

NEW YORK STATE CHAMP—Getting back in the swing of wrestling after soccer practice. Jim Young tunes up the technique that won him the New York State 134-pound mat championship last year. A National Collegiate Athletic Association Eastern Regional runner-up, Jim had a won-21 lost-1 record.

## UB Man-in-Motion Works;

JIM YOUNG He Plays Soccer, Too

## Mat Group Elects Michael

University of Buffalo wrestling Coach Ed Michael has been elected president of the newly-established New York

## Stars in Two Sports, Too

## By ALAN PERGAMENT

Jim Young is the most valuable player for individual and team oriented sports at the University of Buffalo - wrestling and soccer.

Most people probably would say that wrestling is the individual sport but Young has a paper on which he received an A that theorizes otherwise.

"It's just the opposite, although you do need teamwork in soccer," said the 5-foot 7inch. 150-pound blond senior. "Wrestling is the team sport. The members of the team suifer the same things — the not eating, the fasting to get down to your weight . . . It's a pretty tight group of people."

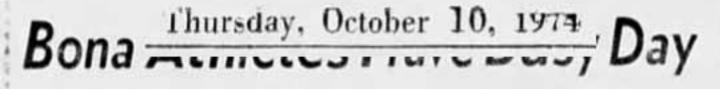
A junior college transfer from Middlesex (N. J.) County Junior College, Young made his wrestling opponents suffer last year as he compiled a won21 lost-1 record in dual meets at 134 pounds.

He won the New York State championship at that weight and finished as the National Collegiate Athletic Association (NCAA) Eastern Regional runner-up as well.

"JIM YOUNG is one of the best things that has happened to this university since I've been coaching here," says Ed Michael, the UB wrestling coach the last 4 years.

"And because of the technical and training demands of wrestling he might attain a bigger degree of proficiency if he competed in just one sport."

As Michael alluded, Young's seasons actually entwine since he is still playing soccer a month after wrestling practice begins Oct. 1.



"I usually wait until Oct. 15 to get back in the swing of the wrestling season," the personable athlete explains. "After soccer practice I'll go down to the wrestling room and just get used to rolling around on the mat "

HIS SOCCER totals have been rolling along well this season, as well. After leading the Bulls in scoring last year with 11 goals, Jim has scored five goals in four games this year. Last week, he broke a UB record by making four assists and one goal at center forward in a 9-3 victory over Gannon College.

A newly-wed this summer, Young has just as busy a schedule off the field as on as he seeks a degree while earning enough money to live on.

He goes to class during the day and night and holds two part-time jobs in a class-andwork day which may last more than 14 hours.

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State College Wrestling Association. In his fifth season at UB, Michael has posted a won-67 lost-10 tied-2 record in his 4 years.

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"I READ when I pass out materials in the equipment room at UB," explains Jim, who became the first junior at UB to win the (1974) Eastern Collegiate Athletic Conference (ECAC) Medal of Merit for a combinaiton of scholarship and athletic achievement.

''He's always thinking," notes his soccer coach, Sal Esposito. "He's coachable, with skills and ability. He does what you tell him to do. If I say 'let's try it,' he tries it."

After graduation in the spring, Young's biggest try lies ahead in professional sport.

"I'm hoping to get a shot at a pro soccer team," concluded UB's man-in-perpetual-motion, who probably would need at least one other job to feel at home.