# 2024 ST. JOE'S WRESTLING CAMPS

The St. Joe's Wrestling System – Technique & Training for Success at Any Level!

1998, 2009, 2010, 2011, 2017, 2020, 2021, & 2023 MMHSAA Champions

2010, 2011, 2012, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, & 2024 MMHSAA All-Catholic Tournament Champions 157 MMHSAA All-Catholic Champions • 24 NYCHSAA State Champions • 9 NYSPHSAA Place Winners

# TWO CAMPS IN ONE! Enroll at www.sjci.com/sportscamps

# St. Joe's Novice Wrestling Camp

for new wrestlers entering grades 2–12 Dates: Monday, July 15 – Thursday, July 18

Time: 6 - 8 p.m.

Location: St. Joe's Aux. Gym (Wrestling Room)

Cost: \$150 per camper

What to Bring: Shorts, t-shirt, & sneakers OR wrestling shoes

Camp Objectives:

• To develop wrestling skills in a safe and fun environment

• Reinforce good habits and a healthy lifestyle

# St. Joe's Advanced Wrestling Camp

for experienced wrestlers entering grades 2-12

Dates: Monday, July 15 - Thursday, July 18

*Time:* 6 – 8 p.m.

Location: St. Joe's Aux. Gym (Wrestling Room)

Cost: \$150 per camper

What to Bring: Shorts, t-shirt, & wrestling shoes

Camp Objectives:

- Introduce advanced technique and training methods
- Sharpen skills in live wrestling and intense drill sessions
- Reinforce good habits and a healthy lifestyle

#### ST. JOE'S MARAUDER WRESTLING CAMP SPECIAL GUEST CLINICIANS:



#### **leff Catrabone**

### Former Asst. Coach at University at Buffalo & University of Michigan Wrestler

- 3X NCAA Div. 1 All-American
- 3X B1G Finalist
- Held the Michigan school record for all-time pins with 55
- Vice President of Braendel Painting & Services, Inc



### **Steve Schenk**

# Former University of Wyoming Wrestler & Current St. Joe's Assistant

- 2001 NCAA Div. 1 Championship Qualifier
- 3X California CIF Placewinner
- 4X California Freestyle Champion
- 2X California Greco Roman Champion



# Justin Signorelli

#### **Head Coach Alfred State**

- Guided two Alfred State wrestlers to the 2024 NCAA Div. III Championships
- Coached Alfred State to consecutive AMCC Tournament Championship
- Led the Pioneers to three consecutive winning seasons
- 2X Captain and 4-year wrestler at SUNY Cortland



# **Donnie Vinson**

# Head Coach University at Buffalo

- Named the 16th head coach of the University at Buffalo wrestling program on April 21, 2024
- At Cornell, coached 4 National Champions, 10 All-Americans, and 12 EIWA champs
- At NS State, coached 1 National Champion, 9 All-Americans, and 3 National Finalists
- NCAA Div. 1 All-American and Academic All-American at Binghamton

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St. Joe's Novice Camp	St. Joe's Adv	vanced Camp		
Camper's Name			Age	<del>-</del>
Address				_
City		Zip Code		
Home Phone Number				
Emergency Contact		Phone Numl	ber	_
Parent E-Mail Address				
Grade in Sept. 2024	School in	chool in Sept. 2024		-
Shirt Size (circle one): <b>YS YI</b>	√l YL	AS AM AL AXL		
Make check for \$150.00 paya	ble to St. Jos	seph's Collegiate Institute and	d mail to:	
		St. Joe's Wrestling Camp		
		845 Kenmore Ave. Buffalo, N.Y. 14223		
to take whatever action is necessar treatments, procedures, operation harmless, indemnify them for all m incurred by my son while attending	ry for the health s and/or hospita edical bills incur g the Sports Can oses. These ma	hission to the officers, employees, a h and welfare of my son including of talizations. I further agree to hold S urred for the treatment of my child mp(s). I also agree to allow St. Jose ay include, but are not limited to, b	consenting on my be it. Joe's and the afor , and release them f ph's Collegiate Instit	ehalf to any and all medical rementioned staff members from liability for any injuries tute to use my child's image
Parent/Guardian's Printed Name			Date	
Parent/Guardian's Signed Name			Date	