

NY – USA Wrestling Junior & Cadet State Championships

Sponsored by:



Broome Community College

May 7 - 9, 2010



**New York - USA Wrestling
State Championships
May 7 – 9, 2010**

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ASSUMPTION OF RISK, WAIVER & RELEASE OF LIABILITY

IN CONSIDERATION FOR the opportunity to participate in the EVENT described below, PARTICIPANT acknowledges, agrees and affirms the following:

1. The following words used in this document will have the meaning indicated:
 - A. "EVENT" shall mean the ***New York - USA Wrestling State Championships***
 - B. "USAW" shall mean The United States of America Wrestling Association, Inc., d/b/a USA Wrestling, Inc., and its directors, officers, members, employees, officials, committees, clubs, affiliates, agents and their successors and assigns.
 - C. "EVENT ORGANIZER" shall mean a club, local organizing committee or any other person or entity responsible for hosting, conducting and/or sponsoring the EVENT, including any director, officer, member, employee, official, committee or agent thereof and their successors and assigns.
 - D. "PARTICIPANTS" shall mean the undersigned individual who competes or is involved in the EVENT and his/her parents, legal guardians, their personal representatives and their successors and assigns.
 - E. "PERSONAL INJURY" shall mean and include any bodily injury; permanent, temporary, total or partial disability; paralysis; dismemberment; or death.
 - F. "PROPERTY DAMAGE" shall mean and include damage or destruction to PARTICIPANT'S gear, equipment and all other personal property or belongings.
 - G. "MEDICAL TREATMENT" shall mean and include all emergency medical treatment, medical procedures, hospitalization or other care rendered to PARTICIPANT in connection with or resulting from his/her participation in the EVENT.
 - H. "LOSS" shall mean and include any and all liabilities, losses, damages and claims (including reasonable costs and attorneys' fees), which are suffered or result directly or indirectly from PERSONAL INJURY, PROPERTY DAMAGE and/or MEDICAL TREATMENT to PARTICIPANT, or others, and which are incurred during or in the course of PARTICIPANT'S preparation for, participation and involvement in, and travel to or from the EVENT or the conduct and management of the EVENT.
2. By issuing a sanction for the EVENT, USAW is not responsible or liable for the management or conduct of the EVENT, unless USAW has otherwise expressly agreed in writing to serve in such role.
3. PARTICIPANT understands and appreciates the risks of serious injury that may occur in the sport of wrestling or in the course of preparing for, participating in and traveling to or from the EVENT, and that such activities may involve risks, including PERSONAL INJURY.
4. PARTICIPANT knowingly and voluntarily assumes all risks of LOSS and all legal and financial responsibility therefore.
5. PARTICIPANT releases, waives any claims and promises not to sue the EVENT ORGANIZER and/or USAW with respect to any LOSS incurred during or in connection with his/her participation in the EVENT, any activities associated with the EVENT and the conduct and management of the EVENT (including as may result from the negligence of the EVENT ORGANIZER), except any LOSS which is the result of gross negligence and/or willful or wanton misconduct by the EVENT ORGANIZER. PARTICIPANT further agrees to hold harmless and indemnify the EVENT ORGANIZER and/or USAW from any claims brought against the EVENT ORGANIZER and/or USAW resting from, arising out of or in any way associated with any LOSS.
6. Prior to participating in the EVENT, PARTICIPANT shall have the right to inspect the facilities and equipment to be used and, if PARTICIPANT discovers any condition which he/she ***reasonably*** believes to be unsafe, PARTICIPANT will immediately advise PARTICIPANT'S coach, supervisor or EVENT officials of such condition and will not participate in the EVENT so long as such condition exists.

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**BY SIGNING THIS DOCUMENT, PARTICIPANT ACKNOWLEDGES HAVING READ AND UNDERSTOOD ITS
MEANING AND CONTENTS.**

Print name of PARTICIPANT

Signature of PARTICIPANT

Date

Signature of Parent or Guardian
(If PARTICIPANT is under 18 years old)

Date

**NEW YORK - USA WRESTLING STATE CHAMPIONSHIPS
Cadet & Junior * Freestyle & Greco**

Friday, May 7, 2010

1:00 pm – 2:00 pm	Junior FS Registration / Weigh-in Cadet GR Registration / Weigh-in
2:00 pm – 3:00 pm	Pairing Clinic
1:00 pm – 5:00 pm	Junior FS Tournament Set-up Cadet GR Tournament Set-up
4:00 pm – 5:00 pm	Coaches Meeting
5:00 pm – 5:45 pm	Mat Officials Clinic
5:30 pm – 5:45 pm	FS Rules Clinic for Athletes & Coaches GR Rules Clinic for Athletes & Coaches
6:00 pm – 10:00 pm	Junior FS Preliminaries Cadet GR Preliminaries
6:00 pm – 8:00 pm	Senior Registration and Weigh In

Saturday, May 8, 2010

9:00 am – 12:00 pm	Junior FS Prelims thru Pool Finals Cadet GR Prelims thru Pool Finals
9:00 am to Conclusion	Senior Preliminaries thru Finals
12:00 pm – 1:00 pm	Junior GR Registration/Weigh-in if not wrestling FS Cadet FS Registration/Weigh-in if not wrestling GR
1:00 pm to Conclusion	Junior FS Medal Rounds Cadet GR Medal Rounds
12:00 pm – 3:30 pm	Junior GR Tournament Set-up Cadet FS Tournament Set-up
3:30 pm – 4:30 pm	Meeting of Mat Officials Elections - Mat and Pairing Officials
4:30 pm – 4:45 pm	Rules Clinic for Athletes & Coaches
5:00 pm – 9:00 pm	Cadet FS Preliminaries Junior GR Preliminaries

Sunday, May 9, 2010

8:00 am to Conclusion	Junior GR Preliminaries to Finals Cadet FS Preliminaries to Finals
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The tournament committee reserves the right to make changes in the above schedule prior to the end of each session by announcement and by posting the change at the wall chart.

For more information on the Greater Binghamton area call (800) 836-6740 or VisitBinghamton.org.
Come experience why we are Better Than Ever!



PRE-REGISTER @ www.trackwrestling.com

HOTEL RATE INFORMATION

NY – USA Wrestling Junior/Cadet State Tournament

May 7 – 9, 2010

<i>Hotel</i>	<i>Double</i>	<i>Triple</i>	<i>Quad</i>	<i>Cots</i>	<i>Amenities</i>	<i>Distance</i>
Binghamton Regency 722-7575 1 Sarbro Square Binghamton, NY 13901 www.bingregency.com	\$87.00	\$97.00	\$107.00	\$15.00	Free continental breakfast, high speed internet & wireless, indoor pool, restaurant on premises.	3 Miles
Comfort Inn 724-3297 1000 Front Street Binghamton, NY 13905 www.choicehotels.com/hotel/ny302	\$89.00	\$89.00	\$89.00	\$10.00	Free deluxe continental breakfast, fitness facility, outdoor pool & picnic area, free wireless internet.	½ Mile
Comfort Suites 766-0600 3401 Vestal Parkway East Vestal, NY 13850 www.comfortsuites.com	\$89.95	\$89.95	\$89.95	Complimentary	Free hot breakfast, heated indoor pool, fitness facility, high speed wireless internet.	10 Miles
Hampton Inn & Suites 797-5000 3708 Vestal Parkway East Vestal, NY 13850 http://www.hampton-inn.com	\$109.00 Standard	\$109.00 Standard	\$139.00 Suite	\$10.00	Free hot breakfast, indoor pool, fitness facility, high speed internet & wireless, complimentary shuttle.	10 Miles
Holiday Inn Arena 722-1212 2-8 Hawley Street Binghamton, NY 13901 www.holidayinnbinghamton.com	\$99.00	\$99.00	\$99.00	\$15.00	Indoor pool, fitness facility, high speed wireless internet, full service restaurant & lounge, room service.	2 Miles
Holiday Inn Express Hotel & Suites 348-0088 3615 Vestal Parkway East Vestal, NY 13850 www.hiexpress.com/binghamton	\$109.95	\$109.95	\$109.95	\$10.00	Free hot & cold breakfast bar, high speed internet & wireless, indoor pool & fitness center. 1 comp room for every 15 booked	8 Miles
Howard Johnson Express 729-6181 3601 Vestal Parkway East Vestal, NY 13850 www.howardjohnson.com	\$89.95	\$94.95	\$99.95	\$10.00	Free deluxe continental breakfast, private balconies, wireless internet.	10 Miles
Howard Johnson Inn & Suites 722-5353 1156 Front Street Binghamton, NY 13905	\$83.00	\$88.00	\$93.00	\$10.00	Free continental breakfast, pizza and cookies & milk in the evening, wireless internet.	1 Mile
Knights Inn 754-8020 2603 East Main Street, Endwell www.kingsinnendicott.com	\$55.00	\$60.00	\$65.00	\$10.00	Free continental breakfast, indoor pool, sauna, exercise room, wireless internet.	7 Miles
Motel 6 771-0400 1012 Upper Front Street Binghamton, NY 13905	\$45.99	\$48.99	\$51.99	N/A	Free local calls, morning coffee, restaurants within walking distance.	½ Mile
Quality Inn & Suites 729-6371 4105 Vestal Parkway East Vestal, NY 13850 www.choicehotels.com	\$84.95	\$84.95	\$84.95	\$15.00	Free deluxe hot breakfast, full service restaurant, fitness facility, high speed internet & wireless.	3 Miles
Red Roof Inn 729-8940 590 Fairview Street Johnson City, NY 13790 www.redroof.com	\$62.99	\$62.99	\$62.99	N/A	Newly renovated, fitness facility, high speed internet & wireless, adjacent to Oakdale Mall and restaurants. No cots	8 Miles
Super 8 Motel 773-8111 650 Old Front Street Binghamton, NY 13905 www.super8.com	\$72.00	\$77.00	\$82.00	\$10.00	Free breakfast buffet, free high speed internet, free gym, free use of computer.	1 Mile

NOTE: All prices subject to 13% Sales tax

All phone numbers are area code 607

1. **EVENT DIRECTORS:**

Junior Director: Rick Gumble, 38 Patch Road, Binghamton, NY 13901	(607) 648-7536
Cadet Director: Bob Neamon, 2437 Broadway Road, Darien, NY 14040	(585) 547-9221
Senior Director: Don Murray, 175 Erie Street, Brockport, NY 14420	(585) 737-7882
State Chairman: Lou Lombardo, 120 Dove Tree Lane, Rochester, NY 14626	(585) 313-8503

2. **ELIGIBILITY:** All contestants must present proof of current USA Wrestling membership at registration. Membership cards must be acquired from the Section Chairperson or State Membership Director. Secondary sports accident insurance is provided as a benefit of membership.

A wrestler must have qualified in a competitive event conducted in NYS under the sanction of NY-USA Wrestling which is to be validated by his Sectional Chairperson.

Cadets:
Only wrestlers born in 1994 or 1995 are eligible.
Weights (pounds): 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, & 275 (215 minimum)

Juniors:
Only wrestlers born on September 1, 1990 or later and who were enrolled in grades 9-12 during the spring 2010 semester are eligible. No wrestler who was enrolled in grade 8 during the spring 2010 semester will be allowed to enter, and if any such wrestler should enter or compete, he will be penalized by forfeiting his eligibility in the next year's event in both styles.
Weights (pounds): 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, & 275 (215 minimum)

Senior: Born 1990 or before 1991-1992 with medical certificate.
Weights (pounds) 121.25, 132.25, 145.5, 163, 185, 211.5, 264.5

3. **ENTRY:** The attached OFFICIAL ENTRY BLANK (both sides) must be accurately completed. The \$25 entry fee (per style), or \$40.00 for both, along with the completed OFFICIAL ENTRY BLANK must be filed at registration. Please make checks payable to "**New York - USA Wrestling.**"

4. **INDIVIDUAL AWARDS:** Cadet/Junior top 6 place winners, Senior top 3 in each weight class will receive specially designed awards. The Gregorian Award will be given for the most pins in the least amount of time, in Cadet/Junior and in both styles.

5. **RULES:** The rules of the F.I.L.A., with current USA Wrestling modifications where applicable, will govern the event and the competition.

6. **UNIFORMS:** Red and blue singlets, or reversible red/blue singlet with briefs, handkerchief, solid white socks, and wrestling shoes are required. The use of headgear is permitted and encouraged.

7. **PAIRINGS:** Draw numbers by contestants at weigh-in with separation by section. The pool system will be used for all weight classes with 6 or more entrants.

8. **INJURIES:** In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.

9. **COACHING:** Floor pass will be required to be on the floor and coach. ONLY coaches with a USA Wrestling Coach's membership card and a USAW Bronze certification may purchase a floor pass for the weekend. Coach's Membership cards can be obtained at: www.themat.com along with a background check.

10. **SKIN CHECKS:** Rashes of any kind may disqualify a wrestler without a currently dated note (within 5 days) from a physician describing the location and type of any rash, treatment and stating that it is not contagious through contact. The Chief Medical Officer has full authority, without appeal, in determining the eligibility of an athlete to compete.

11. **CADET & JUNIOR SCHOLARSHIP AWARDS:** The Mary Ann Lange Award for outstanding Freestyle Wrestler and the Jules D'Agostino Award for outstanding Greco-Roman Wrestler. (Approximately \$300 Scholarship for trip to the Nationals).

12. **CADET/JUNIOR NATIONAL TEAMS:** Top 3 place winners in both styles at each weight class automatically qualify. Other spots on the team may be open. A **mandatory \$400 deposit must be made following the Freestyle or Greco-Roman competition** to secure a place on the team.

13. **QUALIFYING WEIGHT CLASSES:** Juniors may move up or down from the weight wrestled in the qualifying tournament. Cadets may not wrestle at a weight lower than the weight they qualified at.

14. **WEIGH-INS:** An athlete competing in both styles of the Cadet or Junior Divisions will weigh in only once for both events. This is contingent on the athlete actively competing in the first wrestling style selected. **(This rule may be modified. Contestants should check with their Sectional representatives prior to registering for this event.)**

WEIGHT CUTTING: The use of hot rooms, hot showers, hot boxes, saunas, steam rooms, heating devices, diuretics and laxatives for rapid weight reduction purposes is prohibited for all USA Wrestling events. The use of vapor-impermeable clothing (i.e., plastic sweats) for the specific purpose of rapid weight reduction is prohibited. Any method that raises the athlete's body temperature for the specific purpose of rapid weight reduction is prohibited.

Violation of these rules at USAW sanctioned events shall cause the individual(s) in question to be suspended from the competition. The Tournament Committee for the specific event will address each case. The decision of the tournament committee shall be final.

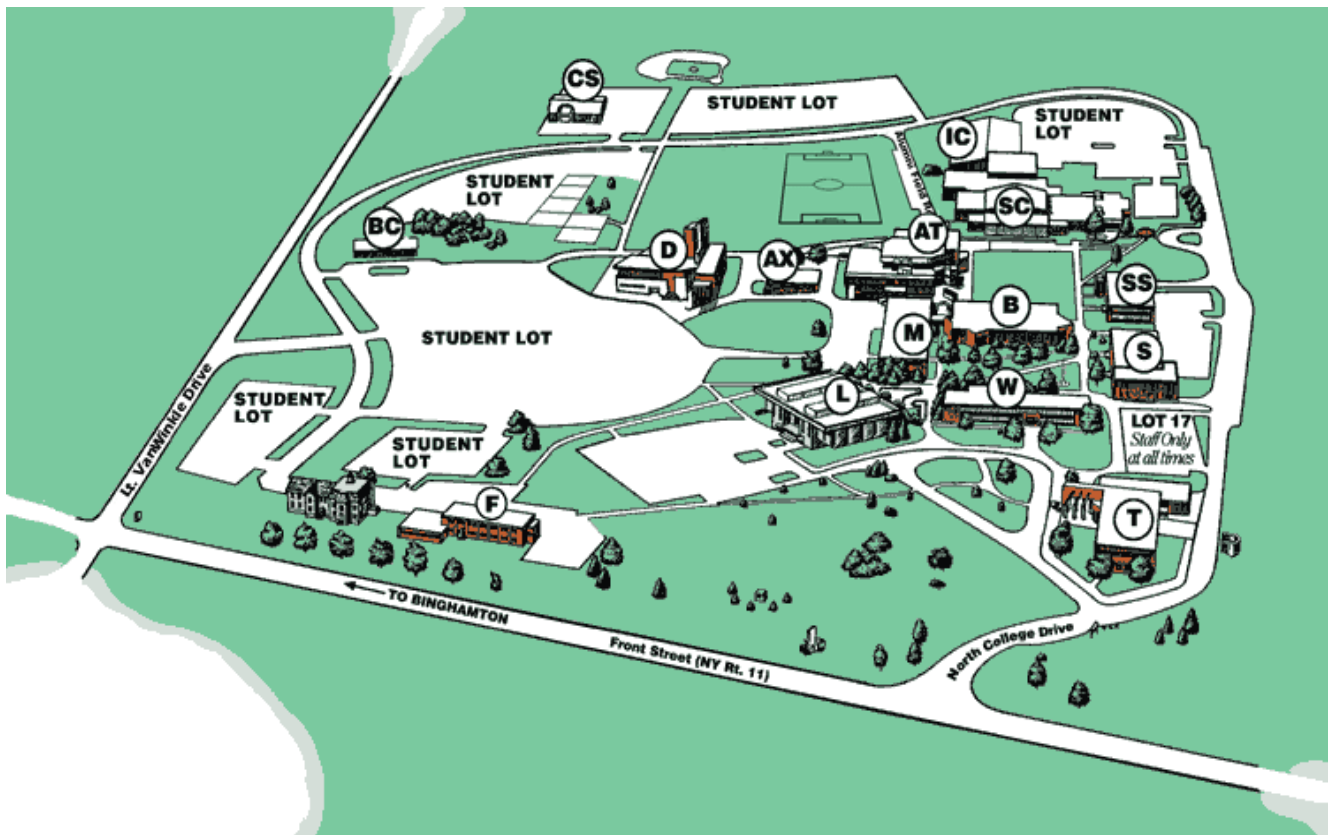
A second violation will result in the suspension of the individual(s) from any USAW sanctioned event/activities for one calendar year from the time of suspension.

Any individual assisting an athlete in prohibited weight reduction practices shall be held to the same rules and penalties as athletes, which are listed above.

** Complete rule is printed in the current USAW Rulebook and posted at weigh-in.*



BROOME COMMUNITY COLLEGE



Directions to Broome Community College & Accommodations

LEGEND:

A – Binghamton Regency

B – Comfort Inn

C – Comfort Suites

D – Hampton Inn & Suites

E – Holiday Inn Arena

F – Holiday Inn Express Hotel & Suites

G – Howard Johnson Express

H – Howard Johnson Inn & Suites

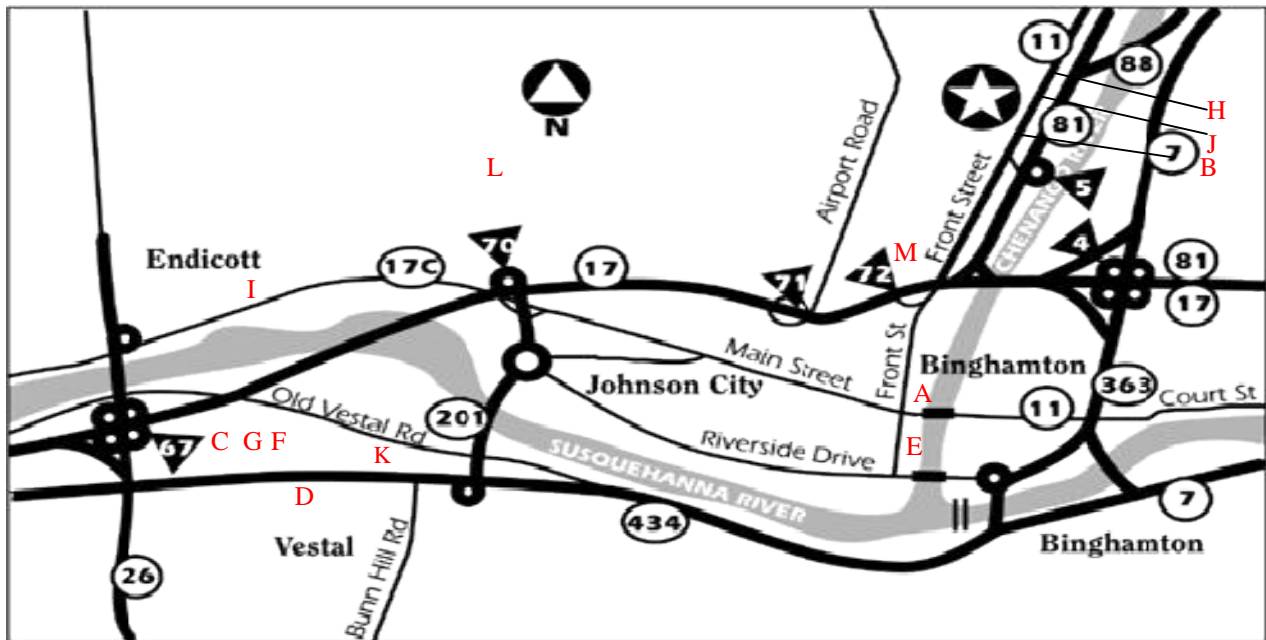
I – Knights Inn (formerly Kings Inn)

J – Motel 6

K – Quality Inn & Suites

L – Red Roof Inn

M – Super 8 Front Street



**DIRECTIONS TO
BROOME COMMUNITY COLLEGE
ICE RINK**



From east of Binghamton (Approximately 2 ½ hours from Albany):
Take I-88 West to I-81 South to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.

From west of Binghamton (Approximately 3 hours from Rochester; 4 ½ hours from Buffalo):
Follow Route 17 East to Interstate 81 North to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.

From north of Binghamton (Approximately 1 ½ hours from Syracuse):
Take I-81 South to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.

From south of Binghamton (Approximately 1 ½ hours from Scranton):
Take I-81 North to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.