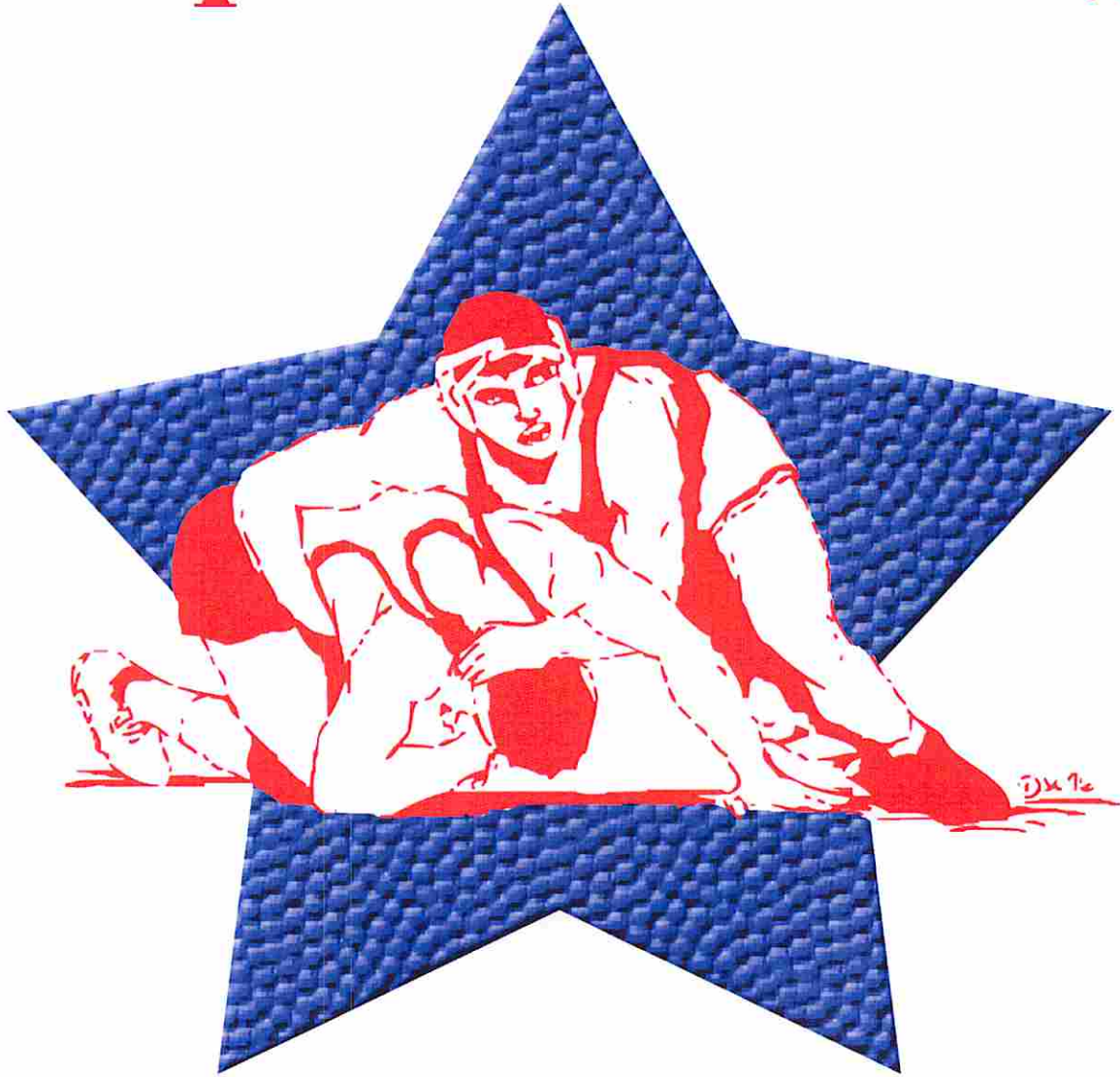


Fairport Wrestling

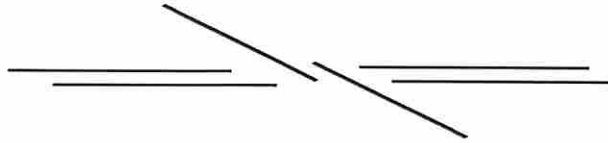


Red Raiders

2004 Annual Banquet

ARMDRAG.COM
PROVIDED BY MIKE KOHL.

Fairport Red Raiders Wrestling



Varsity Coach: Mike Kohl
Assistant Varsity Coach: Tod Forkey

Junior Varsity Coach: Mike Barker

Martha Brown Modified Coach: Jim Nunez
Assistant Martha Brown Modified Coach: Bob Bothwell
Student Martha Brown Modified Coaches: Greg Smith
Eric Kohl

Johanna Perrin Modified Coach: Gary Dawes
Assistant Johanna Perrin Modified Coaches: Rick Plant
Eric Simpson

Athletic Director: Jim Zumbo

A Message from Coach Kohl...

I have coached teams with more talent, but I have never coached a better team. This group of wrestlers was not the most talented group of individuals, but they bonded together. We did not have one single individual tournament champion, but we did win a team tournament. That fact is what will always define this team in my mind over the years. This group of boys achieved because they believed in each other and came together as one. Through the course of the year we had many bumps in the road. We must have set the Section V record for concussions in a one week period. However, there was always someone waiting in the wings to pick us up. The unity and willingness to fill gaps in our line-up this year is usually unheard of. These boys on this team were truly willing to give before they received.

Looking back on the year, it is hard not to see the success we found in mid-January. Coming off a hard loss to Brockport this team truly bonded together and showed their colors. The next two weeks were the highlight of our year. It began with a lopsided win at Penfield where we brought intensity and fire to the mats. The success carried over to the weekend at the Livonia Tournament with a first place showing that could not have been accomplished without the courage of all our team members. Fairport was not done there. We literally weathered the storm, went to Hilton ready to wrestle, and nine boys found the awards stand that day that led us to a second place finish only behind Spencerport.

Dedication and togetherness is not just taught through a coach. It was obvious the apple doesn't fall far from the tree. The families I have had the pleasure of working with this last year have been a great group. Thank you for the support and enthusiasm you have brought to the program.

However, most importantly, I have to thank this group of boys. This year was an extremely fun and successful year. Being a part of such a special group of athletes inspires me to keep working with you both in and out of season. Seniors, may you all fare well in all that you do. Let your journeys take you to great places and let your memories be fond. If you apply the same attributes to life that you brought and learned from this team you are sure to be successful. Underclassmen, let's not let the ball stop rolling here. Be ready to put forth the effort this off season to be ready to run on all cylinders next year.

IMPOSSIBLE IS NOTHING

Dreams can only be accomplished if you believe in them and yourself. Be willing to work for what it is you really want in life. The things that you have worked hard for in life are the things you appreciate the most.

Congratulations on another successful year,

Coach Kohl

Once a Raider, Always a Raider

Fairport Red Raiders 2003-2004 Dual Meet Results

Varsity Team Records

10-5-0

Date	School	Varsity	JV
12/2	Greece Athena	W-27-24	L 24-44
12/5&6	Webster Tournament	2th of 21	
12/9	Wayne	L	
12/18	Rush Henrietta	L-36-18	L-66-9
12/20	Penfield Tournament	6th place	
1/3	Batavia	W 63-9	
	Brockport	L 13-43	L 27-28
1/8	Penfield	W 60-30	W 51-22
1/10	Livonia Tournament	1st place	
	Livonia	W 67-12	
	Hilton	W 30-12	
	Churchville-Chili	W 57-24	
	Letchworth	W 33-26	
	PennYan	W 66-9	
1/17	Hilton Tournament	2nd of 16	
1/22	Churchville-Chili	W 60-21	W 65-12
1/30&31	Monroe County Tournament	15th of 19	
2/5	Gates Chili	W 36-13	
2/7	Webster Schroeder	L	L 21-42
	Pittsford	L 28-30	
2/13&14	Secton V Tournament	10th of 14	

Fairport Red Raiders Wrestling Team

Varsity Team Results 2003-2004

Overall Record

10 - 5

Monroe County 1st Team All League

Nick Ryan (Middle Weights)

Monroe County 2nd Team All-League

Brandon Ruiz (Middle Weights)

Ryan Usher (Upper Weights)

Webster Invitational

12th Place (out of 16)

3rd Place - Seth Elvin (96)

3rd Place - Nick Ryan (135)

Penfield Tournament

6th Place (out of 15)

2nd Place - Nick Ryan (130)

3rd Place - Seth Elvin (96)

3rd Place - Ryan Usher (189)

4th Place - Sean Sechrist(140)

Hilton Clayton Bernard Memorial Tournament

2nd Place (out of 17)

2nd - Nick Ryan (130)

3rd - Brandon Ruiz (125)

3rd - Ryan Usher (189)

4th - Sean Sechrist (135)

4th - Steve Curtin (160)

4th - Tom Gayvert (215)

5th - Seth Elvin (96)

6th - Dusty Lotz (119)

6th - Spencer Reynolds (171)

Monroe County Tournament

15th Place (out of 19)

4th Place - Nick Ryan (130)

6th Place - Dusty Lotz (119)

6th Place - Brandon Ruiz (125)

6th Place - Ryan Usher (189)

Section V Class AA Tournament

9th Place (out of 18)

3rd Place- Steve Curtin (160)

4th Place- Nick Ryan (130)

4th Place- Tom Gayvert (215)

5th Place- Corey Sechrist (140)

5th Place - Ryan Usher (189)

Red Raiders Varsity Wrestling Scoring Leaders

Wins	Nick Ryan	34
	Ryan Usher	27
	Sean Sechrist	23
	Tom Gayvert	22
Pins	Ryan Usher	13
	Seth Elvin	10
	Nick Ryan	10
	Sean Sechrist	10
Takedowns	Nick Ryan	61
	Brandon Ruiz	38
	Dusty Lotz	35
	Tom Gayvert	35
Reversals	Dusty Lotz	10
	Spencer Reynolds	10
	Mike O'Connor	9
	Sean Sechrist	9
Escapes	Dusty Lotz	50
	Steve Curtin	36
	Tom Gayvert	36
Near Fall - 2	Nick Ryan	9
	Tom Gayvert	7
	Ryan Usher	6
	Sean Sechrist	6
Near Fall - 3	Nick Ryan	19
	Sean Sechrist	17
	Dusty Lotz	12
	Tom Gayvert	10
Team Points	Nick Ryan	71
	Ryan Usher	51
	Tom Gayvert	51
	Steve Curtin	48

Red Raiders 2003-2004 Season

The Fairport Varsity Wrestling team compiled a 10-5 record this year. Coaches Kohl, Forkey and Barker probably understood early in November that they had a good overall team with many good wrestlers. The JV team also had talent with a few of them moving up to varsity before the end of the year. The season began with the usual tournaments and some very tough opponents.

One of the most exciting matches of the year was the opener against Greece Athena. The teams wrestled under a single light from above, lighting only the single mat; all other lights were out. The atmosphere was like an old time boxing arena. Fairport emerged victorious on a strange turn of events as Steve Curtin won his match by technical fall as a result of an illegal move by his opponent and Tom Gayvert's victory in the last match of the night clinched the win for the team.

Next we wrestled in the Webster tournament. This round robin format gives the wrestlers a jump-start affording them 5 or more matches each. Unfortunately, we sustained a couple of serious injuries for a couple of our starters, Rast and Johnson. The JV team wrestled in the Victor tournament the same weekend. Both tournaments were great experience for the wrestlers.

We had two very tough dual matches with Wayne and Rush Henrietta and lost both. The Penfield tournament, before Christmas, gave our wrestlers another chance to perform and we had two wrestlers get to the finals: Nick Ryan for Varsity and Zach Struab on JV. Several other wrestlers placed and the Varsity team ended up in 6th place overall.

The team did not wrestle again until January 3rd when we had two dual matches against Batavia and Brockport. Batavia did not bring a JV team and the Varsity won 63-9. Brockport brought two very well coached squads and defeated the Varsity team 43-13 and the JVs 28-27. The teams traveled to Penfield the next week where both JV and Varsity teams won.

Fairport JV team hosted a dual tournament and came away with two wins against Hilton and Gates-Chili, but lost to Victor. The Varsity team traveled south to Livonia and won first place honors defeating Livonia, Hilton, Churchville-Chili, Letchworth and Penn Yan.

Winter weather and school closings forced the Pittsford match to be rescheduled and the Clayton Barnard tournament to be reduced to one day. At the Clayton Barnard Hilton tournament Fairport had 9 wrestlers place 6th or above and the team scored a surprising 2nd place finish, the highest place ever for Fairport. While no wrestler took home the first place prize, Nick Ryan wrestled in the finals; Brandon Ruiz and Ryan Usher placed 3rd; Steve Curtin, Tom Gayvert and Sean Sechrist all placed fourth; Seth Elvin placed 5th; and Dusty Lotz and Spencer Reynolds both placed sixth.

The teams defeated Churchville-Chili again on a snowy night in Churchville. Next on the schedule were the counties. The Monroe County tournament was the toughest, most competitive tournament of the year. The Fairport team placed 15th with four wrestlers placing in the top six.

The teams hosted Gates-Chili for Senior/Modified night and, thanks to a dedicated group of parents, wrestled in front of a packed crowd. Megan Rast started the night off singing the national anthem. We were lucky to have her talent at our home matches and, in my opinion, her rendition of the anthem was better than I have heard at most professional sporting events. Both varsity and JV teams were victorious that evening.

The JV team participated in the Greece Olympia tournament and the Varsity wrestled Webster Schroeder and Pittsford at Webster. The Pittsford match was first and came down to the last match but unfortunately Fairport lost by two points. The team lost to Webster by a more decisive margin.

The sectional tournament was held at Webster Schroeder and the Varsity team placed 10th of 14 teams. We did have three wrestlers qualify for super sectionals: Nick Ryan, Steve Curtin and Tom Gayvert. For all remaining wrestlers the season ended.

At super sectionals Nick Ryan surprised the Class A champion defeating him in double overtime; however, he lost his next match. This ended the year officially for all the varsity wrestlers. The JV team county tournament would be held the following week.

What begins in November finally ends at the banquet in March. The wrestling season brings with it much pain and sorrow as well as feelings of accomplishment. Concussions, injuries, hours of sweat and pain, blood and bruises, wins and losses are all part of a wrestling season. "Wrestling is a sport with little reward" was a quote from one of our boys; I believe wrestling is a sport with long term rewards—you will never forget certain matches or the time you spent working hard to lose weight. For all those wrestlers returning next season, it would serve your best interest to begin preparing for it now. Set your goals high and best of luck to all in the future!

Stephen Ruiz

Red Raiders Varsity and Junior Varsity Coaches 2003-2004



Assistant Varsity Coach: Tod Forkey, Varsity Coach: Mike Kohl, Junior Varsity Coach: Mike Barker



Varsity Manager: Lindsay Kohl

11th grade The last two years Lindsay was a huge part of our team. She is an outstanding scorekeeper and statistician, but even more important is the support she has shown for the wrestlers. Thank you for all of the time and hard work. Hopefully you will be back again next year.

Thank You Lindsay from the 2003-2004 Booster Club, parents,
and the Fairport Red Raiders Wrestling Team

2003-2004 Senior Wrestlers

Brian Johnson

Steve Curtin

Ryan Usher

Brandon Ruiz

Spencer Reynolds

Nick Ryan

Greg Smith

Steve Yanus



Red Raiders Wrestling

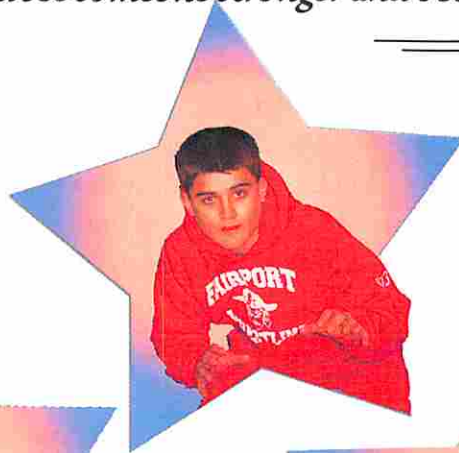
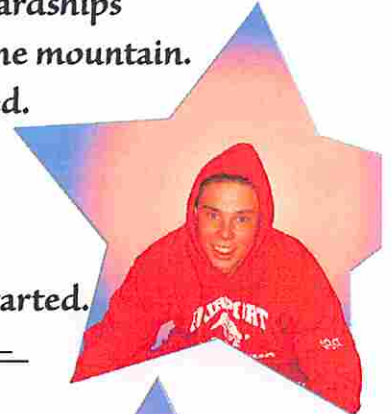
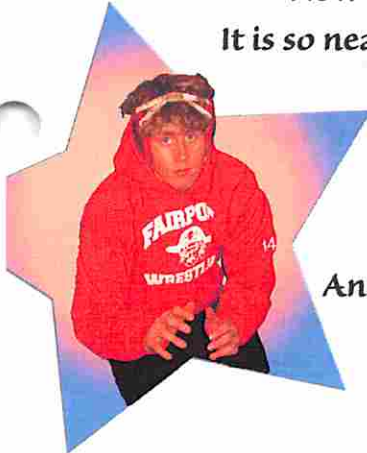
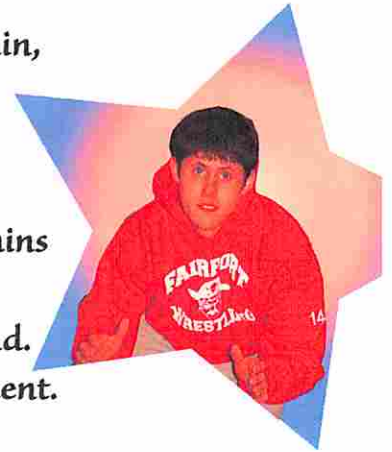
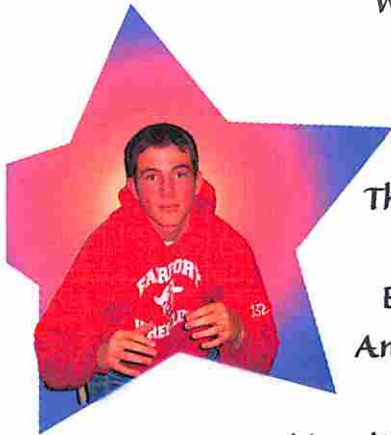
2003-2004 Seniors

When it began I was at the bottom of the mountain,
I just began climbing,
Hoping to reach the top.

Through all the sweat and blood and aches and pains
I began to hate it.
Every year I returned and worked hard til the end.
And after every season I never regretted one moment.

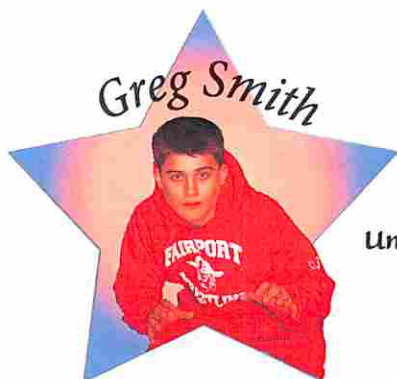
Now it is my last year and I have gone through many hardships
It is so near to the end that I can see the light at the top of the mountain.
Soon I will see all the people and lessons I learned.

I have no regrets and for that I am proud.
I can look myself in the mirror,
And see someone stronger and better than when I started.



Meet the Red Raiders...

Greg Smith



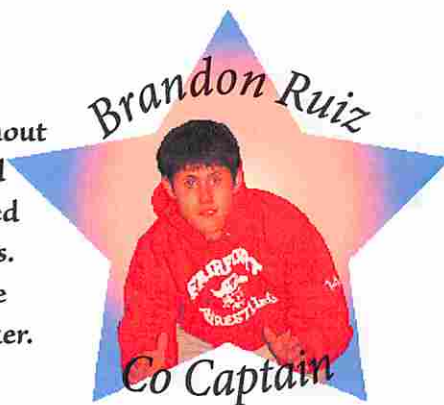
Unfortunately, Greg never saw the mat this year. Coming off a terrific junior year the expectations were high, but injuries happen. Thank you for the support and helping out with the modified team. Good luck next year.

125-130-135-152

Season 19 – 16 Career 36- 35

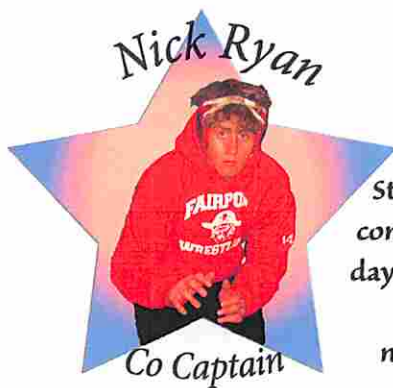
A great teammate and captain, Brandon showed strong leadership throughout this season. A leader by action, he modeled what getting the job done is all about. Showing no fear and proving his love for the sport, Brandon wrestled any where from the 125 lb weight class all the way to the 152 lb weight class. Brandon's strongest showing this season was at the Hilton Tournament like many of our wrestlers. He earned 3rd place because of a most pins tie breaker. Once Brandon got someone on their back they were not likely to come off. We'll miss his presence next season.

Brandon Ruiz



Co Captain

Nick Ryan



Co Captain

130-135-140

Season 34-9 Career 76 – 50

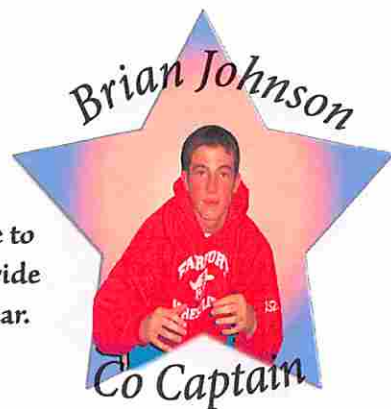
Nick was our most accomplished wrestler this season. With captain leadership, Nick proved to be dependable for dual meets, not losing a single dual meet match. He also placed in every tournament he entered this season except the State Qualifier. In my mind, the defining moment of Nick's season and career was coming back from an emotional quarter final loss and finding the courage the next day to avenge two early season losses on his way to advancing to the State Qualifier. At the Super Sectionals Nick continued his upsetting ways and knocked off the number one seed from Wayne with another thrilling victory. A four year starter, on the varsity Nick leaves a void in the line-up.

152-160

Season 4-7 Career 18-50

Brian came into this season well prepared to excel. He spent this off season gaining confidence and a swagger that are necessary to excel in this sport. Unfortunately, he didn't get much of a chance to demonstrate his abilities due to injuries. However, his strong character and leadership continued to help provide guidance for our team. Brian's leadership and presence will be missed next year.

Brian Johnson



Co Captain

...Senior Wrestlers 2003-2004

Steve Curtin



160

Steve is a quiet, fly under the radar type of guy and the same holds true for his style of wrestling. Steve had a rough start to the season, but was able to improve every day. Steve is a hard worker that has always put the team first. After the Penfield Tournament, Steve agreed to make the 160 lb weight class and strengthen our lineup. Looking back now you have to realize this was a huge spark to our line-up providing more senior leadership and individual success for Steve. However, the highlight of his season came with a 3rd place finish at the Sectional Tournament. Saving his best for last he placed higher than anyone else on the team. Steve, we will miss you next year.

season 20-8 career 21-11

160

Steve returned to wrestling after two years off and provided leadership and hard work in the practice room. I am proud of the commitment he made this year it is not easy to train as hard as we do without getting the opportunity to wrestle. Your dedication did not go unnoticed. Good luck next year.

Steve Yanus



Spencer Reynolds



171

Spencer is such a story. He had not wrestled since 7th grade and came back out for the team last year and placed at the JV counties. This year after getting back in the swing of things he brought intensity and enthusiasm to our team. With a strong showing at both the Hilton Tournament and the Livonia Tournament he helped lead our team to victory. Spencer has enlisted in the Navy. They will be lucky to have him. I'm proud of your turn around and proud to have you defending our country.

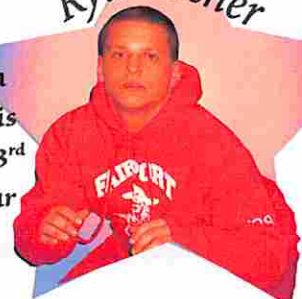
season 16-12

189

Season 27-15 Career 40-25

Ryan brought personality to our team. He is a true athlete with explosive power and speed that he has become very good at hiding. If you have ever watched Ryan wrestle he is the best I have ever seen at slowing down a match and shifting gears. When Ryan wants to wrestle with intensity he can bring it on. At the Sectionals in a wrestle back match against Larry Walter from Marshall he demonstrated why his combination of speed and power needs to be respected. With a nail biter win for 3rd place Ryan showed his ability to pull off the unexpected, which probably saved our second place finish at the Hilton Tournament. Ryan your leadership and humor will be missed next year.

Ryan Usher



Goodbye Seniors and Parents you will be missed next year!!



Ruiz



Usher



Johnson



Smith



Reynolds



Ryan



Yanus



Curtin

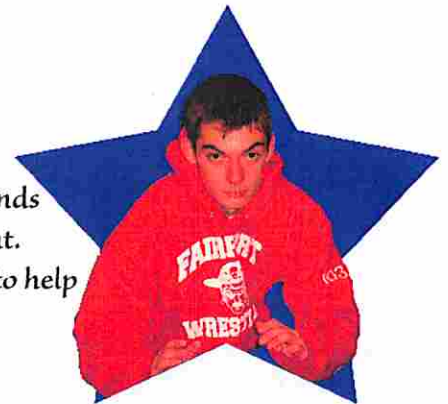
Always Remember "Once a Raider, Always a Raider".

Now meet the rest of the Red Raiders Varsity...



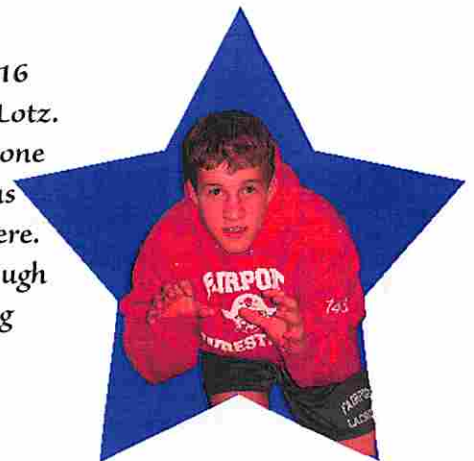
Seth Elvin 96-103 8th grade Season 21 – 16
Not many 8th graders have made the Varsity line up in the history of Fairport. Seth not only made the line-up, but was an important part of our team. Seth wrestled 96lbs for tournaments where he placed 3rd @ the Penfield tournament and 5th at the Hilton Tournament and 103 for dual meets to help anchor our lightweights. Look for Seth to be an important part to our program for years to come.

Jeff Kohl 112 11th grade Season 13 – 17 Career 17 – 22
Jeff is one of the quiet leaders on our team. This junior brought stability and experience to the bottom of our line up. Jeff is a focus wrestler who understands hard work in practice and in the weight room transfers into success on the mat. Hopefully Jeff will return next season with senior confidence and leadership to help anchor our team.



Mike O'Connor 119 11th grade Season 10-11 Career 14-28
Mike is an extremely athletic wrestler that can put any opponent in danger at any moment. To say that Mike's matches are exciting is an understatement. Hopefully Mike can learn to control his incredible combination of speed and power in big matches next year.

Dusty Lotz 119-125 10th grade Season 21-16
One of our biggest and most pleasant surprises of this year was Dusty Lotz. Coming off of a season injury in his freshman season at the JV level no one knew what to expect from Dusty. He quickly made believers of all of us with a win in his first varsity match and he never turned back from there. The highlight of his season was earning All-County Honors in a very tough 119 pound weight class. Look for future success from this hardworking sophomore.



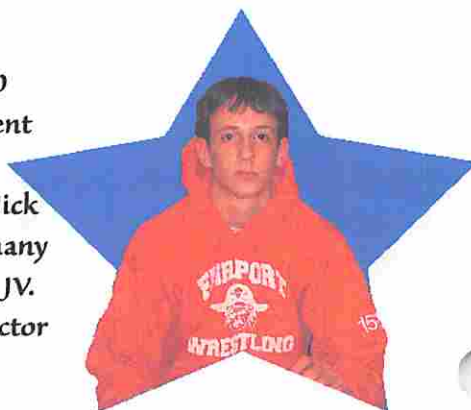
More Varsity Red Raiders...



Sean Sechrist 135-145 10th grade Season 23-14 Career 27—15

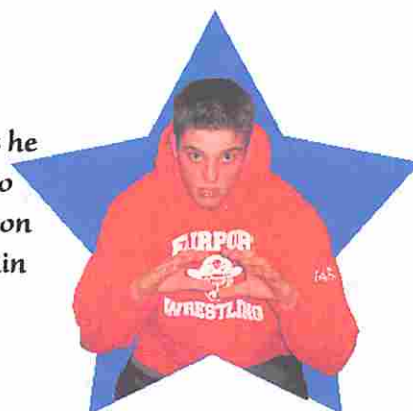
Sean is a perfect example of the strong silent type. He is consistently one of the hardest workers in the practice room and brings everything to each match. What Sean lacks in skill and technique, he more than makes up for in heart and determination. Many times during the course of the season Sean beat wrestlers that were better than him by just plain wearing them out. We will be looking for him to come back strong next season after a season ending that left everyone disappointed.

Nick Caligiuri 140-145-152 10th grade JV record 9-1 V Season 3-10
Nick is a great example of a hard-nosed practice wrestler. He brings excellent technique and his own style to the mat. From the first match of the season when he went 5-8 with the eventual county champ at 152 pounds I knew Nick would be a force to reckon with. We look for Nick to return and provide many big wins for our team next season. Nick split time between the varsity and JV. When he wrestled JV there was no one better this season. He was the JV Victor Tournament champion.



Corey Sechrist 145-152-160 10th grade JV record 12-5 V Season 4-9
If in the beginning of the season you would have told anyone on the team that Corey would be the first sophomore to place in the sectionals, many would not have believed you. Filling in for mid-season injuries and finding his spot in the lineup Corey ended up finishing 5th. Corey is a gamer that likes to perform his best when the cards are against him. Showing a lot of heart towards the end of the season Corey now has expectations to live up to. No more candy, soda, and video games all summer!! See you in the weight room. Until Corey moved up to varsity he was "tearing up" the JV's. He had a great JV season. He placed 2nd in the JV Victor Tournament and 3rd place in the JV Penfield Christmas Tournament.

Eric Rast 145 11th grade Season 11-7 Career 21-28
Eric was one of the most dedicated wrestlers this off season and the progress he showed early on in the season proved he had put his time in and was ready to excel. However, Eric ended up fighting injury all season and never quite got on the roll he needed. We expect to see strong leadership and fire from Eric again this off season and next season. Also with Ryan Usher gone you will have to keep Coach Forkey under control.



And the rest of the Varsity Red Raiders!



Jack Hereford 151-160-171 11th grade JV record 7-3 V Season 0-12

Jack is truly a hard worker. He comes to practice everyday with intensity and fire. He has put forth his best and does not ever complain; you can tell he enjoys the hard work of our sport. Jack's intensity will be a big part of our team next year. Jack split time between the JV and varsity this year. When Jack was with the JV team he did whatever was needed to help the team win.

Tom Gayvert 215 11th grade Season 22-18 Career 25-27

Tom was a rock for our team this year. He is a true competitor and showed that at the Sectionals, wrestling through pain and finding a way to advance on to the State Qualifier. Tom continues to improve and excel. We will need his leadership and success on our team next year. I know that he will put forth the necessary effort to return to top form this off season.



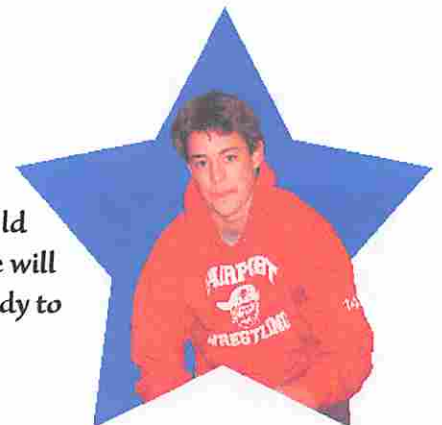
Chris Bennett 275 11th grade season

Chris was a great addition to our team this year. We have not had a heavy weight in a few years and he did a great job while he was healthy. We hope he heals up and prepares for next year.



Mike McGinn 152-160 11th grade season

No wrestler did more to prepare this last off-season. Unfortunately, an old injury just kept resurfacing and needed to be taken care of. Hopefully he will spend the next off season working as hard as the previous and will be ready to help lead our team next season. Your dedication will pay off.



Meet the Red Raiders Junior Varsity



John Ventura (96-103 – 9th grade) (JV record 7-12)

John worked hard all year. He had a winning record at the 96 pound weight class. John is one of these invaluable team members that helps make everyone around him a better person.



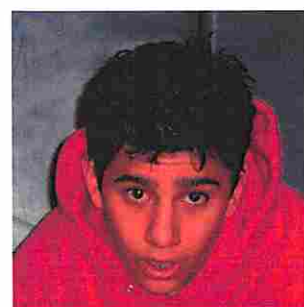
Connor McDonald (103-112-119 – 9th grade) (JV record 5-8)

Connor was a super-sub this year filling in at three different weight classes. His overtime win at RH was inspiring to all Fairport fans.



Andy Stern (103-112-119 – 9th grade) (JV record 5-7)

Andy wrestled whenever he was needed this year. He got lots of experience and much is expected of him next year.



Mitch Costa (112 – 10th grade) (JV record 13-11)

Mitch was a first year wrestler who improved dramatically throughout the year. Mitch is the perfect blend of speed and strength and he works very hard in the practice room. Some of his accomplishments this year was coming in 3rd place in the Victor Tournament and 4th place in the Penfield Christmas Tournament.



Steve McGinn (119-125-130 – 9th grade) (JV record 14-10)

Steve's matches were usually the most exciting at each meet. He placed 2nd in the Victor Tournament and 3rd in the Penfield Christmas Tournament. Steve showed great courage to wrestle at JV Counties after hurting his teeth earlier in the season.

Meet the Red Raiders Junior Varsity



Jake Newman (125-130 – 9th grade) (JV record 5-3)

Jake courageously battled a bad elbow all year. He works hard and next year much is expected of him.



John Alessi-Corey(125-130-135 – 9th grade) (JV record 14-13)

John works very hard in the practice room. He has a great deal of dedication to this sport.



Dave M. Barker (125-130-135 – 10th grade) (JV record 19-9)

David had an outstanding season. This was his first year wrestling and his accomplishments this season were incredible. He came in 3rd place in the Penfield Christmas Tournament and went undefeated at the Fairport JV Team Tournament. David's love of hard work helped him make huge improvements this year.



Jason Benza (140-145-152 – 10th grade) (JV record 20-8)

Jay had a terrific season. He improved tremendously and was an excellent team leader. He came in 3rd in the Victor Tournament and placed 4th in the Penfield Christmas Tournament.



Zach Straub (140-145 – 10th grade) (JV record 18-11)

Zach had a great season. His love for the sport of wrestling is evident every time he steps on the mat. This year he placed 4th in both the Monroe County JV Tournament and the Victor Tournament and 2nd in the Penfield Christmas Tournament.

Meet the Red Raiders Junior Varsity



Buddy Phipps (152 – 9th grade) (JV record 3-2)

All of Buddy's victories were by fall.



Mark Harstad (160-171 – 10th grade) (JV record 16-12)

Mark had a great year. He placed 3rd in both the Victor Tournament and Penfield Christmas Tournaments. He improved tremendously and provided outstanding leadership to this year's squad.



Dan Overhauser (171-189 – 10th grade) (JV record 20-11)

Dan is a true success story. Dan is a testament to hard work and dedication. No one would have expected that Dan would tie for the team lead in victories this year. He placed 4th in the Victor Tournament, Penfield Christmas Tournament and the Spartan JV Invitational. He worked hard all of last off-season and it paid off this year. The coaching staff is very proud of his accomplishments.



Steve Pittinaro (189 – 9th grade) (JV record 9-3)

Steve mounted a great comeback from an early season injury. By the end of the season he was truly a force to be reckoned with in Monroe County wrestling. He placed 2nd in the Monroe County JV Tournament and 4th in the Spartan JV Invitational.



Will Neely (275 – 10th grade)

The coaching staff is very proud of Will. He won his greatest match by defeating the scales and making weight seven times this season. Much is expected of him next season.

Justin Palardy (9th grade) (no picture)

Justin was injured during his first match and missed the rest of the season. Justin continued to support his teammates.

2003-2004 Booster Club

The Fairport Wrestling Booster Club works behind the scenes to support our outstanding staff of coaches, and three levels of wrestling. The Booster Club takes the responsibility of providing financial, as well as school support, to insure the wrestlers have the most enjoyable season possible. The booster club plans several special events during the season and at each home match. We also help support off-season development activities to help our wrestlers grow.

Thank you parents for your support of the booster club activities.

Fairport Wrestling Club Officers

President Matt Elvin
Vice President Larry McGinn
Secretary Annette Kohl
Head Coach Mike Kohl

2003-2004

Fairport Wrestling Team Parents

Varsity Stephen and Cheryl Ruiz
Junior Varsity Teri and Jim Sechrist
Martha Brown Sandee Trabold
Johanna Perrin Matt and Michelle Elvin

Thank you Bob Perrone for your generous donation of
Zweigle's Hots & Sausages for Winterfest 2004!!!



Johanna Perrin Year in Review

Coaches Dawes, Plant and Simpson want to congratulate the 7/8 grade wrestlers from Johanna Perrin Middle School on their outstanding efforts this past season.

The main emphasis of this season was making sure these wrestlers had a thorough knowledge of basic wrestling technique. Furthermore, this group consisted of eleven first year and eight second year wrestlers. Our record 5-4, reflected the difficulty of our schedule throughout the season.

Our wrestlers understand, in order to excel in this sport - you have to go above and beyond the regular season commitment and attend clinics, attend open wrestling tournaments in the spring, join a wrestling club, attend open mat nights at FHS, and maybe further their knowledge of freestyle wrestling. By exposing themselves to a few of these post season experiences, a wrestler will definitely be more prepared for the following season.

In conclusion, the junior high coaches wish the eighth graders continued success on the JV level next season with Coach Barker. Then too, we are also looking forward to working with the seventh graders in 2004/2005. Thanks again to Coach Kohl and the high school wrestling staff, Mr. Zumbo and his staff, the Booster Club, the wrestler's parents, assistant coaches, and finally to my wife Debbie, who makes everything possible.

THANKS AGAIN--- Coach Dawes

Johanna Perrin Modified Team



Johanna Perrin Wrestlers in no special order...

Joseph Allen, Justin Bernegger, Matt Breen, Rich Carlston, Charlie Ciraolo, Zae Dubois, Dean Elvin, Kyle Hall, Patrick Hughes, Lee Karabinakis, Matt Mahan, Brandon Plant, Ben Raha, Matt Roe, Logan Simpson, Austin Suter, Max Venturo, Bennett Wilcox
Manager: Kathryn Sweet

Johanna Perrin Coaches

Coach: Gary Dawes

Assistant Coaches: Rick Plant

Eric Simpson

Martha Brown Modified Team



Martha Brown Wrestlers in no specific order...

Gage Banker, Kyle Benjamin, Jake Bloom, Sean Burke, Jeffrey Cowden, Robert Cunningham, Joel Downey, Tyler Dufault, Ricky Fiandach, Ryan Fox, Ryan Gallagher, Tucker Gosda, Scott Jones, Adam Kohl, Jeremy Lindauer, Tyler Maxwell, Franklin Mosca, Adam Onderdonk, Ben Onderdonk, Timothy O'Reilly, Aaron Patterson, Zack Reibsome, Steve Rodman, Kevin Ross, Jeffery Slabe, Patrick Trabold, Gavin Yauchzee

Martha Brown Coaches

Coach: Jim Nunez

Assistant Coach: Bob Bothwell

Student Coaches: Greg Smith

Eric Kohl

Martha Brown Year in Review 2004

Another great season has come to an end. Twenty-six members of our team remained focused, worked hard, and culminated the season with a 7 – 2 overall record.

We began our season with a 3 – 0 start. We were victorious over Greece Arcadia, Churchville Chili, and Batavia. Having begun so strongly was a shock. But what was clearly evident was that every member of our team never gave up on themselves or the team. Our fourth contest was against Brighton. One can always expect the Brighton team to be well prepared and coached. This, in my opinion, was going to be a very difficult contest.

During the week we had only practiced once, but were faced with a challenge that was of far greater importance than winning a modified wrestling match. This experience unified the boys in a way that no one pre-game motivational speech could ever attain. I can only hope that the boys will always remember that there are things in this world far more important than winning a “game”. Nonetheless, we encountered our first loss. Losing is never a good feeling, but for boys this age they need to remember what it is about themselves, collectively, that contributed to an overwhelming amount of success.

We were now 3 – 1 and go on a 4 – 0 win streak. We went ahead and mounted victories over Pittsford, W. Irondequoit, E. Irondequoit, and Webster. And were now faced with our last contest versus Gates Chili. My only concern was whether the boys were going to be mentally prepared to compete or whether they were mentally exhausted and wanted the season to be over with. Again I was proven wrong.

With five matches left in the contest we were down 5 wins to 12 losses. Frank Mosca went out and won his match 10 – 0. The momentum began to swing our way. We went ahead and won the last four matches and end with 10 wins and 12 losses. What became clear was the amount of heart and pride that the boys competed with. I was proud to be their coach.

An overall record of 7 – 2 is something to be proud of. More importantly, we have 12 seventh graders returning who will be the core to another successful season. To all of the eighth graders moving on, you will all be missed. For two years you have given me headaches, but more than that you have left me with memories that will last forever.

You made the job fun. Thank you.

Coach Nunez

A Wrestler's Biggest Fan

That's my little boy
Mat two...
He's on deck
He's the one who tries to look so confident...
While I sit watching nervously
Biting my nails and shaking in my seat
Praying for a victory and not a quick defeat
Please don't let him be hurt
Please let him be all right
After all this is why he practices so hard
Almost every night...
I'll just suffer through it and give him my support
Wondering why sometimes, he ever chose this sport
But when it's finally over and he makes it through "the three"
Nothing can beat the look on his face
The look of VICTORY!!!



The look that says, "I did it, hey mom did you see?"
And when the ref holds up his hand
I know why he chose this sport
And when the victory goes the other way
I still give him my support



There's always next time as long as you try A mom never fails to say
You're always a champion in my eyes son, and you'll always be that way



A mom is a wrestler's biggest fan
Because she knows what's in his heart
She knows his dedication and how he tries so hard...
It's hard for a mom to sit and watch
As her son gets pinned



And it's hard not to get emotional as you watch your baby win
Seeing his eyes search for you while you're sitting in the stands
Making sure you saw every move turn out just the way he planned



Because every wrestler knows
That his mom is his biggest fan!!!

