

# PAL-MAC VARSITY TOURNAMENT

Dear Coach:

**SUBJECT** 34th Annual Ciaburri/VanGorden Wrestling Invitational at Palmyra-Macedon  
Individual Round Robin Format

**DATE:** Saturday, January 21<sup>th</sup>, 2012

**SEEDING INFORMATION:** Due by Thursday January 19<sup>th</sup> Will use to try and separate top 2 wrestlers in each pool. Please fax by 3:00pm. 315-597-3410 or email brian.quick @palmaccsd.org

**TOURNAMENT ENTRY FEE:**

Please Make Check Payable to Pin and Win Wrestling Club

Mail to Palmyra-Macedon High School 151 hyde parkway Palmyra, NY 14522 attn: Brian Quick

Team- \$ 300.00

Individual- \$25.00

*\*\* A team may enter more than one wrestler in a weight class as long as they do not exceed more than 17 wrestlers for the tournament. So if your team is missing a few weight classes but you have extra Varsity Caliber Wrestlers in other weight classes You may enter them.\* No More than 2 entries per Wt Class for each team. This should help fill up brackets*

**TEAMS COMMITTED FOR 2012**

PAL-MAC	EAST ROCHESTER
MIDLAKES	SPENCERPORT "B"
AVOCA	RED JACKET
CAMBELL SAVONNA	LYNDONVILLE
EAST-SYRACUSE MINOA	ROYALTON-HARTLAND
GOUVENUER	ATTICA
LYONS	

**SCHEDULE:**

weigh-Ins	7:30-8:30
Coaches meeting	8:30-8:45
Wrestling Begins	9:00am

**REGULATION HIGH SCHOOL WEIGHT CLASSES**

**SEEDING CRITERIA:** STATE REPRESENTATIVE/STATE PLACE FINISHER  
SECTIONAL CHAMPION/PLACE FINISHER  
CURRENT RECORD

**AWARDS:** Weight Class Champions receive t-shirt/trophy...team champions receive champion t's

Brian R. Quick(Tournament Director)  
(315)597-3448(W)  
585-490-0083 cell  
(315)597-3410 (FAX) before 4:00pm