

PAVILION WRESTLING

JANUARY 13, 1979

TOURNAMENT



TEAMS PARTICIPATING:

CARDINAL-MOONEY

ELBA

HONEOYE

MIDLAKES

PAVILION

RED CREEK

DONATION: 25¢

A MESSAGE ABOUT WRESTLING

Wrestling has made rapid gains in stature and is now recognized as one of the best of athletic sports in terms of its ability to promote total physical fitness. It is rapidly gaining in popularity as a competitive activity. Wrestling is not only fine exercise, but it is also a fascinating game. A new situation arises with every move the wrestler makes; at one moment he is on the offense, and the next moment he is on the defense. Through wrestling, a boy develops determination, self-confidence, the desire to win and faith in himself.

Practically all the inter-school athletics are dominated by older boys. Many sports have special requirements such as height, weight, or build. But every type of boy can take part in wrestling with good results. No matter how heavy or light a boy may be, no matter how old he is, or what physical type, there is always a place for him on the squad. He may not be adapted for some sports, but every boy is suited for wrestling. It is as natural for men to wrestle as it is for a duck to swim.

Every growing boy takes pride in his physical powers. The desire for physical superiority is so real and deep seated that he is anxious to do everything possible to mold a perfect body. Certainly wrestling has much to offer. Educators, coaches, and sports writers have prized wrestling as being unsurpassed by any other form of athletics for achieving symmetrical body development. Every muscle of the body is put to use; therefore, no one group is over-developed to the exclusion of any other.

In many cases, a boy who reports for wrestling with an underdeveloped body has built a powerful, graceful body equipped with a strong organic system by the time his school career is over.

The authorities of amateur wrestling have never allowed tradition to stand in the way of improvement. There has been a constant revision of the rules. Our present wrestling bears little resemblance to the style of twenty years ago or that shown on TV today. New ideas have been tried. Those that were good have been incorporated into rules. The Rules Committee have based their changes on the following objectives: (1) to safeguard the wrestler from injury; (2) to make the sport enjoyable to the participants; (3) to make it interesting to the spectators.

Officials

Mr. Joe Gustainis
Mr. Del Bell
Mr. Gus Marano

<u>Team</u>	<u>Coach</u>	<u>School Colors</u>
Cardinal-Mooney	Ralph Clapp	Red - White
Elba	Chuck O'Geen	Maroon - White
Honeoye	John McGinn	Blue - White
Midlakes	Lynn Tewksbury	Light Blue - Black
Pavilion	John Grillo	Purple - Gold
Red Creek	Bob Monroe	Red - Black

Approximate Times

8:00 - 9:30 - Weigh ins
9:00 - 10:00 - Coaches' Meeting
10:00 - 11:30 - Preliminary Round
11:30 - 12:00 - Wrestle Backs
12:00 - 1:30 - Semi-Finals
1:30 - 3:00 - Dinner Break
3:00 - 3:30 - Consolations
3:30 - 5:30 - Finals & Awards

Team Scoring

14 pts. - 1st Place 10 pts. - 2nd Place
7 pts. - 3rd Place 4 pts. - 4th Place

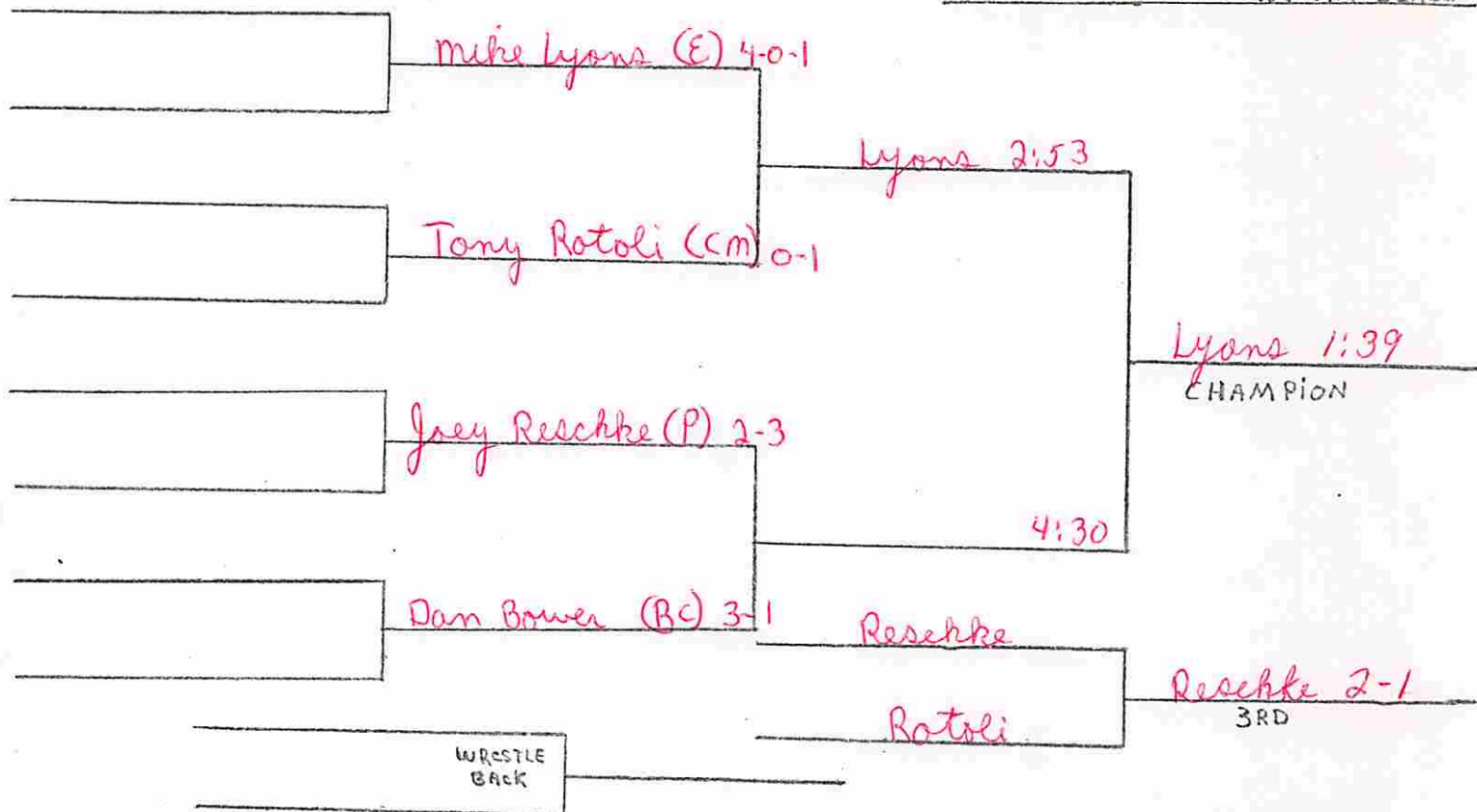
2 pts. - Fall, Default, Disqualification, Forfeit
1 pt. - Superior Decision
 $\frac{1}{2}$ pt. - Major Decision
2 pts. - Advancement in Winners' Bracket

* * *

Mr. Robert Westacott	Supervising Principal
Dr. Larry Graham	High School Principal
Mr. Keith Buttles	Athletic Director
Mr. John Grillo	Head Wrestling Coach
Mr. Steve Slater	Assistant Wrestling Coach
Miss Linda Pembroke	Official Scorekeeper
Miss Linda Gingold	Wrestlerette Advisor
Mrs. Sue Coppola	Announcer

93

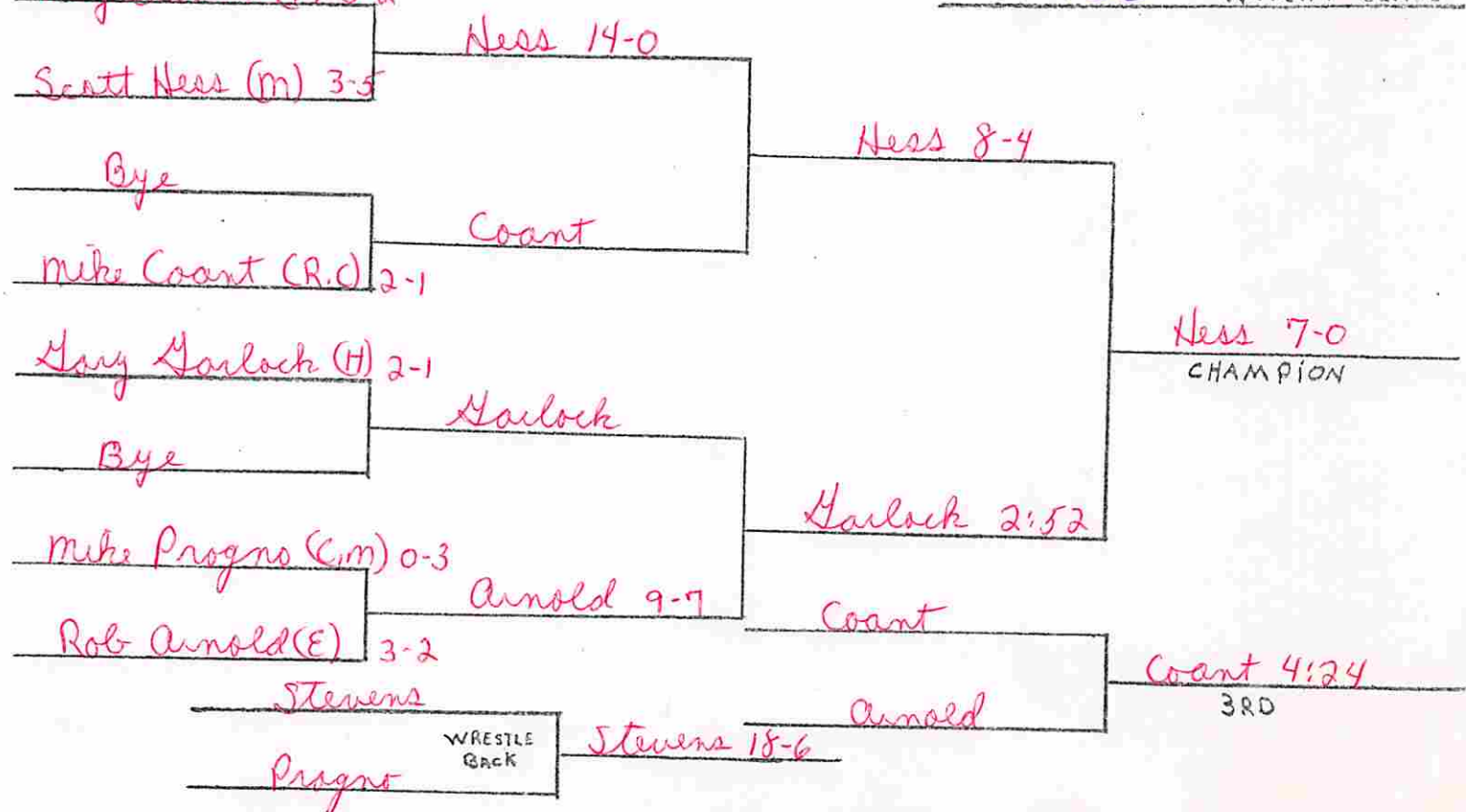
WEIGHT CLASS



Ray Stenens (P) 3-2

100

WEIGHT CLASS



Ralph Torcello (P) 5-0

107

WEIGHT CLASS

Loem Ford (m) 0-2

Torcello 1:22

Bye

Torcello 16-8

Tom Garlock (H) 2-1

Garlock

Bruin Hudson (B.C) 3-1

Torcello 1:46

CHAMPION

Bye

Hudson

Ed Schultz (E) 0-5

White 12-4

Pete White (C.m) 5-2

White 2:36

Hudson

Garlock 3:04

3RD

Ford

Garlock

Schultz

WRESTLE
BACK

Ford 8-0

Don Drexler (B.C) 2-2

114

WEIGHT CLASS

Bye

Drexler

Bye

Drexler 0:55

Glen Ford (m) 2-6

Ford

Drexler 11-4

CHAMPION

Bye

Tom Pagels (E) 0-0

Pagels

Seil 2:37

Larry Seil (Cm) 1-5

Seil 2:20

Pagels

Jason Reese (P) 0-0

Ford 0:42

3RD

Ford

WRESTLE
BACK

mark Coppola (P) 5-0

121

WEIGHT CLASS

Bye

Coppola

Bye

Coppola 0:30

Charles Hennis (B.C) 1-2

Hennis

John Collins (C.M) 2-1

Collins

Coppola 1:07
CHAMPION

Bye

Dave Carlson (M) 0-1

Jeffery 5:29

Ken Jeffery (H) 5-1

Jeffery 2:27

Hennis

Collins 2:11
3RD

Collins

WRESTLE
BACK

Chris Hill (E) 4-1

128

WEIGHT CLASS

Bye

Hill

Bye

Hill 2:45

Mike Lennox (C.M) 3-5

Lennox

Jim McHlynn (H) 3-2

Parkhurst 12-1

Jim Parkhurst (B.C) 1-2

Thinsley 3:25

Thinsley 11-10
CHAMPION

Bye

Tom Thinsley 3-1

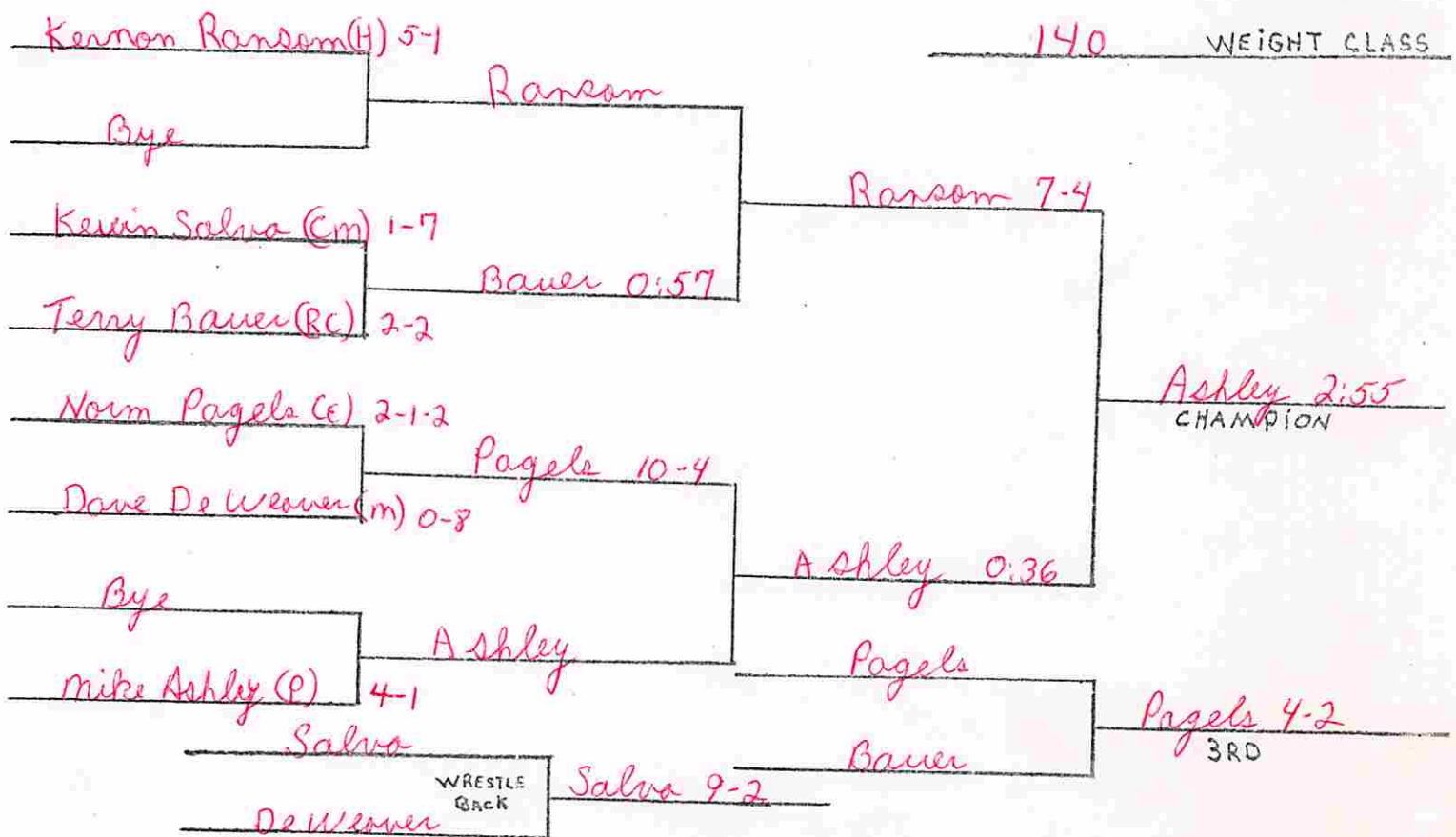
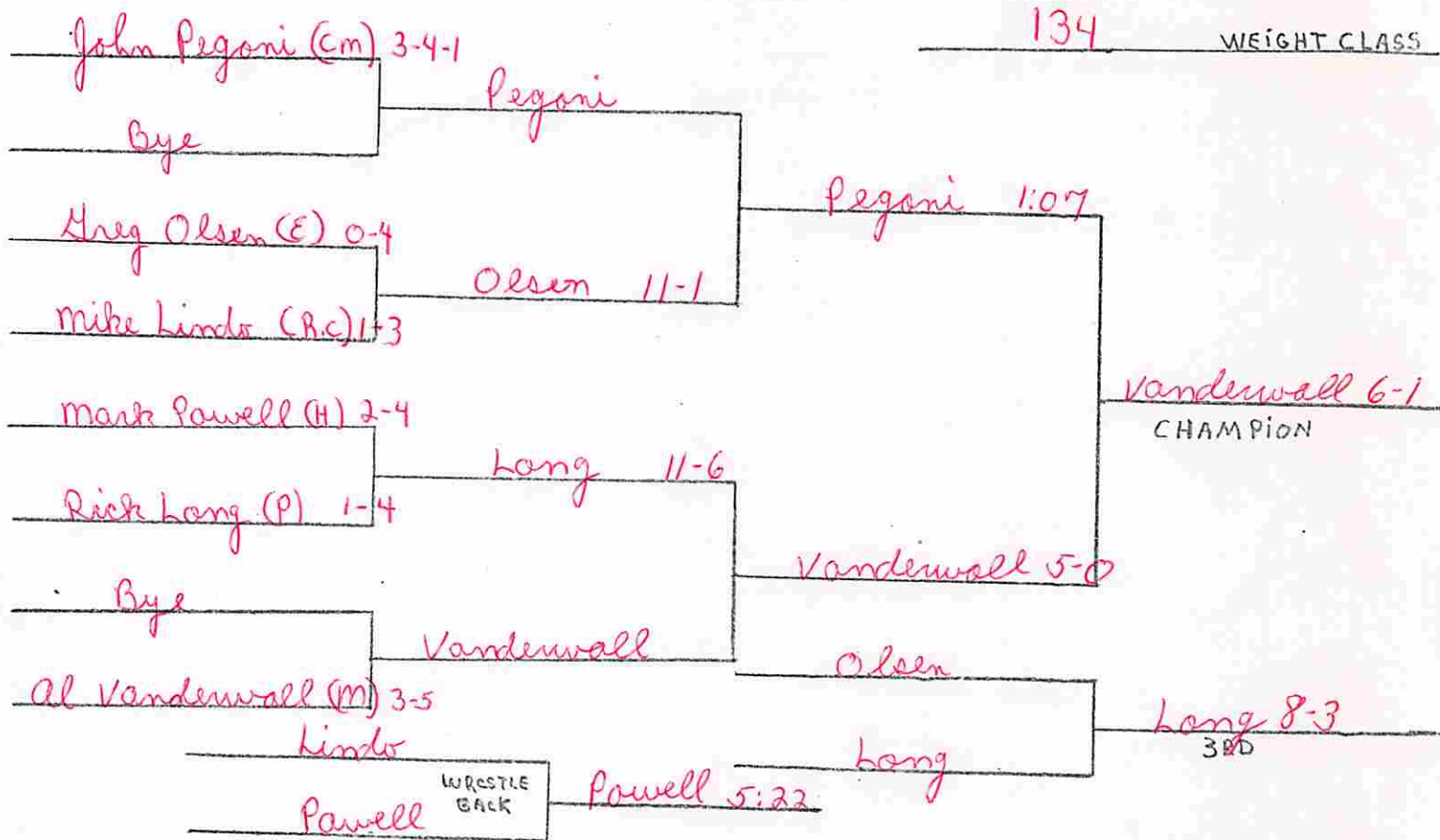
Thinsley

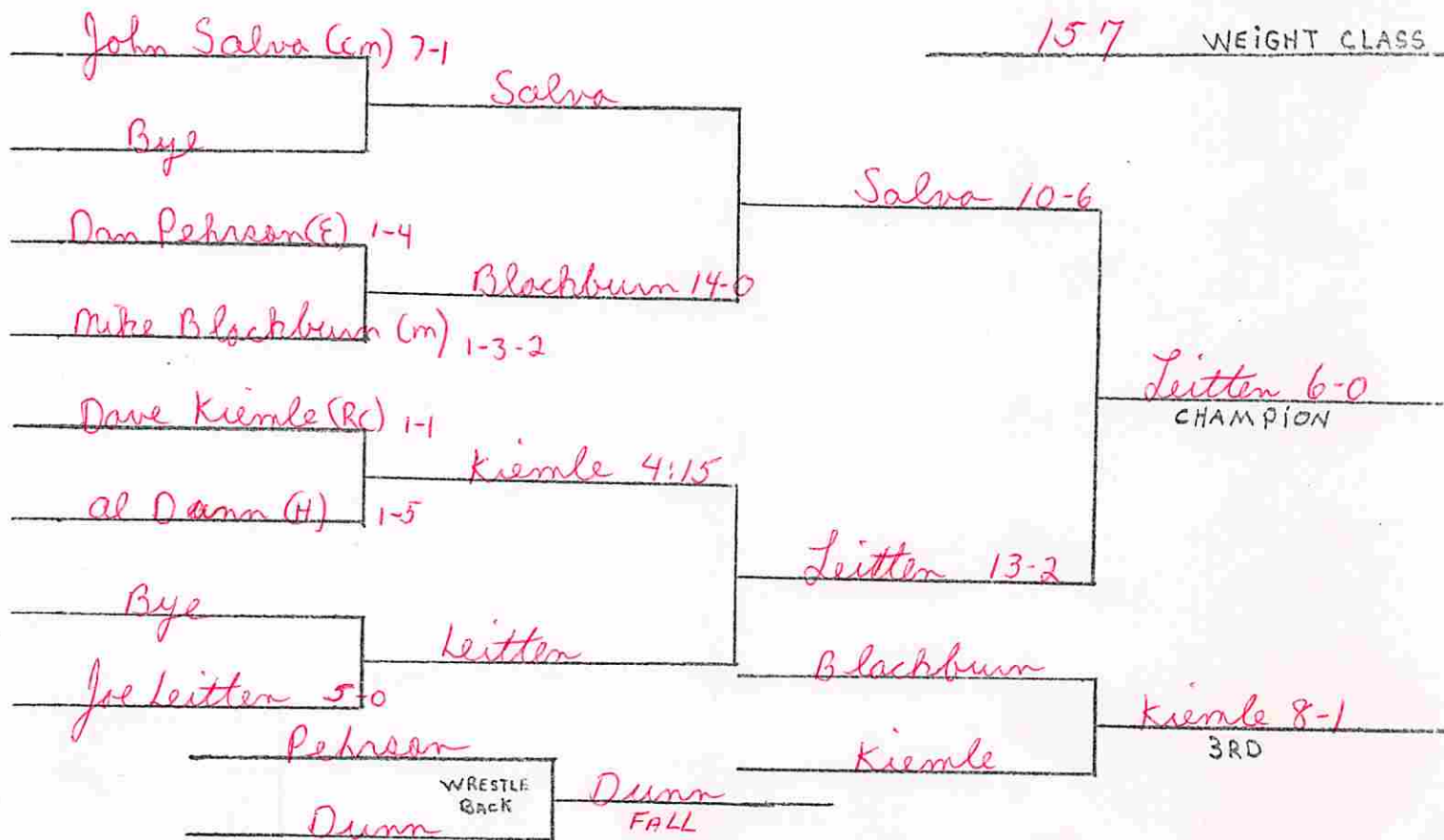
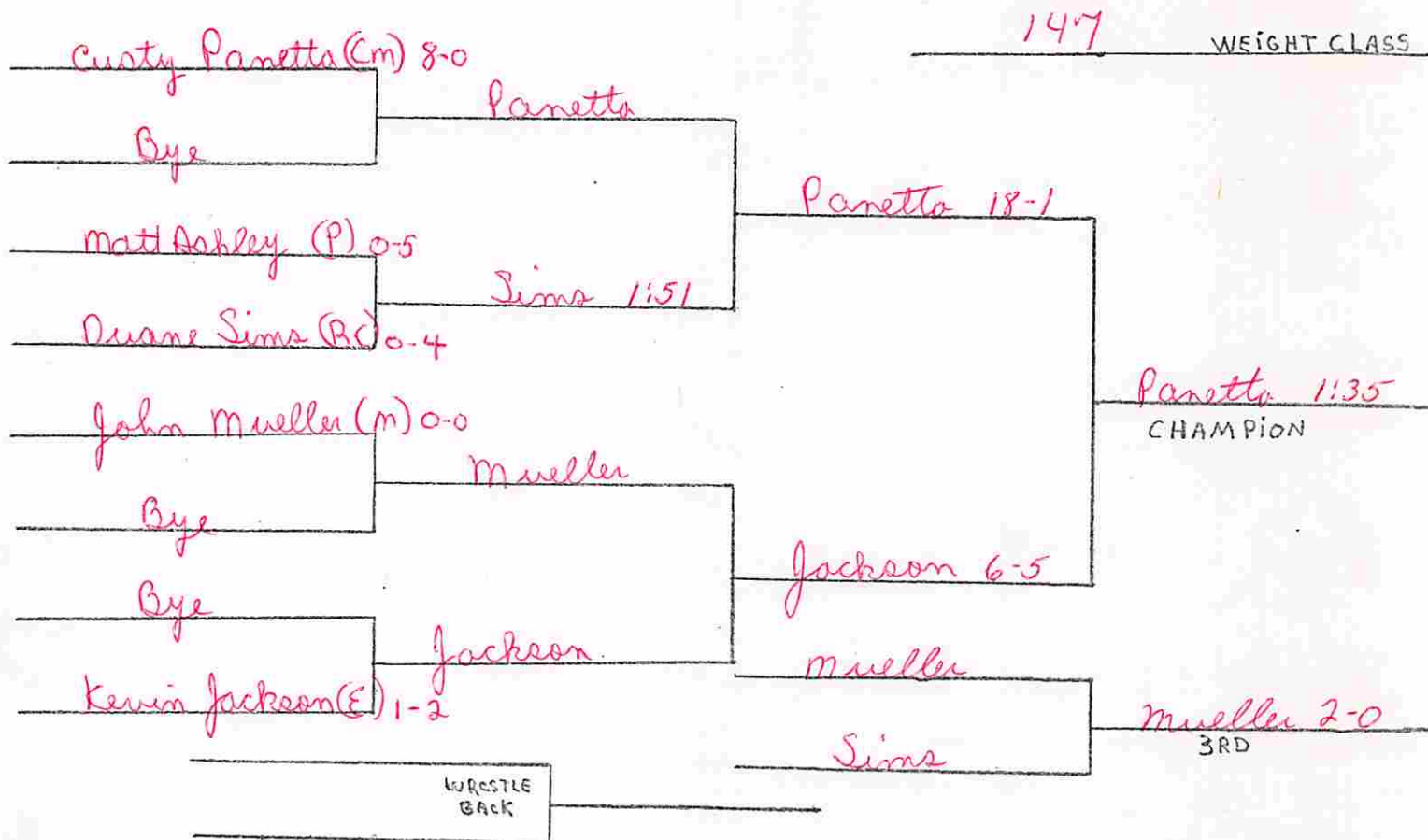
Lennox

Lennox 22-0
3RD

Parkhurst

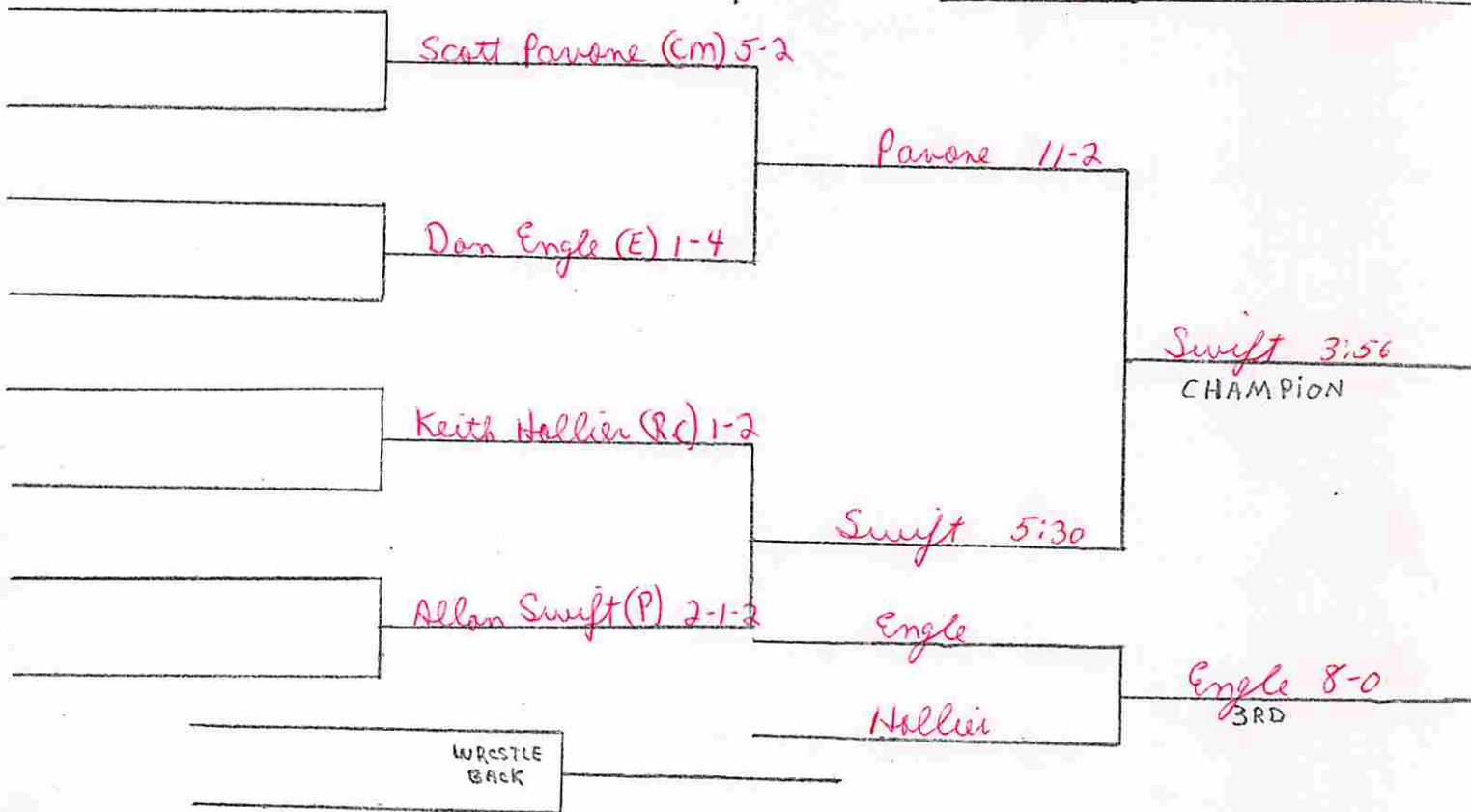
WRESTLE
BACK





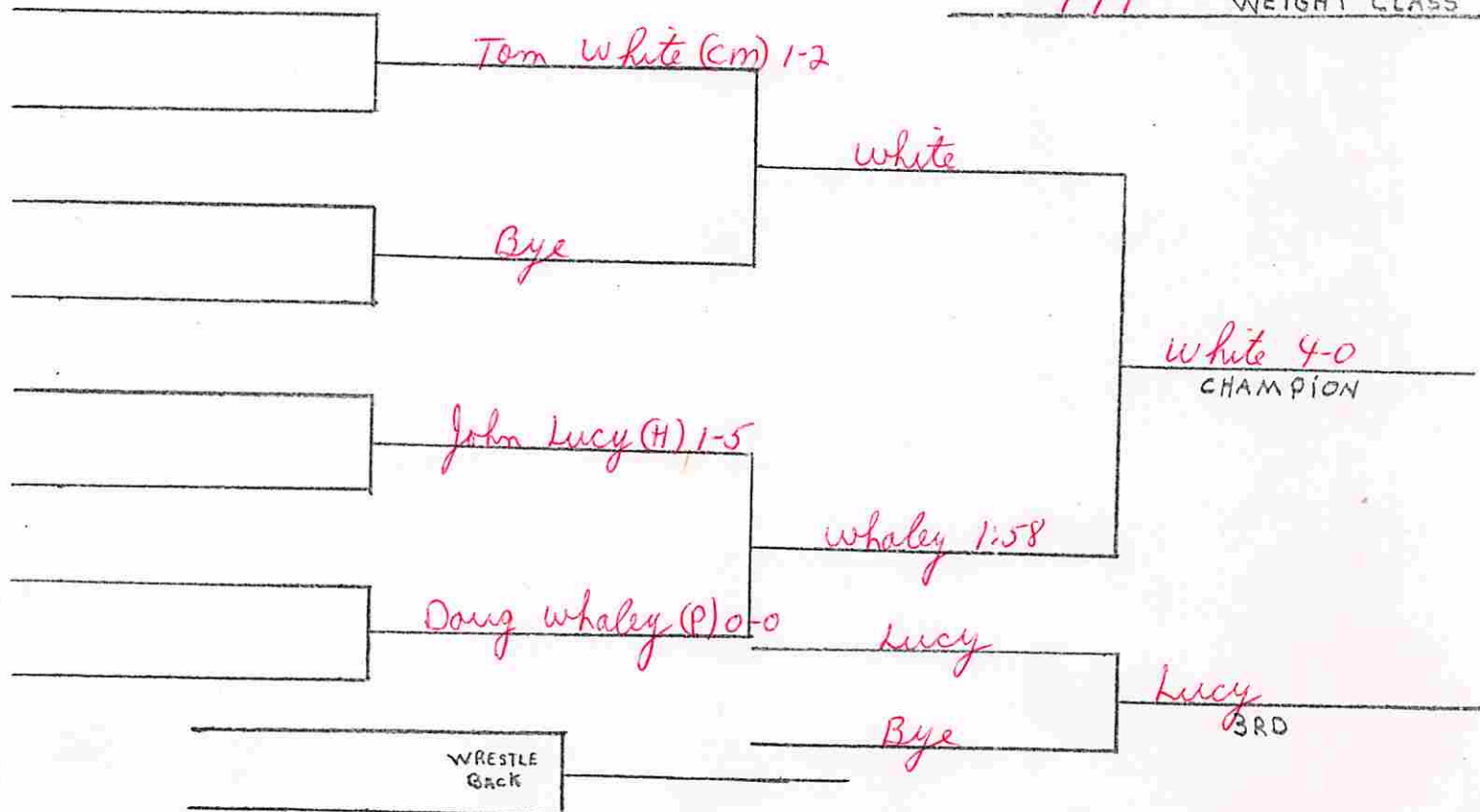
169

WEIGHT CLASS



179

WEIGHT CLASS



Dave Williams (E) 3-1-1

217

WEIGHT CLASS

Williams 0:32

Dave Lead (M) 0-2

Williams 0:40

Bye

Wood

Max Wood (P) 1-3

Rocco Mastrangeli (C) 2-5-1

Williams 8-0

CHAMPION

Mastrangeli

Bye

Fisher 2:46

Bye

Fisher

Chet Fisher (R) 3-1

mastrangeli

mastrangeli 5:08

3RD

Wood

WRESTLE
BACK

WEIGHT CLASS

CHAMPION

3RD

WRESTLE
BACK

WRESTLING

Wrestling is probably the oldest sport known to man. It is also undoubtedly one of the most challenging, for wrestling is an individual sport, and once a man steps onto the mat to face an opponent, he's on his own. He must make his own decisions and execute them himself. Though many people think of wrestling as a sport in which the strongest man always wins, this is not necessarily true. Wrestling depends on strength but it depends on many other qualities as well. In fact, a modern amateur wrestling match involves its participants more thoroughly, perhaps, than any other physical activity. It's six minutes of constant mental and physical exertion, moving with lightning speed and carrying out strategy in the face of constantly changing situations.

Wrestling is one of the most demanding of all sports and one of the most satisfying. Every wrestler knows that when he has defeated his opponent he has done it himself. He has out-thought, out-maneuvered and outlasted a man of equal ability in a contest of skill. This is wrestling.

I WOULD LIKE TO THANK EVERY ONE
WHO CONTRIBUTED TO THE SUCCESS OF
THIS TOURNAMENT.
