

# YOUTH WRESTLING CLINIC



GRADES: **Boys & Girls Grades K - 8**  
(Modified wrestlers are welcome and encouraged to participate, you can still wrestle in Youth Tournaments.)

PLACE: Brockport Elks Club  
4400 Sweden Walker Rd. Brockport NY 14420

DAY/TIME: Monday and Wednesdays at 6:00-7:30

OPEN MATS: **Want to try it out for free?** Come in November!  
Mondays and Wednesdays

REGULAR SEASON: December – Mid March

REGISTRATION: **Every Monday/Wednesday in November during Open Mats**  
\* Cash, Checks or Venmo (Brockport Wrestling-Carella)  
(There will be an opportunity for late registration on the first day of practice)

COST: **\$125 for the season (If you are registering more than 1 wrestler per family, additional wrestlers are \$75.00.)**  
This price includes: Instruction, a Brockport Youth Wrestling T-shirt and end of the season pizza party.

INSTRUCTORS: Paul Carella, Scott Oechsle, Gary Barber, Dave Schickler, & Christian Boley

QUESTIONS: Paul Carella: [Paul.Carella@bcs1.org](mailto:Paul.Carella@bcs1.org)  
[BrockportYouthWrestling@gmail.com](mailto:BrockportYouthWrestling@gmail.com)

*\*\* The clinic will cover wrestling techniques, conditioning and safety aspects in the sport of wrestling\*\**

Follow us on FACEBOOK for latest info: Brockport Youth Wrestling

**\*\* ALL RECREATION PROGRAMS ARE "PARTICIPATE AT YOUR OWN RISK"**

(Cut and Bring to Registration)

## REGISTRATION FORM

PARTICIPANT'S NAME \_\_\_\_\_ GRADE \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_

ADDRESS \_\_\_\_\_ DO YOU HAVE NYWAY CARD? YES or NO

T-SHIRT SIZE YOUTH: 6-8 (S) \_\_\_\_\_ / 10-12 (M) \_\_\_\_\_ / 14-16 (L) \_\_\_\_\_

ADULT: SMALL \_\_\_\_\_ / MEDIUM \_\_\_\_\_ / LARGE \_\_\_\_\_ / X-LARGE \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_ EMERGENCY PHONE NUMBER \_\_\_\_\_

DO YOU APPROVE THE USE OF YOUR CHILD'S PHOTOS ON OUR FACEBOOK PAGE? YES or NO (circle one)

PARENT'S SIGNATURE \_\_\_\_\_ E-MAIL \_\_\_\_\_