'Matmen' Open Season Dec. 6



Jeff Kier

The largest turnout in years came out for Coach Don Quinn's wrestling team last week following the end of the football season, and almost all members of the grid eleven continued their sports activity under the popular Quinn doctrine of hard work and sound results. The list of wrestlers numbered 57 and included only six seniors, nine juniors, 21 sophomores and the same number of freshmen.

From first practices a week ago, until the first match of the season on Saturday night, Dec. 6 against Brighton, the sessions held in the High School "pit" will mean an endurance test of "sweat and sweat and more sweat." Those that last will be the "guts" of the team. That means those in the 98 pound class and the bigger boys that hit the scales at the 200 or better mark.

The Bombers have been a

Monroe County power ever since wrestling became a major school sport and no one is more responsible for the huge success of wrestling in area schools than Don Quinn. He has had two state champions from Timmy Gay five years ago and Richard McPhee two years ago.

This year's Bomber team has all the earmarks of another crack club. Returning are seniors John Antonelli and Bob Steinruck along with Jeff VanThof. Antonelli was sidelined last year by illness and will scrap in the 155 lb. class. That's 20 pounds less than his top football weight the past season. Other senior members of the squad are Phil Pizzingrilli, listed at 250 pounds and a likely contender this season in the unlimited weight division.

VanThof is a 155 pounder while Steinruck is best at 145. Charles Prong is at 132 and Martin Morey at 177. The Juniors have their best matmen in 167 pounder Andy Brien and 112 pounder Mark Morabito, members of last season's team. Other 3rd year aspirants are Jack Conners, John Gueli, Tom Rosati, Bob Petrone, Frank Rotunda, John Barber and Rocco Abbruzzese.

The sophomore talent ranges anywhere from one of last year's glittering sophomores, Jeff Kier back at 98 pounds and a sure shot to be one of the county's top matmen in that division, a host of talent in almost every class. They are Dave Yacona, Nick Rosati, Bob Marianetti.

Robbie Robinson, Mick McAuliff, Doug Spinder, Joe Marcoccia, Dave Prong, T. J. DellaPietra, Mark Spade, Rick Consaul, Dave Vella, Al Dianetti, Dan Vieria, Joe Baldo, Steve Dorofy, Nick DiNicola, Tim Henley, Ron Griffith and Peter Leeper.

The freshman turnout indicates that wrestling will continue to thrive at East Rochester High. The weights range from 105 pounds for Mike Brien, (he's Andy Brien's little brother), to Rick Sidor's and John Zito's 167 pounds. The list includes Paul Wagner, Bruce Kier, Billy Sayles, Dave Burrutto, Rick Reid, Steve Nacarella, Greg Bonacchi, Dennis Essom.



Mark Morabito

Mike Castro, Peter Sorge, Tom Michelalis, Leon Goodman, Jeff Venette, Kevin Kronenberger, Steve Ash, Mike Mowson, Dave Bussey and Ted Griswold.

'Matmen' Open Season Dec. 6. Copyright 1975-76 season by East Rochester Post-Herald. Reproduced by armdrag.com with permission.