COME JOIN

"The oldest sport in the world"



The program will place emphasis on skill development, sportsmanship and fun!

"Technique taught will cover every aspect of wrestling which include the basic fundamentals, to some advanced skills, and match strategies that are taught and reviewed follows the Canandaigua Varsity Wrestling Program System"

Canandaigua Area Wrestling

Tuesday & Thursday Nights 6:15 p.m.-7:30 p.m.

*Pre-registration Nov. 15th & 16th Or During the first week of practice

First Practice November 30, 2010



Canandaigua Academy Wrestling Room

Sponsored by:

City of Canandaigua Parks & Recreation Department



General Information

- ◆ First Practice November 30, 2010

 Pre-registration Monday Nov. 15th & 16th
 6 p.m. − 7 p.m. @ Academy Main Gym Entrance or
 City of Canandaigua Parks & Recreation (City Hall) or
 During the first week of practice.
- ◆ Tuesday & Thursday Nights at the Academy for Intermediate/Advanced Level.
- ♦ Time: 6:15 7:45 p.m.
- ◆ Registration Fee: \$55 per Wrestler (\$20 for additional family members)



Program Includes;

- Program T-Shirt
- Singlet's (used for tournaments)
- Membership with Finger Lakes Youth Wrestling League

Checks Payable to:

"City of Canandaigua"

For More Information:

- > Coach Romeo at school call 396-3920, cell phone, (585) 414-6863 or e-mail romeo68@frontiernet.net
- ➤ Katie Outhouse at the City of Canandaigua, 396-5080

Katie.Outhouse@CanandaiguaNewYork.gov

Registration Form Canandaigua Area Wrestling

Name:		Age:
Address:		
		Zip:
Home	Cell	
Parents Name(s):		
	erested in participating as a at (585) 414-6863, or e-mail	volunteer coach <u>romeo68@frontiernet.net</u>
T-Shirt Size (circle or I approve of my child' and certify that he is in camp. I authorize the sme according to their medical attention, and I Canandaigua and all of might occur during padjoining grounds whe for maintaining health expenses. I understand I also authorize the	a good health and able to pa staff of the Canandaigua Ar best judgment in the case hereby agree to hold Cananda its employees harmless for articipation, including the re the camp is held. I under a insurance to cover eme I that refunds are to be dete	daigua Area Wrestling Camparticipate in the above namedea Wrestling Camp to act for ea Wrestling Camp to act for ea of an emergency requiring daigua Camps and the City or any personal injuries which entirety of the facility and erstand that I am responsible regency, hospital or medical ermined by the camp directors likeness in photographic
Insurance Company:	Policy	Number:
Parent/Guardian Sign Mail Registration to:		Date