# Pal-Mac Youth Pin-to-Win Wrestling Tournament <br> Sunday, January 10, 2010 <br> Palmyra-Macedon Central High School <br> 151 Hyde Parkway, Palmyra, NY 

| Walk-in Registration: | Ages 5-10: $7: 30$ to 9:00 am$\quad$ Wrestling begins approximately 10:00 am |  |
| :--- | :--- | :--- | :--- |
|  | Ages 11-14: $7: 30-11: 00 \mathrm{am}$ | Wrestling begins approximately 1:00 pm |
|  | NO JV OR VARSITY EXPERIENCE |  |

## Between weigh-in and tournament start, Pal-Mac Varsity elite wrestlers will conduct a hands-on skills clinic!

$>$ Split Session
$>$ All wrestlers to weigh-in at registration
$>$ Entry fee: $\$ 18.00$ (Checks payable to Pin and Win Club), No Refunds
$>$ Sanctioned referees when possible
$>$ Spectator Admission: Adults $\$ 2.00$, Students and Senior Citizens $\$ 1.00$, Under 10 Free
$>$ Concessions Available all day
$>$ Format: 4-man Round Robin brackets. Matches are three 1-minute periods. Each wrestler has three matches to determine champion. Head-to-head, \# of pins, technical and major decisions are primary tie-breakers. Tournament officials reserve the right to create other brackets as necessary.

Scoring system:

| Pin | 6 points |
| :--- | ---: |
| Technical Fall | 5 points |
| Major Decision | 4 points |
| Win | 3 points |

> Highest cumulative point total wins (note emphasis on pinning!)
$>$ Awards for all places
Questions? Call Bill Toomey at (585) 683-2643
or e-mail: mcourtne@rochester.rr.com, btoomey@kenrickfirst.com or
david.pulcini@axa-advisors.com
Wrestling is a high impact physical sport. I understand that my child may face physical challenges that surpass other sports. I welcome these challenges and hold harmless the coaches, volunteers, Pal-Mac School District, Palmyra Community Center and the Pin-n-Win Club. I have health insurance and assume all responsibility in the event of an injury.

Legal Guardian Signature: $\qquad$
Name of wrestler (print legibly):
Age (as of 1/1/2010): $\qquad$
Experience: (1=beginner, 2=intermediate, 3=experienced): $\qquad$ Club:

## (For use by tournament officials only)

Cash $\qquad$ Check $\qquad$
$\qquad$ \#

