



SPRING SESSION 2012

DATE: FEBRUARY 27TH-MAY 31ST

TIMES: MONDAY, TUESDAY AND THURSDAY NIGHTS 6:00-8:00

COST: \$200.00

STYLES: FOLKSTYLE, FREESTYLE, GRECO

TOURNAMENTS ATTENDING

MOHAWK VALLEY INTERNATIONAL FESTIVAL

NYSS INTERNATIONAL FESTIVAL

EMPIRE NATIONALS

EMPIRE NATIONAL DUALS

OHIO TOURNAMENT OF CHAMPIONS

FREESTYLE/GRECO STATES

NORTHEAST REGIONALS

1000 ISLAND DUALS

VICTOR DUALS

FLO NATIONAL DUALS

PLUS MANY MORE!!!!!!!!!!!!!!!!!!!!

PURPOSE: OUR MAIN GOAL IS TO IMPROVE EACH AND EVERY WRESTLER AT THE CLUB. IN DOING SO, WE WILL BRING WNY WRESTLING TO THE TOP!!!! WITH 3 INTENSE PRACTICES PER WEEK AND TOURNAMENTS AVAILABLE JUST ABOUT EVERY WEEKEND, WE WILL ACHIEVE THIS GOAL. WE WILL ALSO HAVE A STRENGTH AND CONDITIONING PROGRAM AVAILABLE DURING OFF HOURS.

INTERESTED: CONTACT KEITH MAUTE 716-715-1775 OR [KMAUTE@HOTMAIL.COM](mailto:kmaute@hotmail.com)