## Pal-Mac Youth Pin-to-Win Wrestling Tournament Sunday, January 10, 2010 Palmyra-Macedon Central High School 151 Hyde Parkway, Palmyra, NY

Walk-in Registration: Ages 5-10: 7:30 to 9:00 am Wrestling begins approximately 10:00 am

Ages 11-14: 7:30 – 11:00 am Wrestling begins approximately 1:00 pm

NO JV OR VARSITY EXPERIENCE

Between weigh-in and tournament start, Pal-Mac Varsity elite wrestlers will conduct a hands-on skills clinic!

- Split Session
- ➤ All wrestlers to weigh-in at registration
- ➤ Entry fee: \$18.00 (Checks payable to Pin and Win Club), No Refunds
- Sanctioned referees when possible
- > Spectator Admission: Adults \$2.00, Students and Senior Citizens \$1.00, Under 10 Free
- ➤ Concessions Available all day
- ➤ Format: **4-man Round Robin** brackets. Matches are three 1-minute periods. Each wrestler has three matches to determine champion. Head-to-head, # of pins, technical and major decisions are primary tie-breakers. Tournament officials reserve the right to create other brackets as necessary.

Scoring system: Pin 6 points

Technical Fall 5 points Major Decision 4 points Win 3 points

- ➤ Highest cumulative point total wins (*note emphasis on pinning!*)
- ➤ Awards for all places

Questions? Call Bill Toomey at (585) 683-2643

or e-mail: <a href="mailto:mcourtne@rochester.rr.com">mcourtne@rochester.rr.com</a>, <a href="mailto:btoomey@kenrickfirst.com">btoomey@kenrickfirst.com</a> or <a href="mailto:david.pulcini@axa-advisors.com">david.pulcini@axa-advisors.com</a>

Wrestling is a high impact physical sport. I understand that my child may face physical challenges that surpass other sports. I welcome these challenges and hold harmless the coaches, volunteers, Pal-Mac School District, Palmyra Community Center and the Pin-n-Win Club. I have health insurance and assume all responsibility in the event of an injury.

Legal Guardian Signature:			
Name of wrestler (print legibly):		Age ( <u>as of 1/1</u> )	<u>/2010)</u> :
Experience: (1=beginner, 2=intermediate, 3=experienced):	Club:		
(For use by tournament officials only)			
Cash Check		#	created using

