

Wrestling

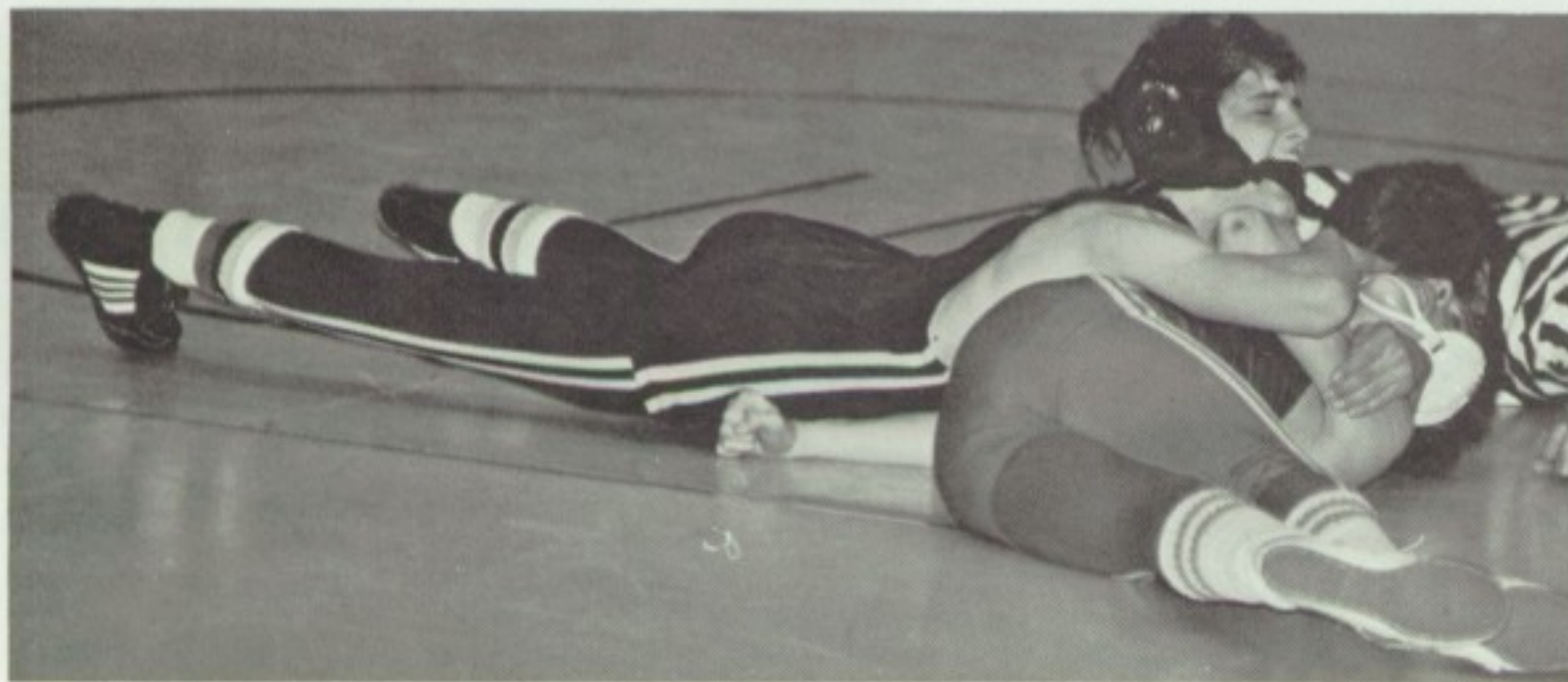
The beginning of the season brought about the question of just how good we really were. We knew we wouldn't be as devastating as the previous team. However, our weight classes were filled with some fantastic matmen as we entered our first match. Some of our men had all the muscle, some had all the brains, and some had a little of each. No one really knew what to expect going into Roth. That slim victory set us straight. We knew what had to be done . . . "O.K. sit out! Turn in! Stand up!" . . . Twelve minute matches. Extra sprints. More stairs . . .

We tried our best against Warsaw and E.R., and maybe "we shoulda won." But we won the big ones. We rolled over Madison and East with more ease than expected; and when the biggest match came, so did McQuaid. The super fan support helped us dominate the baby blue of Bishop Kearney. That victory was ever so sweet.

It was a season which saw two McQuaid grapplers, Rich Salamone and John Smallridge, become Section 5 champions. They furthered the McQuaid name in the state championships, with John placing fourth while Rich became the first McQuaid athlete to win a New York State championship. Pete "the bear" Springer, Jeff O'Hara, and an old football veteran, Craig Kennedy, also turned in some quality performances. We will miss the wrestling class of '76 but wrestlers will move up the ranks to replace them.

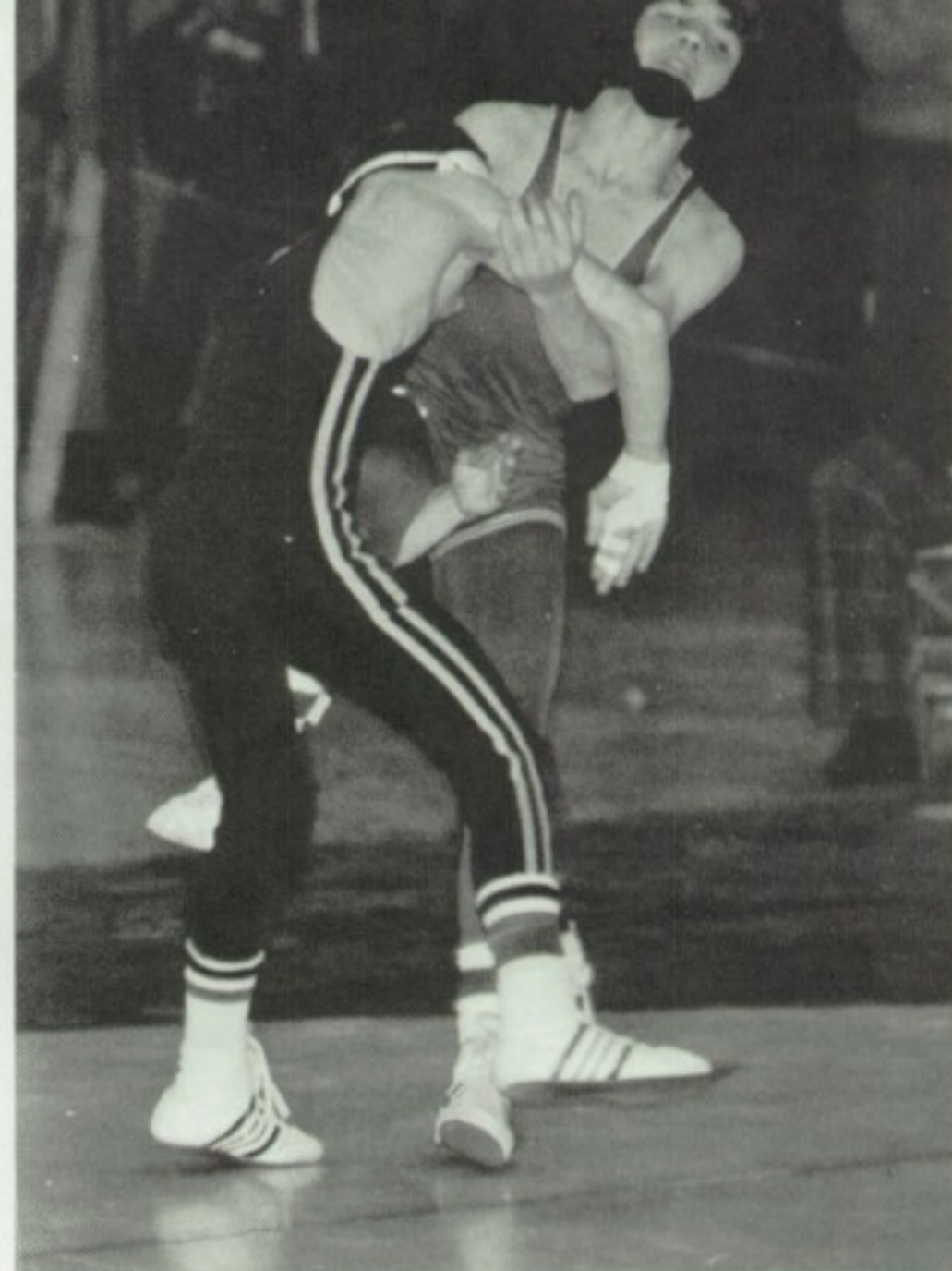
Oh yeah, McQuaid was again the City-Catholic Champion for the '75-'76 season. With the annual dedication of such an outstanding coach, the hard work of the wrestlers, and the terrific fan support McQuaid has possessed in recent years, this distinguished honor has almost become routine.





Varsity

Back row: Coach Roselli, Peter Springer, John Comerford, Kevin Bader, Dennis Adsit, Jeff O'Hara, Craig Kennedy, Mr. Jones. Front row: Tim Jones, Steven Nally, John Smallridge, Paul Nesser, Richard Salamone, Mike Morone.



J.V. and Frosh

Back row: Phil Lanzitello, Mark Andrews, Vince Biamante, James Carl, Pete Hill, John McGuire. Middle row: Mark Panetta, Welling Lifka, Steve Desino, Tom Bayer, Richard Reidman, Mike Green. Front row: George Moore, Joe Paris, Ralph Viola, Kevin Casy, John Scott, Robert Starkweather.