



SECTION

V

WRESTLING
COACHES'

HANDBOOK



DONALD J. DEBADTS

SECTION V WRESTLING COORDINATOR
GENESEO CENTRAL SCHOOL
GENESEO, NEW YORK 14454



SECTION V WRESTLING COMMITTEE

1999 - 2000

Coordinator - Don DeBadts - Geneseo Central
Asst. Coordinator - Lynn Tewksbury - Midlakes Central
Class A Chairman - Mark Hoyt - Brighton High School
Class B Chairman - Ron Gross - Brighton High School
Class C Co-Chairman - Bob Gately - LeRoy Central
Class C Co-Chairman - Jim Sauberan - Kendall Central
Class D Chairman - Marv Shimmel - York Central
Allegheny-Steuben Chairman - Matt Sheldon - Hornell Central
Monroe County Chairman - Frank Vito - Greece Athena H.S.
Livingston Conference Chairman - Sam Linsner - Warsaw Cent.
City Catholic Chairman - Gordon Pegg - John Marshall H.S.
Genesee Region Chairman - Jim Sauberan - Kendall Central
Wayne F.L. West Chairman - Dave Poulsen - South Seneca Cent.
Wayne F.L. East Chairman - Jack Fisher - Newark Central
Section V Liason - Ted Bondi - Geneseo
Wrestling Officials Representative - Frank Marotta - Rochester

SECTION V WRESTLING LEAGUE CHAIRMAN 1998-00

ALLEGANY STEUBEN - Matt Sheldon - Hornell Central School
1 Maple City Dr. N.
Hornell, N.Y. 14843-0777
Phone: (607) 324-2543
or (607) 324-1525

CITY CATHOLIC - Gordon Pegg - John Marshall High School
180 Ridgeway Ave.
Rochester, N.Y. 14615-3696
Phone: (716) 458-2110

GENESEE REGION - Jim Sauberan - Kendall Central School
P.O. Box 777
Kendall, N.Y. 14476-0777
Phone: (716) 659-2822

LIVINGSTON CONFERENCE - Sam Linsner - Warsaw Central School
153 W. Buffalo St.
Warsaw, N.Y. 14569-1295
Phone: (716) 786-8010

MONROE COUNTY - Frank Vito - Greece Athena High School
800 Long Pond Road
Rochester, N.Y. 14612-1130
Phone: (716) 225-3615

WAYNE FINGER LAKES EAST - Jack Fisher - Newark Central School
625 Peirson Ave.
Newark, N.Y. 14513-2099
Phone: (315) 332-3546
or (315) 332-3551

WAYNE FINGER LAKES WEST - Dave Poulsen - South Seneca Central School
P.O. Box 600
Ovid, N.Y. 14521-0600
Phone: (607) 869-3221

1999-2000
SECTION V WRESTLING
PRE-SEASON REPORT

Don DeBadts - Coordinator

Lynn Tewksbury - Assistant Coordinator

Class Chairman: Class A - Mark Hoyt
 Class B - Ron Gross
 Class C - Bob Gately & Jim Sauberan
 Class D - Marv Shimmel

The Section V Wrestling Committee Pre-Season Meeting will be held on Tuesday, November 9, 1999 at Geneseo Central School at 5:00 pm. followed by the Official's Draw.

Class Tournaments: Friday & Saturday, February 18 & 19, 2000

Tentative Sites:

Class A - Fairport
Class B - Palmyra Macedon
Class C - Caledonia Mumford
Class D - York

N.Y.S. Qualifying Tournament: Friday & Saturday, February 25 & 26, 2000

Site: ESL SPORTS CENTRE AT MCC

N.Y.S. Tournament: Friday & Saturday, March 3 & 4, 2000 @ Syracuse.

NOTES: 1) The weight classes will remain the same as last year with 96 lbs. and 275 lbs. as optional weight classes.

 2) The growth allowance is 2 lbs. on January 15, 2000.

 3) Each Section Wrestling Coordinator is to annually report the following information to the Association Office **by March 15.**

1. A copy of each standardized form used in requesting a waiver of the two week minimum weight certification rule (see attached form in yellow). Include copies of all documentation accompanying each request
2. A copy of the hydrostatic weighing form for each wrestler in your Section utilizing this process for weight certification. Include a copy of the initial assessors % body fat and minimum weight class calculations.

WEIGHT CLASSES: 96 (Optional), 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 275 (Optional)

OPTIONAL WEIGHT CLASSES: 96 and 275 are optional, however a league can make one or both mandatory. They can not be made mandatory for non-league matches. If teams agree to wrestle optional weight classes they must be counted in the team score. Optional weight classes can be wrestled as exhibition matches, however these matches can not be counted for seeding purposes for Section V Tournaments.

CERTIFIED WEIGHT LISTS: Must be on file with your league coordinator and the Section V Coordinator before your first match. As a courtesy you should also send a copy to each of your opponents.

Individual Profile Sheets from your weight assessors should be kept on file at your school.

HYDROSTATIC WEIGHING: If a wrestler chooses to do the hydrostatic weighing for certification, a copy of this form must be sent to the Section V Coordinator.

NO RE-CERTIFICATION IS ALLOWED: Appeal of the skinfold measurements or calculations can be made following the guidelines in the manual.

NO COIN TOSS FOR DUAL MEETS: The HOME team will put their wrestler on the mat first in the EVEN bouts and the VISITING will do the same in the ODD bouts. When wrestling is at a neutral site, a coin toss can be used OR home and visiting teams can be designated in advance by the person in charge of the meet.

Guidelines for Weigh-Ins

1) The wrestler from the visiting team will take the scale first, followed by the wrestler from the home team.

2) The entire weigh-in period for dual meets shall be 1/2 hour beginning from the time the first wrestler steps on the scale. (This time should be established as per the Federation Rule Book.)

3) The scale shall be available to the visiting team at least 1/2 hour prior to actual weigh-ins so that visiting wrestlers may check their weight.

4) If a wrestler is not prepared to make weight at his normal place in the shoulder-to-shoulder line up, he may still have until the end of the 1/2 hour weigh-in period to make weight. He must, however, be ready to step on the scale prior to the close of the weigh-in period. (No additional time will be granted for stripping down, toweling off, etc.)

New York State - Scoring

Dual Meets: Fall.....6 points.
 Technical Fall.....6 points.
 (15 or more match points)
 Superior Decision.....5 points.
 (12 or more match points)
 Major Decision.....4 points.
 (8 or more match points)
 Decision.....3 points.
 Draw.....2 points.
 Forfeit.....6 points.
 Default.....6 points.
 Disqualification.....6 points.

Tournaments: Fall.....2 points.
 Technical Fall.....2 points.
 Superior Decision.....1 point.
 Major Decision.....1/2 point.
 Forfeit.....2 points.
 Default.....2 points.
 Disqualification.....2 points.
 Advancement.....2 points.
 (Championship Bracket)
 Advancement.....1 point.
 (Wrestle-Back Bracket)

Place Points:	4 Places	6 Places	8 Places
	1st.....12	1st.....16	1st.....16
	2nd.....8	2nd.....12	2nd.....12
	3rd.....5	2nd.....9	2nd.....9
	4th.....3	4th.....7	4th.....7
		5th.....5	5th.....5
		6th.....3	6th.....3
			7th.....2
			8th.....1

- Important Reminders:
- 1) Weight Lists should be sent to your league chairman before your first competition. A copy of this list should also be sent to each of your opponents.
 - 2) Entries for the class tournaments have to be in on time. We will not accept entries by telephone. The entry forms will be mailed later along with evaluation forms for officials.
 - 3) Coaches are responsible for knowing the rules, eligibility requirements, sports standards, etc.
 - 4) Coaches are responsible for the conduct of their wrestlers, assistant coaches, spectators, and any others associated with the team.

MODIFIED PROGRAM RULES

1998

2000

Grades 7, 8, 9

MODIFIED SPORTS STANDARDS CHART FOR INTERSCHOOL COMPETITION

SPORT	Number Practices Prior To First Scrimmage	Number Practices Prior To First Contest	Team And Individual Maximum No. Contests	Minimum Time Between Contests*	Individual Limitations per Day	RULES	TIME AND DISTANCE LIMITS
Wrestling	13	15	10	2 nights	2 bouts (1)	NF	

(1) See details in Game Rules Section (2) Three nights/scrimmage
*Except in football and cross country, contests may be played with only one night's rest three times per season for rescheduling purposes only.

38. WRESTLING

Game Conditions:

1. All wrestlers or teams shall be allowed to compete in a maximum of 10 contests, one of which may be a three-bout multi-meet contest.
2. There shall be no competition between wrestlers with an age difference of more than 24 months.
3. At least 2 nights shall elapse between contests.
4. Individuals may compete in a maximum of two bouts. These bouts shall consist of a maximum of one minute per period. There shall be a rest period of one hour between the conclusion of one bout and the start of the next. **NOTE:** If an individual competes in only one bout the time periods should be as follows:
 Program 1: three 1-1/2 minute periods
 Program 2: first period - 1 minute
 second and third periods - 1-1/2 minutes

5. Weight Control:

- a. The Physical Education Director shall establish each wrestler's weight class prior to the first match. A contestant may not wrestle out of this established weight class except as indicated under b.
- b. No attempt at weight reduction before the official weigh-in is permitted except on written permission from the parents and a written recommendation of a physician. Once a wrestler is established in a weight class, weight reduction and participation in a lower weight class is permitted only under a doctor's authorization and with the parent's permission.
- c. A squad list, indicating the established weight classes for each team member as well as birth dates and ages, shall be sent to all opposing schools.
- d. Wrestlers participating in the Modified Program may progress in weight in their individual classes at the same pound and date allowance as high school wrestlers.

6. Weigh-ins on the day of a dual meet shall be established by Section Athletic Council.
7. The three-bout multi-meet contest permits a wrestler to compete in three bouts in one day. These bouts shall consist maximum of one minute per period. This contest cannot be conducted at the end of the season and must be conducted round-robin format (not a bracket elimination format), with recognition of place winners.

Game Rules (Program 1)

1. **Weight Classes:** the official weight classes for competition: 80, 86, 92, 98, 104, 110, 116, 122, 128, 134, 140, 148. For schools having only 7th and 8th grade students a 155 pound weight class may be optional. Optional classes may be 74, 158 and unlimited classes with contestants competing weighing within 10 pounds of each other. Extra bouts may be held between equally matched opponents by agreement of the coaches.
2. **Time of Bouts:** Time periods for those wrestlers competing exhibition bouts shall be three one-minute periods.
3. **Honor Weigh-In:** The procedures described in the Wrestling Weight Control Plan shall be followed, pages 79-80.

Game Rules (Program 2)

1. **Weights:** Weight class is listed first, variance second: 70-80 lbs. (4 lbs); 80-90 lbs. (4 lbs); 90-100 lbs. (3 lbs); 100-110 lbs. (3 lbs); 110-120 lbs. (3 lbs); 120-130 lbs. (2 lbs); 130-140 lbs. (3 lbs); 140-150 lbs. (5 lbs); 150-160 lbs. (5 lbs); heavier weights (as much as 8 lbs variance).
2. **Matching wrestlers:** Both coaches will get together and match their wrestlers. All safety measures on the squad roster form are to be used to equalize competition, namely, experience, physical strength and maturity.
3. There is no limit to the number of bouts in a contest.
4. **Scoring:** Use regular scoring system or count number of bouts won or a combination of both. All bouts to count in team score.

N.Y.S.P.H.S.A.A., INC.
WRESTLING WEIGHT CONTROL PLAN

On the recommendation of the State Wrestling Committee and with the approval of the State Executive Committee the following weight classes are in effect: 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215 with 96 and 275 as optional weights for dual meets and tournaments.

1. The NYSPHSAA Wrestling Minimum Weight Certification Program is to be followed by all high schools sponsoring wrestling. Based on 7% body fat, the minimum wrestling weight is the lowest weight at which an athlete will be allowed to compete. Certification must be conducted by a NYSPHSAA Approved Assessor and must occur within two weeks from the first day of the season.
2. The use of sweat boxes; hot showers; whirlpools; rubber, vinyl and plastic type suits; or similar artificial heating devices; diuretics or other methods for quick weight reduction purposes is prohibited and shall disqualify an individual from competition See N.F. rule 4-4-4.
3. A profile form from a NYSPHSAA Approved Assessor must be filed in the home school prior to competition. Sectional wrestling forms must be received by the Section Wrestling Chairman before competition.
4. Dual meets scheduled on a school day shall use the honor weigh-in procedure. A certified list of recorded weights signed by the Principal or Athletic Director shall be submitted at the official weigh-in before the meet. Each wrestler shall make the scratch weight at the earlier weigh-in and may be permitted an allowance of 3 pounds at the matside weigh-in. One not making the scratch weight at the early weigh-in will not be permitted the 3 pounds allowable and must make scratch weight at the matside in order to compete. Dual meets scheduled on a non-school day shall have the option of using the honor weigh-in procedure or the matside weigh-ins using the rule book limits of a maximum of one hour and a minimum of a half hour before a meet is scheduled to begin. This option must be agreed upon by the participating schools.

5. Restrictions for Competition: The minimum required weight for all weights as listed MUST be met and RECORDED at both the honor weigh-in and the matside weigh-in.
 - a. To compete at the 96 lb. class a wrestler MUST weigh in excess of 88 lbs. to be eligible.
 - b. To compete at the 103 lb. class a wrestler MUST weigh excess of 93 lbs. to be eligible.
 - c. To compete at the 215 lb. class a wrestler MUST weigh excess of 180 lbs. to be eligible.
 - d. To compete at the 275 lb. class a wrestler MUST weigh excess of 215 lbs. to be eligible.
6. The minimum required weight for the 96 lb., 103 lb., 215 lb. and 275 lb. weight class MUST be met and RECORDED at both the honor weigh-in and the matside weigh-in.
7. There shall be an allowance of one pound granted each day over the weight limit of the previous day in tournament competition. There shall be a 1 pound allowance for all involved teams the second day of a dual meet or tournament competition conducted on consecutive days. The maximum allowance for consecutive dual meets or the first day of a tournament following a dual meet is 1 pound. NOTE: A minimum of 48 hour notification to your opponent is required in order to be granted this one pound allowance. This rule is voided at post-season wrestling tournaments, namely Class and Sectional competitions that are involved in the process of selection of competitors for championship competition.
8. All Sections are allowed the option of using the following weigh-in procedure for all two-day tournaments:
Wrestlers should be allowed to weigh-in at the conclusion of the first day's competition with a one-pound weight allowance. If the wrestler made weight, the weigh-in on the second day of the tournament is eliminated. NOTE: Rule book allows the addition of an extra pound on the second day of a 2-day tournament. If for any reason a wrestler fails to make weight that first day, he would be able to weigh-in at the tournament site as per usual on the second day.

SECTION V
 N.Y.S.P.H.S.A.A. INC.
 CLASSIFICATION FOR 1999-2000
 WRESTLING

CLASS A	20 Schools
Webster.....	1910
East.....	1860
Fairport.....	1552
Rush-Henrietta.....	1345
Pittsford.....	1303
Gates-Chili.....	1230
Brockport.....	1139
Hilton.....	1138
Penfield.....	1120
Greece Athena.....	1119
McQuaid.....	1072
Greece Arcadia.....	1056
Churchville-Chili.....	1005
Spencerport.....	998
Irondequoit.....	995
Canandaigua.....	947
Marshall.....	926
Greece Olympia.....	902
Brighton.....	871
Eastridge.....	790

CLASS B 20 Schools

Franklin.....	786
Batavia.....	718
Victor.....	688
Newark.....	660
Wayne.....	619
Honeoye Falls - Lima.....	577
Geneva.....	553
Penn Yan.....	550
Palmyra Macedon.....	533
Midlakes.....	528
Livonia.....	515
Wayland Cohocton.....	510
Bath Haverling.....	501
Dansville.....	491
Attica.....	469
Hornell.....	463
Waterloo.....	448
North Rose Wolcott.....	448
Marcus Whitman.....	429
Mynderse.....	385

CLASS C	20 Schools
Wellsville.....	378
Sodus.....	350
Letchworth.....	349
Williamson.....	348
Pembroke.....	347
Addison.....	347
Perry.....	331
Holley.....	330
Bishop Kearney.....	329
LeRoy.....	317
Caledonia Mumford.....	316
Byron Bergen.....	307
Marion.....	303
Bloomfield.....	301
Warsaw.....	298
Lyons.....	294
East Rochester.....	291
Avon.....	275
Campbell Savona.....	271
Kendall.....	268

CLASS D 20 Schools

Keshequa.....	266
Pavillion.....	265
York.....	259
Red Creek.....	256
Alexander.....	255
South Seneca.....	251
Geneseo.....	249
Bolivar Richburg.....	246
Red Jacket.....	241
Dundee.....	234
Lyndonville.....	224
Canisteo.....	197
Notre Dame.....	190
Fillmore.....	181
Alfred Almond.....	178
Genesee Valley.....	169
Hammondsport.....	168
Jasper Troupsburg.....	148
Avoca.....	142
Northstar Christian Academy...	92

SECTION V WRESTLING HALL OF FAME NOMINATION FORM

NAME OF NOMINEE: _____

NOMINATED BY: _____

SCHOOL OF SCHOOLS - NOMINEE ASSOCIATED WITH: _____

SUMMARY OF NOMINEE'S ACCOMPLISHMENTS: _____

RETURN COMPLETED FORM BY DECEMBER 1ST TO:

Don DeBadts, Section V Wrestling Coordinator
Geneseo Central School
4050 Avon Road
Geneseo, New York 14454

OR

Frank Macotta, WOA Section V Executive Secretary
126 Mendota Drive
Rochester, New York 14626



USA wrestling

225 South Academy Boulevard • Colorado Springs, Colorado 80910
Telephone: (719) 597-8333 • Fax: (719) 597-3195 • Telex: 487923 • Cable: USA WRESTLE

Dear Section Five coach,

Please find enclosed a profile/application sheet for the USA Wrestling/New York State Section V wrestler of the week award (Formerly Mclouth Chevy award). If you have anyone you feel is a qualified candidate from either your school or another school that you have competed against please see that the profile sheet is filled out and sent to:

John Leone
Spencerport H.S.
71 Lyell Avenue
Spencerport, N.Y. 14559-1991
S-Phone(349- *5050* EXT. *5273*
H-671-0021

There will be a wrestler selected for each week of the season from either a Class A, B, C, or D. school. A total of ten wrestlers will win the award. The award is a prestigious one so make sure that all recommendations have significant accomplishments. Each week the winner will be listed in the Democrat & Chronicle. Please make sure that profile sheets are completely filled out with all information. At the conclusion of the season (Super Sectionals) the winners will receive a plaque and certificate compliments of the above sponsor. It will help to spread the awareness of the award by talking to other coaches and making the number of applicants for the award numerous (please duplicate and distribute profile sheets). It is awards such as this that give much needed media attention to our sport and some of Section Five's outstanding athletes. Please extend your support so that we may continue to make this a yearly thing and possibly give 4 wrestlers each week (Class A,B,C,D) the award in the future. Please call with any questions you may have.

Yours in wrestling,

John Leone
Asst. Wrestling Coach
Spencerport H.S.

NEW YORK/USA Wrestling
SECTION FIVE WRESTLER OF THE WEEK
NOMINATION SHEET

NAME _____ WEIGHT _____
ADDRESS _____ PHONE _____
GRADE _____ HIGH SCHOOL _____
COACHES _____ CLUB _____
CAREER RECORD _____ CURRENT _____ GPA _____
TOURNAMENTS WON THIS SEASON _____

MAJOR TOURNAMENTS WON IN CAREER _____

FREESTYLE/GRECO ACCOMPLISHMENTS _____

ACADEMIC ACHIEVEMENTS _____
FAVORITE COLLEGIATE WRESTLER _____
COLLEGES RECRUITING YOU OR INTERESTED IN _____

ATHLETIC HERO _____ OTHER SPORTS _____
HOBBIES OR INTERESTS _____
YOUR GREATEST MOMENT IN ATHLETICS _____

SEND FORM TO: JOHN LEONE SPENCERPORT H.S. 2707 LYELL AVE SPENCERPORT 14459-1991
PHONE 349-5050

FAX # 352-3799

Of great concern to both coaches and referees is the increase of skin infections among wrestlers. To protect those they compete with and against in 1997, the National Federation Wrestling Rule 4-2-3 was implemented and reads:

If a participant is suspected, by the referee, of having a communicable skin disease or any other condition that makes participation appear inadvisable, his coach shall provide current, written documentation from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to his opponent.

On the recommendation of our Wrestling Committee and Safety Committee last January, the NYSPHSAA's governing board approved a standardized form which must be used if a wrestler is suspected of having a communicable skin disease. Copies of the form may be secured from your section wrestling coordinator or section office. Please note: In New York State, in addition to physicians, the nurse practitioner may diagnose communicable diseases.



Guidelines to Reduce the Incident of Skin Diseases in Wrestling

The following guidelines are not meant to be all inclusive of what may need to be done to prevent skin diseases from occurring in wrestling. They provide practical suggestions that, when implemented, should help reduce the incidence of skin diseases occurring among high school wrestlers. The keys to reducing the incidence of skin infections is to restrict wrestlers with skin lesions from participation and keeping a clean wrestling environment.

★ Clean wrestling mats daily, preferably within one hour of practice or competition, using a disinfectant cleaner. Allow mats to air dry before using.

★ Wash wall mats with disinfectant on a regular basis (1-2 times weekly).

★ Wipe weight room benches with disinfectant after use and/or prior to the next day's use.

★ Launder towels, practice gear, and uniforms after each use. Do Not allow any wrestler into the practice room without clean practice gear.

★ Wipe head gear and shoes with disinfectant after each practice.

★ Do Not allow wrestlers to share any item of practice gear.

★ Require each wrestler to shower after each practice and contest using disinfectant soap.

★ Have each wrestler supply their own bar of deodorant soap and shampoo. Dispensers for liquid soap are another option to reduce the need for common bars of soap.

★ As an additional precaution, athletes with acne problems may wish to use astringent pads (ie. Stridex) to clean their face/neck after showering.

★ Open the doors to the wrestling room and use fans to lower the heat and humidity each night. Proper ventilation is very important to destroy disease causing bacteria.

★ Do Not allow athletes to use common towels, for any reason, during practice or competition.

★ Wrestlers should keep their finger nails trimmed short to avoid scratching themselves or someone else, as any opening in the skin increases the risk of infection.

★ Wrestlers who have been susceptible to skin diseases in the past may want to visit with their family physician regarding preventative oral medication which may be available.



WRESTLING
COMMUNICABLE SKIN INFECTION

PERMISSION TO COMPETE IN THE SPORT OF
HIGH SCHOOL WRESTLING

TO: Physician or Dermatologist or Nurse Practitioner
(Please use ink when completing form)

Please describe skin condition(s) of: _____
(name of wrestler)

and answer all questions on this form.

1. Describe the specific location of the suspected skin condition (example: left forearm, close to thumb joint, etc.) _____

2. Describe the approximate size and color of the above condition (example: it is about the size of a nickel, red in color; it is about two inches in diameter, blotchy red) _____

3. Technical name of skin condition: _____
4. Do you believe this skin condition is contagious or poses a danger to others?
Circle One: Yes No
(Note: If "Yes", the participant is ineligible to wrestle until you give clearance.)
5. If you answered "No" to question 4., can the wrestler compete without having the skin condition covered?
Circle One: Yes No
(Note: For eligibility, any existing contagious skin conditions may not be covered.)
6. If contagious, when will it be safe for him to continue wrestling? Please list a calendar date _____

Print doctor's name _____ Today's date _____

Doctor's specialty area _____

Doctor's address _____

Doctor's phone _____

Doctor's signature _____

PHYSICIAN'S NOTE: If a participant is suspected of having a contagious communicable skin disease or any other condition that makes participation appear inadvisable, his coach must provide written documentation from a physician or nurse practitioner stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to his opponent. This document shall be furnished at the weigh-in or upon arrival at the site of the dual meet or tournament.

NOTE: THIS DOCUMENT IS ONLY GOOD FOR 14 DAYS.

SEEDING COMMITTEE

CLASS A	CLASS B	CLASS C	CLASS D
Mark Hoyt	Ron Gross	Bob Gately	Harv Shimme
Ernie DiBella	Tom Mandara	Jim Saubcran	Troy Almeter
Frank Vito	Jack Fisher	Sam Linsner	Eric Scollie
Bill Jacoutot	Matt Sheldon	Frank Beilski	Dave Stein
Fick Romeo	Mike Cronmiller	Jim Prentice	Wayne Hartman
Gordon Fegg	Eric Romesser	Mike Jeffords	Pop Opert
Mike Strasburger	Brian Quick	John Grillo	Dave Damery
Rob Thomas	Bill Hadsell	Wince Asito	Kim Doane
Chuck Partridge	Scott Frieschlag	Jason Bovenzi	Bob Neamon
Rick LaPaglia	John Keddy	John Lawson	Dave Poulsen

SEEDING PROCEDURE

The seeding for the class tournaments will be done by the seeding committee, appointed by the coordinator. Each class committee will have a minimum of 7 members, with a representative from each league.

Wrestlers will be seeded to at least 8 places. More places will be seeded if the committee deems it necessary. Other places will be drawn.

A point system will be used to place the wrestlers initially.

USING OVERALL RECORD

2 points for a win

-1 point for a loss

Minimum of 12 matches to be considered for seeding.
Non-Section V matches are to be included.

After the initial placing, wrestlers can be moved when the committee considers the following:

- Past Section V place finishes
- Level of competition
- Winning percentage
- Tournament competition
- Head to head competition

Any changes at tournament time will be made by the chairman and members of the seeding committee.

THE SECTION V WRESTLING SEEDING MEETING

The seeding meeting for the 2000 Section V Class Tournaments will be held on Thursday, February 17, 2000 at the ESL SPORTS CENTRE at MCC. We will start at 9:00 am. Please bring with you any seeding information that the coaches give you, plus any any updated weight certifications.

All coaches are welcome to come to the seeding meeting, however all decisions will be made by the seeding committee. We will start at 9:00 am. Lunch will be available at everyone's own expense. We will finish at about 2:00 pm.

Every class chairman should make arrangements to have copies for coaches and programs made on their own.

The class chairmen and site chairmen will meet while the other seeding committee members are checking the weight certifications.

SECTION V SEEDING INFORMATION SHEETS

Please fill-out a seeding sheet for each weight class. If you are not entering a wrestler in a weight class write NO ENTRY in place of the wrestler's name and fill in the name of the school and the weight class.

These sheets have to be sent to Don DeBadts at Geneseo Central School so that they arrive by Wednesday, February 16, 2000 OR in the hands of one of the members of the Seeding Committee who will be coming to the seeding meeting.

Check your Section V Coaches' Handbook for the names of the seeding committee members and for details of the Section V Class Tournaments.

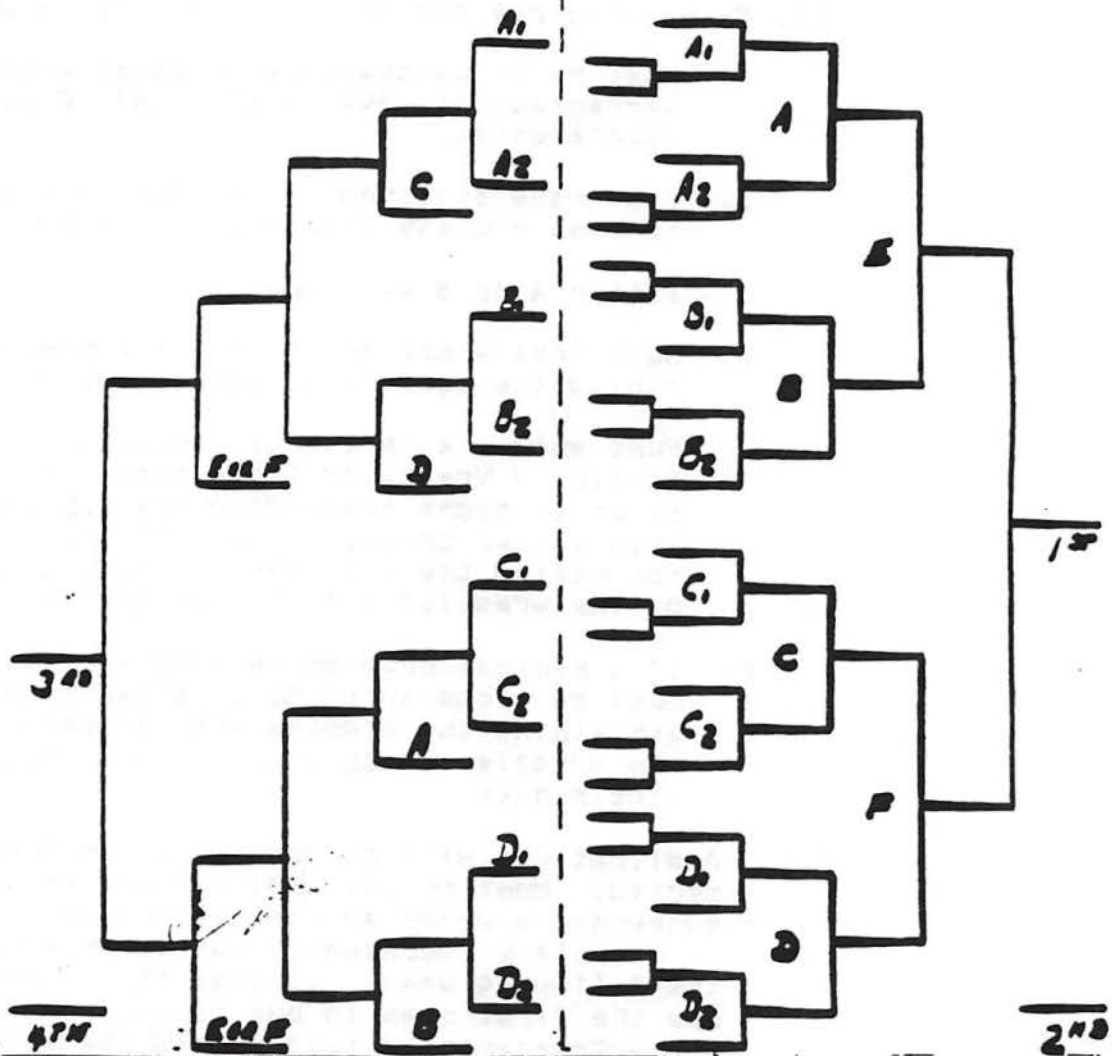
	WT. CLASS	OPPONENT'S NAME	SCHOOL	WON OR LOST	SCORE	TIME
17.						
18.						
19.						
20.						
21.						
22.						
23.						
24.						
25.						
26.						
27.						
28.						
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41.						
42.						
43.						
44.						

CLASS TOURNAMENT BRACKET

WRESTLE-BACKS

CHAMPIONSHIP BRACKET

Round # 9 8 7 5 3 | 1 2 4 6 10



CLASS TOURNAMENT - TEAM SCORING

- Round #1 - Qualifying - NO TEAM SCORING
- Round #2 - 2 Advancement & Pin Points
- Round #3 - 1 Advancement & Pin Points
- Round #4 - 2 Advancement & Pin Points
- Round #5 - 1 Advancement & Pin Points
- Round #6 - 2 Advancement, 10 Place Points & Pin Points
- Round #7 - 1 Advancement & Pin Points
- Round #8 - 1 Advancement, 4 Place Points & Pin Points
- Round #9 - 3 Place Points & Pin Points
- Round #10 - 4 Place Points & Pin Points

PIN POINTS	
Fall.....	2
Tech Fall....	2
Sup Dec.....	1
MaJ Dec.....	1/2
Forfelt.....	2
Default.....	2
Disq.....	2

SECTION V WRESTLING - AT LARGE ENTRY FOR NYS QUALIFIER

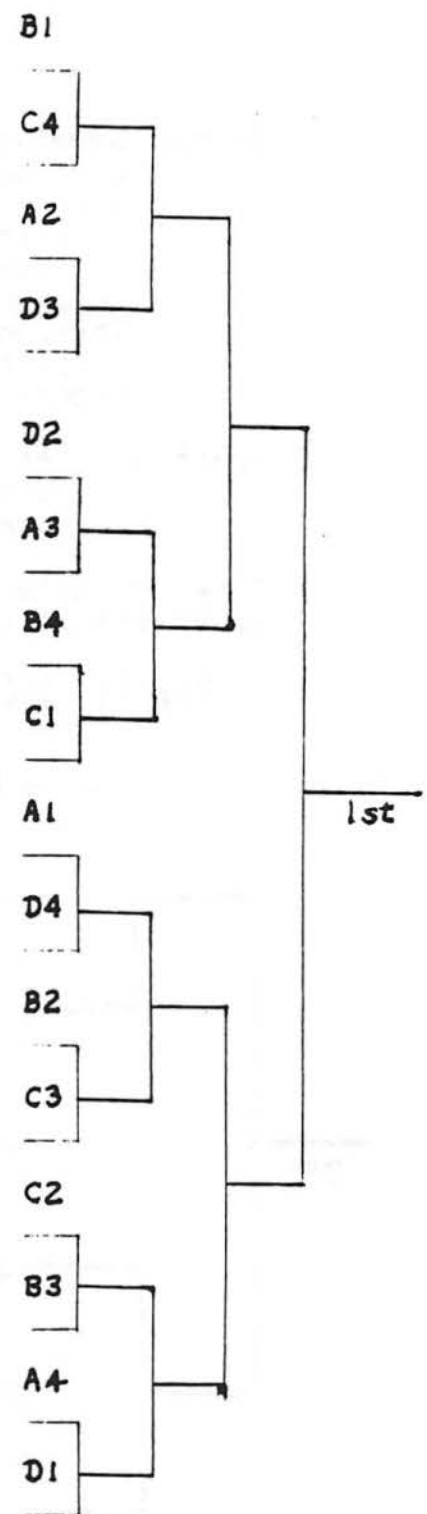
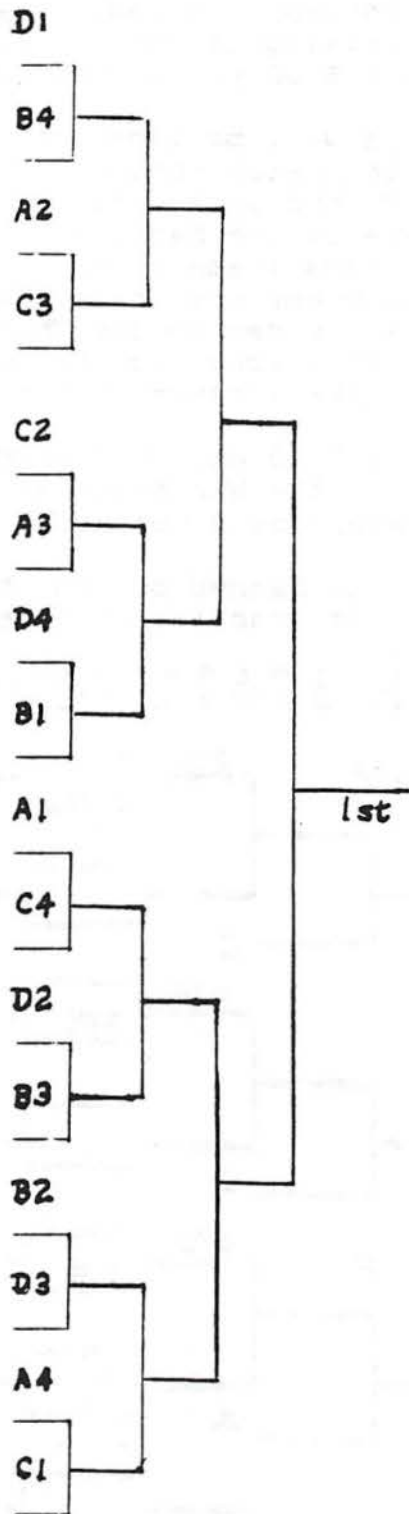
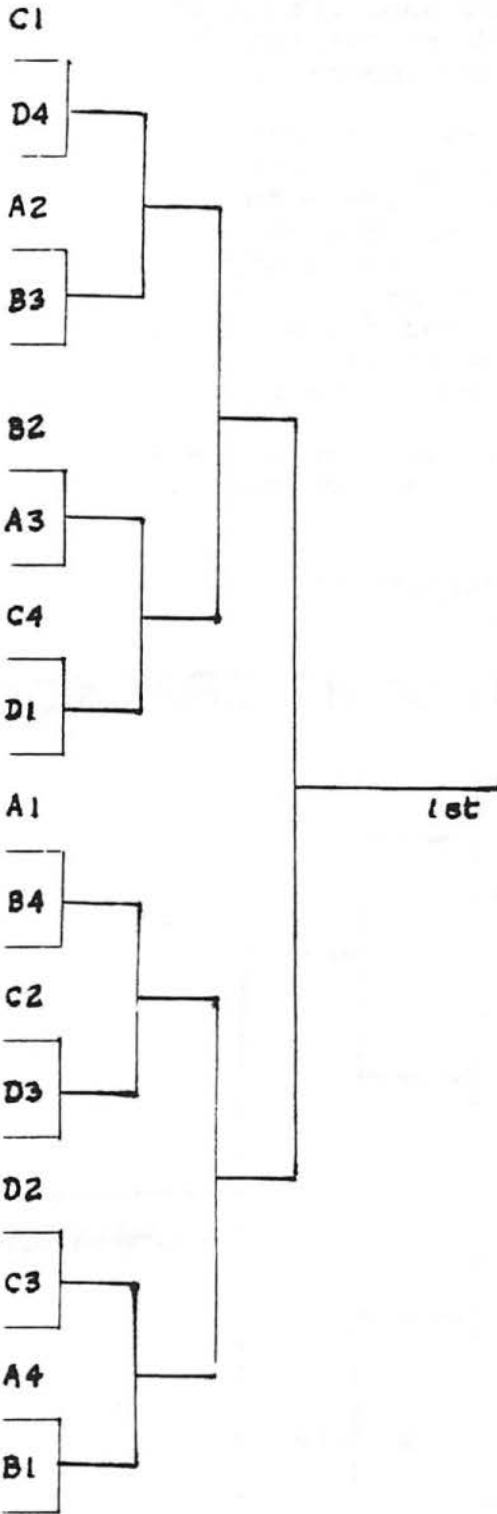
- I. There may not be any at large entries.
- II. To be eligible for an at large entry a wrestler:
 - A. Must be an outstanding wrestler with a winning percentage of .900 in at least 18 bouts including tournaments.
 - B. Must have finished 1st or 2nd in a previous Section V Class Tournament or NYS Qualifier.
 - C. Either A or B will qualify.
 - D. Must have wrestled in at least 6 scheduled matches during the current season as per the NYS HANDBOOK.
 - E. Must submit a letter of application to the Section V Wrestling Coordinator no later than Saturday night preceeding the NYS Qualifier. This letter should explain in detail the reason for making the application and should be signed by the wrestler's coach and athletic director.
 - F. If a medical problem is involved, the application must be accompanied by a letter from a doctor explaining the problem and indicating dates when the wrestler is able and/or not able to participate.
- III. Applications will be considered on there individual merits. Most of the applications in the past have concerned a wrestler who was not able to participate in his class tournament, but is able to wrestle the the following week. Because the class tournaments are the first step in qualifying for the New York State Tournament a team should not enter a wrestler in a weight class in the class tournament, if they plan on applying for an at large entry in the NYS Qualifier.
- IV. A majority vote of the Section V Wrestling Committee will determine the entry of the individual wrestler into the tournament.
- V. At large entries will be placed in a sigtail round on the bracket, so that they will wrestle the 4th place wrestler from their class tournament.

2000 SECTION V NEW YORK STATE QUALIFIER PAIRINGS

103 112 135 160 189

96 130 140 171 275

119 125 145 152 215



PROCEDURES FOR NEW YORK STATE WRESTLING TOURNAMENT

Chaperones: The Section V Wrestling Coordinator, the Assistant Coordinator and the individual coaches will be in charge of the wrestlers.

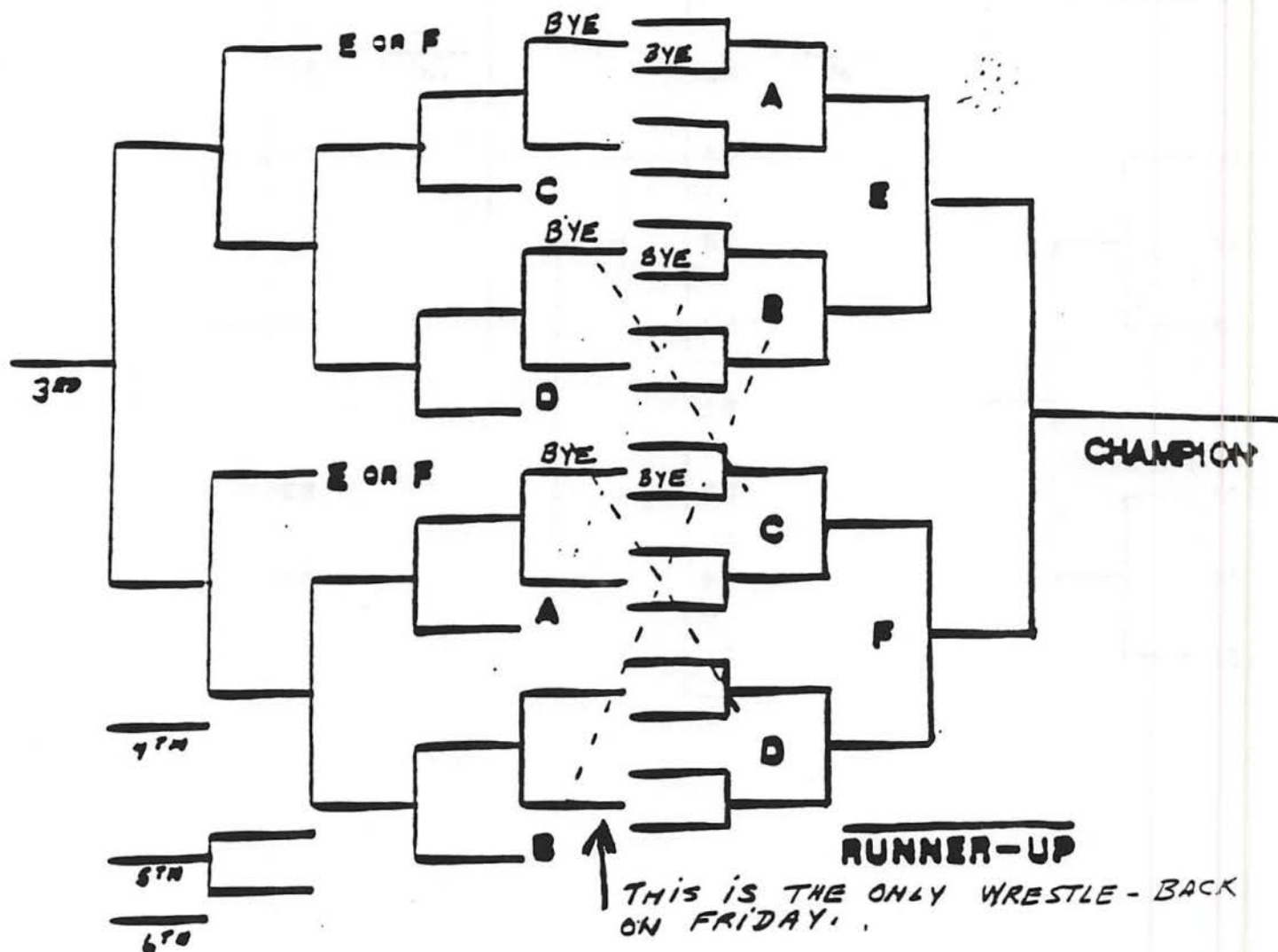
Transportation: Is the responsibility of the individual schools involved. Everyone should plan on arriving at the Syracuse Hotel between 5:00 and 6:00 pm. on Thursday for check-in.

Rooms: Reservations will be made for all the wrestlers and 2 coaches from each school. The rooms will put on a Section V Voucher and billed back to the school at a later date by the Section V treasurer. The Hotel Syracuse offers these rooms at reduced rates and only coaches and wrestlers are allowed on these floors. The rooms are reserved for Thursday and Friday nights only. however anyone wishing to stay on Saturday night. can make arrangements to do so on their own.

Practice: At about 7:00 pm. On Thursday we will practice as a team in the War Memorial and have a chance to check everyone's weight.

Other details will be handed out to the coaches and wrestlers at the team practice on Tuesday.

NEW YORK STATE TOURNAMENT BRACKET



2000 NEW YORK STATE TOURNAMENT PAIRINGS

96 103 112 119 125 130 135 140 145 152 160 171 189 215 275

7	B	B	P	4	I	6	11	B	I	4	C	10	4	8	8	B
2	7	4	7	11	7	9	3	C	6	11	7	4	8	2	4	4
P	3	7	P	2	P	11	7	4	2	7	8	I	P	C	3	3
3	P	6	3	3	C	I	P	11	7	C	I	C	11	4	9	9
B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B
5	9	I	8	11	3	9	3	8	10	3	3	2	5	P	10	10
11	2	2	10	7	C	4	4	10	10	2	2	8	6	10	6	6
4	5	10	6	3	5	8	8	I	P	I	11	9	2	I	11	11
B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B
8	10	8	C	5	P	6	6	5	11	8	P	6	3	9	2	2
C	C	3	9	5	9	4	I	6	9	9	9	11	7	3	I	I
6	6	11	I	8	8	5	5	9	4	5	10	3	9	11	7	7
I	I	C	9	6	2	2	2	7	3	3	4	P	C	6	C	C
9	4	9	P	4	7	C	C	P	C	6	5	5	10	6	P	P
10	11	5	10	2	10	10	10	2	5	P	6	7	I	7	5	5

DISQUALIFICATION OF PLAYERS

I. Section V Sportsmanship Policy

The Section V Athletic Association is committed to promoting the proper ideals of sportsmanship, ethical conduct and fair play at all interschool activities. We will oppose instances and activities which run counter to the best values of athletic competition in order to insure the well being of all individual players. We will expect acceptable standards of good citizenship and propriety with proper regard for the rights of others.

We are further committed to the belief that schools participating in interschool activities should be held responsible for the conduct of their players, coaches, faculty members, and spectators. Conduct which is detrimental to the educational value of athletic activities may be deemed just cause for the school's reprimand, probation, suspension from a particular sport, or suspension from sectional activities.

II. Student Athletes Code of Conduct

It is the responsibility of the student to:

- (1) Demonstrate self control and respect for others at all times be they officials, spectators or other athletes.
- (2) Remember that participation in athletics is a privilege that is not to be abused by unsportsmanlike conduct.
- (3) Deal with opponents with respect. Shake hands after the competition and congratulate them on their performance.
- (4) Respect the integrity and judgment of the officials.
- (5) Remember that improper behavior while in uniform reflects poorly upon yourself, your family, your school and your community.
- (6) Understand and abide by the rules and regulations of the game.
- (7) Accept victory with grace and defeat with dignity.
- (8) Remember that the use, abuse and resulting negative influence of drugs, including alcohol and tobacco, is detrimental to the game and its participants.

III. Grounds for Disqualification from a Contest/Game

There are grounds for disqualification when a player's misconduct is flagrant and unsportsmanlike. When his/her behavior is abusive of opponents, officials or inciteful of spectators, it is a serious breach of the previously stated Code of Conduct for Student Athletes.

IV. Procedures When A Player Disqualification Occurs

- (a) The game official should complete the reporting form and file it according to the listed guidelines.
- (b) The Athletic Director/Principal of the disqualified player(s) school will be expected to investigate the disqualification report and respond to the League President and Section V Executive Director on the form provided within five (5) school days after receiving the disqualification report.

**Section V Athletic Association
Player's Disqualification Form**

Sport _____ Level: Fresh _____ Date of Event _____
J.V. _____
Varsity _____

Home School _____ Opponent _____

Official(s) Assigned _____

Name of Disqualified Player _____

School _____

Reason for Disqualification: Unsportsmanlike or flagrant misconduct - Physical ()
Unsportsmanlike or flagrant misconduct - Verbal ()

Description: (Use reverse side if necessary)

Signature of Official Who Declared Disqualification _____

Date Filed _____

This form must be used for all sports.

Referee/Umpire/Official must file this report within three (3) days of disqualification to:

1. Offending School Athletic Director/Principal
2. League President or Designee
3. President of Officials Association
4. Section V Executive Director

Reminder: The school athletic director must be notified by the official in person or by phone within 24 hours, or by the end of the next school day.

It is the responsibility of the school to have a copy of this form available at all home athletic contests.

DISQUALIFICATION OF COACHES

I. Section V Sportsmanship Policy

The Section V Athletic Association is committed to promoting the proper ideals of sportsmanship, ethical conduct and fair play at all interschool activities. We will oppose instances and activities which run counter to the best values of athletic competition in order to insure the well being of all individual players. We will expect acceptable standards of good citizenship and propriety with proper regard for the rights of others.

We are further committed to the belief that schools participating in interschool activities should be held responsible for the conduct of their players, coaches, faculty members, and spectators. Conduct which is detrimental to the educational value of athletic activities may be deemed just cause for the school's reprimand, probation, suspension from a particular sport, or suspension from sectional activities.

II. Coaches Code of Conduct

It is the responsibility of the coach to:

1. Promote good sportsmanship by setting a positive example while coaching your athletes.
2. Respect the integrity and judgment of the sports officials.
3. Approach competition as a healthy and constructive exercise, not as a life and death struggle that requires victory at any price.
4. Recognize that the participants in individual or team sports are young men and women with human frailties and limitations, who are capable of making mistakes.
5. Refrain from the use of crude or abusive language with players, opponents, officials or spectators.
6. Instruct the players in the elements of good sportsmanship and remove players from competition who demonstrate unsportsmanlike behavior.
7. Avoid behavior that will incite players, opponents or spectators.
8. Avoid and eliminate negative comments to radio, TV and newspaper reporters.
9. Avoid the use, misuse and negative impact of drugs, including alcohol and tobacco, on the players, spectators and the game.

III. Grounds for Disqualification from a Contest/Game

There are grounds for disqualification when a coach's conduct is unsportsmanlike and unprofessional. When his/her behavior is abusive of players, opponents, officials or inciteful of spectators, it is a serious breach of the previously stated Code of Conduct for Coaches.

IV. Procedures When a Coach's Disqualification Occurs

- (a) The game official should complete the reporting form and file it according to the listed guidelines.
- (b) The Athletic Director/Principal of the disqualified coach's school will be expected to investigate the disqualification report and respond to the League President and Section V Executive Director on the form provided within five (5) school days after receiving the disqualification report.

**Section V Athletic Association
Coach's Disqualification Form**

Sport _____ Level: Fresh _____ Date of Event _____
J.V. _____
Varsity _____

Home School _____ Opponent _____

Official(s) Assigned _____

Name of Disqualified Coach _____
School _____

Reason for Disqualification: Unsportsmanlike or flagrant misconduct - Physical ()
Unsportsmanlike or flagrant misconduct - Verbal ()

Description: (Use reverse side if necessary)

Signature of Official Who Declared Disqualification _____

Date Filed _____

This form must be used for all sports.
Referee/Umpire/Official must file this report within three (3) days of disqualification to:

1. Offending School Athletic Director/Principal
2. League President or Designee
3. President of Officials Association
4. Section V Executive Director

Reminder: The school athletic director must be notified by the official in person or by phone within 24 hours, or by the end of the next school day.

It is the responsibility of the school to have a copy of this form available at all home athletic contests.

**Section V Athletic Association
Disqualification Response Form - Player/Coach**

Date: _____

Responding School _____

Name - Disqualified Player/Coach _____

Date of Event _____ Opponent _____

Sport _____ Level: Varsity () J.V. () Freshmen ()

Actions taken by the school in response to the disqualification: _____

This report has been reviewed by: (all 3 signatures required)

Athletic Director _____

High School Principal _____

Superintendent _____

This form needs to be filed within five (5) school days with:

1. League President
2. President of the Official's Association
3. Section V Executive Director

FORMAT FOR DUE PROCESS HEARING

(To be used in due process hearing where appeal has been made concerning disqualification of a player or a coach)

1. The request for a hearing is to be made to the Executive Director of Section V within (five (5)) school days following receipt of the action taken by the offending school.
2. The Executive Director will notify the President of Section V and the Executive Committee of the hearing request.
3. The Executive Director will schedule a hearing date and time with the Ethics Committee of Section V.
4. The following people will be invited to the hearing:
 - (a) The offending school's principal, athletic director, and coach of the disqualified player/disqualified coach.
 - (b) The official(s) involved in the disqualification.
 - (c) The president/designee of the league(s) involved.
 - (d) The Executive Director of Section V will determine if it is appropriate to have the disqualified player/coach in attendance at the hearing or to have the player/coach available to testify at the proceedings.
 - (e) The President of Section V will appoint the hearing officer.
5. Within 48 hours, the Executive Director will notify all involved of the decision of the Ethics Committee.
6. The offending school may appeal the decision of the Ethics Committee to the Executive Committee of Section V. This written appeal must be made to the Section V Executive Director within (five (5)) school days upon receipt of the decision.
7. The written request for an appeal must be signed by the principal, athletic director, and coach of the school involved.
8. The President of Section V will coordinate the appeal hearing with the Executive Committee.
9. The results of the appeal hearing will be made available to the school involved within 48 hours following the conclusion of the hearing.

