



NY-USA Wrestling Northwestern Super Regional

EVENT DATE: Sunday, February 23rd, 2020

TOURNAMENT LOCATION: Cattaraugus Community Center 12767 NY-438, Irving, NY 14081

Online Registration ONLY (instructions below): open to ALL NY State Wrestlers

Entry fee - Current USAW members \$35.00 plus \$2.00 online processing fee (\$37.00 total).

Non-USAW members can pay \$5 extra for a 1-day pass within registration (\$42.00 total). **NO**

REFUNDS.

- Wrestlers can attend whichever of the 3 NY-USA Regionals they are closest to.
- USAW membership can be purchased @ www.usawmembership.com and is \$15/year (9/2019 - 8/2020) for limited folkstyle

Registration Deadline: February 22, 2020 @ 6:00pm

SCHEDULE - SUNDAY, FEBRUARY 23RD

MORNING SESSION: 8/U & 12/U

- **WEIGH-INS:** 7:30am – 8:30am. Wrestling starts at 9:30am

AFTERNOON SESSION: 10/U & 14/U

- **WEIGH-INS:** 11:00am – 12:00pm. Wrestling starts at 1:00pm
 - All participants must wear singlet or shorts at weigh-ins
- Top 4 wrestlers in each weight will be given awards.
- **True second** place will be awarded (information below).
- Top 2 place winners qualify for the **2020 NY-USAW Youth State Championships at Johnson City High School** on March 8, 2020.
 - Note: contestants who qualify for states, must wrestle at the weight they qualify for.
- **“State Finalist”** T-shirts provided to wrestlers at the *State Championships* on March 8, 2020.
- **Registration deadline for all state qualifiers will be Friday February 28th 11:59PM.** After deadline, the 3rd or 4th place finisher will be notified via email for the opportunity to register (if there are spots available).

Age Group	Weight Classes	Match Length
8U (BANTAM) Born 2012-2013	43, 45, 49, 53, 56, 62, 70, 85	Champ & Consolations: 3 one-minute periods
10U (INTERMEDIATE) Born 2010-2011	49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105,120	Champ & Consolations: 3 one-minute periods
12U (NOVICE) Born 2008-2009	58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160	Champ: 1- 1½ - 1½ min Consolations: 3 one-minute periods
14U (SCHOOLBOY) Born 2006-2007	71, 77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250	Champ: 1- 1½ - 1½ min Consolations: 3 one-minute periods

Questions or concerns, please contact Joe Yoder

Phone: (716)-930-6482

Email: joeyoder79@gmail.com

Additional Information

- **Event Fees:** \$5 adults \$3 children (\$15 max per family)
- Concessions will be open all day
- **Weight Classes** - wrestlers will be allowed to move up in weight if over the registered weight class. If wrestler qualifies for the NY-USAW Folkstyle State Championships they MUST wrestle at the same weight class as the one they wrestled at their Regional Qualifier
- **Weigh-Ins and Skin Check** - once wrestlers enter the weigh-in area, they will not be allowed to leave. A check scale will be provided in the weigh-in area. Any **suspect skin conditions** must be accompanied by a doctor's form. Head Official and/or Tournament Director have final say if wrestler will be allowed to participate. Cannot be disputed - the safety of ALL participants comes FIRST!
- **Birth Certificates** – copy of birth certificate must be presented if a participants' age is questioned.
- **Bracketing**
 - 1st level of separation will be club/team, 2nd level of separation will be by section
- **True Second** – All wrestlers who finish 3rd will automatically be bracketed with 2nd place finisher if they have not met in the earlier rounds.
- **Headgear is mandatory** – this is an official USA Wrestling rule for ALL wrestlers 14 years of age and under
- No team scoring
- **Coaches Pass**
 - USA Wrestling Leader: \$20 for Coach's Pass; Copper Level and above free admission and free coach's pass
*To Coach at the NY-USAW State Tournament coaches MUST have Copper Level certification or above
 - No person will be allowed to coach mat side without a **USA Wrestling** card. **NO EXCEPTIONS!**
 - can take up to 2 weeks to clear background check and obtain USAW Leader membership - apply early!

Note 1: Overtime will follow current High School Rules. The first Overtime period will be 1 minute starting in the neutral position winner goes to the 1st point scored. If necessary (2) :30 second periods where each wrestler gets a chance on top/bottom – both 30 second periods will be wrestled regardless of points scored unless one wrestler wins by pin. If necessary (1) :30 second ultimate ride out and winner goes to 1st point scored, choice determined by 1st point scored during the first 3 regulation periods or disk flip if no points were scored.

Note 2: Age group is determined by Year of Birth, not age on the day of event

Each wrestler may have a maximum of two USA Wrestling Certified Coaches holding a current USA Wrestling Coaching Card at mat side. No parents will be allowed mat side unless they meet the above coaching criteria. Coaches must remain in the corner at all times and High School rules governing interaction between coaches and officials will be strictly enforced. No exceptions. Anyone not abiding by these rules will be ejected from the event.

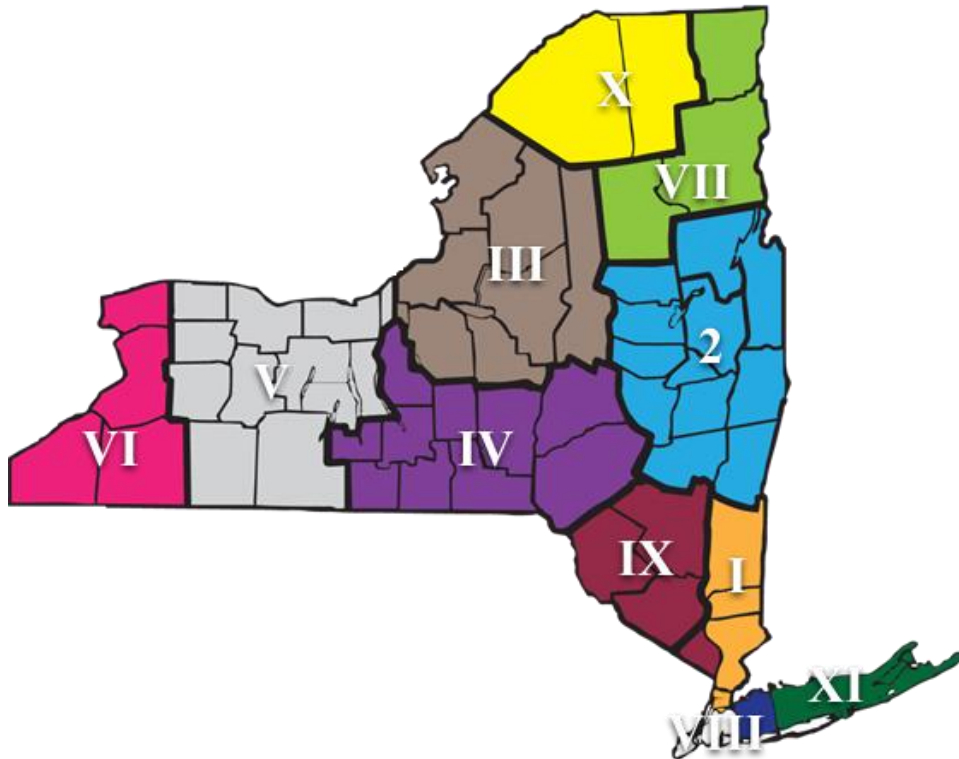
Online Registration at www.trackwrestling.com

Direct link: copy and paste in your web browser

<https://www.trackwrestling.com/tw/opentournaments/VerifyPassword.jsp?tournamentId=554119132>

OR:

1. Open a web browser and go to <http://www.trackwrestling.com>
2. Select Events
3. Select the “Search Events” button
4. In the Event Name field, type in “2020 NY-USAW” and select Search
5. Select the **Pre-register** link to the right of the “2020 NY-USAW NW Super Regional” event
6. To purchase the 1-day USAW pass leave the field blank when asked to enter USA ID and select the 1-day pass for \$5 at the time of checkout
7. Select which section your school district is in. See the map below, if you’re not sure ask your club coach
8. ANY skin condition **MUST** have the attached form presented at time of weigh-ins for review – Head official and/or Tournament director reserve right to refuse participation to any wrestler due to a skin condition.



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WRESTLING COMMUNICABLE SKIN DISEASE FORM - **For use during 2019-2020 Season** NYS HEALTH CARE PROVIDER RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION



Any student diagnosed with a contagious skin infection must report to the school health office prior to resuming participation. A copy of this form must be provided to the school nurse/medical director upon return to school and filed in the student's cumulative health record.

Name: _____

Date of Exam: ____ / ____ / ____

School: _____

Mark Location AND Number of Lesion(s)

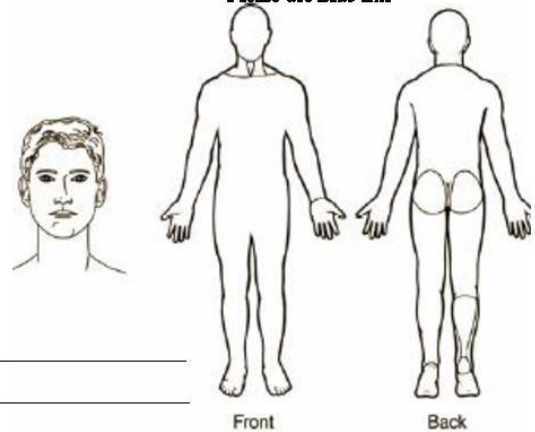
Diagnosis _____

Please use Blue Ink

Location AND Number of Lesion(s) _____

Medication(s) used to treat lesion(s): _____

Date Treatment Started: ____ / ____ / ____ Time: _____



Note: By signing below, the NYS Health Care Provider is stating that the diagnosed lesion(s) is either:

Please make sure one of the two lines below is checked.

____ NOT contagious and may return to full participation.

____ NO LONGER contagious and may return to full participation.

NYS Health Care Provider Signature _____ Date: _____

NYS Health Care Provider Name (Printed or Typed) _____

Office Address _____

Office Phone Number: _____

For NYS PHSA member schools an appropriate health care provider is defined as a NYS licensed physician, physician assistant, or nurse practitioner.

Note to Physician, Physician Assistant, Nurse Practitioner: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3, 4-2-4 and 4-2-5 which states:

"ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from an appropriate health-care professional stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated, on-site meet appropriate health-care professional is present and is able to examine the wrestler either immediately prior to or immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."

"ART. 4 . . . If a designated on-site meet appropriate health-care professional is present, he/she may overrule the diagnosis of the appropriate health-care professional signing the medical release form for a wrestler to participate or not participate with a particular skin condition."

"ART. 5 . . . A contestant may have documentation from an appropriate health-care professional only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."

Once a lesion is non-contagious, it may be covered to allow participation.

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling:

Bacterial Diseases (impetigo, boils): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for **72 hours** is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding **72 hours**. For a first episode of Herpes Gladiatorum, wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment **before return to wrestling** should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

Tinea Lesions (ringworm on scalp or skin): Oral or topical treatment for 72 hours on skin and oral treatment 14 days on scalp.

Scabies, Head Lice: 24 hours after appropriate topical management.

Bacterial Conjunctivitis (Pink Eye): 24 hours of topical or oral medication and no discharge

Molluscum Contagiosum: Upon treatment with curettage and hyfrecator, may cover with bioclusive and wrestle immediately.