# STEVE GARLAND MEMORIAL PAVILION WRESTLING TOURNAMENT

1988



# TEAMS

Albion Alexander Attica Canisteo Elba - OA Honeoye Falls - Lima Lockport McQuaid Monroe Pavilion Wayland Williamson

75 Cents Donation

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## TOURNAMENT OFFICIALS

Mr. Gerald Vandetti Mr. Lynn Eick Mr. Alan Goodenow Mr. Ray Magee

# **PAVILION ADMINISTRATION & STAFF**

Mr. Robert Westacott Dr. Larry Graham Mr. Ed Orman Mr. Keith Buttles Mr. John J. Grillo Mrs. Peggy Grillo Pavilion Sports Boosters Refreshments

Superintendent High School Principal Elementary Principal Athletic Director Tournament Director Head Scorer

# TEAM SCORING

- 14 points 1st place 10 points - 2nd place 7 points - 3rd place 4 points - 4th place 2 points - technical fall, fall, default, disgualification, forfeit
  - 1 point superior decision ½ point - major decision

# APPROXIMATE TIMES

				Weigh-ins
9:15	-	10:30	-	Coaches' meeting
				Pigtail round
12:00	-	2:00	÷	Preliminary round
2:00	-	3:00	-	Losers'bracket round 1
3:00	-	4:30	-	Semi-finals
4:30	-	6:00	-	Losers' bracket round II
6:00	-			Supper break
6:30			-	Consolations and Finals

## WRESTLING STUDENT HELPERS

Renee Freeman Barb Sabitino Dan Czapecka Heather Toomey Michelle Campbell

# WRESTLING CHEERLEADERS

Elaine Baltz Dawn Bradway Stephanie Thorpe Heather Legott Jenny Yeager Jenny Laplante Sandy Scheckenburger Lisa Pfendler Mrs. Linda Fitzsimmons: Advisor

# WRESTLING MANAGERS

Tim Noble Tim Lemley Tim Abdella Chad Timothy Shane Burger

# PAVILION JUNIOR VARSITY WRESTLERS

Joe May Roger Cosimeno Henry Buell Ed Spence Dean Beck Kevin Baker Vince Bianchi Mike Dumbleton Ed Connett Jim Penders

Bruce Pfendler Jamie Mott Jeff Harris George Dranichak Dan Johnson Jeff Brodsky Adam Pfendler Ken Campbell Tim Kingdon

Dear Wrestlers,

Want to know the secret to being a winning wrestler? Becoming a champion requires only a few vital ingredients.. and they are really no secret. You have to know what you are doing..the techniques, the positions, the moves, and know where you are every minute you are on the mat. And you have to be in top physical condition to be able to make the right moves at the right time.

Anybody can say, "Okay, now I realize what it takes to be a wrestler." But the individuals who really become champions are the ones who know that it takes considerable extra effort, substantially more than what the average athlete is willing to expend. The Olympic quality wrestler is the one who goes out and runs at least 2-3 miles before classes. He is the one who sets up a program of weight-lifting for himself, and follows it the yeararound.

It is the attitude of a champion that sets him apart from others and helps him to become a champion. First of all, he derives satisfaction from knowing that while wrestling, he is always attempting to do his best. Winning, of course, will always give you more satisfaction than losing, but in sports there always is a winner, and always a loser. If you know you are doing your best, that is the most you can demand from yourself. The winning will take care of itself.

Another characteristic of a winning wrestler is his willingness to expend an extra effort in the drive for personal excellence by designing his everyday life around his wrestling goals. This is what I did. If I had a job in the summer, it was a job that would help build my strength and overall level of conditioning. If you want to be the best, you need complete, total dedication.

Yours in wrestling,

Dan Gable

Dear Mom and Dad,

You always told me to tell you when something is troubling me. I wanted to tell you the other day when you were so upset with me, but I just couldn't. Maybe I can explain now.

Remember last Saturday when I was wrestling and I went after a takedown in the first period? I just about had it, but I slipped and got taken down myself. I could hear you yelling at me for being so stupid. I was sure embarrassed - a little because I slipped, but a lot because you were yelling at me.

Then do you remember yelling what I was doing wrong when I was trying to keep my opponent from escaping? While listening to you I forgot about my opponent. Well, you know what happened - he reversed me and pinned me with a cradle. I didn't feel so bad losing, but I felt terrible afterward when you gave me that "you -dumbjerk" look.

I know you want me to be a good wrestler. And I try really hard. But when you yell at me all the time it just makes things worse. At first I thought the worse I got the more you yelled, but now I think that the more you yell the worse I get. Maybe if you would encourage me just a little, rather than always criticize me, I would do better.

One other thing, The only time you are happy is when I win. I try really hard, and I want to win too, But some of the kids I wrestle are really good. I feel bad when I lose, but when you get mad at me afterward it only makes it worse. Sometimes it's not what you say, but the way you look at me.

Do you remember sitting at the dinner table at the beginning of the season, and telling me that winning wasn't the most important thing, but making an effort to win was? You said that what you wanted was for me to develop pride in myself and to have fun wrestling. Well, I want to develop pride, but you always remind me of my mistakes. I want to have fun, but you keep taking the fun away. I have tried my very best, but it doesn't seem to be good enough for you.

I don't want to quit wrestling, but I don't want to always feel stupid and embarrassed around the guys. What do you think I should do?

Love,

Your Son

ALBION CENTRAL SCHOOL NIAGARA-ORLEANS LEAGUE SECTION 6 CLASS B PURPLE & WHITE "EAGLES" MR. KEITH PICCIRILLI - COACH MR. AL JOHNSON - ASSISTANT

<pre>100: No Entry 107: Joe Gates 114: Aaron Conn 121: Mark Farone 128: Guy VanDeGenachte 134: Paul Bakeman 140: Demetrius Spinks 147: Willie Moss 157: John Davis 169: Chris Rodgers 179: Mike Harrison 217: Ron Raglan 252: Chuck Nesbitt</pre>	93:	No Entry
<pre>114: Aaron Conn 121: Mark Farone 128: Guy VanDeGenachte 134: Paul Bakeman 140: Demetrius Spinks 147: Willie Moss 157: John Davis 169: Chris Rodgers 179: Mike Harrison 217: Ron Raglan</pre>	100:	No Entry
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<pre>128: Guy VanDeGenachte 134: Paul Bakeman 140: Demetrius Spinks 147: Willie Moss 157: John Davis 169: Chris Rodgers 179: Mike Harrison 217: Ron Raglan</pre>	114:	Aaron Conn
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<ul> <li>140: Demetrius Spinks</li> <li>147: Willie Moss</li> <li>157: John Davis</li> <li>169: Chris Rodgers</li> <li>179: Mike Harrison</li> <li>217: Ron Raglan</li> </ul>	128:	Guy VanDeGenachte
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179: Mike Harrison 217: Ron Raglan	157:	John Davis
217: Ron Raglan	169:	Chris Rodgers
	179:	Mike Harrison
252: Chuck Nesbitt	217:	Ron Raglan
	252:	Chuck Nesbitt

ATTICA CENTRAL SCHOOL GENESEE REGION LEAGUE SECTION 5 CLASS B BLUE & WHITE "DEVILS" MR. CHUCK KELLOGG - COACH MR. GEOF BUSH - ASSISTANT

93:	Bob Boody
100:	Chris George
107:	No Entry
114:	No Entry
121:	Joe Swartz
128:	Gary Theal
134:	Brian Barnes
140:	Dave Medzelo
147:	Rich Theal
157:	Steve Perl
169:	Mike Gaiser
179:	Jay McQuillian
217:	Don Hunter
252:	Mike Thore

ALEXANDER CENTRAL SCHOOL GENESEE REGION LEAGUE SECTION 5 CLASS C GREEN & GOLD "TROJANS" MR. PAUL SANTORO - COACH MR. DALE SPICER - ASSISTANT

93: Paul Merrill 100: No Entry 107: Steve Boyce 114: No Entry 121: Todd Stokes 128: Geoff Smith 134: Chuck Schmidt 140: Brian Spicer 147: Steve Holley 157: Scott Feary 169: Guy Bontrager 179: Pete Szilagy 217: Chris Hartgrove 252: No Entry 100: No Entry

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CANISTEO CENTRAL SCHOOL STEUBEN COUNTY LEAGUE SECTION 5 CLASS D RED & WHITE "REDSKINS" MR. WAYNE HARTMAN - COACH MR. MIKE RAHR - ASSISTANT 93. Brent Richardson

93:	brent Richardson
100:	Shane Schaumberg
107:	
114:	Sean Stewart
121:	Dave Crook
128:	Dave Cartello
134:	Tom Crook
140:	Phil Dodge
147:	Mike Davis
157:	Rich Pierce
169:	Dan Melnyk
179:	Kevin DuBois
217:	Don Dietrich
252:	Joe Donlon

ELBA - OAKFIELD - ALABAMA GENESEE REGION LEAGUE SECTION 5 CLASS B MAROON & WHITE "LANCERS" MR. CHARLIE PANGRAZZIO - COACH MR. SCOTT BEECHLER - ASSISTANT

93: Aaron Harrington 100: Tom DiStaffen 107: Tony DiStaffen 114: Rob Estes 114: Rob Estes 121: Jerrod Rowcliff 128: Mike West 134: Neil Chamberlain 140: No Entry 147: Steve Hall 157: Glen Hecko 169: No Entry 179: Craig Baisley 217: Tom Fluker 252: No Entry

LOCKPORT CENTRAL SCHOOL NIAGARA FRONTIER LEAGUE SECTION 6 CLASS A BLUE & GOLD "LIONS" MR. MIKE MCVOY - COACH MR. PAT SEIDEL - ASSISTANT

93: John Morello 100: John Simmons 107: Doug Titus 114: Mike Ford 121: Pat Burke 128: Dan Winchell 134: Rick Remelle 140: Jim Ciliberto 147: Tom Stornelli 157: Steve Couturier 169: Noel Ubiles 179: Scott Madole 217: Tony Gugliuzza 252: No Entry

HONEOYE FALLS - LIMA CENTRAL SCHOOL LIVINGSTON COUNTY LEAGUE SECTION 5 CLASS B BLACK & GOLD"COUGARS" MR. RALPH CLAPP - COACH MR. DICK FAGAN - ASSISTANT

- 93: No Entry 100: Jay Spato 107: Wally Sackett 114: Tory Schock 121: Tim Poole 128: Kyle Banser 134: Pat Ryan 140: Tim Olsen 140: Tim Olsen 147: Jeff LeFrois 157: Ken Zuber 169: Shawn Krest 179: Mike Tripp 217: Paul Hammond 252: No Entry

MCOUAID JESUIT HIGH SCHOOL CITY CATHOLIC LEAGUE SECTION 5 CLASS A BLACK & GOLD "KNIGHTS" MR. JOHN ROSELLI - COACH MR. DAVE LANZATELLA - ASSISTANT

93: Felix Medero 100: Gary Dale 107: No Entry 114: Bryan Knauss 121: Chris Passero 128: Ed Porto 134: Jeff Knauss 140: Jeff Voci 147: Paul Roselli 157: Shannon Costello 169: Joe Ritchie 179: Dave Prezzano 217: Jeff Fenton 252: No Entry

MONROE HIGH SCHOOL CITY CATHOLIC LEAGUE SECTION 5 CLASS B BLUE & RED "RED JACKETS" MR. MICHAEL SAVIDIS - COACH MR. GORDON PEGG - ASSISTANT

93: Angel Lopez 100: No Entry 107: No Entry 114: Maurice Clarke 121: Mike Lieber 128: Brian Smith 134: Frank Trigg 140: No Entry 147: Raymond Ruiz 157: No Entry 169: Tim Taylor 179: Bruce Gilbert 217: No Entry 252: No Entry PAVILION CENTRAL SCHOOL GENESEE REGION LEAGUE SECTION 5 CLASS D PURPLE & GOLD "GOPHERS" MR. JOHN J. GRILLO - COACH MR. KEN ELLISON - ASSISTANT MR. KEN WEAVER - ASSISTANT

93: Dan Hinrich 100: Chad Draper 107: Shawn Wilkinson 114: Arturo Martinez 121: Jamie Mott 128: John Bannister 134: Greg Majors 140: Tim Sullivan 147: George Brown 157: Brent Walton 169: Dave Lemley 179: Jeff Harris 217: Craig Baker 252: Kip Donegan

WAYLAND CENTRAL SCHOOL . LIVINGSTON COUNTY LEAGUE SECTION 5 CLASS C MAROON & GOLD "EAGLES" MR. BILL HETTRICK - COACH MR. PAUL WELYTOK - ASSISTANT

93: Aaron Burke 100: Mark Prinzi 107: Frank Cardella 114: Pete Grisewood 121: Chris Buckley 128: Chris Furia 134: Chris Savan 140: Jeff Schreiner 147: Mike Grasby 157: Rick Cotton 169: Steve Loop 179: George Kuhn 217: Jake Weiand 252: No Entry WILLIAMSON CENTRAL SCHOOL WAYNE - FINGER LAKES LEAGUE SECTION 5 CLASS C RED & WHITE "TIGERS" MR. GARY CLARK - COACH MR. MIKE MORONE - ASSISTANT

93: Mark Buda 100: Jadd Peters 107: Mike Comery 114: Josh Smith 121: Nate Van Duesen 128: Dave LaVancha 134: Bruce Collier 140: Garrick Doser 147: Kurk Mangos 157: Pete Brusso 169: Aaron McIntosh 179: Bill Gates 217: John Beh 252: Albert Smith PRIDE

Whether one wrestles to earn a team berth or to become a world champion, he enlists in a proud community of athletes known for their courage and dedication. In the most demanding of all athletics, the wrestler is commanded to condition his body to the very limit of his endurance, habitually deny him self of normal pleasures, and prove himself time and again in greuling competition, frequently under pressure. A nobility becomes the sport. There is no mat space for malcontents or dissipaters. One must neither celebrate insanely when he wins nor sulk when he loses. He accepts victory professionally, humbly; he hates defeat, but makes no poor display of it. More enduringly than any other sport, wrestling teaches selfcontrol and pride. Some have wrestled without great skill; none have wrestled without pride.

Most men stop when they begin to tire. Good men go until they think they are going to collapse. But the VERY BEST know the mind tires before the body and push themselves further and further beyond all limits. Only when all these limits are shattered can the unattainable be reached.

.. ANONYMOUS ...

91: Mike Lyons - Elba 98: Scott Hess - Midlakes 105: Ralph Torcello - Pavilion 112: Don Drexler - Redcreek 119: Mark Coppola - Pavilion 126: Tom Grimsley - Pavilion 132: Al Vanderwall - Midlakes 138: Mike Ashley - Pavilion 145: Custy Panetta - Card. Mooney 155: Joe Leitten - Pavilion 167: Al Swift - Pavilion 177: TomWnite - Card. Mooney 215: Dave Williams - Elba 250: No Entry

### 1st PLACE : PAVILION

## 1980

91: Dan Bower - Red Creek 98: Kelly Smith - Mt. Morris 105: Rick Norman - Eden 112: Mike Count - Red Creek 119: Ralph Torcello - Pavilion 126: Ron Black - W. Seneca West 132: Rich Green - Pavilion 138: Mike Ashley - Pavilion 145: Bob Bread - W. Seneca West 155: Bill Bateson - Eden 167: Marc Schaert - Red Jacket 177: Joe Schmidt - Mt. Morris 215: Steve Schwab - RoyHart 250: Ed Berner - RoyHart

1st PLACE : PAVILION

## 1981

91: Gary Dempsey - Leroy 98: Jeff Royce - Warsaw 105: Tim Reid - Pavilion 112: Tom Edgeston - Albion 119: Mike Corcimiglia - Leroy 126: Tim Mowry - Leroy 132: Chris Nolan - Albion 138: Rich Green - Pavilion 145: Bob Broad - W. Seneca West 155: Mike Roundtree - Card. Mooney 167: Matt Leitten - Pavilion 177: Scott Pavone - Card. Mooney 215: Wayne Hodge - Leroy 250: Brent Buckner - Albion

lst PLACE : LEROY

# 1982

91: Bill Lyons - Elba 98: Darrin Hillman - Albion 105: Jeff Royce - Warsaw 112: Steve Fuller - Leroy 119: Geoff Shaw - Warsaw 126: Ron Gravanda - Leroy 132: Mike Corcimiglia - Leroy 138: Chris Gerlach - Leroy 145: Rich Green - Pavilion 155: Todd Rose - Lockport 167: Matt Leitten - Pavilion 177: Randy Boyd - Pavilion 215: Steve Matthews - Leroy 250: John Johnston - Leroy

1st PLACE : LEROY

91: Bill Lyons - Elba 98: Bill Dempsey - Leroy 105: Darrin Hillman - Albion 112: Chuck Montedore - Lockport 119: Bill Grayson - Leroy 126: Gary Dempsey - Leroy 132: Ron Gravanda - Leroy 138: Mike Corcimiglia - Leroy 145: Chris Gerlach - Leroy 155: Kris Petote - Elba 167: Todd Rose - Lockport 177: Dave Brennan - Pavilion 215: Steve Matthews - Leroy 250: Burt Zeitz - Lockport

1st PLACE : LEROY

## 1984

- 91: Joe Finley Starpoint 98: Mike Hackett - Pavilion 105: Don Singleton - Lockport 112: Mitch Bigins - Alexander 119: Jeff Royce - Warsaw 126: Tony Rosati - Lockport 132: Charlie Pangrazio - Elba 138: Pat Krenzer - Honeoye Falls-Lima 145: Pat Kelly - Wayland 155: Kris Petote - Elba 167: Steve Kidney - Lockport
- 177: Tim Bonnell Honeoye Falls-Lima
- 215: Mike Shaw Attica
- 250: Burt Zeitz Lockport

# 1st PLACE : LOCKPORT

# 1985

91: George Martinez - Lockport 98: Tim Chase - East Aurora 105: Jeff Woodworth - East Aurora 112: Isreal Martinez - Lockport 119: Jim Tabor - Starpoint 126: Matt Grisewood - Warsaw 132: Jeff Clair - Honeoye Falls-Lima 138: Pat Krenzer - Honeoye Falls-Lima 145: Gerry Leitten - Pavilion 155: Greg Leitten - Pavilion 167: Clay Stopa - Lockport 177: Mike Stover - Lockport 215: Mike Flaitz - Wayland 252: Frank Silvernail - Starpoint

1st PLACE : LOCKPORT

# 1986

91: Louis Pagan - Monroe 98: Pete Schwartz - East Aurora 105: Tim Chase - East Aurora 112: Ralph Gillon - Lockport 119: Todd Wilkins - Canisteo 126: John Furia - Wayland 132: Lenox Gillon - Lockport 138: Kevin Gfroerer - Starpoint 145: Mike Malone - Wayland 155: Steve Woodworth - Canisteo 167: Greg Leitten - Pavilion 177: Mike Williams - Elba 215: Mark Lubs - Starpoint 252: Frank Silvernail- Starpoint

1st PLACE : LOCKPORT

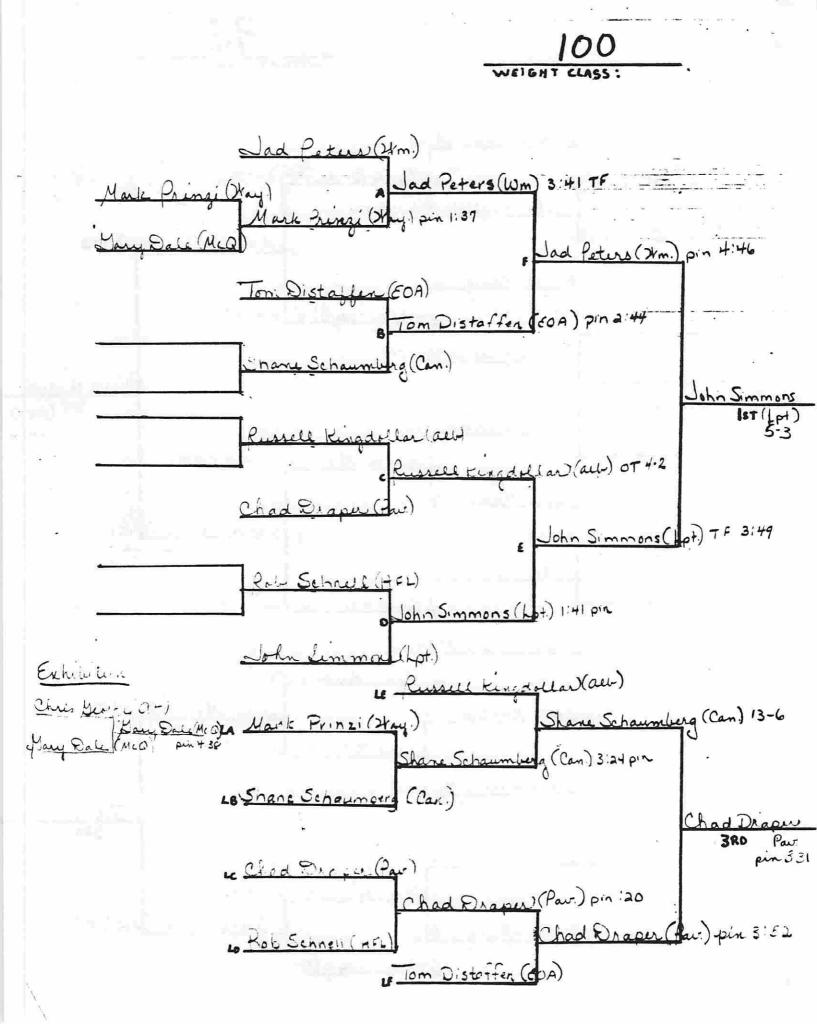
<u>1987</u>

91: Tom DiStaffen - Elba - OA 98: Luis Pagan - Monroe 105: Mike Lieber - Monroe 112: Maurice Clark - Monroe 119: Jim Ciliberto - Lockport 126: Chris Vandiwinckel - Williamson 132: Paul Buchbinder - Honeoye Falls-Lima 138: Will Moss - Albion 145: Jeff Schreiner - Wayland 155: Rick Pierce - Canisteo 167: Gerry Leitten - Pavilion 177: Mike Williams - Elba - OA 215: Chuck Nesbitt - Albion 252: Dan Dietrich - Canisteo

1st PLACE : CANISTEO

WEIGHT 5: ark Buda (Itm.) Hark Buda (m) 5-4 Lalhot. 2719 pin Mark Buda (Hm.) 8-3 Angel Lopes (Mon.) ingel Loon (Mon) pin 1:20 (EOA) Harr Felix M IST McQ ch (Pav) 12-6 felix Medero (MCG) pin 2:47 MCD) ٤ P & Merrill Merrill alex) ne Merrill (alex.) Mrillo (Lot.) TF Morello (Lot John Monello (Lot) 2.15 TF aaron marrine 31 EOA) Tie 3RD Le Dan Hinrich (Par) . h (Par 2:55 0" angel Lopez Mon 10 aaron Bucker ( )k 15 Angel Lopes (Mon

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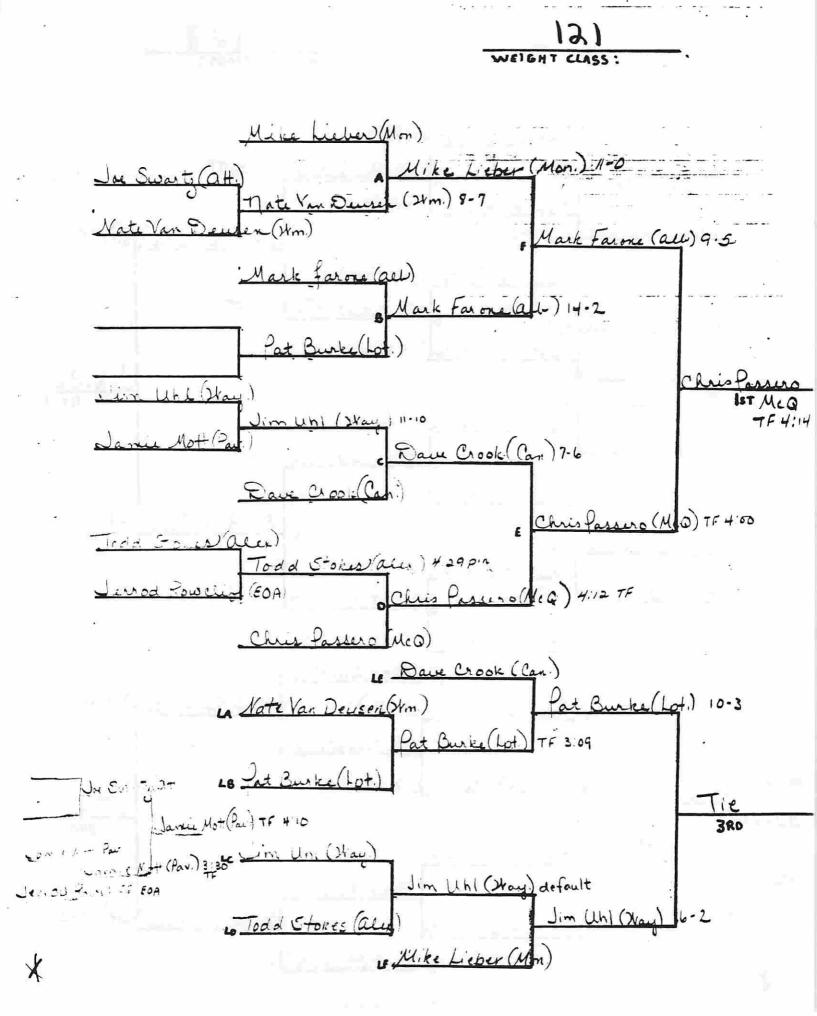


NEIGHT - Titus (hot.) Doug Titus (hot.) pin ( stay.) F Dang Titus (Lot.) TF 5:59 Hilkinson (Pav.) Shawa 1 Ly Sachett (HFL) 3:28 pin Wally Sackett (HFL) <u>ater (ary)</u> Joe <u>Mater (ark)</u> " TF 3:43 Mike Comery (Sm.) 6-4 £ ()tm.) Mike Mike Comercy Orm 8-4 Tow Distanter (EDA) Joe Gates (alb.) Joe Gates (alb) 8-7 Candella (Hay.) Shawn Wilkinson (Par) 9-0. Wilkinson (Paw.) Sina Wally Sackett 3RO(HFL) pin 24 tive Boyce (alge) Tony Distaffer (EOA) in Wally Sackett (FL) 10-2 to Tony Distation (00A) " Wally Sacket (HF)

m Conn (alt.) a aron Cons (alle.) pin Scott Clarke Mon Maurice CD rice clarke (Mon ) 2-1 Knau Mauric IST Mm Torry Schoch (HFL) 10-2 Josh Smith Otm 10-5 £ Rob Estes (EDA arturo Martiner (200-) 10-7 Martinez (Par.). sturo. Jash Smith (Hm) ult Knauss (M. O) dera Knauss (MCO) 4'26 T.F. LB Britan Knau Bryan Knams 3RD (Med 8-2 Fenoch (HFL) Orix Rot Estes (EDA) 3:08 TF Rob Estes (EOA) pin 4:50 10 Rol- Ester (EDA) 1 Davon Conn (a)

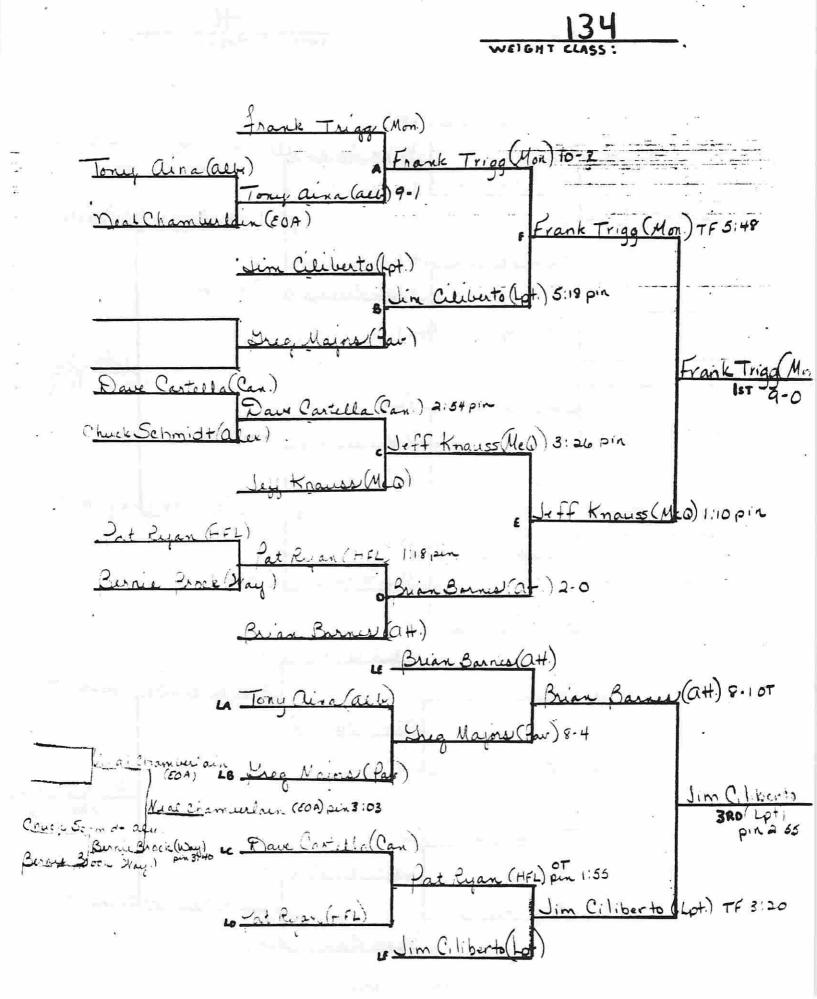
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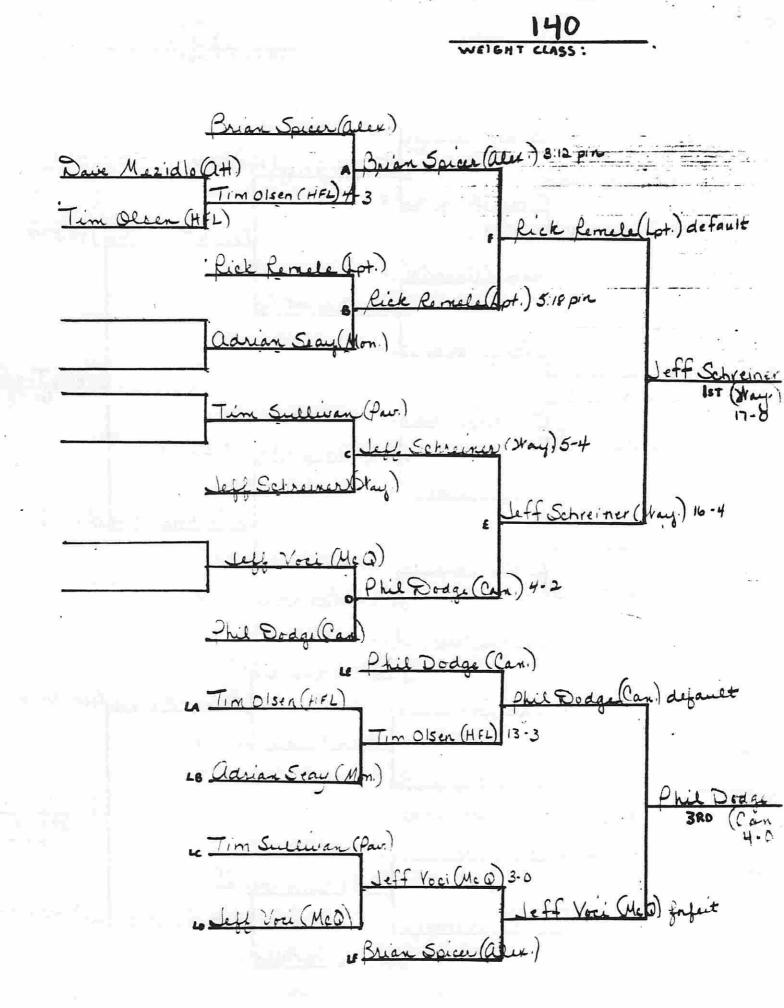
LEIGHT CLASS :

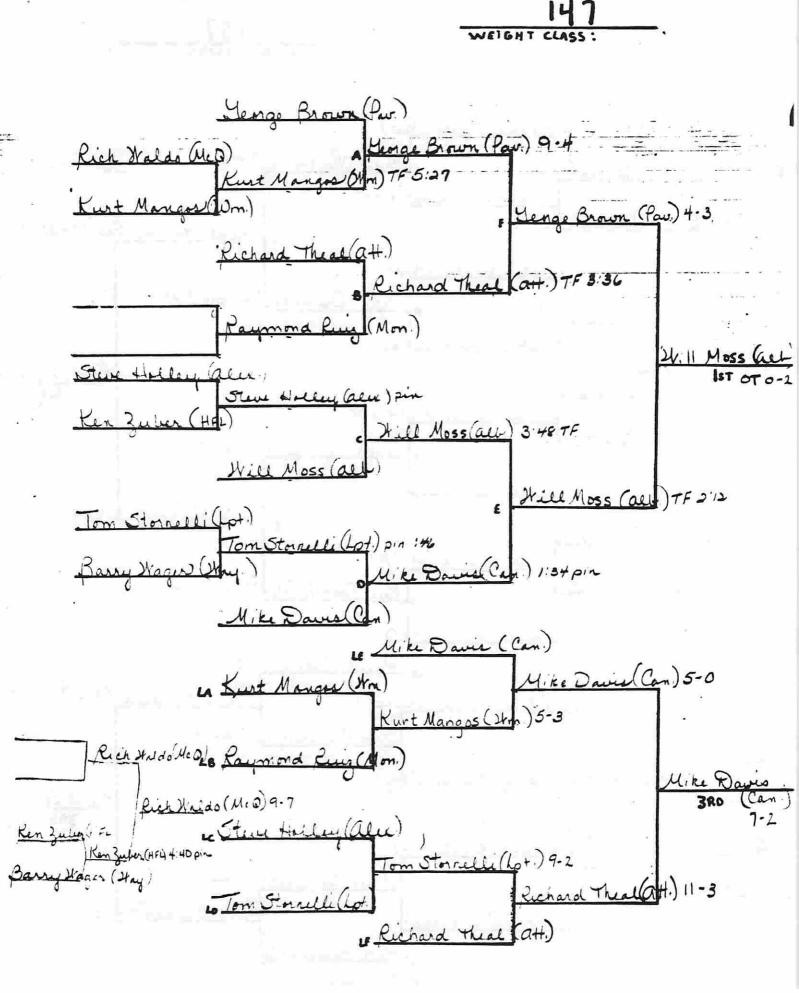


n. Bannister (Paur) Bannister (Pair) 3:00 TF Thead (att.) David Lavancha (Wm) 6-3 \_(Itm) ohn Bannister (Par) TF 2:20 : Juny Van De Jenachte (au.) clint Stewart (Can) 4.0 OT nt Stewart (Can.) wart (Can) 4:36 pin Wish (EDA an Hindrell (hpt) aus Dan Winchell (Lot.) 1:49 pin 8-3 Smith alu Smi+" ale E Ed Porto (Mca) Smith (Mon) (1m) 22-12 Ed 2010 (M.D) 17-5 Ed Porto (Mc D) Le Geof Smith (alex) Geof Smith (alux) 4-0 David Lavancha ( 24m) Juny Van De Tenachte (all) pin 2:44 Theal (at. 18 July Van Do Genachte (alt.) cy Theol (att.) lie 3RD Kulei K Dan Kindeli (Lpt.) Kyle Banser (HFW) 4:05 Dan Hinchell (Lpt.) 8.4 Kujie Bander HEL Dan Hunchell (hpt.) 11-2 Prosent Smith (Mn " Clint Stewart

WEIGHT CL

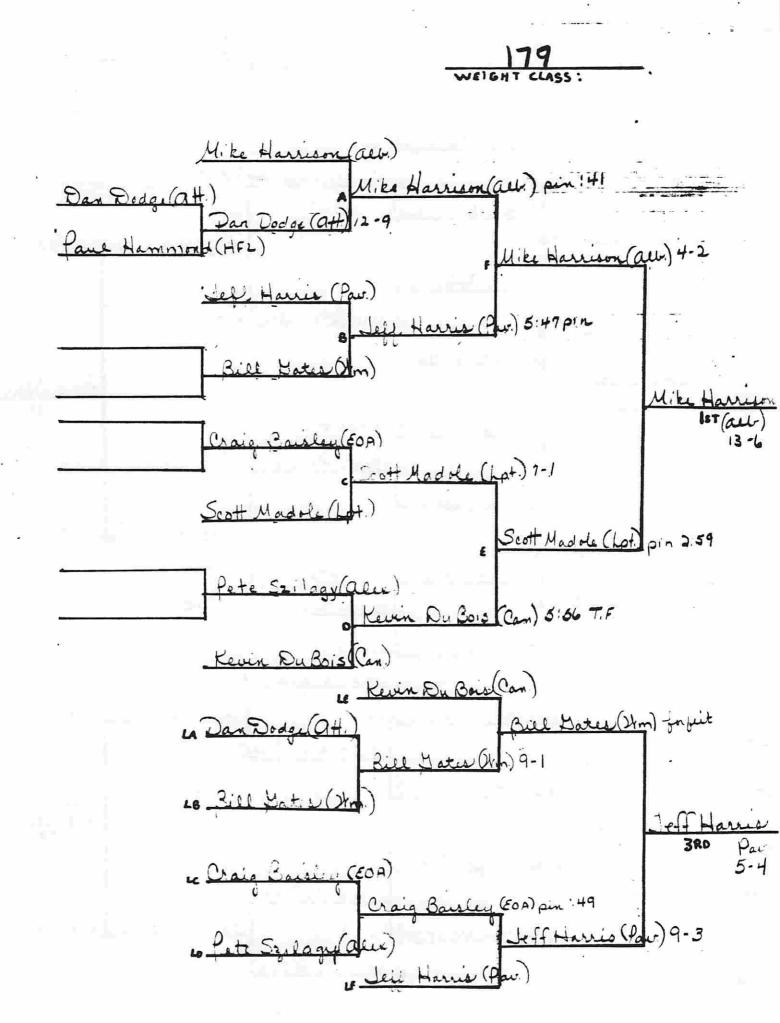


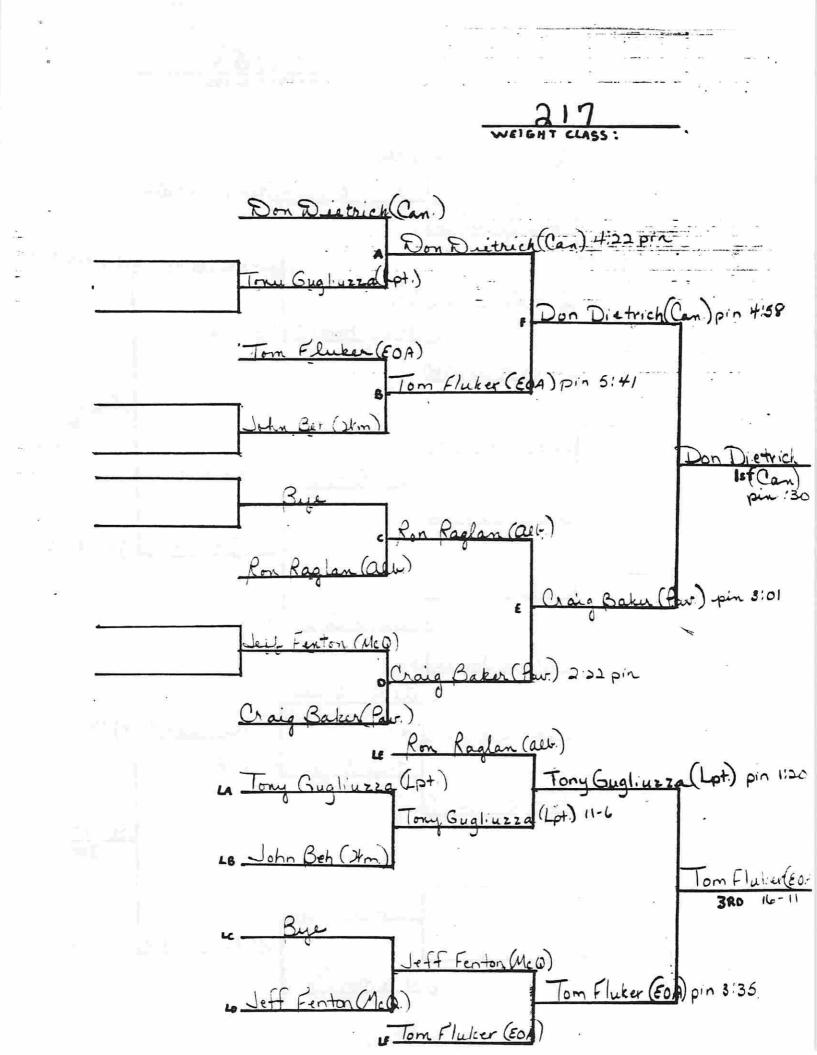


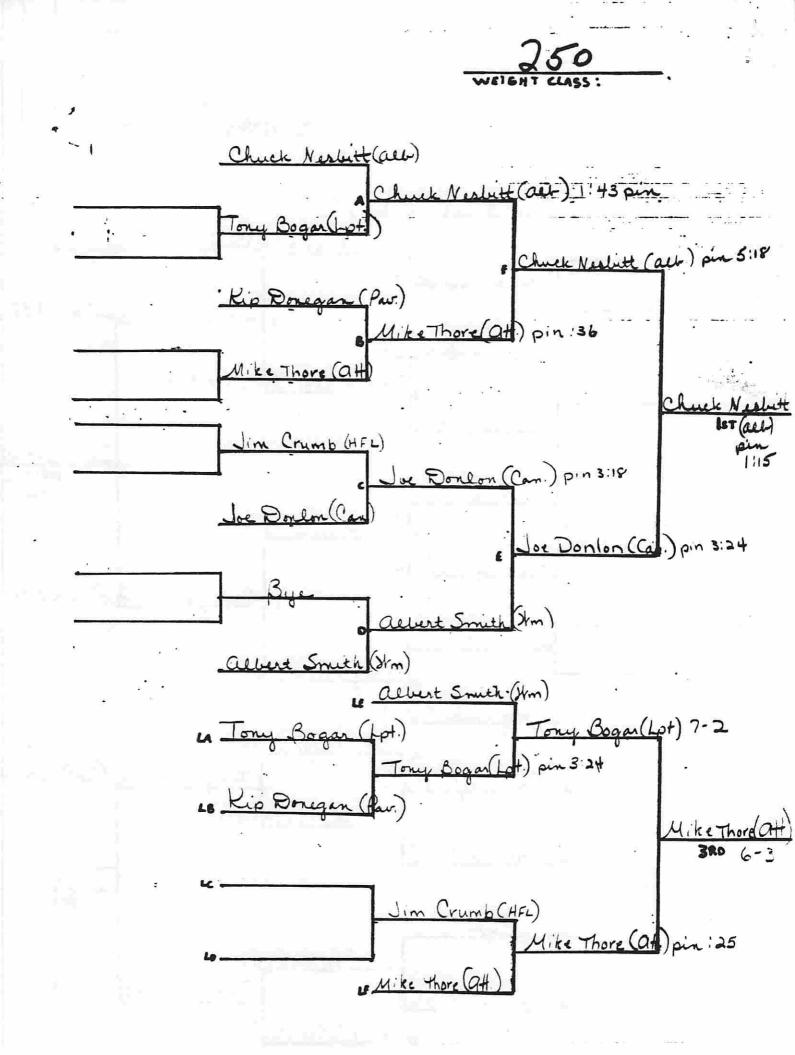


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## RULES AND SCORING OF WRESTLING

## POSITIONS IN WRESTLING

NEUTRAL	 On	feet	or	on	the	knees	with	contestants	s facing	each	other
	or	when	eac	h i	s fi	ee of	the	other's cont	crol.		

TOP ---- Position of advantage when one contestant has his opponent under control.

BOTTOM --- Position of contestant who is being controlled by his opponent.

## OBJECT OF EACH MATCH

1. To gain a fall by pinning his opponent, or

2. To gain a decision by out-wrestling his opponent when a fall is not possible.

## LENGTH AND CONDUCT OF EACH MATCH

TIME -----Matches consist of three two minute periods. First period starts in standing position. A fall terminates a match at any time.
POSITION -- If neither contestant secures a fall in the first two minute period, contestants are placed in the referee's position on the mat, with one contestant on the "top" position and the other in the "bottom" position. If no fall occurs during the second period, a third period is conducted with the wrestlers reversing the positions assumed at the start of the second time period.

## TO WIN BY A FALL

Any part of both shoulders held in contact with the mat for a referee's silent count of two seconds constitutes a fall. A fall shall not be awarded when one or both shoulders of the defensive wrestler are off the mat.

## TO WIN BY A DECISION

When no fall has been earned, the referee shall award the match to the contestant who scored the greater number of points. If the points are equal in a tournament match, there shall be an overtime period to decide the better wrestler.

### 1 POINT IS AWARDED

- (a) For as <u>ESCAPE</u> from the "bottom position to a neutral position.
- (b) For use of illegal holds by opponent
- (c) For "stalling" first penalty.

### 2 POINTS ARE AWARDED

- (a) For a TAKEDOWN by each wrestler.
- (b) For a <u>REVERSAL</u> complete change from "bottom" position to "top" position.
- (c) For a <u>NEARFALL</u> when the "top" wrestler has controll of his opponent in a pinning combination and a fall is imminent.
- (d) For third illegal hold or stalling penalty.

### 3 POINTS ARE AWARDED

(a) When a nearfall position is held for five consecutive seconds.