

Program Cost: \$120

Please make checks payable to **Webster Jr Titan Wrestling**

Please mail to Coach Rich Schmitt 796 Mont Blanc Dr. Webster NY 14580 or bring payment and form to first practice on Dec.3 , 2019

- **DO NOT RETURN REGISTRATION FORMS TO PARKS & REC !**
- **Family discounts – 2nd, 3rd child \$60 each**
- **Every wrestler will receive a Webster Youth Wrestling T-shirt and be able to wrestle in our tournament at a discounted price.**

Registration Form

Please return this to a Webster Wrestling Coach. **PLEASE PRINT.**

Wrestlers Name _____

Best Contact PhoneNumber _____

Parent/guardian name _____

Primary Insurance carrier _____

Policy/group Number _____

E-Mail (for updates and tournament information) _____

School _____

Grade _____

Please circle one!

T-Shirt Size

Youth: S M L

Adult: S M L XL

Method of Payment \$120 Cash _____ Check _____ **Total \$** _____

In consideration of your acceptance of my entry, I hereby release the Webster Wrestling Club, Webster Central Schools, Webster Jr .Titan Wrestling LLC and Coaches from any claims, liabilities or right for damage for any injury or losses suffered by me directly or indirectly in training for, traveling to and from and/or participating in the Webster Jr. Titan Wrestling club. I have my own primary health insurance and understand that my child must be covered by a primary health insurance policy as a requirement for participating in this wrestling club. I take responsibility for any damages done by my child at this club. No locker space. Not responsible for lost or stolen items!

Parent/Guardian Signature-**Required** _____

Webster Youth Wrestling

2019-2020



JR. TITANS

Schedule

Where: Webster Thomas Field House- Wrestling Room

Tuesday	Dec. 3	Thursday	Dec, 5	6:00-7:30
Tuesday	Dec 10	Thursday	Dec 12	6:00- 7:30
Tuesday	Dec 17	Thursday	Dec 19	6:00-7:30
<i>No Practice</i>	12/23-1/5	Happy	*****	Holidays
Tuesday	Jan. 7	Thursday	Jan.9	6:00- 7:30
Tuesday	Jan 14	Thursday	Jan 16	6:00-7:30
Tuesday	Jan 21	Thursday	Jan 23	6:00-7:30
Tuesday	Jan 28	Thursday	Jan. 30	6:00-7:30
Sunday	February 2	WEBSTER	YOUTH	TOURNAMENT
Tuesday	Feb 4	Thursday	Feb. 6	6:00-7:30
Tuesday	Feb 11	Thursday	Feb 13	6:00-730
Tuesday	Feb. 25	Thursday	Feb. 27	6:00-7:30
Tuesday	March 3	Thursday	March 5	BANQUET
OPEN MATS	WILL BE	OFFERED	WEEKLY	IN DECEMBER

*If school is closed due to weather or holiday we will **NOT** have practice on that day. This will be communicated through email and/or *TEAM APP*. Additional practices may be available during Christmas and Feb. break

Coaching Staff

Youth Coach:

Rich Schmitt- Cell- 233-8389

Youth Head Coach / JR Titan Dual Team Head Coach

coachschmitt@rochester.rr.com

Volunteer Coaches and some of our Varsity wrestlers may be present.
We can expect to have a few Special guest clinicians this season. More to come....

High School Head Coach:

Webster Thomas High School Neil Cook-Varsity Head Coach, Work 670-1059, Cell-(585)764-8328

neil_cook@websterschools.org

Our youth program is designed to introduce athletes (grades K-6) to the sport of wrestling in a structured, non-threatening and safe learning environment. Participants will learn wrestling through a variety of basic skills, activities and games designed for success!

Fun & Fundamentals

- | | |
|---|--|
| <ul style="list-style-type: none"> • Balance, Strength & Conditioning • Basic Stance & Takedowns • Top & Bottom Position • Basic Riding & Pinning | <ul style="list-style-type: none"> • Escapes & Reversals • Confidence & Sportsmanship • Safety • Wrestling games |
|---|--|

It is important for kids to work with someone of their own age, weight and experience. Please feel free to discuss with the coaches on common work out partners.

**** We will offer open mats on a floating schedule starting in December in addition to the regular schedule. This will include more technical moves for the advanced, additional practice for the beginners, and live wrestling ****

* We will scrimmage other clubs from around the area on some of our scheduled practice dates. Teams will travel to us and we may also go to their site. More information will be given as the season progresses.

Please wear **DRY** sneakers {or wrestling shoes} please change into dry shoes before entering the wrestling room, shorts and t-shirt. **NO** zippers or buckles!

There are optional tournaments for wrestlers to enter in the months of January to April. The coaches will make copies of the entry forms for all interested athletes. Many of these forms are available on armdrag.com (see calendar) Tournament costs are approx.. \$25

***** ALSO THIS YEAR*****

There will be an optional dual team for the more interested wrestlers, with designated weight classes to form a high school type roster beginning at 55lbs - 125 + lbs. including athletes from K-6 grade. There will be additional team costs, as well as traveling around Monroe County for dual meets against other schools. **Team selection is at the discretion of the coaches.** Please see coaches for more information.