



HFL Youth Wrestling Novice Tournament

- When:** Saturday, January 5th, 2019. Wrestling to begin at 10am
- Where:** HFL High School- A gym - 83 East St, Honeoye Falls, NY 14472
- Weigh-Ins:** Saturday 7-8:30am. Honor weigh ins, Groups will be set before the tournament. Please weigh your wrestlers and indicate the actual weight on the registration.
Please arrive for weight checks between 7-8:30am
- Registration:** \$25 for current NYWAY Members. \$5-day passes are available in registration. On-line Registration ONLY at www.nyway.org!
No walk-in registrations will be allowed to compete.
Registration closes on January 3rd, 2019 at 11:59pm.
NO REFUNDS. Limit first 250 Wrestlers.
- Admission:** \$3 admission for adults, children under 3 years are free.
- Divisions:** Madison style pairing will be used where wrestlers will be paired with opponents within 1 year of age and within 10% of their weight
(Novice Wrestlers Only- Wrestlers with limited tournament and practice experience will be accepted. We define novice as less than 25 refereed matches)

TOURNAMENT OPEN TO 5 YEAR OLDS THROUGH 12 YEAR OLDS

HFL Novice Tournament Rules:

- ✓ NYS Modified High School Rules with Certified Officials
- ✓ NFHS modified overtime rules. 1 min neutral followed by :30 sec ride out if necessary
- ✓ Period Length- Divisions 1,2 & 3 (1-1-1) Division 4 (1:30-1:30-1:30)
- ✓ Awards for top 3 place finishers

Tournament Directors:

Scott Winseman- (585)415-8395 swinseman@apluscleaning.com