2020 FAR WESTERN REGIONAL

When: February 22nd, 2020. Session 1: D1 - D5 starts @ 9:00am. Session 2: D6 - D10 starts @ 1:30pm

Where: Attica High School 3338 E Main St. Attica New York 14011

Weigh-ins: D1 - D5 7:30 - 8:30am. D6 - D10 11:30 - 12:30pm. Skin checks at weigh-ins by NYS officials

Night before Satellite weigh-in locations TDA

Registration: \$25 and limited to current NYWAY Members. No day passes available. Online Registration only - closes 8pm on Thursday February 20th, 2020. NYWAY Memberships can be purchase - www.nyway.org

Regional Tournament registration- https://nyway.sportngin.com/register/form/607070661

Admission: \$3 for Adults, \$1 for children over the age of 6. 5 under are FREE.

Awards: Top 4 in each weight class will receive ALL Regional Certificates and Medals. Champions will

receive a Regional Championship Hoodie

Director: Adam Burgos-- Contact via email- nywaypresident@gmail.com

NYWAY Regional Divisions & Weights on 6 full mats:

D1 (2014): 38, 41, 45, 50, 56, HWT (Max 65)

D2 (2013): 41, 44, 47, 50, 54, 58, 63, 68, HWT (Max 78)

D3 (2012): 44, 47, 50, 53, 57, 61, 65, 70, 76, 82, HWT (Max 94)

D4 (2011): 50, 53, 56, 59, 63, 67, 71, 75, 80, 86, 93, 101, HWT (Max 115)

D5 (2010): 54, 58, 62, 66, 70, 75, 80, 86, 94, 102, 112, 122, HWT (Max 140)

D6 (2009): 58, 62, 66, 70, 74, 78, 83, 88, 94, 102, 112, 122, 134, HWT (Max 155)

D7 (2008): 65, 70, 75, 80, 85, 90, 96, 102, 110, 120, 130, 142, 155, HWT (Max 175)

D8 (2007): 70, 75, 81, 87, 93, 99, 106, 113, 120, 128, 136, 145, 155, 170, HWT (Max 195)

D9 (2006): 81, 87, 93, 99, 106, 113, 120, 128, 136, 145, 155, 170, 188, 210, HWT (Max 245)

D10 (2005/2001): 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, HWT (Max 285)

Exemptions - All wrestlers with three varsity matches (forfeits do not count) automatically qualify for the NYWAY State Championships but are highly encouraged to participate in the Regionals. 7th and 8th graders who are varsity wrestlers are also exempt from the regionals *if* they are wrestling in the D10 division. Top 6 place finishers at NYSPHSAA High School State Championships, regardless of grade, will need to compete in the D10 division. All 2001 born wrestlers must still be in high school. NO double bracketing.

TO BE MAT-SIDE YOU MUST HAVE PRESENTED YOUR SAFE SPORT TRAINING CARD AT ADMISSIONS TO RECEIVE YOUR WRIST BAND

2020 Regional Rules:

- ✓ All divisions are determined by birth year.
- ✓ Open to all Girls. Girls must qualify to compete in boy's division at NYWAY State Championships. All girls auto qualify for Girls only division at the NYWAY State Championships.
- ✓ Modified NYS High School Rules with NYS Certified Referees
- ✓ NFHS overtime rules apply to D8, D9 & D10 only. Headgear are mandatory as well as mouth guard for those with braces.
- ✓ Period lengths Divisions 1-7 (1-1-1) Overtime 1 min then 0:30 seconds sudden victory. D8, D9, D10 (1:30, 1:30, 1:30) true HS overtime rules
- ✓ Top 4 in each weight class qualify for the NYWAY Championships on March 14th and 15th at SERC Arena @ Brockport College and MUST compete at same weight class at the NYWAY States.
- ✓ Welcome to all wrestlers who attend a school within the Far Western/Section 6 Regional boundaries
- ✓ Weight classes with 6 or fewer wrestlers will wrestle in a round robin format. Weight classes will not be combined. This is a NYWAY State Championship qualifier. Exhibitions if time allows.
- ✓ No weight allowance and must weigh in a singlet, compression gear or approved wrestling attire.
- ✓ If wrestlers do not make the weight they have registered for, then they will be entered in the next weight class up and must compete at that same weight in the NYWAY State Championships if qualified.

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