

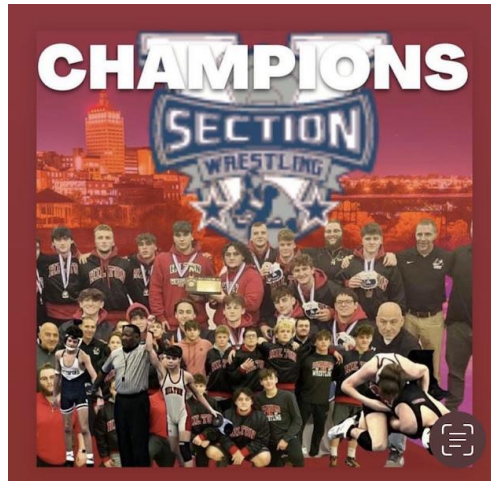
The Junior Cadets are excited to announce two new practice groups this year:

### *Level 1 – The Rookie Cadets: Beginner Level*

This beginner level program is designed for kids new or within their first few years of wrestling. It is designed for kids to explore the sport and have fun on a wrestling mat while learning the fundamentals of wrestling. Practice is one day a week.

### *Level 2 – The Junior Cadets: Competitive level*

This advanced level program is designed for kids who have built up some experience in wrestling and are ready for the next step and to be more competitive. More advanced techniques will be covered. Practice will be two days a week.



# HILTON JR. CADETS YOUTH WRESTLING

Online Registration only @ NYWAY.org (QR Code below)



Ready for the 2023-24?  
Registration is \$65 for Beginner and \$80 for advanced. Registration is online at Nyway.org  
*NYWAY Insurance card is REQUIRED and can be purchased for \$25 @ NYWAY.org*

### **LEVEL 1 – THE ROOKIE CADETS:**

Practice on Mondays  
First practice: 12/4  
Time: 6:00 pm – 7:15 pm  
Merton Williams MIR  
Cost - \$65

### **LEVEL 2 – THE JUNIOR CADETS:**

Practice on Tuesdays and Thursdays  
First Practice: 11/30  
Time: 6:00 pm – 7:30 pm  
Merton Williams MIR  
Cost - \$80

### **FOR MORE INFO:**

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