

2023 WRESTLING STATE CHAMPIONSHIPS



Friday, February 24 - Saturday, February 25
MVP Arena, Albany



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TABLE OF CONTENTS

WELCOME LETTERS

SCHEDULE

COMMITTEE

OFFICIALS

BRACKETS

SCHOLAR-ATHLETES

HISTORY & RECORDS

MESSAGE FROM NYSPHSAA EXECUTIVE DIRECTOR



I would like to take this opportunity to welcome all the spectators and fans to this state championship event! I would also like to congratulate the participating student-athletes and their dedicated coaches.

It is certainly an honor to serve as the Executive Director of one of the largest high school athletic associations in the United States. The NYSPHSAA works on behalf of nearly 600,000 student-athletes and 786-member high schools.

The student-athletes competing in this championship, and the thousands of students who started their seasons with the goal of qualifying for this state championship, truly benefit from their participation in high school athletics. Research studies continue to provide evidence that students who participate in high school athletics have higher grade-point averages, attend school at a greater rate and receive far less discipline referrals when compared to their non-participating classmates.

The New York State Public High School Athletic Association and its member schools prepare students for the next level of their life, not for the next level of competition. Students who represent their school and community in high school athletics learn about teamwork, responsibility, respect, fairness, dedication, victory, and defeat; these characteristics will benefit them long after their high school participation has concluded.

On behalf of the New York State Public High School Athletic Association's staff, Central Committee and member schools, I wish each team much success today, tomorrow and always.

Sincerely,

Dr. Robert J. Zayas
NYSPHSAA Executive Director



New York State Public High School Athletic Association, Inc.

NYSPHSAA STAFF

Dr. Robert Zayas Executive Director
Todd Nelson Assistant Director
Joe Altieri Assistant Director
Kristen Suatoni Jadin Assistant Director
Chris Watson Director of Communications
Chris Joyce Director of Foundation and Marketing
Jill Gregorius Distribution Director
Lisa Hand Director of Finance
Joe deGuzman Teall Properties Group - General Manager
Renee James Legal Counsel

NYSPHSAA OFFICERS

Russell Bartlett President
Tim Mullins 1st Vice President
Adam Stoltman 2nd Vice President
Julie Bergman Past President

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WELCOME LETTERS



MESSAGE FROM NYSPHSAA PRESIDENT

Greetings,

Whether this is your first NYSPHSAA Championship event or your fiftieth, whether you're here as a participant or a fan, whether you've travelled 5 miles to get here or 500, allow me to welcome you.

All of our State Championship events are the culmination of the hard work of so many people both visible and behind-the-scenes; athletic directors, school administrators, sport coordinators, NYSPHSAA office staff, volunteers, coaches, parents, officials, and the student-athletes and the schools and communities they represent.

Thank you to all of you for the role you've played in creating what will surely be one of the most memorable moments in the lives of the student-athletes you'll watch participate here today.

School-based athletics provide our student-athletes with an opportunity for some of the best learning experiences available. I've always viewed sport participation as an extension of the school day, with a classroom that has the ability to teach students more about themselves and about life than any other curriculum they will encounter.

Whatever your role, thank you for coming. Welcome and enjoy the show!

Russell Bartlett
NYSPHSAA President



MESSAGE FROM WRESTLING COORDINATOR

I would like to welcome you back to the MVP Arena for the 2023 Individual State Championship. Leading up to this great event we just witnessed the first ever all girl's individual wrestling tournament held prior to our boy's Dual Meet Championships. What a great two days of

wrestling and congratulations to all those that participated. Many thanks to Todd Nelson from the NYSPSAA office and his newly organized girl's wrestling committee for getting the sport growing in New York State.

This weekend should provide some of the best competition with eleven sections and three

Federation representatives competing in two divisions with hopes of being crowned a State Champion. This should make for a very exciting weekend.

Our committee has worked throughout the year with hopes that the very best athletes will be in Albany. A special thanks to the NYSPHSAA staff for all their work with our committee. They have been very supportive of what it takes to make this event the success that it has been over the years, especially with the everchanging policies. We would also like to thank General Manager Bob Belber and Nate Sims and his staff for putting together a first class tournament site.

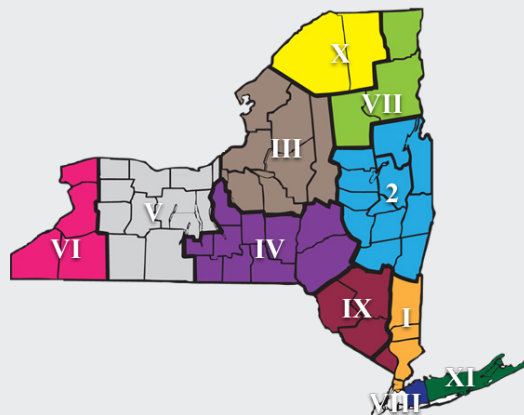
We look forward as always for your continued support toward our student athletes. Please enjoy the weekend and return home safely.

Sincerely:

Marty Sherman
NYS Wrestling Chairman

Sections Of New York State Public High School Athletic Association

Section 1	Dutchess, Putnam, Rockland, Westchester
Section 2	Capital District
Section 3	Central New York
Section 4	Southern Tier
Section 5	Genesee Valley
Section 6	Western New York
Section 7	Champlain Area
Section 8	Nassau
Section 9	Orange, Sullivan, Ulster
Section 10	St. Lawrence Area
Section 11	Suffolk



NYSPHSAA WRESTLING STATE COMMITTEE

State Coordinator	Marty Sherman
Section I	Jamie Block
Section I Asst.	Bob Bernaducci
Section 2	John Vishneowski
Section 2 Asst	Chad Languish
Section III	Brad Hamer
Section III Asst.	Bill Kays
Section IV	Rick Armstrong
Section IV Asst	Jeff Nolan
Section V	Bill Hadsell
Section V Asst	Chris Bourne
Section VI Co-Coordinator	Mike DeBarbieri
Section VI Co-Coordinator	Israel Martinez
Section VII	Gary Edwards
Section VII Asst	Rob Witkiewicz
Section VIII.	John Mankowich
Section VIII Asst.	Peter Cardone
Section IX	Jeff Culty
Section IX Asst	Eric Hartmann
Section X.	Randy Morrison
Section XI	Matt DeVincenzo
Modified Representative.	John Richard
CHSAA	Tom Strahle
CHSAA Asst	Peter Kennedy
CHSAA Asst	George Dlugolonski
PSAL	Ken Bigley
AIS.	Jason Edwards
AIS Asst.	Jim Regen

2023 NYSPHSAA WRESTLING CHAMPIONSHIP OFFICIALS

Section	Name	Board
I&9	Brent Kinney	Mid Hudson
I	John Jones	Westchester
2	Rory Johnson	Capital District
2	Matt McGovern.	Capital District
2	Ethan Shupp	Capital District
2	Mike Berrios*	Capital District
3	TJ Fraher	Syracuse
3	Gary Cook	Syracuse
3	Jon Walseman	Watertown
3	Todd Fallon	Central NY
4	Scott Davis	Section IV
4	Anwar Goeres	Section IV
4	Dale Persons	Section IV
4	Travis Fisher	Section IV
5	Joe Alvarez	WOA 5
5	Jon Aponte	WOA 5
5	Shawn Briggs	WOA 5
5	Marc Smith	West Central
6	Dan Hanley	Niagara
6	Kevin Gallagher	Niagara
6	Greg Gelinas	Niagara
7	Donald Barber	Clinton County
8	Rob Aquilina	LIWOA
8	Ken Richards	LIWOA
9	Paul Cummings	Orange Sullivan
9	Glenn deJong	Orange Sullivan
10	Ryan Amato	Northern NY
11	Len Barone	Suffolk
11	Bobby Kizis	Suffolk
11	Chad Ryan Smith	Suffolk
PSAL	Jorge Cabrales	NY City
PSAL	Anthony Mirra	NY City



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MESSAGE FROM TIMES UNION CENTER

Welcome to the New York State Public High School Athletic Association Wrestling Championships. The MVP Arena is honored to host the best in High School Wrestling. Hosting these championships has been an honor for us and we are thrilled to have the student athletes and their friends and family back with us this year. We look forward to watching these talented student-athletes compete for the title of champion, and hope this will be as successful as past tournaments.

We have beautiful historic buildings, the NYS Museum and the State Capitol all within walking distance. Albany has a lot to offer and we hope that in your free time you take advantage of the things to do and places to see.

Thank you for joining us this weekend. Our Staff will work hard to make these games and this atmosphere fun and enjoyable for everyone involved. Albany is a great place to visit and we hope you take advantage of not only our facility, but of the community.

Enjoy the weekend, and we hope to see you in the near future for another event.

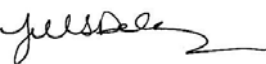
Sincerely,

Bob Belber
General Manager

MESSAGE FROM DISCOVER ALBANY

Dear Athletes and Fans,
Albany, the Capital of New York State, is pleased and proud to be the host of the 2023 New York State Public High School Athletic Association Wrestling Championships. The event will be held at the MVP Arena on Friday, February 24th and Saturday, February 25th, 2023. A very warm welcome to all of you!

While you are here in our beautiful, historic city, we hope you will take advantage of many of the amazing assets that Albany – “your” Capital City – has to offer. Be sure to visit Albany.org for the latest information on all you can do, and while you’re there, download the Discover Albany app! There, you’ll find loads of valuable information for your stay, including tips for visiting sites such as The New York State Museum, the magnificent New York State Capitol, and the Empire State Plaza, to name a few. All of this and more, including our many amazing restaurants and local businesses, are all ready to welcome you for this special weekend!

The New York State Public High School Athletic Association Wrestling Championships represent the best of high school wrestling in New York State and will provide great examples of sportsmanship and camaraderie for all who participate. As fellow New Yorkers, we are proud of your accomplishments and in our book, you’re all champions!

Best Regards,

Jill Delaney President/CEO

2023 NYSPHSAA WRESTLING CHAMPIONSHIP SCHEDULE

MVP ARENA, ALBANY

Friday, February 24 (Session 1)

7:15 a.m.	Doors Open
9:30 a.m.	Opening Ceremonies
10:00 a.m.-12:00 p.m.	First Round Matches - Division 1 and 2
12:00 p.m.-3:00 p.m.	Second Round Matches - Division 1 and 2
3:00 p.m.- 4:30 p.m.	Quarterfinal Matches - Division 1 and 2
4:30 p.m. - 8:00 p.m.	Consolation Round Wrestleback Matches - Division 1 and 2

Saturday, February 25 (Session 2)

8:30 a.m.	Doors Open
9:30 a.m.-12:00 p.m.	Semifinal and Consolation Matches - Division 1 and 2
12:30 p.m.-2:00 p.m.	Wrestlebacks and Consolation Semifinals - Division 1 and 2
2:00 p.m.	Consolation Finals - Division 1 and 2
(Arena Cleared After Final Match)	

Saturday, February 25 (Session 3)

5:00 p.m.	Doors Open
5:50 p.m.	Opening Ceremonies for Finals
6:05 p.m.	Championship Finals Begin Division 1 and 2 (Side by Side at Same Time)

NEW YORK STATE WRESTLING HALL OF FAME

- 1972. Frank "Sprig" Gardner, Coach, Mepham HS
Robert "Bob" Woodruff, Coach, Owen D. Young HS, Van Hornesville HS, NYS Wrestling Chairman
- 1973. Dr. Robert Fallot, M.D., NYS Wrestling Tournament Physician, Amityville
- 1974. Clyde Cole, Coach, Oxford Academy
Henry "Lonnie" Kittle, Coach, Amityville HS
Leo Bernabi, Coach, Spencerport HS
- 1975. Joseph P. Valla, Coach, Amityville HS
Clifford Clark, Coach, Bay Shore HS
- 1976. George Fuge, Coach, Suffern HS
- 1977. William Layton, Coach, Binghamton HS
- 1978. Pat Phillips, Official, Watertown
- 1979. Jack Williams, Coach, North Syracuse-Cicero HS
- 1982. Larry Rector, Coach, Mexico HS
Norman Faster, Coach, Amherst HS
- 1983. Wallace "Bill" Sharpe, Coach, Canastota HS
- 1984. Harold Earl, Coach, Valley Stream Central HS
- 1985. Tom Robertson, Coach, Sidney HS
Ken Hunte, Coach, Mepham HS
- 1986. Joe Campo, Coach, Brentwood HS
Tom Hurley, Coach, Elmira Southside HS
- 1987. Dr. Les Austin, NYS Wrestling Tournament Physician, Syracuse
Al Bevilacqua, Coach, Massapequa HS
- 1988. Bob Bury, Coach, Calhoun HS
- 1989. Ed Banach, Competitor, Port Jervis HS
Lou Banach, Competitor, Port Jervis HS
Jeff Blatnick, Competitor, Niskayuna HS
Ted Petersen, Coach, Island Trees HS
- 1990. William Pashley, Coach, Chittenango HS
Al Doyle, Contributor, Oxford
- 1991. Guy Guccione, Coach, Suffern HS
Walt Teike, Coach, Spencerport HS
Orlando Turco, Coach, Ithaca HS
Steve Parker, Photographer, Fayetteville
- 1992. Tom Cauty, Coach, Ramapo HS
Jim Howard, Coach, SUNY- Oswego
Alwin Muller, Coach, Herricks HS
Peter Venier, Photographer, Bohemia
- 1993. Leo Johnson, Coach, Baldwinsville HS
Lacey L. Jones, Coach, Gouverneur HS
William A. White, Coach, Suffern HS
Vince Zuaro, Coach, Freeport HS, Official
- 1994. Reggie Jones, Sr., Coach, Garden City Jr. HS, Official, Nassau
Stan Riggs, Coach, Peru HS, Official
- 1995. Reed Hawke, Coach, Jamesville-Dewitt HS, Official, Contributor
- 1996. Louis Pettinelli, Coach, Central Square HS, Official, Contributor
George Doherty, Coach, Berner HS
Richard Doherty, Coach, Berner HS
- 1997. Lou Giani, Coach, Huntington HS
Frank Marotta, Official, Rochester
- 1998. Stan Elinsky, Coach, Deposit-Hancock HS
Ron Roch, Coach, North Syracuse-Cicero HS
- 1999. Armand Cacciatore, Coach, Niagara-Wheatfield HS
Art Connorton, Coach, Irondequoit HS
Jumper Leggio, Coach, Bay Shore HS
Frank Sorochinsky, Coach, Union-Endicott HS
- 2000. Earl Fuller, Coach, R.I.T.
Jack LaBombard, Coach, Queensbury HS
- 2001. John Schaefer, Coach, Bellmore Kennedy HS
John Walter, Coach, Mepham HS
- 2002. Neil Kerr, Sportswriter, Syracuse Post Standard
Tim Koch, Coach, Burnt Hills-Ballston Lake HS
Matt Sanzone, Coach, Locust Valley HS
- 2003. Terry Haise, Coach, Freeport HS, Chairman
Marty Sherman, Coach, Corinth HS, Chairman
- 2004. Richard Post, Coach, Pioneer HS
- 2005. Joe Bena, Coach, Niskayuna HS, Duanesburg HS
Paul Gillespie, Coach, Long Beach HS
- 2007. Larry Mulvaney, Coach, Mt. Pleasant HS
Vincent Ruggiero, Coach, Franklin Academy
George Dlugolonski, Chaminade HS
- 2008. Don DeBadts, Coach, Deposit-Hancock HS, Liberty HS, Geneseo HS, Section 5 Coordinator 1981-2004, State Coordinator 2004-2008
- 2009. Anthony E. Mellino, Sr., Coach, West Islip HS
Larry Ross, Coach, Northern Adirondack HS
Joseph Amuso, Sr., Coach, Fox Lane HS
- 2010. Patrick Reilly, Coach, Amsterdam HS
- 2011. Elmer Akley, Coach, Oswego HS
Jeff Culty, Coach, Ardsley HS, Newburgh Free Academy, Wallkill HS, Section 9 Coordinator – 1998 to the present
Don Blaine, Coach, Cornwall HS
- 2013. Robert "Bob" Zifchock, Valley Central HS
Neal Aubel, Coach, Lowville Academy
- 2014. Joseph Patrovich, Coach, Islip HS
Wayne Ferguson, Coach, Beaver River HS
Jim Sutton, Coach, Union College
- 2015. Mike Conners, Coach, Fulton HS
- 2016. Michael Picozzi, Coach, Longwood HS
Randy Morrison, Coach, Gouverneur HS
- 2017. Steve Fischbein, Coach, Monroe Woodbury
Jack Mahoney, Coach, Sachem High School
- 2018. Mick DeSimone, Coach, Suffern High School
Kevin Gallagher, Coach, Minisink Valley High School
Fred Brown, Official
- 2019. George "Chick" Chickanis, Hudson Falls HS
Wayne Carroll, Section 1/9 Official
- 2020. Eric D'Arcy, Newark High School
Eric Romanino, Beacon High School
- 2022. Paul Cummings, Middletown High School
Bob Coppola, Central Square

CAREERS OF SERVICE

PAUL CUMMINGS

Paul Cummings career in coaching has been quite unique. Paul was a varsity wrestler for Hall of Fame coach, Bob Zifchock, at Valley Central. Coach Zifchock described Paul as, “a student of wrestling who was always in quest to learn more than anyone else.” Following high school, Paul attended Orange Community College where he first started his career in coaching. Instead of wrestling, Paul elected to coach modified wrestling at Goshen Central School for his two-year stint at OCC. Cummings then traveled to SUNY Cortland to finalize his undergraduate degree in physical education. In his first year at Cortland State, Paul became the varsity assistant coach at Cortland High School and then became the varsity coach for two more years while attending Cortland State. Middletown Enlarged City School in Section IX was his next stop. Paul took over a struggling program and transformed it into one of the best in the section.

He would stay at Middletown Enlarged City School District for 12 years and build a very impressive resume of individual champions, including Steve Garland, Rocco and Phillip Mansueto, and team championships. However, in 1999 Paul was recruited to return to his alma mater, Valley Central, to take the reins. While at Valley Central, Paul accomplishments speak for themselves. He coached 16 state finalists (most in Section IX history) and 10 state champions (most in Section IX history) and in 2005 his Valley Central team won the New York Tournament State Team Championship amassing 129 points. Additionally, Paul’s Valley Central teams have won five Section IX Dual Meet Team Championships and were Section IX’s tournament champions for nine years. Furthermore, he has been named the Section IX Coach of the Year three times and in 2002-03 he was selected New York State Coach of the Year by the National Wrestling Coaching Association - Scholastic Division. Paul has recently embarked on a wrestling officials’ career and presently is working in the Section I and Section IX associations. Paul has indicated that he is really enjoying the new contact with the sport. He has become one of the premier referees in the state of New York.

Paul stated that one of the highlights of his coaching career was the 2005 NYSPHSAA finals where he guided 4 individuals into the finals. That evening Lou Ruggirello, Ricky Scott and Ed Bordas became state champions and Sean Bauer would finish second to Troy Nickerson. Coach Cummings fondest memory as a team was when his Vikings wrestled arch rivals Minisink Valley. Coach Gallagher from Minisink had arranged for the telecasting of the first dual meet in Section IX on Cable 6, a



local TV channel. The match was tightly contested and came down to the very last bout when the Vikings were able to come out victoriously. Cummings commented, “it was one of the best dual meets in Section IX history and great for promoting the sport.” Sal Interdonato, sports reporter from the Time Herald, summarized Cummings coaching philosophy, “Valley Central ducks no one, Coach Cummings wants the best competition he can get for his teams.” Great competition produces champions! Coach Cummings takes great satisfaction in having many of his former wrestlers become successful college and high school coaches. Some of these individuals include Steve Garland who has been an assistant coach at Cornell and presently the mentor at the University of Virginia, Joe Pistone, Rocco Mansueto, Phil Mansueto and Jason Lichtenstein, who presently is the varsity coach at Middletown Enlarged City. “Nothing gives me more gratification than to see my former wrestlers give back so much to the sport of wrestling,” stated Coach Cummings. It is with great pleasure that the New York State Wrestling Coach’s Hall of Fame recognize the dedication and accomplishments of Coach Paul Cummings.

CAREERS OF SERVICE

Bob Coppola

Bob Coppola is a graduate of Watertown High School in 1968. He was a three sport athlete lettering in football, wrestling, and baseball. Coached by Hall of Fame coach Bob Ridall, he became a Northern Region Champion in 1967 at 133 pounds and was a part of the 1968 Watertown High School's 1st undefeated team. He is a graduate of Oswego State University. During his first year at SUNY Oswego he was named as captain of the freshmen wrestling team. He started teaching Industrial Arts at Central Square Central Schools in 1973 and retired thirty five years later in 2008. In 1978, he started coaching JV wrestling at Central Square and within a year was coaching the Varsity wrestling team. He is retiring from coaching wrestling after serving thirty nine years. Bob has two children, Stephanie, a hair stylist/designer; and Jamie, an educational administrator. He is married to his wife Joyce and stepfather to her son Adam.

During Bob's thirty nine years coaching wrestling he has amassed over six hundred wins which currently places him number one in Section 3 and number 3 in NYS. Bob coached one NYS Champion in 1985 and 4 NYS place finishers. He has 15 Section 3 Champions, 10 runner up Section 3 Champions, and 76 Section 3 place finishers. He has coached 5 League Championship Teams which was accompanied by 41 individual league champions. He has coached 2 Class AA Championship teams and 43 individual class champions. He has coached 26 individual wrestlers to well over 100 wins and 2 wrestlers to over 200 wins.

Bob is the recipient of the Section 3 Service Award and the Syracuse Chamber of Commerce award as well. He has also been named Coach of the Year by his wrestling peers 8 times! He was also a finalist in the National High School Athletic Coaches Association for Coach of the Year in 2009.

Coach Bob Coppola has coached hundreds of young men in wrestling and if you add in the other sports he has coached $\frac{1}{2}$ football, and baseball; the number would be upwards of a thousand or so young men. He has instilled work ethic, commitment, determination, drive, loyalty, sportsmanship, and character into his athletes. Bob has used these tools to coach athletes both on and off the field driving home life long lessons to be successful in the moment and also in life.

He has forged relationships with his athletes that have gone well beyond the sports world. He has helped many of his athletes graduate from high school. He has helped many of his athletes



get into college, the military and or the working world. He has always been there to take phone calls, and emails from his former athletes and even the team managers over the years. He has provided a home, athletic equipment, clothing, footwear, money, bus fare back to college, meals and more for many. He has been a father figure, counselor, dietician, friend, and mentor in addition to the title of coach. His compassion for the sport and more importantly his athletes never stops. He truly cares about all that have had the honor to be coached by him.

One amongst many of Bob's greatest coaching memories was coaching his son Jamie. With Bob, his family ALWAYS came first. In his last year coaching for the Central Square Redmen/ Redhawks, he added two more great memories: accomplishing his 600th win and coaching his grandson Dante. Coach Bob Coppola has already been inducted into the Central Square Wall of Fame where he will leave his mark forever. It is an honor to recognize Bob for his tremendous contribution to New York State wrestling.

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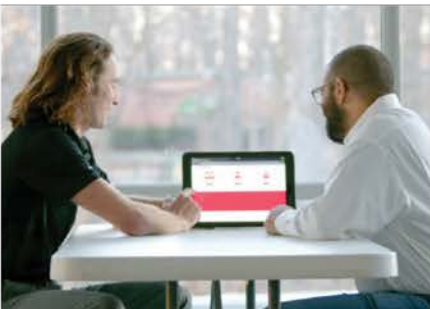
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Director of Health, Phys. Ed., and Athletics

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– Rod Weeden, Watkins Glen CSD
Athletic Director

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– Ed Ramirez, Baldwin UFSD
Director of Health, Phys. Ed., and Athletics

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THE NATIONAL WRESTLING COACHES ASSOCIATION (NWCA)

The National Wrestling Coaches Association, established in 1928, is a non-profit organization for the advancement of all levels of the sport of wrestling with primary emphasis on developing coaches who work in academic environments. The membership embraces all people interested in amateur wrestling. The three core competencies of the NWCA are: coaching development, student-athlete welfare, and promotion of wrestling. As your NYS-NWCA scholastic representative and on behalf of the NWCA would like to thank the NYSPHSAA and the members of our state wrestling chairman's committee for their continued support. --Rich Romeo

NWCA SCHOLASTIC NEW YORK STATE AWARD WINNERS

1999	National Assistant Coach of the Year	John Leone	Spencerport HS
2000	National Coach of the Year	Lou Giani	Huntington HS
2001	National Wrestler of the Year	Matt Herrington	LaSalle Institute HS
2004	National Wrestler of the Year	Troy Nickerson	Chenango Forks HS
	Regional Coach of the Year	Joe Patrovich	Islip High School
2005	Regional Assistant Coach of the Year	Jason Goldman	Chenango Forks HS
	Regional Wrestler of the Year	Ryan Patrovich	Islip High School
	State Head Coach of the Year	Joshua Roe	Tioga Central
2006	Regional Head Coach of the Year	Bill Jacoutot	Spencerport HS
	Regional Wrestler of the Year	Corey Jantzen	Shoreham-Wading R.
	State Assistant Coach of the Year	Dale Oliver	Canandaigua Academy
2007	Regional Wrestler of the Year	Hunter Meys	Shenendehowa HS
	State Assistant Coach of the Year	Louis Lombardo	Greece Olympia HS
	State Head Coach of the Year	Michael Conners	G. Ray Bodley-Fulton
2008	Regional Wrestler of the Year	Austin Meys	Shenendehowa HS
	State Assistant Coach of the Year	Frank Popolizio Jr.	Shenendehowa HS
	State Head Coach of the Year	Kenneth H. Benton	Amsterdam HS
2009	Regional Assistant Coach of the Year	John Farrelman	Penfield High School
	Regional Coach of the Year	Pat Conners	South Jefferson HS
	State Wrestler of the Year	Tyler Beckwith	Greene High School
2011	State Coach of the Year	Robert Weeks	Shenendehowa HS
	State Assistant Coach of the Year	Bill Davey	John Glenn HS
	State Wrestler of the Year	Nick Gwiazdowski	Duanesburg HS
2012	Regional Coach of the Year	Joe Amuso Jr	Fox Lane HS
	State Assistant Coach of the Year	Jerry DeCausemaker	NRW HS
	State Wrestler of the Year	Jamel Hudson	St Anthony's HS
2013	National Coach of the Year	Paul Gillespie	Wantagh HS
	State Assistant Coach of the Year	Ethan Prifte	Longwood HS
	State Wrestler of the Year	Nick Tighe	Phoenix HS
2014	State Coach of the Year	Guy Leggio	East Islip HS
	State Assistant Coach of the Year	Leo Palacio	Long Beach HS
	State Wrestler of the Year	Shakur Rasheed	Longwood HS
2015	Assistant Coach of the Year	Scott Hendershot	Minisink Valley HS
	Coach of the Year	Kevin Gallagher	Minisink Valley HS
2016	Coach of the Year	Brian Uvena	North Babylon HS
	Assistant Coach of the Year	Robert Zetzsche	Newark Valley HS
2017	Coach of the Year	Ray Adams	Long Beach HS
	Assistant Coach of the Year	Steve Lafaso	Liverpool HS
2018	State Coach of the Year	Darren Goldstein	Rocky Point HS
	State Assistant Coach of the Year	Eric Mullen	Canandaigua HS
2019	Assistant Coach of the Year	Reggie Jones Jr	Wantagh HS
	State Coach of the Year	Ron Serrano	Massapequa HS
2020	Assistant Coach of the Year	Trevor Delahoy	Falconer HS
	State Coach of the Year	Craig Gross	Hilton HS

2022 Coach of the year Chris Messina Hauppauge HS

Coach Messina for his outstanding longevity and accomplishments over his 42 year coaching career at Hauppauge High School section XI. Coach Messina current career record of 540 dual meet wins, and 5 section XI tournament championships in 1999, 2015, 2016, 2019, and 2020. He has coached 9 individual state champions, 36 state place winners, 37 section XI champions

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NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION
2023 DIVISION I DUAL MEET WRESTLING CHAMPIONS



SECTION 6 - STARPOINT
SPARTANS
GARNET AND GRAY
HEAD COACH: STEPHEN HART
ASST. COACHES: KYLE MCGREGOR, KELLEN DEVLIN,
JOE BUSCAGLIA, BRIAN LAPLANTE, WAYNE LEBLANC

NAME	WT.	GRADE
KOLE HASELEY	102	9
SEAN MCDONALD	102	9
JARON BARRIENTOS	102/110	10
JAMES LEUER JR.	118	12
MASON CLASS	118	9
JACK SOLE	118	9
CADEN BARRIENTOS	118/126	11
ABE ECKLER	126/132	9
COEN FREUNDSCHUH	126	9
DYLAN SCOVAZZO	132	10
TYLER SCOVAZZO	132	12
GRIFFIN LAPLANTE	138	9
CHRISTOPHER UPTEGROVE	145/152	12
TRENT LIKUS	145	9
ZACH CALDWELL	152	9
STANLEY SURMAN	152	11
GAGE LAPLANTE	160	11
LANDON GRAINY	172	12
PHIL PIRINELLI	172	12
DEREK KNEEPEL	189	11
GEORGE THOMPSON	189	12
LUCAS CLARK	189	10
JAKE STICKNEY	189	11
MATT CALDWELL	215	12
COLLIN WRATE	215	12
SEAN FIELDS	215	10
SPENCER ARGENTEIRI	215	9
DYLAN DIAPPAUL	215	9
HUNTER DUCHARME	285	12
JAEMISON CLARK	285	9

NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION 2023 DIVISION 2 DUAL MEET WRESTLING CHAMPIONS



SECTION 4 - TIOGA

TIGERS

NAVY AND GOLD

HEAD COACH: KRIS HARRINGTON

**ASST. COACHES: JASON BELLIS, JON MARTIN,
DAN PEARCE, RYAN MACWHINNIE**

NAME	WT.	GRADE
AUSTIN BABCOCK	285	10
DEAKON BAILEY	126	11
CADEN BELLIS	138	11
LEVI BELLIS	126	11
LOGAN BELLIS	110	9
TRENT BROWNE	189	11
KAYDIN COLE	102	9
JAYDEN DUNCANSON	118	9
OUSMANE DUNCANSON	160	11
MAX DYDYSKI	172	12
BRADLEY GUILLES	285	12
DREW MACUMBER	145	11
TATE MACAULEY	215	10
TYLER ROE	132	11
GIANNI SILVESTRI	126	11
BRENNAN SINDONI	152	10
EMILY SINDONI	132	12
JACK WOODCOCK	145	12
JORDAN YOUNG	118	10
CONNOR STREETER	110	9
BRAYDEN MACWHINNIE	110	9
GARRETT GODFREY	285	10
KALI BAILEY	126	10

DIVISION 2

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STATE CHAMPIONSHIPS**



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SECTION V ATHLETICS
WISHES ALL
OF OUR TEAMS
GOOD LUCK AT
THE NYSPHSAA
STATE CHAMPIONSHIPS!

WE WILL BE PROUD, BE LOUD,
AND MOST IMPORTANTLY BE POSITIVE!



Good Luck to All



SECTION VII
NYSPHSAA

Athletes & Teams

Mountain And Valley Athletic Conference
& Champlain Valley Athletic Conference

Education Through Interscholastic Athletics

SECTION VI

NYSPHSAA

Good Luck To All Participants

2023 SPORTSMANSHIP AWARD WINNERS

DIVISION 1	SECTION	NAME	SCHOOL	GRADE	WEIGHT
	1	Josh Hametz	Horace Greeley	12	132
	2	Connor Gregory	Ballston Spa	12	160
	3	Charlie Foster	Vernon-Verona-Sherille	11	152
	4	Dylan Mollo	Union-Endicott	12	118
	5	Brady Ubgar	Fairport	12	172
	6	Dylan Gagnon	North Tonawanda	11	152
	8	Eric Carlson	Manhasset	12	189
	9	Tyler Reed	Cornwall	12	160
	10	Colden Hardy	Massena	12	152
	11	Stephen Coleman	Wast Islip	12	160
	PSAL	Davit Abjandadze	Edward R Murrow	12	215
	CHSAA	Nick Matos	St. Anthony's	12	172

DIVISION 2	SECTION	NAME	SCHOOL	GRADE	WEIGHT
	1	Luke Lamagba	Pleasantville	12	132
	2	Troy Austin	Whitehall	12	189
	3	Sam Sorenson	Homer	12	215
	4	Anthony McMullen	Lansing CS	12	152
	5	Trent Sibble	Bolivar-Richburg	12	285
	6	Ryan Carpenter	Randolph HS	12	285
	7	Landen Smith	Saranac HS	12	172
	8	Evan Shriberg	Locust Valley	12	132
	9	Cole Cuppett	New Paltz	12	152
	10	Archie Green	Ogdensburg	12	285
	11	Kevin Vides	John Glenn	12	145
	PSAL	Devone Bogie	Eagle Academy	12	145
	AIS	Cole Joseph	Hackley School	12	138



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of NYSPHSAA*

**CONGRATULATIONS
AND GOOD LUCK TO
ALL PARTICIPANTS**

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PURCHASE YOUR
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MERCHANDISE**

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Rockland County Wrestling Officials

Would like to wish all Section One
Wrestlers the best of luck at
the 59th New York State
Individual Wrestling Tournament!



If anyone has an interest in Officiating Wrestling
in Rockland County please contact Nick Graziano
by email at RCWOA@ptd.net

Congratulations Paul Cummings

And
The Section IX Qualifiers
Well Done!



Orange-Sullivan Wrestling Officials Association

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NYS Athletic Trainers' Association at:
www.gonysata2.org

Athletic Trainers work with physically active people to **prevent, evaluate, and rehabilitate musculoskeletal injuries** and **manage sports-related illnesses**, and offer a **continuum of care unparalleled in health care**.

ATs are **part of a health care team**, practicing under the direction of and in collaboration with physicians.
Different from personal or fitness trainers, **Athletic Trainers are health care professionals.**



Section VIII

**Good Luck Section VIII
Athletes, Teams & Coaches
Competing In
NYSPHSAA Championships**



Good Luck To All Participants!

SCHOOLS OF DISTINCTION 2021-2022

Schools earn School of Distinction status by having 100% of its varsity teams qualify for and receive the Scholar-Athlete team award during their respective sports seasons.

SEC. SCHOOL	# OF TEAMS	SEC. SCHOOL	# OF TEAMS
1 FOX LANE HIGH SCHOOL	30	6 LEWISTON-PORTER SENIOR HIGH SCHOOL	24
1 HALDANE HIGH SCHOOL	17	6 ORCHARD PARK HIGH SCHOOL	32
1 MAHOPAC HIGH SCHOOL	29	6 PORTVILLE JR/SR HIGH SCHOOL	14
1 RYE HIGH SCHOOL	29	6 STARPOINT HIGH SCHOOL	29
2 BROADALBIN-PERTH CENTRAL SCHOOL DISTRICT	21	6 WILLIAMSVILLE EAST HIGH SCHOOL	33
2 BURNT HILLS-BALLSTON LAKE SR HIGH SCHOOL	27	6 WILSON HIGH SCHOOL	19
2 CHRISTIAN BROTHERS ACADEMY	15	8 BETHPAGE SENIOR HIGH SCHOOL	30
2 COXSACKIE-ATHENS HIGH SCHOOL	21	8 FARMINGDALE SENIOR HIGH SCHOOL	28
2 DUANESBURG HIGH SCHOOL	16	8 GARDEN CITY HIGH SCHOOL	34
2 GALWAY JR/SR HIGH SCHOOL	13	8 H FRANK CAREY HIGH SCHOOL	24
2 GUILDERLAND HIGH SCHOOL	31	8 HERRICKS HIGH SCHOOL	32
2 HAWTHORNEVALLEY SCHOOL	4	8 JERICHO SENIOR HIGH SCHOOL	29
2 SARATOGA CENTRAL CATHOLIC HIGH SCHOOL	16	8 LYNBROOK SENIOR HIGH SCHOOL	28
2 TAMARAC MIDDLE/HIGH SCHOOL	18	8 MANHASSET SECONDARY SCHOOL	33
2 WARRENSBURG JR/SR HIGH SCHOOL	12	8 MASSAPEQUA HIGH SCHOOL	32
3 ALEXANDRIA CENTRAL HIGH SCHOOL	10	8 PAUL D SCHREIBER SENIOR HIGH SCHOOL	30
3 BELLEVILLE HENDERSON CENTRAL SCHOOL	7	8 PLAINEDGE SENIOR HIGH SCHOOL	25
3 CHRISTIAN BROTHERS ACADEMY	25	8 PLAINVIEW- OLD BETHPAGE /JFK HIGH SCHOOL	31
3 HAMILTON JR/SR HIGH SCHOOL	13	8 SEAFORD SENIOR HIGH SCHOOL	22
3 LIVING WORD ACADEMY	4	8 SOUTH SIDE HIGH SCHOOL	24
3 ORISKANY JR/SR HIGH SCHOOL	12	8 WANTAGH SENIOR HIGH SCHOOL	29
3 SKANEATELES SENIOR HIGH SCHOOL	23	8 WELLINGTON C MEPHAM HIGH SCHOOL	23
4 ANDES CENTRAL SCHOOL	9	9 CORNWALL CENTRAL HIGH SCHOOL	27
4 CHARLOTTEVALLEY SCHOOL	7	9 HIGHLAND HIGH SCHOOL	25
4 CHERRY VALLEY-SPRINGFIELD CENTRAL	8	9 JOHN S BURKE CATHOLIC HIGH SCHOOL	19
4 CORNING - PAINTED POST HIGH SCHOOL	28	9 SPACKENKILL HIGH SCHOOL	18
4 MORRIS CENTRAL SCHOOL	9	9 STISSING MOUNTAIN HIGH SCHOOL	13
4 SOUTH KORTRIGHT CENTRAL SCHOOL	9	11 BABYLON JR/SR HIGH SCHOOL	26
4 WORCESTER CENTRAL SCHOOL	9	11 COMSEVOGUE HIGH SCHOOL	25
5 ALLENDALE COLUMBIA SCHOOL	16	11 EARL L VANDERMUELEN HIGH SCHOOL	23
5 ARKPORT AND CANASERAGA CENTRAL SCHOOLS	14	11 EASTPORT SOUTH MANOR	25
5 CALEDONIA-MUMFORD HIGH SCHOOL	17	11 JOHN GLENN HIGH SCHOOL	22
5 JASPER-TROUPSBURG JR/SR HIGH SCHOOL	9	11 MATTITUCK JR/SR HIGH SCHOOL	21
5 LEROY JR. SR. HIGH SCHOOL	18	11 MILLER PLACE HIGH SCHOOL	23
5 LIMA CHRISTIAN SCHOOL	4	11 NORTHPORT SENIOR HIGH SCHOOL	31
5 NOTRE DAME HIGH SCHOOL	17	11 PATCHOGUE-MEDFORD HIGH SCHOOL	30
5 PITTSFORD MENDON HIGH SCHOOL	19	11 ROCKY POINT HIGH SCHOOL	24
5 PITTSFORD SUTHERLAND HIGH SCHOOL	19	11 SACHEM EAST HIGH SCHOOL	29
5 THE HARLEY SCHOOL	15	11 SHELTER ISLAND SCHOOL	11
5 VICTOR SENIOR HIGH SCHOOL	30	11 SHOREHAM-WADING RIVER HIGH SCHOOL	27
6 ALDEN SENIOR HIGH SCHOOL	22	11 SMITHTOWN EAST HIGH SCHOOL	31
6 ALLEGANY-LIMESTONE HIGH SCHOOL	19	11 SMITHTOWN WEST HIGH SCHOOL	31
6 HAMBURG HIGH SCHOOL	30	11 WARD MELVILLE SENIOR HIGH SCHOOL	32

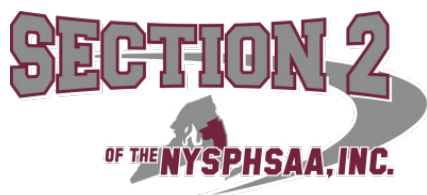
CLICK HERE



SCHOLAR-ATHLETE TEAMS
WINTER 2022

Good Luck to all the Teams and Participants
as you compete for the NYSPHSAA Championship.

From



Adirondack League
Colonial Council
Foothills Council
Patroon Conference
Suburban Scholastic Conference
Wasaren League
Western Athletic Conference

Best Wishes to all
Athletes and Coaches
on their quest to a
STATE CHAMPIONSHIP



**Best of luck to the student-athletes,
coaches and teams representing
Section 1 in the NYSPHSAA
Championships!**

SCHOOLS OF EXCELLENCE 2021-2022

Schools earn School of Excellence status by having 75% of its varsity teams qualify for and receive the Scholar-Athlete team award during their respective sports seasons.

SEC. SCHOOL	# OF TEAMS	SEC. SCHOOL	# OF TEAMS
1 ALBERTUS MAGNUS	19	3 WEEDSPORT JR/SR HIGH SCHOOL	13
1 ARLINGTON HIGH SCHOOL	27	3 WEST CANADA VALLEY JR/SR HIGH SCHOOL	17
1 BREWSTER HIGH SCHOOL	27	3 WEST GENESEE SENIOR HIGH SCHOOL	27
1 BRIARCLIFF HIGH SCHOOL	22	3 WESTHILL HIGH SCHOOL	21
1 CLARKSTOWN CENTRAL SCHOOL DISTRICT	10	4 CHENANGO VALLEY HIGH SCHOOL	24
1 CROTON-HARMON HIGH SCHOOL	20	4 GREENE HIGH SCHOOL	14
1 HARRISON HIGH SCHOOL	26	4 HORSEHEADS SENIOR HIGH SCHOOL	23
1 HENDRICK HUDSON HIGH SCHOOL	25	4 MARATHON HIGH SCHOOL	17
1 IRVINGTON HIGH SCHOOL	24	4 SPENCER-VAN ETEN HIGH SCHOOL	15
1 JOHN JAY EAST FISHKILL	26	4 WALTON HIGH SCHOOL	11
1 LAKELAND HIGH SCHOOL	27	4 WAVERLY HIGH SCHOOL	20
1 MAMARONECK HIGH SCHOOL	26	5 ALEXANDER MIDDLE/HIGH SCHOOL	11
1 NANUET SENIOR HIGH SCHOOL	24	5 ALFRED-ALMOND JR/SR HIGH SCHOOL	11
1 NYACK SENIOR HIGH SCHOOL	31	5 AQUINAS INSTITUTE OF ROCHESTER	19
1 PEARL RIVER HIGH SCHOOL	27	5 AVOCA CENTRAL SCHOOL	15
1 PELHAM MEMORIAL HIGH SCHOOL	26	5 AVON HIGH SCHOOL	19
1 ROY C KETCHAM HIGH SCHOOL	26	5 BATAVIA HIGH SCHOOL	21
1 SUFFERN SENIOR HIGH SCHOOL	25	5 BLOOMFIELD HIGH SCHOOL	17
1 TAPPAN ZEE HIGH SCHOOL	28	5 BROCKPORT HIGH SCHOOL	24
1 URSULINE SCHOOL	11	5 FAIRPORT HIGH SCHOOL	31
1 YORKTOWN HIGH SCHOOL	26	5 FRIENDSHIP CENTRAL SCHOOL	6
2 AVERILL PARK HIGH SCHOOL	17	5 GENESEO MIDDLE/HIGH SCHOOL	13
2 BALLSTON SPA SENIOR HIGH SCHOOL	24	5 GREECE ATHENA HIGH SCHOOL	16
2 CAIRO-DURHAM HIGH SCHOOL	16	5 HAVERLING SENIOR HIGH SCHOOL	19
2 CANAJOHARIE SENIOR HIGH SCHOOL	16	5 HONEOYE MIDDLE/HIGH SCHOOL	14
2 COHOES HIGH SCHOOL	16	5 HORNELL SENIOR HIGH SCHOOL	21
2 COLONIE CENTRAL HIGH SCHOOL	25	5 LIVONIA SENIOR HIGH SCHOOL	21
2 COLUMBIA HIGH SCHOOL	24	5 MCQUAID JESUIT SCHOOL	14
2 FONDA-FULTONVILLE SENIOR HIGH SCHOOL	16	5 MYNDERSE ACADEMY	18
2 FORT PLAIN JR/SR HIGH SCHOOL	15	5 PENFIELD SENIOR HIGH SCHOOL	31
2 GREENVILLE JR/SR HIGH SCHOOL	15	5 PERRY HIGH SCHOOL	12
2 HOOSIC VALLEY SENIOR HIGH SCHOOL	15	5 PRATTSBURGH CENTRAL SCHOOL	15
2 LAKE GEORGE JR/SR HIGH SCHOOL	16	5 RED JACKET HIGH SCHOOL	11
2 MAPLE HILL HIGH SCHOOL	17	5 SCIO CENTRAL SCHOOL	5
2 MAYFIELD JR/SR HIGH SCHOOL	16	5 SPENCERPORT HIGH SCHOOL	26
2 MECHANICVILLE JR/SR HIGH SCHOOL	15	5 WARSAW MIDDLE/SENIOR HIGH SCHOOL	12
2 MOHONASEN SENIOR HIGH SCHOOL	19	5 WAYLAND-COHOCTON HIGH SCHOOL	21
2 NISKAYUNA HIGH SCHOOL	32	5 WEBSTER-SCHROEDER HIGH SCHOOL	27
2 NORTH WARREN CENTRAL SCHOOL	9	5 WHITESVILLE CENTRAL SCHOOL	6
2 QUEENSBURY SENIOR HIGH SCHOOL	25	6 AKRON HIGH SCHOOL	17
2 SARATOGA SPRINGS HIGH SCHOOL	29	6 AMHERST CENTRAL HIGH SCHOOL	27
2 SCHUYLERVILLE HIGH SCHOOL	23	6 CLARENCE SENIOR HIGH SCHOOL	30
2 SHAKER HIGH SCHOOL	27	6 DEPEW HIGH SCHOOL	25
2 SHENENDEHOWA HIGH SCHOOL	29	6 EAST AURORA HIGH SCHOOL	19
2 WATERFORD-HALFMOON JR/SR HIGH SCHOOL	14	6 EDEN JR/SR HIGH SCHOOL	19
3 BISHOP GRIMES JR/SR HIGH SCHOOL	18	6 FREDONIA HIGH SCHOOL	20
3 CAZENOVIA HIGH SCHOOL	21	6 HOLLAND JR/SR HIGH SCHOOL	17
3 CHALRES W BAKER HIGH SCHOOL (BALDWINVILLE)	28	6 IROQUOIS SENIOR HIGH SCHOOL	29
3 CLINTON SENIOR HIGH SCHOOL	20	6 LANCASTER HIGH SCHOOL	31
3 COPENHAGEN CENTRAL SCHOOL	7	6 LOCKPORT CITY HIGH SCHOOL	26
3 CORTLAND CITY JR/SR HIGH SCHOOL	20	6 MAPLE GROVE JR/SR HIGH SCHOOL	16
3 EAST SYRACUSE-MINOA CENTRAL HIGH SCHOOL	20	6 MARYVALE HIGH SCHOOL	21
3 FABIUS-POMPEY MIDDLE/HIGH SCHOOL	13	6 MEDINA HIGH SCHOOL	16
3 FAYETTEVILLE-MANLIUS SENIOR HIGH SCHOOL	30	6 NEWFANE SENIOR HIGH SCHOOL	18
3 GENERAL BROWN JR/SR HIGH SCHOOL	11	6 NORTH COLLINS JR/SR HIGH SCHOOL	6
3 HERKIMER HIGH SCHOOL	15	6 NORTH TONAWANDA HIGH SCHOOL	24
3 JAMES A GREEN HIGH SCHOOL (DOLGEVILLE)	16	6 OLEAN SENIOR HIGH SCHOOL	16
3 JAMESVILLE-DEWITT HIGH SCHOOL	24	6 PIONEER SENIOR HIGH SCHOOL	18
3 LOWVILLE HIGH SCHOOL	17	6 ROYALTON-HARTLAND HIGH SCHOOL	16
3 MARCELLUS HIGH SCHOOL	20	6 SWEET HOME SENIOR HIGH SCHOOL	29
3 MEXICO HIGH SCHOOL	21	6 TONAWANDA MIDDLE/HIGH SCHOOL	18
3 MORRISVILLE-EATON MIDDLE/HIGH SCHOOL	11	6 WEST SENECA CENTRAL EAST HIGH SCHOOL	19
3 NY MILLS JR/SR HIGH SCHOOL	10	6 WEST SENECA CENTRAL WEST HIGH SCHOOL	27
3 ONEIDA SENIOR HIGH SCHOOL	20	6 WILLIAMSVILLE NORTH HIGH SCHOOL	32
3 OSWEGO HIGH SCHOOL	18	7 NORTHEASTERN CLINTON SR HIGH SCHOOL	15
3 REMSEN JR/SR HIGH SCHOOL	12	7 NORTHERN ADIRONDACK MIDDLE/HIGH SCHOOL	7
3 SHERBURNE-EARLVILLE SENIOR HIGH SCHOOL	13	7 SARANAC HIGH SCHOOL	22

SCHOOLS OF EXCELLENCE 2021-2022

Schools earn School of Excellence status by having 75% of its varsity teams qualify for and receive the Scholar-Athlete team award during their respective sports seasons.

SEC. SCHOOL

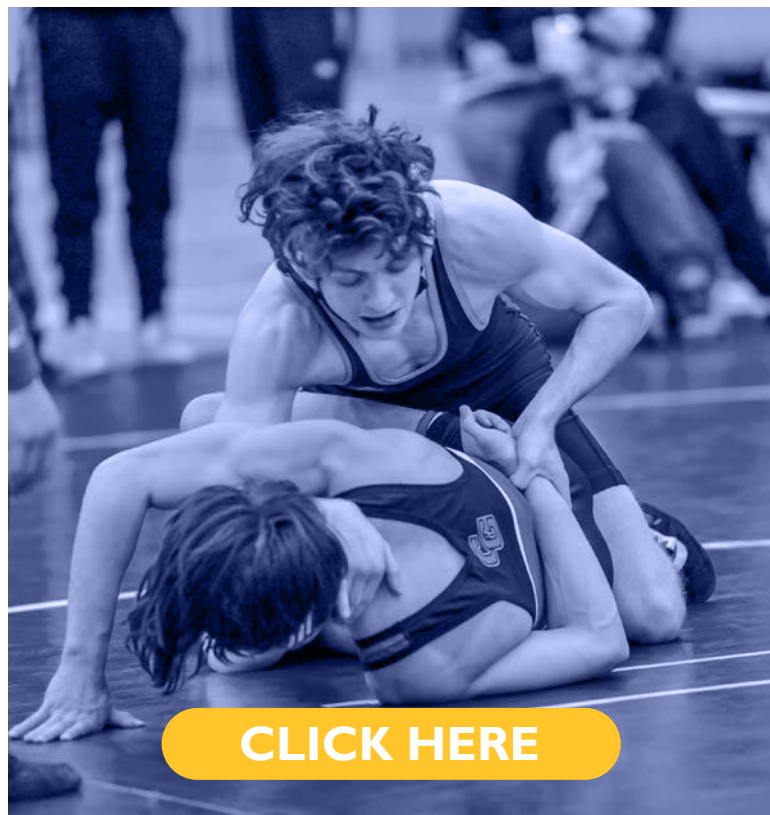
OF TEAMS

8	EAST MEADOW HIGH SCHOOL	26
8	GREAT NECK SOUTH HIGH SCHOOL	26
8	ISLAND TREES HIGH SCHOOL	17
8	JOHN F KENNEDY HIGH SCHOOL	23
8	LOCUST VALLEY HIGH SCHOOL	21
8	LONG BEACH SENIOR HIGH SCHOOL	24
8	NORTH SHORE SENIOR HIGH SCHOOL	25
8	OYSTER BAY HIGH SCHOOL	22
8	ROSLYN HIGH SCHOOL	26
8	SCHOOL 7 - OCEANSIDE SENIOR HIGH SCHOOL	29
8	VALLEY STREAM NORTH HIGH SCHOOL	19
8	VALLEY STREAM SOUTH HIGH SCHOOL	15
8	WEST HEMPSTEAD HIGH SCHOOL	18
8	WHEATLEY SCHOOL	23
9	FRANKLIN D ROOSEVELT SENIOR HIGH SCHOOL	25
9	JAMES I O'NEILL HIGH SCHOOL	18
9	MARLBORO CENTRAL HIGH SCHOOL	20
9	MINISINK VALLEY HIGH SCHOOL	19
9	MONROE-WOODBURY HIGH SCHOOL	28
9	NEW PALTZ SENIOR HIGH SCHOOL	22
9	ONTEORA HIGH SCHOOL	18
9	PINE BUSH SENIOR HIGH SCHOOL	20
9	PORT JERVIS HIGH SCHOOL	20
9	RHINEBECK SENIOR HIGH SCHOOL	12
9	RONDOUT VALLEY HIGH SCHOOL	18
9	TRI-VALLEY SECONDARY SCHOOL	19
9	VALLEY CENTRAL HIGH SCHOOL	25

SEC. SCHOOL

OF TEAMS

10	CLIFTON-FINE JR/SR HIGH SCHOOL	3
10	SALMON RIVER HIGH SCHOOL	15
10	ST LAWRENCE HIGH SCHOOL	9
11	BAYPORT-BLUE POINT HIGH SCHOOL	20
11	CENTER MORICHES HIGH SCHOOL	21
11	CENTEREACH HIGH SCHOOLS	15
11	CENTRAL ISLIP SENIOR HIGH SCHOOL	22
11	COMMACK HIGH SCHOOL	30
11	EAST HAMPTON HIGH SCHOOL	23
11	GREENPORT HIGH SCHOOL	7
11	HALF HOLLOW EAST HIGH SCHOOL	29
11	HALF HOLLOW WEST HIGH SCHOOL	28
11	HAMPTON BAYS HIGH SCHOOL	18
11	HARBORFIELDS HIGH SCHOOL	25
11	HUNTINGTON HIGH SCHOOL	23
11	ISLIP HIGH SCHOOL	22
11	KINGS PARK HIGH SCHOOL	21
11	NEWFIELD HIGH SCHOOL	15
11	NORTH BABYLON HIGH SCHOOL	22
11	RIVERHEAD SENIOR HIGH SCHOOL	23
11	SACHEM CSD	19
11	SAYVILLE HIGH SCHOOL	29
11	SOUTHAMPTON HIGH SCHOOL	17
11	WALT WHITMAN HIGH SCHOOL	25
11	WEST ISLIP SENIOR HIGH SCHOOL	26
11	WESTHAMPTON BEACH SENIOR HIGH SCHOOL	22



**BOYS WRESTLING
PAST CHAMPIONS**



**BOYS WRESTLING
RECORDS**

Good Luck Section 2 Wrestlers From the CDWOA



Anthony Allen
DJ Barber
Keegan Bailey
Thomas Beaury
Mike Berrios

Todd Cary
Joe Culbert
Tom Dougherty
Brian Epping
David Essex
Van Fronhofer

Mike Greco
Roy Hanser
Bruce Johnson
Rory Johnson
Thomas Kelly
Rich Kennedy

Brent Kinney
Darren MacNaughton
Joshua Marks
Ron McCarthy
Matt McGovern
Kyle Miller

Richard Pesci
Elwood Powell
Dan Pryde
Bob Rodgers
Bill Rowe
Eric Selin

Kevin Selin
Ethan Shupp
Doug Watson
Greg Welsh
Brian Winchell

Interested in becoming a wrestling official in the Capital District?

Contact Van Fronhofer at v.fronhofer@hvcc.edu





Upstate New York Chapter of the National Wrestling Hall of Fame

Congratulations to the 2023 Honorees

Robert Coppola

Gary Edwards

Kevin Gallagher

Dave Hickson

Dave Leone

Thomas Stanbro

Jack Romagnoli – Outstanding American Award

James Johnson – Stanbro Media Award



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To Mr. Phalon Miner



Phalon Miner wrestled for Northern Adirondack School from 1972 to 1976. In 1984 he began coaching Modified and Junior Varsity wrestling under the tutelage of Head Coach Larry Ross. He continued his coaching career until 1997 when he became a referee in the Clinton County Wrestling Officials' Association in Section 7. In 2004 Phalon became the Rules Interpreter and Secretary/Treasurer for the CCWOA. Phalon Officiated the New York State Wrestling Championships each year from 2007 to 2011. He was instrumental in recruiting and training new Wrestling Referees in Section 7 until his retirement after 22 years in 2019.



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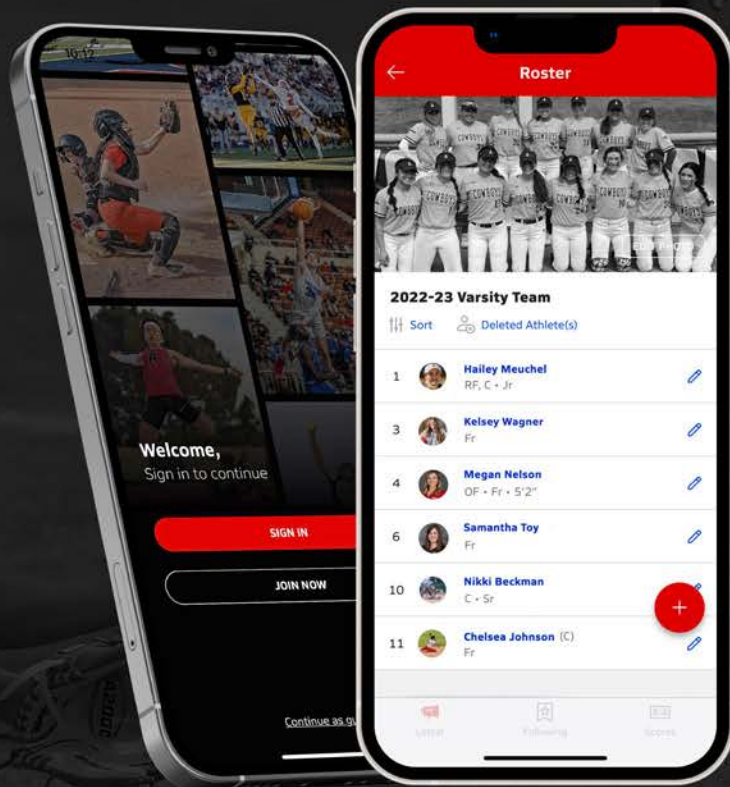


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NYSPHSAA CHAMPIONSHIP SCHEDULE 2022-2023

FALL 2022

Thurs, Oct 27 - Sat, Oct 29	Girls Tennis Championships	SPORTIME, Schenectady
Sat, Oct 29	Game Day Cheerleading - East Invitational	Arlington High School
Sat, Oct 29	Game Day Cheerleading - West Invitational <i>Presented by Visions FCU</i>	Visions Veterans Memorial Arena, Binghamton
Fri, Nov 4	Girls Tennis Team Championships	USTA Billie Jean King National Tennis Center
Sat, Nov 12	Cross Country Championships <i>Presented by Hospitality Syracuse, Inc. - A Franchisee of Taco Bell</i>	Vernon-Verona-Sherrill High School
Sat, Nov 12 - Sun, Nov 13	Boys Soccer Championships	Middletown, Goshen, Monroe Woodbury High Schools
Sat, Nov 12 - Sun, Nov 13	Girls Soccer Championships	Various Sites, Cortland Area
Sat, Nov 12 - Sun, Nov 13	Field Hockey Championships	Centereach High School
Fri, Nov 18 - Sat, Nov 19	Girls Swimming and Diving Championships <i>Presented by JOLYN</i>	Webster Aquatic Center
Sat, Nov 19 - Sun, Nov 20	Girls Volleyball Championships	Cool Insuring Arena, Glens Falls
Sat, Nov 19	Boys Volleyball Championships	Capital Center, Albany
Fri, Nov 25 - Sat, Nov 26	Football - East Semifinals <i>Presented by the American Dairy Association North East</i>	Middletown High School
Fri, Nov 25 - Sat, Nov 26	Football - West Semifinals <i>Presented by the American Dairy Association North East</i>	Union-Endicott High School
Fri, Dec 2 - Sun, Dec 4	Football Championships * <i>Presented by the American Dairy Association North East</i>	JMA Wireless Dome, Syracuse

WINTER 2022-23

Fri, Jan 27	Girls Wrestling Invitational	SRC Arena and Events Center, Syracuse
Sat, Jan 28	Wrestling Dual Meet Championships	SRC Arena and Events Center, Syracuse
Sat, Feb 17 - Sun, Feb 18	Girls Ice Hockey Regional Championship	Nexus Center, Utica
Fri, Feb 24 - Sat, Feb 25	Wrestling Championships	MVP Arena, Albany
Mon, Feb 27 - Tues, Feb 28	Skiing Championships <i>Presented by Sports Page Ski Shop</i>	Bristol Mountain/Harriet Hollister State Park
Fri, Mar 3 - Sat, Mar 4	Boys Swimming & Diving Championships	Ithaca College
Sat, Mar 4	Gymnastics Championships	Kenmore West High School
Sat, Mar 4	Competitive Cheerleading Championships <i>Presented by CheerSounds</i>	Visions Veterans Memorial Arena
Sat, Mar 4	Indoor Track & Field Championships	Ocean Breeze Track & Field Athletic Complex, Staten Island
Fri, March 10 - Sun, March 12	Bowling Championships	AMF Strike-N-Spare Lanes, Syracuse
Sat, Mar 11 - Sun, Mar 12	Boys Ice Hockey Championships	LECOM HarborCenter, Buffalo
Fri, Mar 17 - Sun, Mar 19	Boys Basketball Championships <i>Presented by the American Dairy Association North East</i>	Cool Insuring Arena, Glens Falls
Fri, Mar 17 - Sun, Mar 19	Girls Basketball Championships <i>Presented by the American Dairy Association North East</i>	Hudson Valley Community College, Troy

SPRING 2023

Thurs, June 1 - Sat, June 3	Boys Tennis Championships	USTA Billie Jean King National Tennis Center, Flushing
Sat, June 3 - Mon, June 5	Girls Golf Championships	The Edison Club, Rexford
Sat, June 3 - Mon, June 5	Boys Golf Championships	Mark Twain Golf Course, Elmira
Wed, June 7	Boys Lacrosse East Semifinals	University at Albany
Wed, June 7	Boys Lacrosse West Semifinals	SUNY Cortland
Fri, June 9	Boys Tennis Team Championships	USTA Billie Jean King National Tennis Center, Flushing
Fri, June 9 - Sat, June 10	Girls Lacrosse Championships <i>Presented by NYCM Insurance</i>	SUNY Cortland
Fri, June 9 - Sat, June 10	Outdoor Track and Field Championships	Middletown High School
Fri, June 9 - Sat, June 10	Baseball Championships <i>Presented by Visions FCU</i>	Various Sites, Binghamton Area
Sat, June 10	Boys Lacrosse Championships	Hofstra University, Hempstead
Sat, June 10	Softball Championships <i>Presented by the U.S. Army ROTC</i>	Moriches Athletic Complex, Moriches

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