
New York Wrestling News

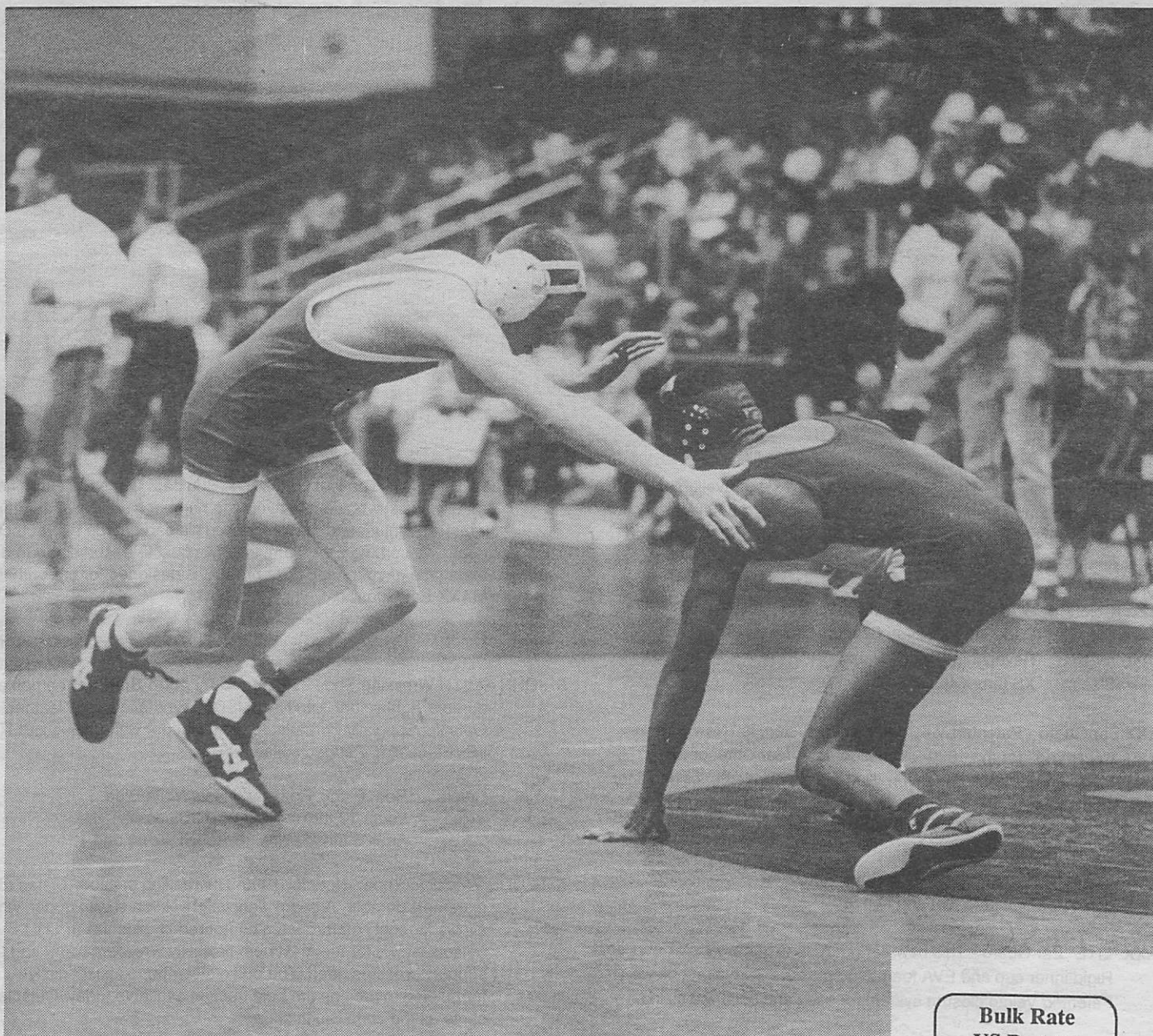
Amateur Wrestling - New York Style!

Volume 2, Number 3

December 1990

1 (716) 334-6454 voice and fax

State Rankings! **Pages 22 - 24**



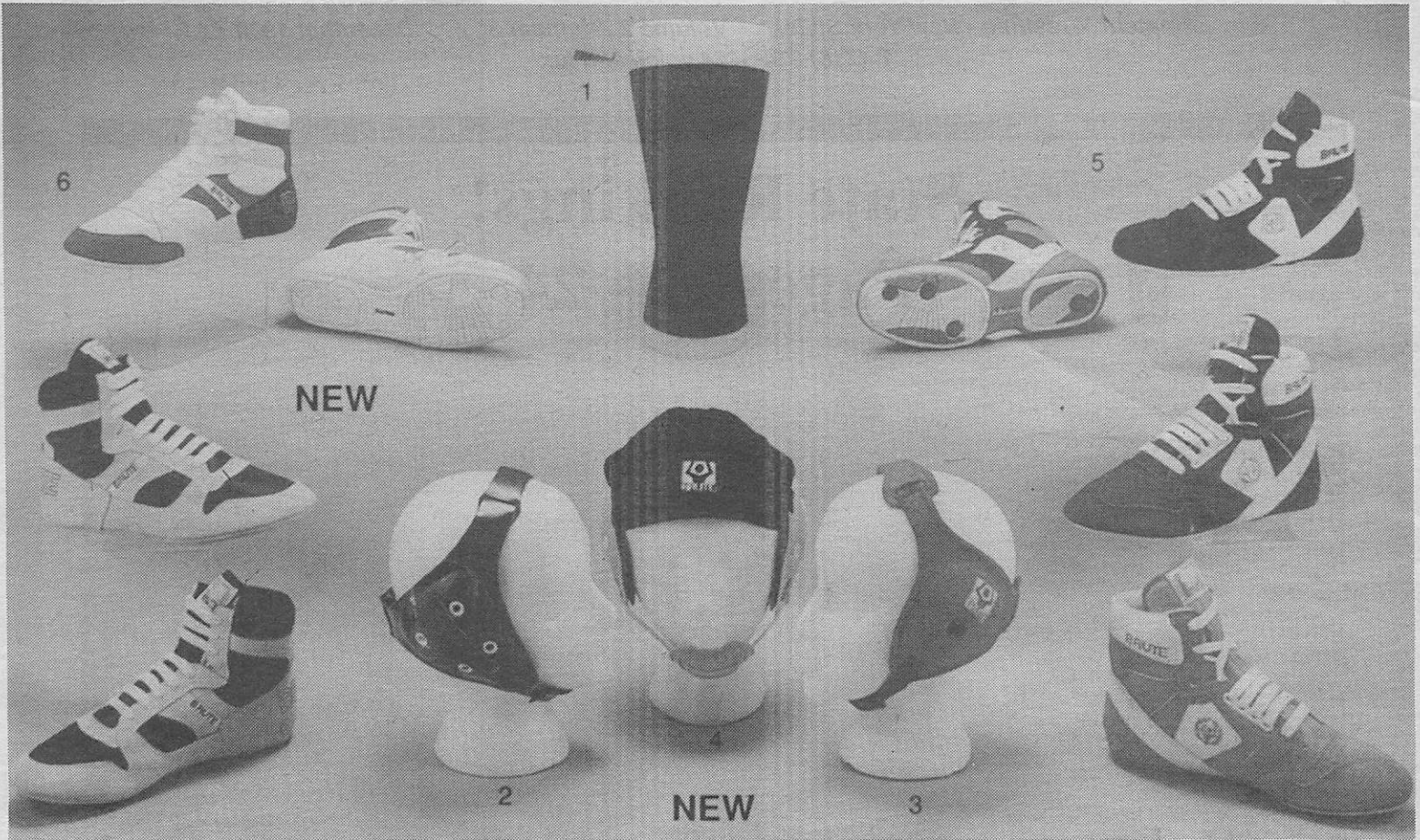
**David Hirsch, left, battles
Mike Jamison at States**

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Matt Marciniak Ready for State Title

Watkins Glen-4 Senior Prepares for third trip to the States; has placed fifth and third - now his aim is first place!

Despite having some bad luck in the past two New York State Championships, Matt Marciniak of Watkins Glen-4 maintains a positive outlook. Commenting on last season's state championships, in which he placed third at 155 pounds, he said, "Overall I felt pretty bad about not making it to the finals. But I'm getting better and improving. I've set some high goals for this season, and I've been working hard trying to reach them."

The bad luck in last year's tournament came in the semifinals when he faced off against senior Brian Gray of Wellsville-5. Despite coming from different sections, the two had wrestled three times before and were not strangers to each other's style. In all three prior matches, Marciniak, now a senior, had come out on top. The first time was a 10-1 decision, then a 9-6 win and finally a 6-2 victory. The latter two wins came during the middle part of last season.

In the state semifinals, though, Gray wrestled a very smart match, scrambling to avoid several near-takedowns by an aggressive Marciniak, and using the out-of-bounds area to his advantage strategically. He scored the decisive takedown in the final period to pull out a 3-2 decision. Those who knew of the rivalry between these two were shocked. All other fans were reeling from a fantastically entertaining match between two guys both worthy of state titles.

Gray, who had earlier beaten Jim Harvey of Massena-10, 11-2, and pinned Israel Medina of Freeport-8 in 3:48, then went out and thrashed a very tough Mike Murtha of Bellport-11, 14-7. Entering the wrestlebacks, Matt responded with a 1-0 decision over Mike Luick of Niagara-Wheatfield-6 and then a 6-2 win over Marcus Hutchins of Monticello-9 to take the bronze medal. In the first round of the tournament, Marciniak had beaten a very strong Dion Visconti of Chaminade-Cath, 7-1. Matt finished the year with a 37-1 record.

The bad luck in the state tournament before last year came in the wrestlebacks for Matt. Based on a 9-3 loss to Port Jefferson-11's Jamie St John, a two-time state champ, Marciniak had a chance for any place-finish from third to sixth. In the first wrestleback round, while ahead by two points, he was penalized for an illegal slam. His opponent was surprisingly unable to continue, thus giving him the default victory. At the time, there was perhaps 20 seconds to go in the match. Matt won his next match and took fifth.

With the help of Watkins Glen head coach Mike Watson Matt continued his steady improvement over the summer. He qualified for the Empire State Games in both styles. In free-style, he won all matches up to the finals, where he dropped a tight 6-5 decision to state fourth place finisher Marcus Hutchins. From there, he rebounded by scoring three pins and three close decisions in grabbing the Greco Roman gold medal. He didn't even place in last year's Empire Games - that underscores his continual improvement.

This season, Marciniak has been competing at 167 and 177 pounds. For the

Sectionals, though, he will compete at 155 pounds. He is 5-0 so far, with all five wins very decisive. Says Matt about this season, "We have a good team this year. We just beat Waverly-4 39-27, the first time our school has done that in 16 years. Personally, I have high goals. There are a lot of good wrestlers out there, and things happen. I may not reach all my goals, but I'll do well."

After this year, he plans on going to college and competing. Some of the schools he is interested in include Cornell, Lehigh, SUNY Binghamton, SUNY Brockport, West Point, and others. Marciniak has a 90 school average and is taking Advanced Placement courses in English, Physics, and Calculus. He will most likely major in Arts and Science, but isn't sure yet. His older brother Adam just finished up at Brockport, where he wrestled and placed in the Division III NCAA's despite wrestling with broken ribs.

Much of Matt's accomplishments are due to his coach, Mike Watson. "He has really opened my eyes to a lot of things in this sport. He's a bit eccentric, but he's helped a lot," he remarked recently. The eccentric part of Watson is probably the fact that at age 42, he still occasionally competes in open tournaments. In fact, he won the last tournament based on a win over Cortland's former 118 pounder, Troy Monks. If that name rings a bell, it's because Monks won the NYS Collegiate Championships and the NCAA Division III Title last season!

Based on last year's state finish and his summer Empire Games performances, Marciniak is currently ranked number one in the state. Should he make it the states for his third trip, he will be heavily favored to win it all. With his past state experience, and the countless tight matches he has pulled off in top competition, he will be very hard to beat. And mathematically speaking, the next sequential place finish for him after taking fifth two years ago and third last year, should be first this year!

**The New York 100,
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NYS High School Top Ten Rankings are in this issue. To nominate a wrestler, send in pertinent information to New York Wrestling News, 684 Calkins Road, Rochester, NY 14623 Or fax us your information: (716) 334-6454

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Suffern-1's Tom DiTore No Longer Overlooked

Talented senior could be the best on a team with two other potential state champs

Powerful Suffern-1 High School always has good wrestlers on the squad. This year they may have as many as three state champions. Now it highly unlikely that this will happen - based on state history, it hardly ever does. But let's put it this way - Suffern has three guys that are quite capable of winning at the states, and if things go their way, who knows...

One of their top contenders is 132-pound Tom DiTore. As a sophomore, he barely lost to Peekskill's Jim Rial in the Sectionals. Rial eventually won two Section One titles, with DiTore taking a strong third place in the tournament. Last year in the Sectionals, Tom made it to the finals where he faced a very formidable Nick Grimaldi of Somers. Grimaldi, also a junior last year, had over 100 career wins and a 33-0 record up until the finals. There, however, DiTore excited the crowd by securing a headlock in the second period and pinning Grimaldi. At that point, he was ahead, 5-0, in a very competitive and hard-fought match.

Tom looked impressive in last year's state tournament as he reeled off two wins over top competition - a 4-1 decision over Shawn Edwards, Peru-7, and a 6-2 win over Demond Betts of Walt Whitman-11. In the semifinals, he and Chad Groncki of Burnt Hills-2 provided the fans with one of the most exciting and high-scoring matches of the semifinals. It went down to the wire with Groncki tenaciously clinging to a 10-9 victory. It was even closer than the score indicated.

In wrestleback action, DiTore beat Fulton's tough Chad Sheldon by a 2-1 score. In his final match, he was overmatched by Whitney Point-4's Kent Maslin, 11-3. Maslin is a strong, talented wrestler whose only state loss was to Troy Bouzakis. He is now at Ithaca College ranked in the top eight of New York State at 142 pounds.

DiTore has worked out a lot over the summer and is currently undefeated at 132 pounds. None of his matches so far have been close. It's likely that he'll move down to 126 again for the post-season. Until then, Suffern has plenty of quality competition on the schedule. In the practice room, Tom works out with several talented athletes, including John Spiegelman, runner-up in last year's state tournament at 138 pounds.

In addition, Chris Matteotti at 112 pounds is one of those guys who has a hard time making it to Syracuse. But once he gets there, he's got as good a chance as anyone at taking the title. For the past two years, he's had state champions in his weight class from Section One preventing him from going.

With Spiegelman and Matteotti around, it's not hard to get overlooked. But don't overlook Tom DiTore should he make it back to Syracuse in March. He's proven he can go with the best of them, and this year, it might be him that turns out to be the best!

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Jason Chervak Top Ranked

Maine-Endwell-4 senior looks to improve on impressive third place finish in last year's New York State Championships

This is what the scouts from Section Four had to say about Maine-Endwell-4's Jason Chervak: "Should be considered for state number one ranking; looks extremely good!" The scouts are right on this one; Chervak is a definite threat to a state title in March.

Last season, Chervak went 29-1 at 105 pounds, his one loss coming against Clarkstown South-1's David Hirsch. Hirsch, who destroyed the competition en route to the 105 pound state title, later proved to be one of the best wrestlers in the entire nation. In his quarterfinals match against Chervak, he was only up by a 4-3 margin in the third period. But a flu-weakened Chervak soon ran out of gas, and Hirsch racked up seven straight points to give him an 11-3 victory. It was Jason's first match at the states (Hirsch warmed up by drilling Mike Jamison of Fowler-3, 16-2). No one scored as many points on Hirsch as he did.

In round one of wrestlebacks, Chervak found second gear in beating Hempstead-8's Calvin Whitfield, 5-2. Round two saw him in overdrive as he drilled Justin Foa, 15-0. He followed with another technical fall, 16-1, over Chaminade-Cath's Mark Baron. To cement his bronze state medal, he shut down Peru-7's talented Rob Bashaw, 4-0. In winning four matches in a row, he outscored the competi-

tion 39-3.

During the off-season, Jason competed in a few tournaments. In the Freestyle states, he took a fourth place medal at 123 pounds. Later in the Tiger ASICS National Junior Tournament, he finished with a respectable 2-2 record. Later in the summer, he entered a small tournament in New Jersey and came away with the title based on a 6-4 win over that state's state champion.

Chervak is currently 4-0 this season, with two pins and two shutouts (15-0 and 14-0). He is a senior sporting a career record of 84-12. Last season he finished 48 in the New York 100 Rankings, earning 154 points. This year, he should crack the top 15, with an excellent chance of making it into the top 10 as well. Jason has been at 119 and 126 so far this season. He should be at 112 for the sectionals, though. Section Four is loaded with talent at that weight this year, but Chervak holds the top spot. When he wrestles, he goes for a full six minutes and scores a lot of points. In March, if you get to watch the state tournament, it will be filled with tons of great wrestlers going at it simultaneously. It's often confusing to know which athletes are the most exciting to watch. When the lightweights are up, take heed of what the scouts said - and watch Jason Chervak of Section Four.

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Healthy Living Styles - Drug Free

Monroe County (Greater Rochester, Section Five) has a unique organization that is designed to promote a healthy living style by encouraging kids to participate in sports and stay away from harmful drugs. This group is called **Healthy Living Styles - Drug Free**. It is chaired by John Yengo, Eastridge wrestling coach and Monroe County Wrestling Chairman.

HLS-DF sponsors all types of activities, including banquets, guest speakers, special awards, poster contests, and others. All their activities involve wrestlers and are meant to provide alternatives to harmful activities.

Coach Yengo offers the following suggestions to coaches concerning dealing with potential problems.

- 1 Call your captains together and talk about alcohol and other drug abuse.
- 2 Open a dialogue with your athletes on drug abuse
- 3 In order for our drug program to work, we have to get our athletes to use peer pressure on teammates to not use any mood-altering chemicals.
- 4 Enforce all training rules.
- 5 Know the symptoms - recognize the signs.
- 6 Have a definite plan in case one of your athletes is caught.
- 7 If you overhear students talking about an athlete who has broken training rules, investigate.
- 8 If you overhear party plans, confront the athlete immediately.
- 9 If you smell alcohol or some form of tobacco, confront the athlete immediately.
- 10 Get parents involved in co-signing training rule pledge cards.
- 11 Check on your wrestlers - let them know you care about them.
- 12 Coaches should be good role models.
- 13 Find alternative activities for athletes after contests.
- 14 Follow up on any discipline with help for your wrestler.

If you would like to contact Coach Yengo for further information, such as setting up a similar organization in your school or area, please call (716) 872-3497. Or write to him at 10 Alpine Drive, Webster, NY 14580.

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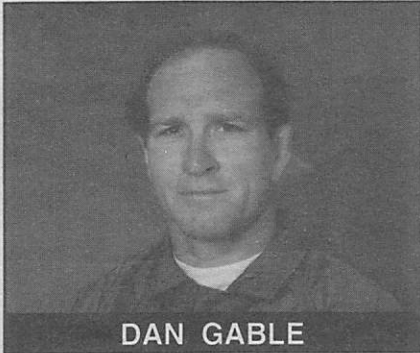
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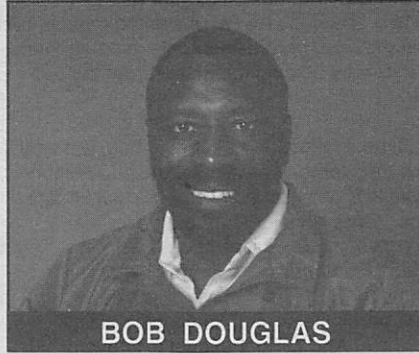
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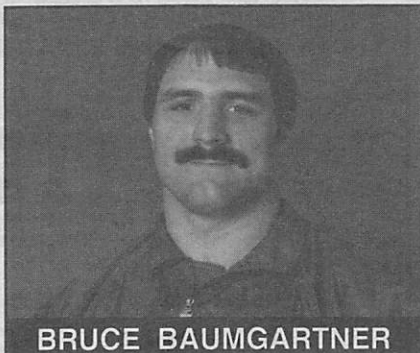
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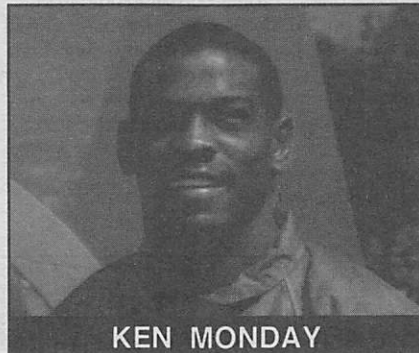
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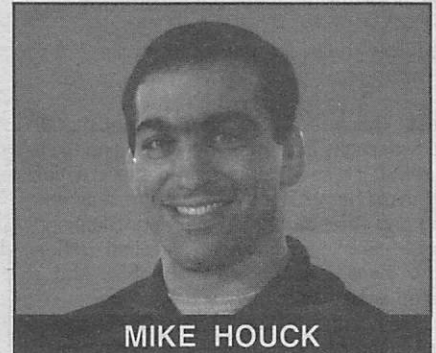
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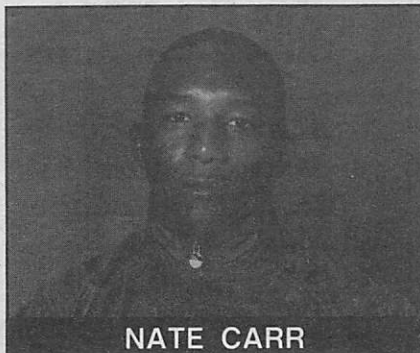
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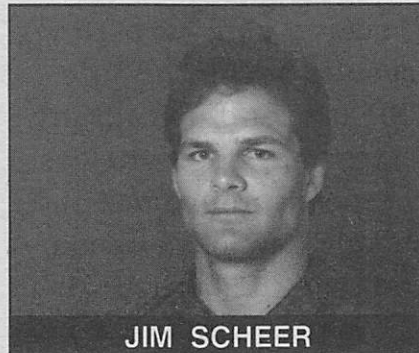
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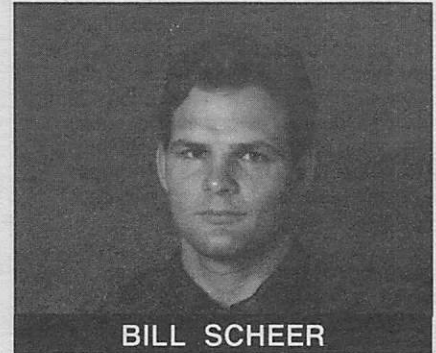
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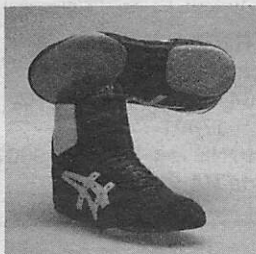
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Treating Nagging Injuries

Tips on Dealing with Inevitable Injuries Associated with Wrestling

Most - if not all - wrestlers get injured in one way or another during the season. Some injuries are a lot worse than others; serious injuries require professional medical attention and, unfortunately, often end or diminish seasons. But the little injuries, the ones that don't keep you off the mat but do hinder performance, can and should be treated by the wrestler. It should be pointed out, however, that a wrestler should never attempt to assess the seriousness of an injury: always consult a trained medical professional.

According to Mike Oliverio, a pre-med major and student athletic trainer assigned to SUNY Binghamton's wrestling team, the most common cause of little - but - nagging injuries is muscle over-use. Signs of muscular strains include aches and pains, point tenderness, and muscles that are sore to touch. "It hurts when I do this [a normal bending motion], coach" would be a sign of such muscular strain. These strains come from a tear in the belly of a muscle, the result of a forced motion, and typically occur during a match or live wrestling in practice. Injuries of this nature will reoccur from repeated positions or strains unless properly treated.

The following tips for treating muscular strains were provided by Mr. Oliverio.

1 Rest. This does not mean a wrestler should spend two weeks in front of the TV waiting to heal; rather, if a shoulder is injured, the wrestler should avoid heavy lifting and focus instead on jogging and other cardiovascular / conditioning exercises. Similarly, if a knee is swollen, rather than run, the wrestler should lift weights. And, unless otherwise instructed, live wrestling should be avoided initially. Depending on the severity of the injury, light drilling would probably be acceptable.

2 Ice. The importance of icing swollen limbs cannot be stressed enough. It is easy to do but often neglected. Twenty minutes on, 30 minutes off for the first 48 hours, then 20 on / 20 off thereafter. Incidentally, with a little ingenuity and rearranging of furniture, the wrestler need not waste valuable studying time just icing an injury - he can read or even work at his desk while doing so.

3 Aspirin. For all but head injuries, aspirin is effective for reducing swelling. It dilates veins and aids with the circulation of body fluids, thus reducing the chances of clotting. However, because aspirin also relieves pain, it should only be taken after practice. If a wrestler is not conscious of the pain, he may not respect the limitations of his injury.

4 Compression. Wrapping an Ace bandage around an injured limb squeezes blood and other fluids out of the affected area. Under normal circumstances, Ace bandages can be work while participating in regular daily activities.

5 Elevation. Keeping the injured limb elevated helps fluids return to the center of the body and thus reduces swelling. As with icing, the

wrestler can get some studying done while treating himself.

6 Taping. In addition to aiding with compression, taping before practice helps prevent unwanted motion. Taping also supports torn ligaments and weak joints.

7 Braces. The next step after taping is using a brace. Braces prevent unwanted motion, and as in the case of torn ligaments, help strengthen a joint by holding it together from the outside.

The time it takes for an injury to heal will vary from wrestler to wrestler; but the above techniques will help regardless of the individual's pace. Once an injury has begun to heal, strengthening exercises should be done. Rehabilitation methods include bending and stretching motions, the goal of which is to return the injured part to its normal functioning ability.

And while the ideal is to avoid injuries, it is highly unlikely that a wrestler will go through the season without incurring at least a few minor ones. Proper conditioning can cut down the possibilities, as does the use of head gear and knee pads. But when an injury does occur, the wrestler should do everything he can to rehabilitate himself - including always consulting a trainer or other medical professional.

By John Vanderpot
SUNY Binghamton

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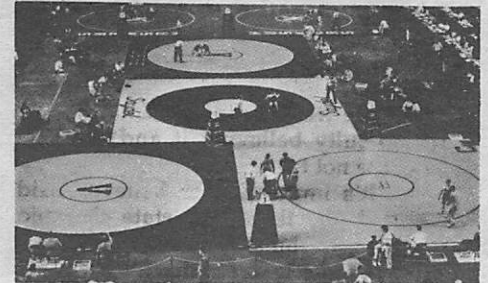
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End of the Dry Spell for Section Seven?

Peru-7 Senior Shawn Edwards hopes to become the Section's second state champ; it will have been eleven years in coming!

Let's face it, Section Seven wrestlers don't get a lot of respect. Located in the upper-most region of New York State (alongside Section Ten, which also doesn't get a lot of respect), it contains only 27 high schools. And wrestling in the Champlain area (which is Section Seven) is not as popular as it is in other parts of the state. Of the 27 schools in that section, less than ten have wrestling programs.

Section Seven is dominated by Peru, Saranac, Beekmantown, Northern Adirondack, and Au Sable Valley. It's not unusual to see many-times Section Seven champions from Peru competing in the state tournament. But overall, Section Seven has managed only one state champion - Gregg Bruno of Peru. Bruno won his title in 1979 at 138 pounds.

This year there are a few Section Seven wrestlers who are going to inject a new level of respect for their region. Perhaps the top one is Shawn Edwards of Peru. Now a senior, Edwards has already been to the state tournament four times - every year since eighth grade. He's taken one sixth place medal so far - not very impressive, but the best is still ahead of him.

Early this year in a dual meet with Burnt Hills-2, Shawn defeated state runner-up

Chad Groncki by an 8-2 margin. Both wrestlers were at 145, but will later be at either 132 or 138 for the Sectionals. Groncki was second in last year's state tournament, losing only to three-time state champ Troy Bouzakis of Pine Bush-9.

In the match, Edwards scored five points on an early lateral drop. In the next few minutes, they traded escapes to make the score 6-2 until with about one minute remaining in the match. At that point, Edwards scored an insurance takedown to seal the match at 8-2. Groncki, however, injured himself in the match and was forced to take the entire two minutes of injury time. Edwards had beaten Groncki two years ago as well.

And by beating the state's top-ranked wrestler, Shawn immediately established himself as a serious threat to a state title. No longer is he one of those guys everyone else warms up on at the states. He'll be there with the ability to win the tournament.

But last year, while Groncki was in the process of taking a very respectable second place in last year's state meet, Edwards did not place. Both were at 126 pounds. In round one, Edwards lost a 4-1 decision to Suffern's Tom DiTore. In wrestlebacks, he won 10-4 versus McQuaid-5's Bryan Knauss, but dropped a last second 5-3 loss to Chad Shel-

don of Fulton, thus eliminating him from medal contention. Said Edwards, "I felt bad at last year's states. Chad placed second and I had beaten him last year. I felt like I could have done better."

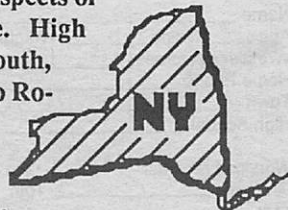
Up until the states, Edwards was 28-0 last year, with 26 pins. "The problem is that there are not a lot of tough schools like in the other sections. Most of the time I could have wrestled at 155 pounds and pinned everybody. We usually have to wrestle Section 2 teams to get good competition," said Shawn.

Looking backwards, it's amazing Edwards hasn't placed in other state tournaments. Each year he wrestled the top wrestlers and performed well. As an eighth grader, however, he had the misfortune of facing Troy Bouzakis, who won the tournament. When asked how he made out, Edwards commented, "Let's just say I was flying through the air with the greatest of ease!" He also lost to rugged Rich Pawlewicz of Fulton, 14-3. In ninth grade, he again lost to Pawlewicz in the states, by a 9-0 margin. He won two matches, then lost to Chris Cocuzzo by a last second takedown, 3-2.

In tenth grade, on trip number three to Syracuse, Shawn drew Jim Canty in round one. Canty won a tight 3-0 decision, then went on to second place. Edwards next won

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(716) 334-6454 Mike Morone, editor

two close matches and lost two close ones in earning sixth place. And as a junior last year, he failed to place.

Now a senior, Edwards is currently 123-25. He will most likely be at 132 pounds for the Section Seven Championships. Coached by his father, Gary Edwards, he has an excellent chance winning his fifth straight Section Seven title. And once he gets to Syracuse, he should be free of the normal first-round fears. He's been there enough that the magnitude of the event doesn't bother him. This could be a huge factor in his becoming Section Seven's second state champ. The last one was eleven years ago. It's been a long time in coming.

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The Big Year for "The Alternate"

Beaver River-3's Bryan Roggie did well last year as a last-minute alternate in the States. This year he'll do better.

It was about 10:00 pm on the Tuesday before the New York State Championships when Brian Roggie found out that he might be wrestling in the tournament. He was at a friend's house, making a sign for teammate Brian Buckingham who had qualified for the state tournament at 145 pounds. While at his friend's house, Brian got a phone call from his long-time friend Chris Lynch of Indian River-3. "Keep your weight down; I might not be wrestling this weekend. My knee is pretty bad," is what Lynch said.

Lynch, a senior last year, beat Roggie, of Beaver River, in the Section Three finals. But in the last fifteen seconds of the match, he injured his knee. "I heard it snap, so I figured it was pretty serious," said Roggie recently. Ironically, Roggie and Lynch are good friends. They wrestled pee-wee together, and went to the freestyle Nationals together. In the five times they've had to compete over the years, Lynch has won three with Roggie taking two of the matches.

Said Roggie of his Sectional finals loss, "I wanted to win, but I wasn't that upset. Chris is a good friend of mine, and I did have another year to go." But getting back to that Tuesday night, he wasted no time in donning his sweats and going out to running. "I was nervous about whether or not I would be wrestling, and about making weight. When I found out on Thursday that Chris would not be able to go, and I would be going instead, I was happy in a way, but I also felt bad for Chris," commented Brian.

To prepare for the tournament, Roggie attended practice sessions with the Section Three State Team. He watched his weight and prepared for it just like any other tournament. The preparations paid off, and in the first round of the states, he pinned a very scrappy Gary DeCarr of North Rose-Wolcott-5. While behind in points, Roggie scored a pin at

the 5:08 mark.

DeCarr, a senior, had never been to the states before, but his only losses had been to the best wrestlers in the state. Prior to the tournament, many fans rightfully figured him to be the best wrestler in the 119 pound weight class. His season record of 39-1 featured several impressive tournament wins over rugged competition. And in the match before Roggie's, Gary whipped Lonnie Rivers of Peru-7 by a 12-2 margin.

Brian's surprising victory placed him in the semifinals against another tough competitor, Waverly-4's Shawn Welch. Pumped up from a quarterfinals win over Falconer-6's super-strong Dave Brainard, Welch secured a powerful cradle right from the feet and pinned Roggie with five seconds left in period one.

Welch, of course went on to win the title, with Roggie going into wrestlebacks. In his next match, he pinned Phil Donnelly of Pearl River-1. That put him in the consolation finals for third place. His opponent: Gary DeCarr, whom he had pinned in the first round. DeCarr had been impressive as well in wrestlebacks, beating Armandio Pulido of Sachem-11, Brainard (6-6 OT referee's decision), and Ken Garcia, Long Beach-8 (8-5).

In a crowd-pleasing, exciting match, it was DeCarr who took the match based on a 3-2 decision. For the season, Roggie finished with a state fourth place finish and a 33-4 record. DeCarr wound up with a 42-2 record and a third place state medal. Strangely enough, when the New York Wrestling News' computer ranking system generated the 1990 New York 100 (a ranking of the top 100 high school wrestlers for the season), it

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had two wrestlers tied at number 43 - DeCarr and Roggie. Both finished with an impressive 168 points in the ranking system.

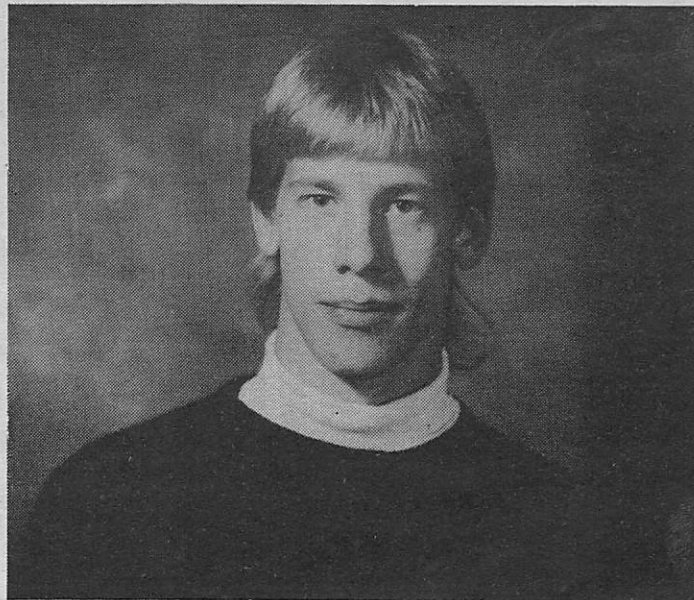
Said Roggie of his state experiences, "Overall, I felt I did well. Perhaps I could have done better, but I wasn't supposed to be there anyway."

For his career, Brian has 124 wins. As a sophomore, he went 34-3, placing second in the Section Three tournament. As a freshman, he was 28-2, and 23-4 as an eighth grader.

In the off-season, Roggie opened a lot of eyes with some impressive wins. In May, he won the State Freestyle Championships at 132 pounds. Coming off an early round loss to Sidney-4's Joel Ferrara, he

pinned Ferrara in the finals rematch. Brian's win also included wins over Johnson City-4's Joe Toner and Falconer-6's Dave Brainard. Later in the summer, he beat state runner-up Doug Groncki by two points in the Empire State Games. Later in the tournament, he shocked state champ Juan Carlos Garcia 12-5. Roggie wound up in fourth place, but proved he was capable of a state title when March rolls around.

With a current record of 124-13 (6-0 for the current season), Roggie may wind up with 160 or more career wins. He's at 138 pounds right now, but will most likely be at 119 again for the Section Three tournament. And with a somewhat unorthodox style that makes use of his balance, flexibility, and leverage, he is in a perfect position to score big wins on the way to a very possible state championship.

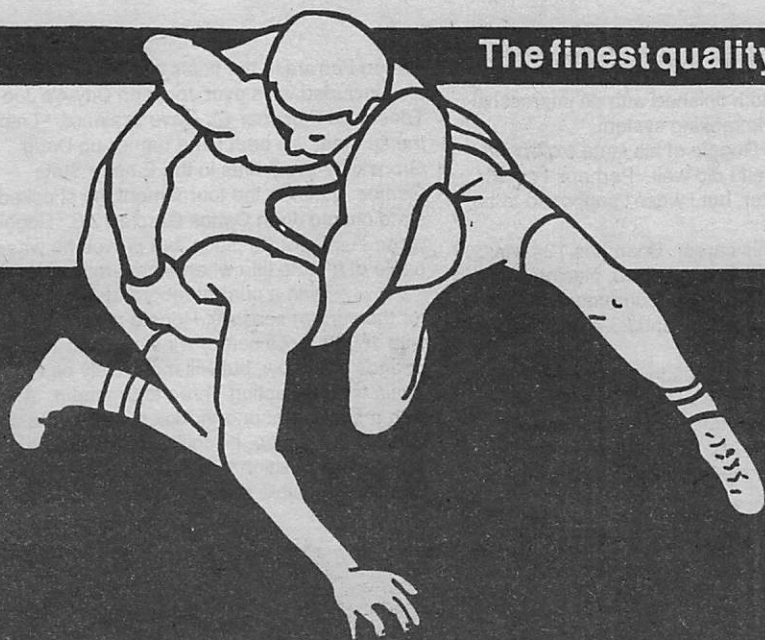


BRYAN ROGGIE, a senior from Beaver River-3 took fourth place in last year's state tournament. Over the summer he won the freestyle state title and later beat state champ Juan Carlos Garcia. He stands a good chance at winning a state title this year.

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Chaminade's Dion Visconti leads CHSAA as he heads towards state title

The 1990-91 CHSAA (Catholic High School Athletic Association) wrestling season looks bright this season with a number of state medal potentials in addition to a couple of state title hopefuls. Most of the schools in this league are located in the Long Island / New York City area, with the remaining schools in Buffalo. These schools do not participate in their area's Sectional Championships. Rather, they have their own CHSAA state championships, with the winner going to the state championships in Syracuse.

Last year the CHSAA team placed tenth out of thirteen sections in the state tournament. The only teams they beat out were Section Seven, the PSAL (New York City School League), and Section Ten. But with the added experience of the six champions and six runners-up from last year's CHSAA tournament, they should be in the top half of the standings - that's a prediction from the editor's of New York Wrestling News!

Of all the returners, two seniors have the best chances at winning state titles - Dion Visconti and Robert Donnino, both of Chaminade. Visconti should become the first ever four-time CHSAA State Champion later this season. In the 1989 state tournament, he took

fourth place at 155 pounds, behind three great athletes - Seamus Lyman, JJ Stanbro, and Emilio Collins. In last year's tournament, though, he was weakened by illness. In round one, he beat Shawn Favreau of Peru-7, 8-4. Then he lost a 7-1 match to Watkins Glen-4's Matt Marciniak. He rebounded by beating Paul Lyman of Watertown-3, 7-1, but lost to Isreal Medina of Freeport-8, 5-2, just before the medal round. His only losses of last year came in the state tournament.

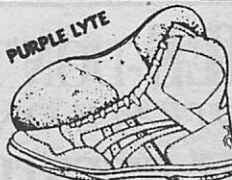
Visconti now has over 80 career wins, and will become only the second Chaminade wrestler to record 100 wins. In addition, he is in strong position to win a state title, whether it's at 155 or 167. In last year's **New York 100 Rankings**, he captured position 74.

Of all CHSAA wrestlers in last year's state tournament, Robert Donnino, Chaminade, 112 pounds, did the best. He placed fourth in a very strong weight class. In that tournament, he won his first round, 4-2, then lost in the semifinals by a 6-3 margin. He made it to the consolation finals by beating Shane Lese, Horseheads-4, 1-0. There, however, he lost a 13-2 decision to Bryant Ranger of Midlakes-5 and took fourth place. Donnino is also a senior now, and has won the CHSAA title twice. Most importantly, he also won a gold medal in this

past summer's Empire State Games. His title there came in the freestyle 123 pound weight class. There, he won over a field that included Joe King, Rob Bashaw, Sean O'Hara, Rudy Hein, and Jake Gardner. Donnino was ranked 91st in last year's **New York 100 Rankings**, and should move way up after this season.

Several other CHSAA wrestlers have good chances at state medals this year. Some of the top returning athletes include Rob Pavis, Ken Gein, Frank Aquino, Peter Smith (already a two-time CHSAA State Champ; now a junior, was a 2-2, referee's overtime decision away from a top six state medal), Armando Newbold, Chris Myers, Hector Cruz, Bob Schaller, Steve Nikolakakos (a 1-0 loss away from a state medal last year), Andy Zakel, Chris Tucci, Torre Mazzara, Gerry Donohue, Mike Messore, Ken Meyers, Tim Pula, Carmine DiMenico, Gasper LaRosa, Chris Smith, and John Morale. The top three teams from last year's CHSAA State Championships were Messenger Farrell, Chaminade, and St Anthony's. A mere five points separated these three teams, with Farrell winning the title by one half point.

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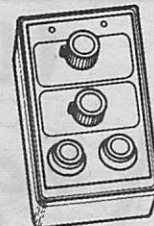
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JC-4's Sorochinsky looks to snap the Section Four Silver Medal Jinx

Senior middleweight has taken second place in the Section Four Championships Three Times!

Across the state, there is probably no one more anxious to wrestle in the state tournament than Johnson City-4's Matt Sorochinsky. He's been so close so many times. Consider this - he has been runner-up in the Section Four Championships three times! Says Matt, "This year my goal is to win the Sectionals. I want to wipe out the competition - there is no next year after this."

He's off to a great start. Wrestling for probably the state's best team, Johnson City, Matt has great workout partners and coaching. JC also participates in the toughest tournaments across the state. Most recently, they placed second in the Spencerport-5 Bernabi-Teike Tournament. A very balanced Fulton-3 team won the title, but managed only two champions to Johnson City's four.

Up to the Spencerport tournament, Matt was 11-0 with all 11 wins coming by pin - and all by the second period. In his last two matches in winning Spencerport, he won by fall in 1:23 and by 13-5 in the finals.

Going back to last year, during the dual meet with Waverly, Matt had beaten Phil McCarty 12-0 at 155 pounds. However, when

the two squared off later in the Section Four finals at 145, it was surprisingly different. McCarty won 2-1 to go to the state meet, where he placed fourth. The year before was almost as frustrating, with Matt losing to another Waverly wrestler, Scott Sullivan, 4-3 in overtime.

The year before that was the only time Matt did not make it to the Section Four finals. The weight class had an unusually high number of super-talented wrestlers, and it was Brandon McNaught who eventually won it. And as an eighth grader, Sorochinsky posted a 28-4 record, making it to the Sectional finals but losing to Kent Maslin of Whitney Point.

Matt is now an incredible 147-21-3. By the time he finishes, he should have close to 170 career wins. He has done a lot of international wrestling, and last year went to Russia for a two-week exchange trip. He also competed in the ASICS National Junior tournament in Iowa. So far this year, he has been wrestling at 155 and 167 pounds, but will probably drop down to 145 for the Section Four Championships. He has a lot of experience and tough practice room workout partners. And his school has a top-notch schedule.

Added together puts Matt in good position for winning the state tournament.

This year Sorochinsky has a chance of winning state championships in two sports. In addition to wrestling, he is an excellent pole vaulter. "Last year I missed the whole track season because of torn ligaments in my leg. But I'm looking forward to track season this year. I plan on winning the states in pole vaulting."

Indeed he may. Fourteen feet has won state titles in the past, and Matt had been doing that in practice over the summer consistently. His best in competition is 13 feet, nine inches. At the Empire Games this summer, the gold medal jump was only 11 feet, a possible indication of what's to come in the spring at the state championships.

Anyway, if there's anyone in the state who deserves to go to the state wrestling tournament, it's Matt Sorochinsky. He's come so close on three occasions. In this, his senior season, he just may finally get there. And once he gets out of Section Four, look for him to make up for all those silver medals by winning a gold one.

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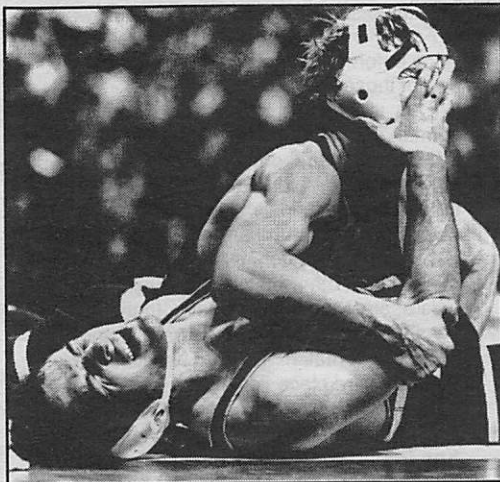


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coach of the 1989 Pan American Championships team, and has worked with many USA World Teams. He has been active as a leading club coach in the United States. He started in 1972, with the Peninsula Grapplers in California, and then worked with Adirondack Three-Style Wrestling Association, starting in 1978. He has developed dozens of national and international calibre athletes in his club programs. Making it the finals of the coach selection process is a major accomplishment by itself.

"I am very pleased to be considered in the top five and am hopeful of doing well in the interviewing sessions. Hopefully the selection committee will strongly consider my results as a coach. If there is a chance, it will be based on that," said DeMeo of being recognized as one of the nation's leading Greco coaches.

Coach DeMeo started as head coach at SUNY Albany in 1977, and has built a strong Division III wrestling program that has boasted several national champions and placewinners. Previously, he served seven years as the head wrestling coach at Stanford University. He was also an assistant coach for three years at Michigan State. This year's US Greco Roman World Championship Team had three members from DeMeo's club:

Shawn Sheldon, 114.5 pounds, who placed fifth in the World Championships.

Andy Seras, 149 pounds, who has placed ninth in last year's World Championships

Chris Tironi, 220 pounds, who placed sixth in the World Championships

Sheldon and Seras were on the 1988 Olympic Team. All three are hugely successful, having wrestled for DeMeo for SUNY Albany and for his club organization. In addition, all three recently competed in the World Cup competition.

It would be very convenient for Joe DeMeo to be one of the two Greco Roman coaches for the 1992 US Olympic team, because he's probably going to have at least three of his own wrestlers on the team anyway!

Joe DeMeo among Five Finalists for 1992 US Olympic Greco Roman Head Coach

COLORADO SPRINGS, CO - Five final candidates for the position as Head Coach of the 1992 Olympic Team in Greco Roman Wrestling have been named by the Board of Directors of USA Wrestling, the governing body of wrestling in this country. Included in the list of five candidates is Joe DeMeo of Schenectady. DeMeo is head coach at SUNY Albany.

The five men include Dan Chandler of Minneapolis (a three-time Olympian); Rob Hermann of Pensacola, Florida (head coach for the US Navy team); Bill Martell of Walnut Creek, California (head coach of the 1990 US World Team); Tim Minkel of Mount Pleasant, Michigan (head coach of the 1989 USA World Greco Team); and DeMeo.

None of the five finalists have ever served as Head Coach of a US Olympic wrestling team.

DeMeo is a club coach with Jets USA, a powerful and very successful Greco Roman wrestling club. He coached the 1984 and 1987 US World Cup Teams.

These five candidates will be interviewed in the spring by the Greco Roman Coach Selection Committee of USA Wrestling. The committee will then choose two coaches. These two coaches will be presented to the Board of Directors at their spring meeting in Las Vegas on May 12th. The Board will vote on and announce the Olympic Head Coach and Olympic Assistant Coach at that time.

DeMeo was a member of the 1988 Olympic coaching staff. He was the head

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Outmuscled in last year's State finals, John Spiegelman proves he can beat anyone in New York

Over the past ten years, Suffern-1's John Spiegelman has been putting in a lot of time in an effort to win a state wrestling title. In fact, he's been putting in overtime. "I started in second grade, and like everybody else, took my share of beatings. But it never bothered me - you have to go through that to get better," said John recently.

It took him till after ninth grade to get to his current level of excellence. As a sophomore at 132 pounds, he won 31 matches, lost only 5 and won the Sectional title. In the state tournament, he sandwiched in a win around two losses, which eliminated him from placing. Both losses were to state place-winners. Says Spiegelman of his early states experience, "Overall, I took a beating, but consider it a learning experience."

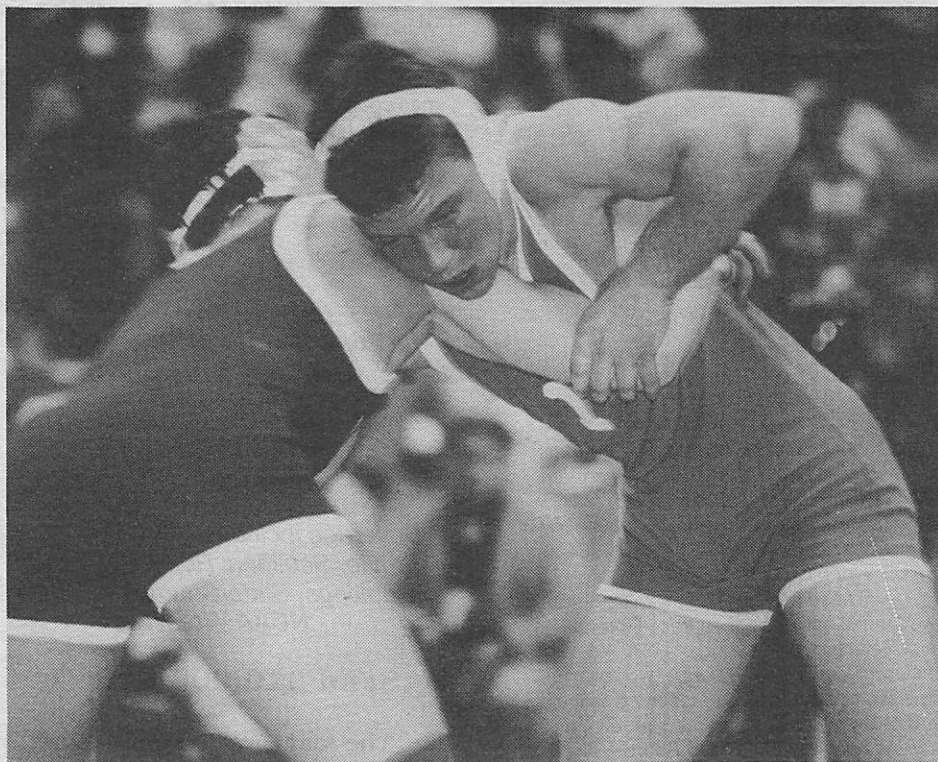
The lessons paid off well the next year, as John moved up to 138 and again won the Section One title. His finals opponent was Adam Bell of Ossining, the co-favorite to win the tournament. Spiegelman came out on top by pinning Bell late in the match. Up to that point, the match had been a close battle.

At the states last year, John survived a first round scare in squeaking out a 1-0 win. After that, he won handily over his Section Nine op-

ponent to make it to the semifinals. Some good luck befell on him in the semi's, as his opponent, Chris Terry of Whitehall-2, was not able to compete due to injury. Terry, a senior, was considered to be perhaps the top 138 pounder in the tournament. In his quarterfinals win against powerful Kareeb Howard, he hurt his knee. And despite winning the match, he was unable to wrestle after that. He forfeited back to sixth place, and Spiegelman advanced to the finals against another junior, Ken Porter of Alfred Almond-5.

Maybe it was because of not wrestling a semifinal match, or because of pressure associated with competing in a match of such importance.

Or perhaps it was just that Ken Porter was too strong and too good that day. Whatever the reason, it was not one of Spiegelman's best matches of the year. Right off the bat, he lost the takedown, then nearly got pinned at the end of period one. Overall, Porter dominated him in a 12-5 win. The highlight of the match for Spiegelman though, came in the third period, when he scored a reversal and near fall. In that sequence, he scored his five points and came close to scoring a fall. Says John of the match, "It was my first time in the state finals, and I didn't take advantage of the opportunity. I didn't wrestle as good as I've done at other times, and he beat me pretty bad."



JOHN SPIEGELMAN pummeling with Ken Porter in last year's state finals at 138 pounds. Over the summer, John managed to beat Porter in the early rounds of the Empire State Games. In the re-match, Porter took a close match to win the gold medal. Spiegelman is favored to make it back to the states, and from there, has an excellent chance of taking the title.

Over the off-season, Spiegelman worked hard. He attended two wrestling camps, Cornell and Bucknell. He also practiced two and three times per week. In June, he qualified for the Empire State Games in freestyle. When the finals rolled around, the 154 pound class was packed with talent. Besides Spiegelman, the weight had state champ Porter and fifth place state finisher Kareeb Howard of Fowler-3. And Howard had beaten Porter twice before during other off-season events, one of those by fall.

Early in the tournament, Porter and Spiegelman squared off. This time, however, Spiegelman came out on top of a close, hard-fought victory. "I felt better and stronger than I did in the state finals. I felt like the match was under my control and that I had him beat throughout," said John. After the match, both men won all other matches in reaching the finals against each other again. In the process, Porter beat Kareeb Howard in another hard-fought match. Howard wrestled back to a strong third place finish (and later took a gold medal in Greco Roman), while Porter and Spiegelman went at it again for the title. Ken Porter won the finals match by a close margin, giving him a 2-1 won/loss record against Spiegelman. This cemented his position as the top pick for a title at the State Tournament in March.

However, win his early round win, Spiegelman proved that he was capable of beating anyone in the state. After the tournament, he commented, "I'm confident now that he [Porter] can't overmatch me like he did in the States." Some matside spectators remarked that when next they meet, it will again be Spiegelman's turn to win. Whether true or not it's evident that an improved Spiegelman has the ability to win a state title in Syracuse next March.

Currently, John is 3-0 with three pins at 145 pounds. One of his victories came over highly-regarded John Phillips of Sachem-11. Later on he will drop down to 138 pounds, where he will be favored to win his third Sectional title. He will have a lot of competition along the way, as a lot of tough 138 and 145 pounders are back this year. Coming up on the schedule for Suffern is Fulton-3, and then two stiff tournaments, Sherburne-Earlville, and Queensbury.

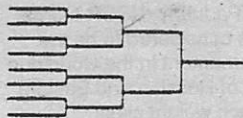
Spiegelman's goals for the year are to go undefeated and win the states. Says John, "I owe a lot to my coach (Mike DeSimone) and teammates, especially Peter Bashark, who won a Sectional title four years ago. With excellent coaching, a number of excellent workout partners, and an always challenging schedule, John Spiegelman has a good chance of grabbing a state title in March.

note: You may be seeing more than one Suffern-1 wrestler at the states this year. In addition to Spiegelman, Tom Ditore is back at 126 pounds. He took a fourth place medal at last year's state tournament, and is looking very good so far this season. Also, Chris Matteotti has a great chance of winning a Section One title and then going all the way to a state title. Over the past two years, he's been runner-up in the Section to two wrestlers who have gone on to state titles (Carlos Jimenez, Sleepy Hollow and David Hirsch, Clarkstown South).

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Last May, *New York Wrestling News* published a ranking of the one hundred most successful high school wrestlers for the 1989-90 season. Called "The New York 100", it contained detailed information on each wrestler. It was compiled by a unique computer ranking system that used the following point system for ranking purposes:

- Each career win = 1 point
- State 6th place = 30 points
- State 5th place = 40 points
- State 4th place = 50 points
- State 3rd place = 75 points
- State 2nd place = 100 points
- State Title = 150 points
- State MOW = 50 points

Based on this system, Pine Bush-9's Troy Bouzakis nearly doubled his nearest competitor in winning the number one spot. He racked up 900 points in the process.

Within the top 100, there are 34 wrestlers who are back this year. Many of them are now seniors, but several oth-

ers are juniors or younger. One of them, Terry Showalter, Whitesboro-3, is now only a ninth grader. He finished ranked 82nd last year with a total of 114 points. He placed fourth in last year's state tournament at 98 pounds.

Members of **The New York 100** who are back this year, in order of their ranking are Juan Carlos Garcia, Kenny Porter, Matt Marciniak, Craig Vitagliano, Kevin Brinkworth, Doug Groncki, Kareem Johnson, Jeffrey Duque, John Spiegelman, Craig Conant, Todd Schaffer, Brian Roggie, Chad Groncki, Jason Chervak, Jason Wartinger, James Douglas, Shawn Edwards, Rob Bashaw, Jamee Call, Matt Sorochinsky, Alex Croog, Joe Toner, Ken Wojehowski, Marcus Hutchins, Dion Visconti, Tom DiTore, Aaron Brown, Mike Jamison, Terry Showalter, Robert Dinnino, Clarence Hunt, Nick Grimaldi, David Williams, and Bill Dixon.

In addition, many, many Honorable Mention athletes are hot on the heels of the above members and could easily overtake almost any of them in this year's finals

rankings.

This year's rankings will be published again in May of 1991. In addition to the above point system, wrestlers will be given points for Sectional Championships.

To make sure **The New York 100** is as fair as possible, please be sure to submit information on wrestlers who may qualify after the state tournament in March. The information that is needed is career wins, all tournament wins, state place-finishes, and off-season honors won. Also make sure you nominate wrestlers NOW for each issue of *New York Wrestling News*' Top Ten Rankings. These rankings list the top ten high school wrestlers in each weight class.

To order your copy of **The New York 100**, send in payment along with your name, address, and phone number.

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Seras, Sheldon, and Tironi place in Grand Championship Belt Series

Three New Yorkers, all members of the Jets USA Wrestling Club (based in Albany, NY and coached by Joe DeMeo) made the 1990 Top Ten in the Grand Championship Belt Series. This series measures the most active and successful wrestlers in the nation. The wrestlers (one in freestyle and one in Greco Roman) who have accumulated the most points throughout the year are awarded handsome plaques for their trophy cases.

The Best Series is a logical point system, rewarding athletes for actual success in competition. Athletes who place in the major USA Wrestling events on the regional, national and international level scored points in the series. Each event is weighed according to importance and difficulty, in order to determine the most successful wrestler during the year. Points are scored in the age division where the award is earned, and in any applicable age division below. A wrestler also scored points by receiving the Outstanding Wrestler Award and

the Most Falls Awards. The Grand Championship Belt Series replaced the Ring Series used for many years.

Andy Seras, of Schenectady earned 244 points, placing him in third place in the Belt Series Top Ten. Ahead of him by only ten points was Buddy Lee of Woodbridge, VA, with 254 points. Winner of the Belt Series was Matt Ghaffari of Chandler, AZ, earning 325 points. Seras, a former four-time NCAA Division III All American and National Champ, is now the nation's top-ranked 149.5 pounder, a position he has enjoyed for over three years. He competed in the 1988 Olympics, and is favored to make the 1992 Olympic Games as well. He has won several national Greco championships and has placed in World competition.

In sixth place, from East Greenbush, NY, was **Shawn Sheldon**, 114.5 pounds. Sheldon is considered by many to

be the US's most successful Greco wrestler of all time. In addition to placing in several world competitions, he was the only US wrestler to ever win the Padubny, USSR tournament. This event is considered to be the toughest Greco tournament in the world due to the high number of Russian and Eastern bloc wrestlers in each weight class.

Sheldon earned 206 points in this year's Championship Belt Series in taking the sixth position.

Chris Tironi, also of the Jets USA Wrestling Club, wound up in ninth place with a total of 194 points. Tironi, 220 pounds, is now ranked number one in the country, and just recently placed in the World Greco Roman Championships. In this year's belt series, he was only four points away from taking seventh place. Two athletes, Michial Foy and Lew Dorrance, were tied for seventh place with 197 points, only three points ahead of Tironi.

Coming in May 1991 -

The New York 100 1991 season edition

The computer-generated Top 100 High School wrestlers in New York State for the 1990-91 season. Detailed information on each wrestler, plus an extensive Honorable Mention section.

Wrestlers who participate in their Section's State Qualifiers / Sectional Championships or the NY State Championships will be given a nomination form. All other wrestlers, please send in ranking information by March 15, 1991.

Second Annual Edition To be mailed May 1991

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Cheektowaga-6's Wartinger making up for a missed trip to Syracuse last year

Section Six junior barely missed out on making a return trip to the states last year; This year, he's off to a great start by beating two Top Ten Ranked wrestlers in one day

Sometimes the most difficult part of winning a state title is actually making it to the damn tournament. Several times in the past, state place-finishers and even state champs have failed to win their Sectional or County tournament, and as a result, had to pay to watch the states like all the other spectators. Most recently, last season Doug Shaffer of Waverly (who first won a state title as a sophomore, then placed fourth as a junior) couldn't make it out of Section Four in his senior year. He came about as close as you can get, losing by a narrow margin in the Sectional finals to Kent Maslin of Whitney Point.

This year there are at least a few wrestlers who have placed in the state tournament, but who failed to qualify last year. Jason Wartinger, now a junior at Cheektowaga-6 is one of those wrestlers. As a freshman, he won the Section Six title and took fifth in the 1989 state tournament at 91 pounds. Ironically, three other place-finishers at that weight class failed to qualify the next year (Craig Conant, Tully-3, Alex Croog, Brighton-5, and Mike Russell, Deposit-4).

Last season Wartinger looked like a sure thing to make it back to Syracuse and improve on his fifth place finish. Heading into the Section Six Championships, he was undefeated, having won several major tournaments, including Spencerport, Iroquois, Depew, and

Ken-Ton. He was competing at the 98 pound weight class. However, in the semifinals, he dropped a 6-6, 4-4 overtime criteria decision to Rene Crisafulli. The match was so close, it came down to Crisafulli having scored two reversals to Wartinger's one. Jason finished the season with a 28-1 record.

Crisafulli advanced to the finals where he narrowly lost to Tonawanda's Bill Dixon, 1-0. Dixon, then a freshman, then advanced to the states and took a sixth place medal. In the past, Jason had beaten Dixon twice, 8-1 in freestyle and 4-2 in the 1989 Section Six finals.

Most interesting about Wartinger's career is that he beat last year's state champ Craig Vitagliano of Plainedge-8 in the 1989 state tournament, 4-2. At the time, he was a freshman and Vitagliano was a sophomore. With a two point Wartinger lead late in the match, Vitagliano attempted a switch from the bottom. Jason countered with a re-switch that injured Craig's elbow. It popped and immediately caused a lot of pain. It was later determined that it was dislocated. The match ended with a 4-2 score in favor of Wartinger.

In addition to Vitagliano, Jason has beaten a host of other top wrestlers, including last year's runner-up to Vitagliano, Roy Frey of East Rochester-5, John Morello, Jeff Tufano,

and several others.

This season he has been competing at 119 and 112 pounds. It looks like he'll be at either 105 or 112 for the Sectional tournament. So far Wartinger has only one loss - a disqualification for accidentally using a full nelson. At the time, he was winning the match 10-0.

Most recently he won the Spencerport Bernabi-Teike Wrestling Tournament, one of the state's toughest tournaments of the year. Wrestling at 112, Jason was seeded second to Johnson City's Ted Secoolish, a senior who was runner-up in Section Four. In the semifinals, Wartinger opened some eyes by handling Hilton-5's Don Spaulding, 13-5. Spaulding, the third seed, competed in last year's state tournament and is favored to win a state medal himself this year. In the finals, Wartinger wore down top-seeded Secoolish, 5-1, in winning his second straight Spencerport Tournament title.

Now a junior, Wartinger has his eye set on going back to the state tournament in March. He'll have to get by some stiff competition in Dixon, Morello, Ty Geake, and other rugged Section Six lightweights. Should he make it back to Syracuse, he should be favored to win a title. In addition, he now has over 110 wins. By the time he is finished, he will probably have over 170 career wins & more state medals.

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New York City's Largest Wrestling Tournament Yet!

On Saturday, November 17th, the South Queens Boys and Girls Club held New York City's largest kids Open Wrestling tournament ever. The tournament was sponsored by Shirts-By-US and run by the Queens Amateur Wrestling Federation.

Wrestlers from all over the Northeast Coast participated. There were over 400 participants and spectators at the event.

The kids ages 9 - 11 and 12 - 14 participated in the NYC Club Championships. The first place team was the South Queens Boys and Girls Club Grizzlies, with a total of 75 points. Second place went to the West Side Y with 74 points, and third place went to Coopers Kids with 52 points.

The Grizzlies have not lost a NYC kids wrestling tournament in over three years. This time they were almost defeated by a surging Y team, but pulled it out with the help of four-year captain Steve Velez. Velez snapped a six-match personal losing streak by taking two of three matches for second place.

The Boys and Girls Club holds wrestling tournaments and programs year-round for boys

and girls ages 6 - 18. The club is located at 110-04 Atlantic Avenue, Richmond Hill, NY 11419. Their phone number is (718) 441-6050. For information, please ask for Robert Myers.

KIDS 8 - 11 Years Old

50 lbs
William Collins
Parker Imarie
60
David Twitchell
Emil Atwell
Joe Adams
64
Danny Sable
Joe Gambino
Joe Biland
70
TJ Rinaldo
George Sable
Paul Mehrer
81

Eric Swick
Dan Hendrickson
Ryan Lynch
86
Mark O'Neil
Bart Boulman
92
Brad Smith
Anthony Romo
Tony Miller
110
Brad Smith
Clint Osbourne
131
Wykema Corker
Duncan Macuicar
Juan Vinson
164
Joey Corollo
Jeff Daniels

Junior Varsity

104
John Gerardi
Steve Velez
Junior Beharry
137
Greg Boulman

Patrick Donowa
Wric Courtez
152
Kany Postel
Dwayne Pinkary
Al Diaz
175
Wamsley Gedeon
Tom Dwyer
Aldy Feeney

High School Varsity

104
Raihamul Islam
Rod Frey
Keon Simms
118
Gus Tsintsifas
Edward Lee
George Parmelee
128
Brian Betanacora
Ron Kemly
Westher Franco
132

Ken Volpe
Brian Gibel
Kirby Berrios
140
Tony Vasquez
Eddie Banks
Reg Ialanne
151
Fred Ippolito
Phil Itzkowitz
Dino Jack
159
Ian Biard
Kenny Book
Dave Stembar

165
Boris Benyaminovich
Kirk Campbell
Greg Ferris

178
George Jarmilla
Lamon Wilder
Jerry Santos

190
Marco Sanchez
Barry Quinn
Leo Numoz

215
Marco Johnson
John Griffo
Adrian Tayco

253
Marco Sanchez
Frank LaVione

Outstanding Wrestler Awards:
Kids - TJ Rinaldo, 70 pounds
Varsity - Ian Biard, 159 pounds

On March 9th and 10, the SQ Boys and Girls Club will once again sponsor the New York City Freestyle and Greco Roman Championships. These events will also serve as Section 12 Qualifiers for the NYS Freestyle and Greco State Championships later in the spring.

For more information, please contact Robert Myers at (718) 441-6050.

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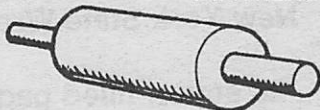
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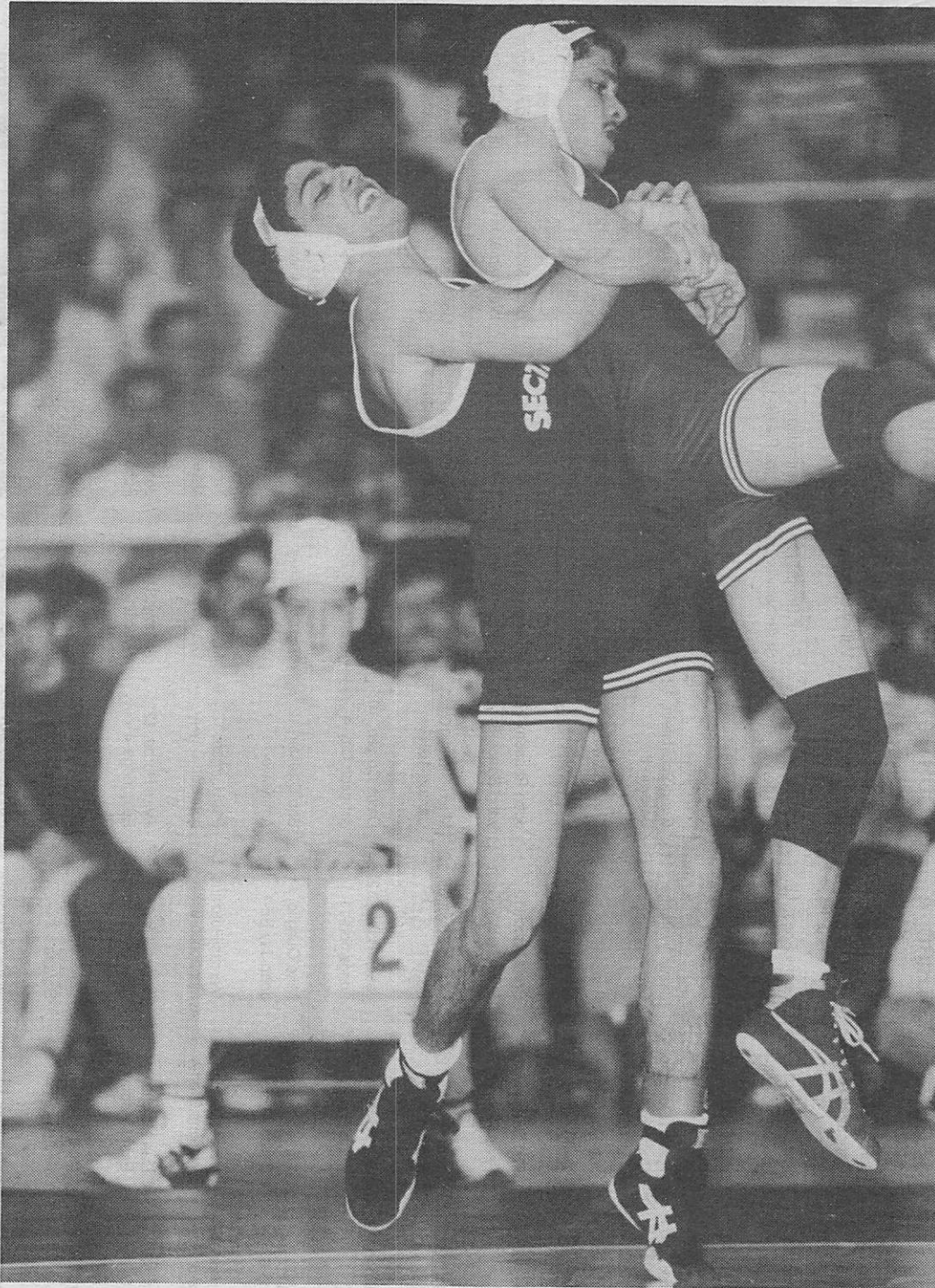
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High School Top Ten Rankings Appear on the next page. To make it as accurate as possible, please send us frequent information for ranking purposes.



119 POUND STATE FINALS: In perhaps the closest state finals, Shawn Welch, being lifted, won in overtime over Doug Groncki. Welch is now at Syracuse University, while Groncki, of Burnt Hills-2, is top-ranked in the state as a high school senior this year. His twin brother, Chad, is also top-ranked. Photo by Peter Venier.

December 1990
Poll No 1

New York State High School Top Ten Rankings

WGT	FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH	SEVENTH	EIGHTH	NINTH	TENTH
91	Clarence Hunt, 11 Niagara Falls-6	John Tyler, 10 Canastota-3	Todd Rutecki, 12 Fowler-3	Jeff Reese, 8 Elmira So Side-4	David Hardwick, 11 Valley Central-9	Corey Bushey, 10 No Adirondack-7	Mark Voci, 12 McQuaid-5	Dave Ritoli, 12 Spencerport-5	Dave Dubrava Chenango Forks-4	Brian Fiscenich Huntington-11
98	James Douglas, 11 Bethpage-8	Mike Merry, 11 Union Endicott-4	Lenny Fries, 12 Lindenhurst-11	Jeff Tufano, 10 Port Jervis, 9	Peter Smith, 11 St Anthony's-Cath	Brett Adams, 4 White Plains-1	Pietro Furguele, 12 East Rochester-5	Karl Ruud, 10 Burnt Hills-2	Larry Fontaine, 12 Queensbury-2	Shane Mack Ithaca-4
105	Craig Vitagliano, 12 Plainedge-8	Rob Bashaw, 11 Peru-7	Mike Jamison, 12 Fowler-3	Craig Conant, 11 Tully-3	Alex Croog, 11 Brighton-5	Bill Dixon, 10 Niag-Whitfield-6	Chris Matteotti, 12 Suffern-1	Ken Wojehowski, 12 Cornwall-9	Mark Aguilar, 11 Washingtonville-9	Ralph Mennichino 12 Sachem-11
112	Jason Chervak, 12 Maine-Endwell-4	Robert Donnino, 12 Chaminade-Cath	Jason Waringer, 11 Cheektowaga-6	Craig Schilfstein, 12 Baldwin-8	Kyle Sibley, 11 Valley Central-9	Ted Secoolish, 12 Johnson City-4	Don Spaulding, 12 Hilton-5	Marc Duquette, 12 Tonawanda-6	John Morello, 12 Lockport-6	Mike Artis, 12 Ossining-1
119	Juan Carlos Garcia, 12 Sleepy Hollow-1	Jeff Duque, 12 Valley Central-9	Bryan Roggie, 12 Beaver River-3	Chris Conway, 12 Longwood-11	Louis DiMaria Herricks-8	Ty Geake, 12 Akron-6	Joe Toner, 12 Johnson City-4	Jeff Mohr, 12 Gates Chili-5	Mark Sullivan Williamsville So 3	Rudy Hein, 11 Sweet Home-6
126	Doug Groncki, 12 Burnt Hills-2	Phil Donnelly, 10 Pearl River-1	Chris Tucci, 12 St Anthony's-Cath	John Posada, 12 Long Beach-8	Steve Nikolakakos, 12 Fordham Prep-Cath	Nick Grimaldi, 12 Somers-1	Brian McGinnis, 12 Westhampton-11	Greg Farfaglia Fulton-3	Justin Raines, 12 Spencerport-5	Shannon Hein, 12 Sweet Home-6
132	Chad Groncki, 12 Burnt Hills-2	Tom DiTore, 12 Suffern-1	Shawn Edwards, 12 Peru-7	Mitch Clark, 10 Canton-10	Matt Dawson, 12 Newfane-6	Mike Castro, 12 Washingtonvle-9	Joel Ferrara, 12 Sidney-4	Gerald Odom, 12 Walt Whitman, 11	Steve Caruso New Hartford-3	Pat Bruce, 12 Johnson City-4
138	John Spiegelman, 12 Suffern-1	Scott Sullivan, 12 Waverly-4	Jason Burke, 12 Longwood-11	David Colgan, 10 Johnson City-4	Jeff Prendergast, 12 Averill Park-2	Tim Godoy, 12 Sachem-11	Joe Telesky, 12 Norwich-4	Eric Katz, 12 Burnt Hills-2	Gus Gorman Horseheads-4	Anthony Conte, 12 Brockport-5
145	Ken Porter, 12 Alfred Almond-5	Kareeb Howard, 12 Fowler-3	Mike Quaglio, 11 John Jay EF-1	Bob Chester, 12 Amityville-11	Matt Sorochinsky, 12 Johnson City-4	Mike Bendett, 12 Niskayuna-2	Chad MaNaughton, 12 Glens Falls-2	Keith Smith Fulton-3	Chris Davis Sachem-11	Adam Bell Ossining-1
155	Kareem Johnson, 12 Niagara Falls-6	Matt Marciniak, 12 Watkins Glen-4	Marcus Hutchins, 12 Monticello-9	Paul Lyman, 12 Johnson City-4	Mike Buxbaum, 12 Clarkstwn So-1	Tony Valachovic, 12 Union-Endicott-4	John Phillips Sachem-11	Jim Kane, 12 CBA-2	Eric Stevenson E Syracuse-Min-3	Brett Lassen, 11 Connetquot-11
167	Dion Visconti, 12 Chaminade-Cath	Dan Majcher, 12 East Meadow-8	Jason Miller Chenango Forks-4	Ryan Hurba, 12 Bainbridge-4	Jeremy Szerlip Nyack-1	John Noel, 12 Fulton-3	Kerry McCoy, 11 Longwood-11	Sean McLaughlin, 12 Will Floyd-11	Jason Sullivan Vestal-4	Jason Kraft, 11 Sachem-11
177	Aaron Brown, 12 Farmingdale-8	Mike Ellerson, 12 Whitney Pt-4	Eldric Venne-12 Saranac-7	Robert Judge, 12 Cardinal O'Hare-C	Bud Alexander, 12 Johnson City-4	Kevin Elston, 12 Elmira SS-4	Nick Szerlip Nyack-1	Joe Vredenburg, 12 Chanango Forks-4	Jason Dove, 12 Happauga-11	John Aebly, 11 Sachem-11
215	Kevin Brinkworth, 12 Williamsvle So-6	Nick Hall, 12 Longwood-11	Jamie Huntington, 11 Whitehall-2	Otha Davidson, 12 Brighton-5	Scott Rowe, 12 Ossining-1	Joe Walker, 12 Chenango Forks-4	Bob Bucci, 11 Red Hook-9	Scott Bishop Hudson Falls-2	CP Carroll Fulton-3	Casey Lamb, 11 Victor-5
HWT	Todd Schaffer, 12 Vestal-4	Jamie Call, 12 Indian River-3	DJ Williams, 12 East Roch-5	Art Dispenza, 12 Starpoint-6	Craig Coletti, 12 Ossining-1	Joe Yanis, 12 Minisink Valley-9	Jon Porschett, 12 Midlakes-5	Aubrey Francois Arlington-1	Jeff Skobel, 12 Hauppauge-11	Joe Morgan Corning-4

NYS Junior College Mid-Season Region III All Star Team

Wgt	First	Second	Third	Fourth
118	Mark Sullivan Niagara	Ken Leverich Delhi	Dale Chapin Corning	Tim Ellsworth Mohawk Valley
126	David Brainard Niagara	Chris Cocozzo Delhi	Josh Roe Alfred	Mark Coats Morrisville
134	John Harmon Alfred	Tim Hunt Morrisville	Matt Lippert Niagara	Rob Prentice Mohawk Valley
142	Mark Everett Corning	Joe Affronte Morrisville	Sam Davis Alfred	Todd Scheer Mohawk Valley
150	Keith Sullivan Morrisville	Travis Nocchi Alfred	Shawn Buller Cobleskill	Don Powell Niagara
158	Cody Button Morrisville	Jon Ederer Niagara	Al Ruggiero Delhi	Scott Gammon Cobleskill
167	Jason Powers Niagara	Corey Schroeder Morrisville	Jamie Cooper Broome	Terry Lucero Alfred
177	Mike Thompson Cobleskill	Jerry Newby Alfred	Chuck Mahoney Niagara	Scott Wilson Corning
190	Dan Uhteg Niagara	Jamie Passer Delhi	Bill Kalfas Morrisville	Mike Bennett Cobleskill
275	Percy Clarke Morrisville	Paul Zebrowski Fulton-Montgomery	Bruce Manley Alfred	John Nutt Mohawk Valley

Compiled by the NJCAA-Region III Wrestling Service Bureau,
chaired by Eric Knuutila, Niagara Community College.

Female Wrestling Now in New York

Queens Amateur Wrestling Federation sponsors female wrestling and a tournament in June of this year!

Wrestling for females has finally come to New York! For some time, female freestyle wrestling has been a struggling, yet surviving sport in some parts of the country. There is even an annual world freestyle championships for lady wrestling. And there have been a few age-group female state and national wrestling champions. But now there is female wrestling in New York.

On November 16th, 1990, the girls started wrestling at the South

Queens Boys and Girls Club. The program was started particularly as a fitness program, but now that there is women's wrestling on the international level, there is more incentive to work out, as a pure wrestling team. The team is coached by Ms. Janice Stott.

On November 26th, ten days later, Dr Vincent Zauro conducted a rules and competition clinic for the girls. The South Queens Boys and Girls Club, in conjunction with the Queens Area Wrestling Federation (a local, very active wrestling organization chaired by the energetic Robert Myers), will hold an Open Girls and Women wrestling tournament in June of 1991. If you would like more information, please call Janice Stott at (718) 441-6050 weekdays from 6 - 9 pm

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Poll No 90:2
 December 1990
 Early Season Ranking

New York State Collegiate Wrestling "Top 90 Individuals" Poll

WGT	FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH	SEVENTH	EIGHTH	NINTH
118	Adam Condo Columbia (Sr)	Marat Lempert Oneonta (Jr)	David Hirsch Cornell (Fr)	Drew Black Syracuse (Jr)	Carey Tucker Army (So)	Steve Mitola Albany (Jr)	David Isselbacher Ithaca (Fr)	Ron Sinacore Hunter (Sr)	Jon Raines Brockport (So)
126	Ralph Tubello Hofstra (So)	Tom Larson Army (So)	David Sims Cornell (So)	Dave Regina Oneonta (Sr)	Steve Trumpet Syracuse (Sr)	Barry Bunin Columbia (Sr)	Chris Bannister St Lawrence (So)	Matt McClenahan NYU (Jr)	Chris Pasearo Ithaca (So)
134	Marc Furgeson Cornell (So)	Rich Santana Syracuse (Jr)	Dave Warnick Army (So)	Chris Stevens Brockport (Jr)	Pat Greenlee Hofstra (Sr)	Chuck Boyle Columbia (Sr)	Lenny Bruehwiler Ithaca (Jr)	Rick Pawlewicz St Lawrence (Jr)	Jeff LaMountain Albany (Jr)
142	Jack Vantress Army (Jr)	Mike Polo Cornell (Fr)	Van Fronhofer Albany (So)	Corey McCaslin Columbia (So)	Andy Antonucci Syracuse (Fr)	Kent Maslin Ithaca (Fr)	Chris Terry Cortland (Fr)	Ken Kaufman Binghamton (Sr)	Ilias Diakamihalis RIT (Sr)
150	Darren Schulman Syracuse (Sr)	Jason Roach Cornell (Jr)	Doug McCormick Army (Sr)	Dan Holahan Hofstra (Jr)	Mike Wade Oswego (Sr)	Marty Sullivan Ithaca (Sr)	DJ Simonton Brockport (So)	Bill Mallin Albany (Sr)	Don Duell Potsdam (So)
158	Nick Mauldin Army (Sr)	Joe Sabol Hofstra (Sr)	Bob Whalen Cornell (So)	Jamie St John Syracuse (So)	John Pavlin Albany (Jr)	Tom Gleason St Lawrence (Sr)	Paul Fiorvanti Buffalo (Jr)	Rob Price Oswego (Sr)	Nelson Colley Brockport (Jr)
167	Mike New Cornell (Jr)	Bill Stanbro Buffalo (Jr)	Rick Sadwick Syracuse (So)	Jacob Garcia Army (Fr)	Rich Walker Cortland (Sr)	Dave Ciocca RIT (So)	Steve Amyot Oswego (Jr)	Kevin Kennedy Hunter (Sr)	Greg Jones Albany (Sr)
177	Darrin Farrell Syracuse (Jr)	Bill Barrow Army (Sr)	Ben Morgan Cornell (Jr)	Khari Freeman Columbia (Jr)	Rich Calkins Binghamton (Jr)	Todd Webb Buffalo (Fr)	Bill Barker Brockport (Jr)	John LaMarr Hofstra (Sr)	John Boyd RIT (Sr)
190	Mark Kerr Syracuse (Jr)	Brian Quick Brockport (Jr)	Dan Sanchez Wagner (Sr)	TJ Wright Army (So)	Tim Szwec Cornell (Sr)	Bill Hadsell Ithaca (Sr)	Brian Lake Oneonta (Jr)	Jason Bovenzi St Lawrence (Fr)	Chris Roberts Albany (Sr)
HWT	EJ Pasteur Army (Sr)	Shawn Cavanaugh Cortland (Jr)	PJ Wendel Brockport (Jr)	Joe Zito Syracuse (Sr)	Joe Muscarella Buffalo (Jr)	Mike Delibero Hofstra (Jr)	Bruce Morgan Cornell (Fr)	Tom Rehberg Oneonta (Jr)	Jeff Way St Lawrence (So)

NOTE: The New York State "Top 90 Individuals" includes only wrestlers who are enrolled full-time and NCAA eligible. It is determined by the NYS Collegiate Wrestling Coach's Poll Committee.

**Coaches - Please remember to mail in or
 fax all results promptly. Our fax number is
 (716) 334-6454.**

New York Collegiate Wrestling Championships Preview

at Oswego State University from January 17th to 19th;
many champions and placefinishers to compete

The twenty-second New York State Collegiate Wrestling Championships will be held at Oswego State's Laker Hall from January 17th to 19th. Among the 22 teams competing will be Division One powerhouses Army, Cornell, and Syracuse.

The field will also include several other colleges, including Brockport, St Lawrence, Ithaca, Oneonta, Albany, Binghamton, Cortland, Oswego, and others. All have spent time among the top 25 Division III teams in the nation.

Last season's tournament saw Army finish in first place by 19 points followed by Cornell and then Syracuse in a distant third. Ithaca, just 2.25 points behind Syracuse, finished fourth and number one among Division III schools. Rounding out the top ten were Buffalo, Columbia, Cortland, Brockport, Hofstra, and Albany.

Individually, there is much talent among the teams this year. Army is always tough, but Cornell is vastly improving. And Syracuse has an incredible 19 state champs in the team this year - many of them whom are still trying to crack the lineup.

At 118 pounds, there is no clear cut favorite. Adam Condo, Columbia, was a pre-season favorite. However, he will receive stiff competition from Oneonta's Marat Lempert, who placed second in the tournament last year. Ron Sinacore from Hunter College will also vie for the top spot. Sinacore defeated Lempert earlier this season. Matt McClenahan of New York University will also look to challenge.

Fritz Zagorski of Brockport State looks to be the favorite at 126. Fritz is a Division III National Champ who took third at last year's state tournament. Also fighting for the title will be Oneonta star Dave Regina, who earned sixth last year, as well as Hofstra's Raph Tubello, who took fifth. Also look for Syracuse's Steve Trumpet.

The 134 pound slot looks to be the weight class with the most depth. Among the participants are the returning champ (Cornell's Marc Fergesen, also last year's Most Outstanding Wrestler), plus the second place finishers from both the 134 (Syracuse's Rich Santana, who went on to take eighth in the Division I NCAA's), and 126 pound (Army's Dave Warnick) weight classes. Two other 134 pounders who are having fine seasons are Chris Stevens of Brockport and Lenny Bruehwiler of Ithaca. Bruehwiler might compete at 142. If not, he and Stevens will challenge the top contenders.

Army's Jack Vantress, who placed third last season, is the top seed this year at 142. His only loss was an 11-6 decision to the eventual champ, Darren Schulman of Syracuse. That was Schulman's closest match of the tournament. The other returning place-winners include

Columbia's Corey McCaslin and Albany's Van Fronhofer. McCaslin took fifth last year with Fronhofer taking sixth at 134. Binghamton's Ken Kaufman might surprise some people at this weight as well.

At 150 pounds, Syracuse's Darren Schulman is the clear favorite. If he decides to drop down to 142, he would also be the favorite there. Doug McCormick of Army placed third last year at 150, and is looking to improve on that. Dan Holahan from Hofstra and Mike Wade of Oswego are potential finalists. They placed sixth and eighth, respectively, last season. Wagner freshman Joe Burke is also a fine prospect. Look for him to create some surprises of his own.

Nick Mauldin of Army was last year's winner at 167 pounds. He may drop down to 158 for the states. Hofstra's Joe Sabol won the tournament two years ago. He's coming off a redshirt season and will be a challenge to Mauldin. Albany's John Pavlin took fourth last year. Syracuse's Jamie St John will look to win a title this year.

At 167, there is a logjam for the top spot. Cornell's Mike New placed second last season and may be at 167 again. If not, Bob Whalen will compete. The other will wrestle at 177 pounds. Syracuse will either turn to Rick Sadwick, who took fourth last year, or Orlando Rosa, who is also talented. Bill Stanbro of Division II Buffalo is a top challenger and has already beaten the nation's number two ranked Division I wrestler. Steve Amyot of Oswego will also be a medal contender. Last year Stanbro was fifth in the states, with Amyot taking sixth.

At 177, defending champ Bill Barrow of Army is the clear favorite. He will be tested by rugged Darren Farrell of Syracuse, who just may be ready for an upset victory. Rich Calkins of Binghamton placed fifth last year and has worked extra-hard during the off-season. Brockport's Bill Barker, seventh last year, is a darkhorse this year.

The 190 pound class looks to be potentially the most entertaining. Last year Brian Quick won the state tournament, the SUNY title, and the Division III national title. He is a non-stop wrestler who scores a lot of points - from all positions. He is only a junior this year. Challenging him will be Syracuse's Mark Kerr, also a junior. Kerr is returning from a redshirt season, but is a former EIWA Champ. As a sophomore, he beat Lehigh's Matt Ruppel three times. And Ruppel won the Division I NCAA title last year. If that's not enough fireworks, add in Dan Sanchez, from Wagner. Now a senior, he took third in the states last year, losing to Quick by a 21-17 margin. And for most of the match, he was well ahead in points. Columbia's Khari Freeman was fourth last year at 177; he'll be at 190 with medal intentions. In addition, Bill Hadsell of Ithaca is having a fine season and is capable of an upset or two.

CONT ON NEXT PAGE

NYS Collegiate Early Season Team Poll December 1990

- 1 Army
- 2 Cornell
- 3 Syracuse
- 4 Buffalo
- 5 Brockport
- 6 Hofstra
- 7 Columbia
- 8 St Lawrence
- 9 Oneonta
- 10 Albany
- 11 Cortland
- 12 Ithaca
- 13 Binghamton
- 14 Potsdam
- 15 Oswego

Poll No 90:2
December 1990

As determined by the New York State Collegiate Wrestling Coach's Poll Committee.

New York Wrestling News

New York Wrestling News is published eight times per year, in September, November, December, January, February, March, May, & July.

Subscription price is \$16.00 for one year - eight issues. Single copies are available for the cover price of \$2.00 per issue plus postage.

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All contributions to NYWN are welcome! We need action photos (black and white or color); dual meet and tournament results; wrestler profiles; ranking information; articles; and other newsworthy items. Please help us by submitting your contributions now! Thanks!!!

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COLLEGIATE STATES, cont.

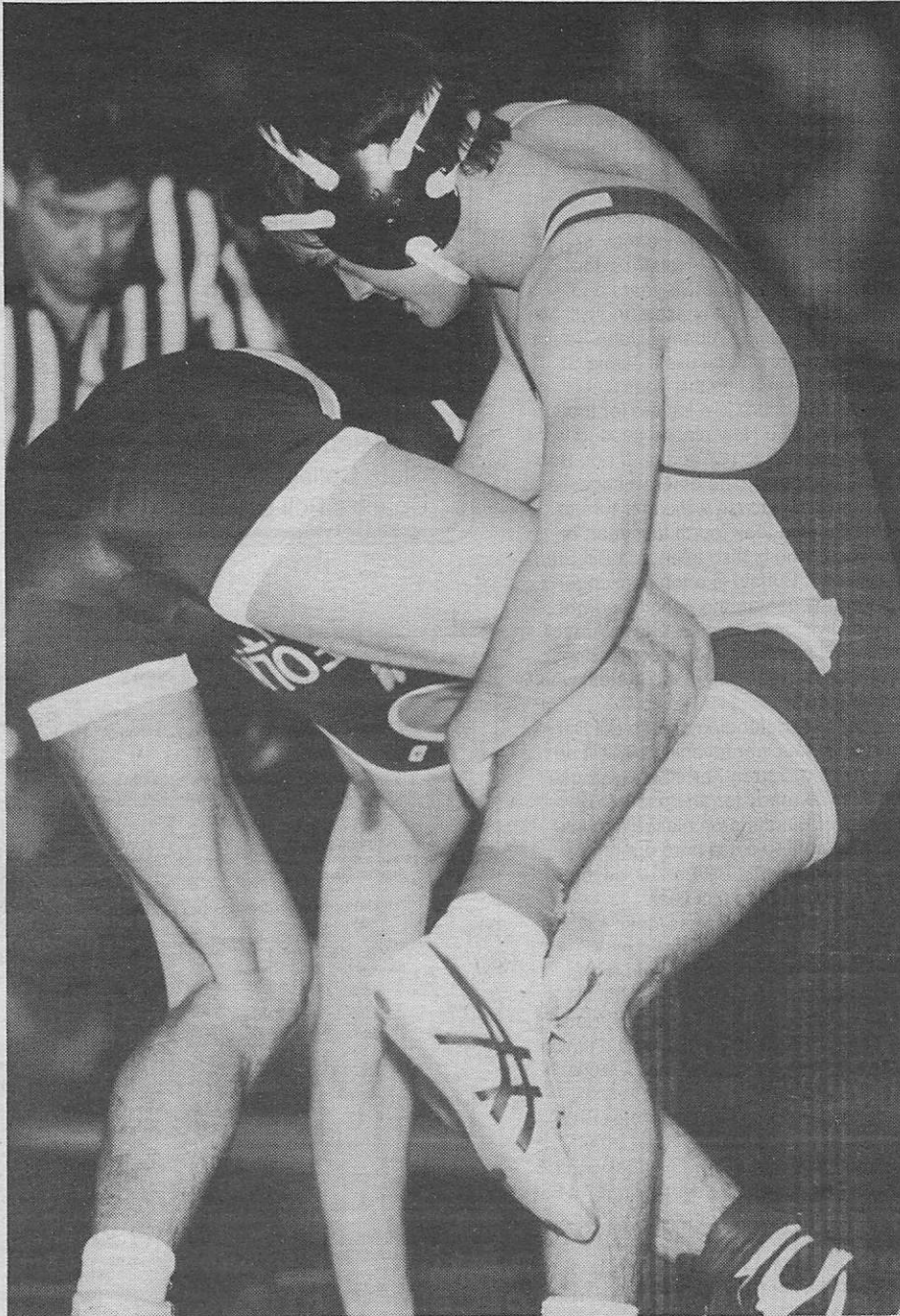
The strong favorite at heavyweight is Army's EJ Pasteur. He has won the state title the past two years, and this year looks like a strong NCAA medal winner. He will be challenged by Rob Cole of Syracuse. In addition, Sawn Cavanaugh of Cortland took fourth last in last year's state tournament. The only other returning place finisher is PJ Wendel of Brock-

port.

Overall, the state tournament will again be hugely entertaining. It's the one tournament that brings together all schools from all divisions and leagues. It's the one common ground between all New York State collegiate wrestlers.

It's a different game from high school wrestling. Defensively, collegiate wrestlers are tough to score on. They're bigger, stronger, and more experienced than high

school wrestlers. Their technique is at a much higher level. And this year, the state of New York has a great chance of having NCAA Champs in all three divisions - I, II, and III. This is your chance to see a future national champ in action. For ticket and other information, please contact Gary Denmark, Sports Information, SUNY Oswego at (315) 341-2265 or (315) 341-4765. Gary provided most of the writing for this article.



TODD WEBB, on his way to winning the state title at 177 last year over Steve Thompson. Webb, from Baldwinsville-3, is now wrestling for the University of Buffalo. He is already ranked sixth in the state at 177 for the college ranks. Photo by Peter Venier.

Freestyle & Greco State Coaches needed by New York- USA Wrestling for Cadets & Juniors

New York State is in need of state Freestyle and Greco Roman wrestling coaches to work with the teams that will compete in the nationals in July.

NY-USA Wrestling, the governing body of freestyle and Greco wrestling in this state, need volunteers in the following five areas:

- 1 Cadet Freestyle Coach
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If you are interested in any of these positions, please contact Rick Gumble as soon as possible. His address is:

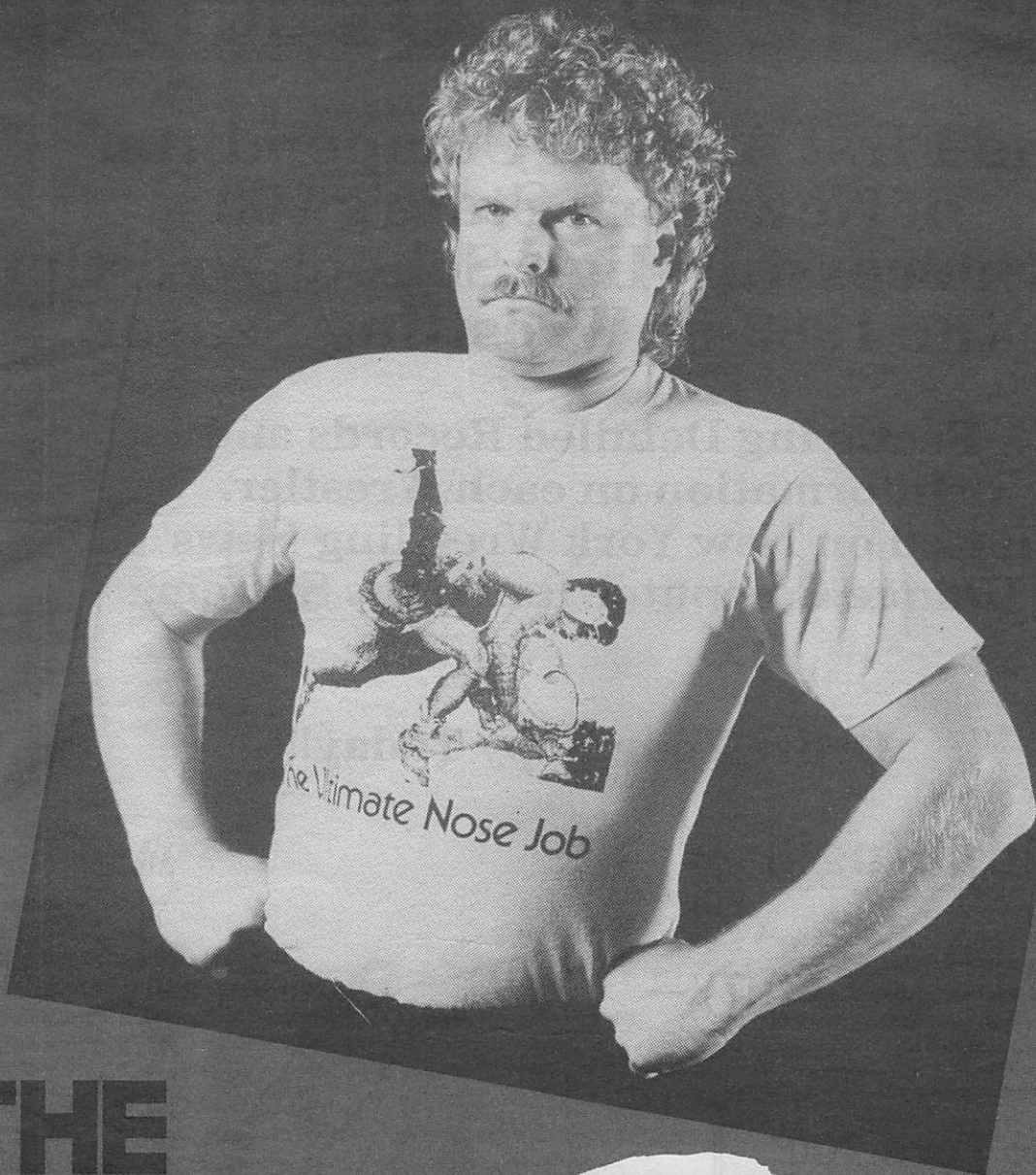
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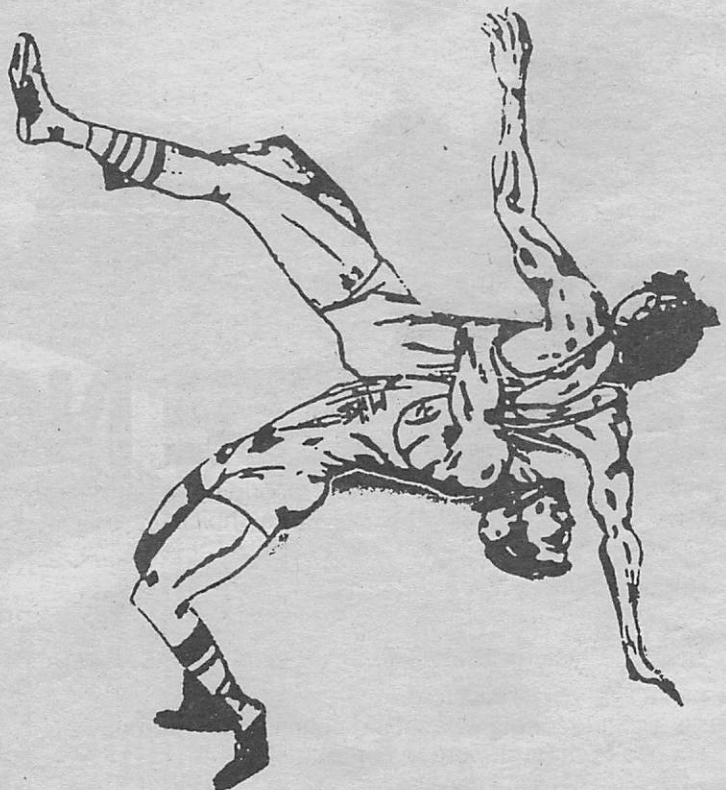
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