

# WRESTLING



Row 1: G. Crowe, E. McAllister, D. Stone, R. McBroom, L. Windover, A. McQuade, D. Stone, Row 2: E. Couglar, W. Guttererson, B. Murdock, B. Chapin, D. Hazelton, H. Youngs, G. Brown, G. Johnson, E. Bennett, Row 3: Mr. LaRock, P. Perry, D. Basford, H. Jennings, J. Elie, D. Duford, J. Kirby, E. Dominie, L. Brown, Paul Charlton, L. Bray, E. Friot, S. Hitsman, W. Dashnaw.

Heuvelton Bulldogs  
1963-1964 Wrestling

Wrestling at Heuvelton is certainly becoming a popular sport. More students are participating and more spectators are attending the matches. Wrestling was even taught in the regular boys' gym classes under the careful supervision of Coach LaRock. Sore muscles were commonplace but everyone was grateful for this opportunity to learn how to defend themselves.

Eight members of last year's team returned this year to strengthen the Bulldogs considerably. Ron Simmons attended a wrestling clinic at Ithaca High School this summer and brought back a great deal with him; Coach LaRock also taught the Bulldogs several new holds which are quite advanced for high school wrestlers. Captains of this year's team were Ron Simmons and Gary Brown.

Heuvelton had a very successful season last year, placing second in the wrestling tournament held at Hermon DeKalb. This year, the tournament being held at Heuvelton, the Bulldogs are working harder than ever to defeat Hermon DeKalb, considered by some to be the best team in the league (the Oswegatchie Valley Wrestling League), and become Section 10 champions.