## Jr. Red Raider Youth Wrestling Club

"You're always a champion when you choose to compete"

# DO YOU WANT TO GET FASTER OR STRONGER? JOIN FAIRPORT YOUTH WRESTLING

## All levels of experience welcome!

**Beginners**: Coaches will design practices to focus on improving strength, conditioning, speed and agility while introducing the foundation to wrestling.

Advanced: Experienced wrestlers will have the opportunity to focus on more advanced wrestling techniques, with the goal to prepare for matches and competitions. Practice:

Each child will be given the opportunity to practice up to 2 to 3x per week.

Our practices will take place weeknights. A complete practice schedule for the season will be put on our website as soon as we have it.

Most practices will be held between 6:00 and 7:45 pm.

Season runs from late November thru March.

Cost per wrestler \$100 (Max cost per family is \$210)

Included in the cost each team member will receive a team T-shirt, a trophy, and a year end party.

Competition: Coaches and the Fairport Jr. Red Raider youth wrestling club will be organzing participoation in weekend tournaments for interested team members.

See reverse for sign up

For more information contact:

#### Phil Provenzano

**5**85-355-8196 provo50@hotmail.com

### **Brad Rosenbaum**

585-750-4199

bradleyj.rosenbaum@gmail.com

Child's Name:
Age/Grade:/ Male Female Birthdate:
Daytime Phone: Evening Phone
Street Address: City: Zip:
T-Shirt Size (Circle one): Youth small (6-8) Youth medium (10-12)
Youth large (12-14) Adult Small Adult medium Adult large
reduction go (i.e. i.) reduction reduction reduction go
Child's Limitations or Cautions:
Special Requests (requests are not guaranteed):
Parent/Guardian Names:
Email Áddress:
Emergency Contact (Other than household):
Phone:
Release: I hereby release the Fairport Jr. Red Raider Youth Wrestling Program
and any of its coaches from any responsibility or liability in connection with this
activity. I give permission to a licensed physician or other hospital staff members
to carry out emergency medical care deemed necessary to my chlid when normal
permission is unavailable. I certify that my child (child's name
) is in good physical health and shall have no
limitations other than those I have specifically named on the registration form
which may predispose him/her to risk during this program. I fully understand that
the Fairport Jr. Red Raider Youth Wrestling Program does not provide accident
insurance.
Parents Signature Required

Please Remit Registration Form and S100 payment to:
Fairport Youth Wrestling Treasurer, Tina Provenzano
14 Dona Lea, Fairport, Ny 14450
Please make checks payable to Fairport Youth Wrestling Booster Club
OR Venmo at efairportnyyouthwrestling
Please make sure you add child's name in notes when using Venmo..

This event, activity, or program is not sponsored by the Fairport Central School District. Approval does not imply endorsement, but is a courtesy service to the community.