

Wellsville's Hall (25 In A Row)--

# He Runs...Mom Is Quiet!



By SUE GOETSCHUS

Times Herald Staff Writer

WELLSVILLE — Denny Hall, the Wellsville wrestler with an unbeaten streak 25 wins long, often loses as much as two pounds on the day of a match, but that doesn't worry his mother.

Mrs. Donald F. (Dorothy) Hall said, "I just think it's wonderful that he can do it." She said she'd rather have Denny eat properly, then work to lose the weight, than starve himself. "I think he actually wrestles better when he has to work to get the weight off," she added. He wrestles at 140.

DENNY has been known to run the six or six and a half miles from his home on Alma Hill Road to school to get rid of some extra pounds. His mother said he sometimes goes to the "Y" to use the sauna to steam off some weight. "Most of the time though he just runs and runs," she said. "I don't even ask how much he does run."

"Denny usually fixes his own dinner and eats what he wants," Mrs. Hall said. "Of course, he cuts out on things like potatoes."

She said she tries to avoid tempting Denny by having the family dinner out of the way and the dishes done before he gets home from wrestling practices.

Mrs. Hall also tries to make things easier for him when she shops for groceries. "I buy all the fruit and juices I can, and all the kids know they can help themselves as often as they want until they are gone. I don't buy a lot of junk like snacks and soft drinks."

Wrestlers and their eating habits are nothing new to Mrs. Hall.

Another son, Donald, wrestled for four years for Wellsville, and Denny, a senior, is completing his fourth year on the squad. Two other sons, Glenn, 14, and Vernon, 12, have also expressed an interest in the sport.

THAT LEADS Mrs. Hall to one of her pet projects. She's been trying to talk the school into an organized wrestling program for boys in junior high school, feeling that there should be some way to hold the boys'



DENNY HALL (left), is congratulated by his parents, Mr. and Mrs. Donald Hall, after the Wellsville Central School wrestler, beat

Kirk Anderson of Olean the other night, to run his string of wins to 25.

(Times Herald Photo)

interest between Midget League wrestling and the time they're old enough for the wrestling team.

"Glenn, at 5-11 and 148 pounds, is just too big for Midget League, but still too young for the team. They need a program for boys like him. He wants to wrestle, but there just isn't anyone for him to practice with," Mrs. Hall said.

Although an avid fan now, Mrs. Hall admits that at first she really didn't like the sport. "I had to learn what it was all about before I could enjoy it."

In addition to their four wrestlers, Mr. and Mrs. Hall have four other children. Ronald is 20, Diane, 16 and Denise, 11. Their oldest daughter is Mrs. William (Gloria) Hamlin. She is the mother of two girls.

MRS. HALL believes firmly that it's good for families to do things together, so as many of her children as possible accompany them to all home matches and many away meets.

"I think it's good when parents show up to support the whole team as well as their own

sons," she said. She added that she yells when the other boys are wrestling, but keeps quiet when Denny is on the mat.

She also makes it a practice to keep quiet when other spectators make derogatory comments about Denny. "I just like to see their faces when he comes up and hands me a trophy. They always try to figure out what they've said that I've heard."

Denny, who is well on his way to compiling a record number of career wins for Wellsville, has plenty of trophies to give to his mother. He has been the Wellsville Holiday Tournament Champion for the past two years and has won Western County Wrestling Conference (WCWC) and Southern Tier championships also.

He was second in the sectionals last year, and coach Bill Moore has high hopes for him this year.

So does his mother.

She's the woman sitting on the bench being quiet.

## Shooting Win

LIMESTONE — The Oswayo Valley High School rifle team defeated Limestone 1773 to 1636 in a match here Thursday. Oswayo Valley is now 3-0, while Limestone slipped to 0-2. Next match for Limestone will be Thursday at Coudersport.

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