2wrestling.com



2012 EMPIRE NATIONALS DUALS APPLICATION

TEAM NAME _____ HS / K-8 (*circle one*)

HEAD COACH NAME _____

Assistant Coaches (limit 4) _____

Contact Info:

Phone Number

Home _____ Cell _____

E-mail _____

Mailing Address _____

CHECK # _____

Once processed, you will receive an e-mail confirmation. Please bring confirmation and completed team roster sheet to weigh-ins on Sunday, April 15th. Thank you from Team Empire Nationals.

Need help filling up your roster? Contact Adam at adamburgos@g2wrestling.com or Jay at jay@empirenationals.net ...or recruit on your own, at Empire Nationals

2012
 Empire Nationals
 Team Dual's Roster Sheet

K - 8 th Grade	High School
52	99
56	105
61	112
66	120
71	125
76	130
81	135
86	140
91	145
96	152
103	161
112	171
119	189
125	220
132	HWT
HWT	alt
alt	alt
alt	alt
alt	alt

