



Schalmont Sabre Duals

- DATE:** Saturday, December 17, 2011
- FORMAT:** There will be 1 pool with 6 teams in the pool. You will wrestle each team within your pool for a place finish. We will wrestle on 3 mats all day. When the round is completely finished, we will have the teams find the right mat, and get ready for the following round. We will wrestle 5 rounds with a short lunch break in between rounds 2 and 3. Tie-Breakers for team finish will be handed out at the coach's meeting before the tournament starts.
- TEAMS:** Schalmont, Mohonasen, Guilderland, Corinth, Schenectady, and Johnstown
- AWARDS:** **Team Awards:** 1st Place: Plaque
2nd Place: Plaque
Medals: 5-0 Wrestlers
MOW will be voted on by the Coaches for light weights/heavy weights
- COST:** *** Each Team will pay from their own school voucher ***
Half of the dual meet amount of 5 duals.
Each match is \$40.50 / total for 5 is \$202.50
- TIMES:** Weigh-ins: 7:30 A.M. – 8:30 A.M
Coach's Meeting: 8:30 – 9:15 A.M
***First round** of wrestling begins at 9:30 A.M. - 3 mats
- ***We stick to a running schedule. However, some matches may take more or less time. We will start the next match as soon as everyone finishes their previous.**
- FACILITIES:** Locker space is limited. Our booster club will be selling food and drinks throughout the day. Showers are available for the wrestlers. Please try and monitor the wrestlers and have them pick up after themselves.
- Our school international Club will be having a pancake breakfast in the HS cafeteria starting at 7:00 am the cost will be \$6.00
- FURTHER INFORMATION:**
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