



# Wilferth, Shove Capture “Bear” Titles

By Michael Tellier

(1/3/09) ROCHESTER—Irondequoit High School hosted its annual Art “Bear” Connorton Invitational Wrestling Tournament on Saturday, January 2nd. North Rose-Wolcott was among the twenty teams that attended.

After suffering a huge loss to Wayne Central, 64-10, the Cougars needed to reverse their fortunes and place high in the tournament. NR-W ultimately achieved this with a second place finish, trailing tournament champion South Seneca by 23 points.

Greg Shove and Roy Wilferth were NR-W's only two first place finishers. Greg Shove breezed through the 130 pound weight class scoring a technical fall and two pin falls including his finals match against South Seneca's Cody Ripa, in which he scored a fall at 1:42.

"Finishing in first place was great. I have worked a lot on my shots this year, and I can see the mass improvement in my neutral game," said Shove.

Roy Wilferth also had an impressive day. He scored two straight falls leading into the finals where he wrestled Dylan Kaminski from Greece Athena. Against Kaminski, Wilferth equaled his previous two feats with another fall, this time at 3:32.

"So far I am really happy with how the year

is going. My goal in the off season was to improve my neutral game, and I think that I have done that. But I still have to work on my ground game and improve my breakdowns if I want to win Sectionals and also win Super Sectionals because that's what I want most," said Wilferth.

Colton Dalberth was Marion's lone champion and highest contributor to their sixth place finish. Dalberth wrestled Tyler Aldinger from Alexander in the finals at 112 pounds. After several seconds of the two scrambling trying to get the upper hand, Dalberth hit an arm drag and secured the first takedown. However, on the way down Dalberth was hit on the nose and began to bleed. After taking injury time to stop the bleeding a refocus, Dalberth came back strong and scored a pin 29 seconds into the second period. He was later named one of the tournament's two Outstanding Wrestlers.

South Seneca had five champions on the day and scored 198.5 points to secure themselves as team champions. Ian and Hayden Wagner captured tournament titles at the 135 and 152-pound weight classes. 160-pounder Matt Wyckoff also captured a first place finish for South Seneca and was voted the other tournament Outstanding Wrestler. □