

The Jeff Blatnick New York State Olympic Style Wrestling Championships

May 20-22, 2022



SPONSORED BY:



600 Pinnacle Rd, Victor, NY 14564

**The Jeff Blatnick New York State Olympic Style Wrestling Championships
12U, 14U, 16U, & Junior Men * Freestyle & Greco & 16U & Junior Women Freestyle**

Online Registration

ONLINE REGISTRATION (CREDIT CARD ONLY)

Online registration via credit card is available at NY-USAW.org or on TrackWrestling.com until **10:00am Friday, May 20**. Entry fee for all divisions registering online is \$45 (per style) and \$60 (two styles). The official waiver will be completed electronically when registering online.

USAW Membership are obtained and updated on the USAWMembership.com website.

Friday, May 20, 2022 – Registration & Weigh In

10:00am Online Registration Ends

7:00 pm – 8:00 pm Weigh-ins – Men's Freestyle 12U, 14U, 16U, Junior

***** All athletes must be present at the BEGINNING of weigh-ins. Any exceptions MUST be prearranged with the Tournament Director prior to Registration closing.*****

Saturday, May 21, 2022 – 12U, 14U, 16U, Junior Freestyle

8:00 am Building opens

8:15 am – 8:30 am Last chance weigh-ins for Freestyle (no changes can be made from registered weight)

8:45 am Coaches meeting

9:00 am Rules Clinic

9:15 am Opening Ceremonies

9:30 am – Conclusion Freestyle Preliminaries to Finals

12:30pm – 1:00pm Weigh-ins for Greco Roman ONLY participants (12U, 14U, 16U and Junior) and Women's Freestyle

Sunday, May 22, 2022 – 12U, 14U, 16U, Junior Greco Roman, 12U, 14U 16U, Junior Women's Freestyle

8:00 am Building opens

8:15 am – 8:30 am Last chance weigh-ins for Greco and Women's Freestyle (no changes can be made from registered weight)

9:00 am to Conclusion Greco Roman Preliminaries to Finals

The tournament committee reserves the right to make changes in the above schedule prior to the end of each session by announcement and by posting the change at the wall chart.

2022 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
8U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs
10U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs
12U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs
14U	Born 2008-2009	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	71 lbs, 77 lbs, 83 lbs, 87 lbs, 92 lbs, 97 lbs, 102 lbs, 106 lbs, 110 lbs, 114 lbs, 119 lbs, 125 lbs, 130 lbs, 136 lbs, 149 lbs, 165 lbs, 187 lbs, 250 lbs
16U	Born 2006-2007	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 145 lbs, 152 lbs, 160 lbs, 170 lbs, 182 lbs, 195 lbs, 220 lbs, 285 lbs
USA Junior	* Born 9/1/2002 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 145 lbs, 152 lbs, 160 lbs, 170 lbs, 182 lbs, 195 lbs, 220 lbs, 285 lbs
Masters A	* Born 1988-1997	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters B	* Born 1980-1987	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters C	* Born 1972-1979	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters D	* Born 1964-1971	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters E	* Born 1956-1963	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters F	* Born 1947-1955	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg

2022 - USA WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
8U	Born 2014-2015	Two three-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45 lbs, 50 lbs, 55 lbs, 60 lbs, 70 lbs, 85 lbs
10U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	50 lbs, 55 lbs, 60 lbs, 65 lbs, 70 lbs, 75 lbs, 80 lbs, 90 lbs, 100 lbs, 110 lbs
12U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	65 lbs, 70 lbs, 75 lbs, 80 lbs, 85 lbs, 90 lbs, 95 lbs, 100 lbs, 110 lbs, 120 lbs, 130 lbs, 145 lbs
14U	Born 2008-2009	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	72 lbs, 79 lbs, 85 lbs, 92 lbs, 97 lbs, 101 lbs, 105 lbs, 110 lbs, 119 lbs, 127 lbs, 136 lbs, 145 lbs, 185 lbs
16U	Born 2006-2007	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	94 lbs, 100 lbs, 106 lbs, 112 lbs, 117 lbs, 122 lbs, 127 lbs, 132 lbs, 138 lbs, 144 lbs, 152 lbs, 164 lbs, 180 lbs, 200 lbs
USA Junior	** Born 9/1/2002 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 112 lbs, 117 lbs, 122 lbs, 127 lbs, 132 lbs, 138 lbs, 144 lbs, 152 lbs, 164 lbs, 180 lbs, 200 lbs, 225 lbs

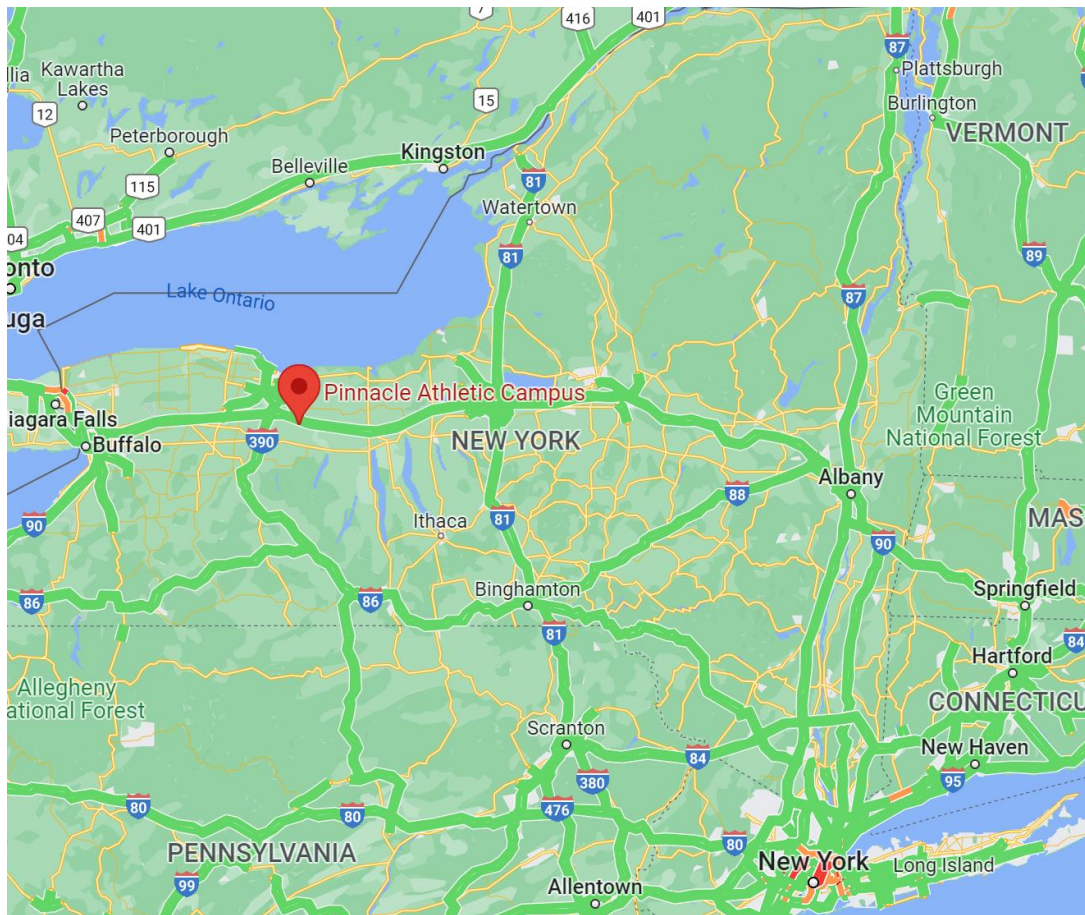
1. **ONLINE REGISTRATION (CREDIT CARD ONLY)**
 - a. Online registration via credit card is available at NY-USAW.ORG or on TrackWrestling.com until **10:00am Friday, May 20**. Entry fee for 12U, 14U, 16U & Juniors registering online is **\$45 (per style) and \$60 (two styles)**. The official waiver will be completed electronically when registering online.
 - b. USAW Membership are obtained and updated on the USAWMembership.com website.
2. **COACHING:** Floor pass will be required to be on the floor and coach. **ONLY** coaches with a Current USA Wrestling Coach's Membership and a USAW Bronze certification may purchase a floor pass for the weekend. Coach's Membership can be obtained at: USAWMembership.com along with the Safe Sport Certification and a background check.
3. **ELIGIBILITY:** All contestants must present proof or current USAW Membership at registration. Membership must be acquired by completing the required information on USAWMembership.com website. Secondary sports accident insurance is provided as a benefit of membership. **Wrestlers who will be turning 18 between September 1, 2021 and August 31, 2022 must have completed Safe sport Training found on NY-USAW.org**
 - a. A wrestler must have qualified in a competitive event conducted in NYS under the sanction of NY-USA Wrestling, which is to be validated by his Sectional Directors. Go to USAW.org [Contact page](#) for Section Directors.
4. **16U/JUNIOR NATIONAL TEAMS:** Top 3 place winners in both styles at each weight class automatically qualify. Other spots on the team may be open. A **mandatory \$400 deposit** must be made following the Freestyle or Greco-Roman competition to secure a place on the team. Any questions should be directed to Kris Harrington, Director of State Teams and Joe Uccellini, State Coach.
5. **INDIVIDUAL AWARDS:** 16U (Cadet)/Junior top 6 place winners in each weight class will receive specially designed medal.
6. **RULES:** The rules of the UWW, with current USAW modifications, will govern the event and the competition.
7. **UNIFORMS:** Red and Blue singlets, or reversible red/blue singlet with briefs, and wrestling shoes are required. The use of headgear is permitted and encouraged.
8. **INJURIES:** In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.
9. **SKIN CHECKS:** Rashes of any kind may disqualify a wrestler without a currently dated note (within 5 days) from a physician describing the location and type of any rash, treatment and stating that it is not contagious through contact. The Chief Medical Officer has full authority, without appeal, in determining the eligibility of an athlete to compete.
10. **16U & JUNIOR SCHOLARSHIP AWARDS:** The Mary Ann Lange Award for outstanding 16U / Junior Freestyle Wrestler and the Jules D'Agostino Award for outstanding Greco-Roman Wrestler. Team awards for the team title in each 16U (Cadet) and junior style.
11. **WEIGH-INS:** All athletes must be present at the beginning of weigh-ins. Athletes competing in both styles of the 12U, 14U, 16U or Junior Divisions will weigh in only once for both events. This is contingent on the athlete actively competing in the first of the two styles scheduled. Athletes competing in one style must weigh-in for that style. **(This rule may be modified. Contestants should check with their NYS Regional representatives prior to registering for this event.)**
12. **EVENT DIRECTORS:**

State Chairman:	Rick Gumble – gumblerick@gmail.com , (607) 725-3994
Tournament Director:	Eric Mullen - ericmullen01@gmail.com (585)739-3248
Director of State Teams:	Kris Harrington – kharrington141@gmail.com , (585) 738-3906
State Head Coach:	Joe Uccellini – undergroundathleticstroy@gmail.com , (518) 603-2968

*** USA WRESTLING RULES ***

WEIGHT CUTTING: The use of hot rooms, hot showers, hot boxes, saunas, steam rooms, heating devices, diuretics and laxatives for rapid weight reduction purposes is prohibited for all USA Wrestling events. The use of vapor-impermeable clothing (i.e., plastic sweats) for the specific purpose of rapid weight reduction is prohibited. Any method that raises the athlete's body temperature for the specific purpose of rapid weight reduction is prohibited.

GENERAL INFORMATION



From Albany Area (Approximately 3 ¼ hours from Albany):

Follow I-90 W to NY-96 S in Victor. Take exit 29 from I-490 W. Follow NY-96 S, Main St Fishers and Phillips Rd to your destination in Fishers

From NYC Area (Approximately 5 ¼ from NYC):

Take I-78 W to NJ-139 W in Jersey City. Take I-280 W, I-80 W, I-380 N, I-81 N and I-90 W to NY-96 S in Victor. Take exit 29 from I-490 W. Follow NY-96 S, Main St Fishers and Phillips Rd to your destination in Fishers

From Buffalo Area (Approximately 1 ½ hours from Buffalo):

Get on I-190 S from Church St. Follow I-90 E to NY-96 S in Victor. Take exit 29 from I-490 W. Follow NY-96 S, Main St Fishers and Phillips Rd to your destination in Fishers

From Plattsburgh (Approximately 5 hours from Plattsburgh):

Get on I-87 S in Plattsburgh from Margaret St and NY-22 N. Follow I-87 S to Stone Bridge Rd in Pottersville. Take exit 26 from I-87 S. Get on NY-365 W/NY-49 W in Rome from NY-8 S. Take I-90 W to NY-96 S in Victor. Take exit 29 from I-490 W, Main St Fishers and Phillips Rd to your destination in Fishers

From Watertown Area (Approximately 2 ¼ hours from Watertown):

Get on I-81 S in Watertown. Follow I-81 S and I-90 W to NY-96 S in Victor. Take exit 29 from I-490 W. Follow NY-96 S, Main St Fishers and Phillips Rd to your destination in Fishers