

New York Wrestling News

Covering All Aspects of Amateur Wrestling in New York State

Published Eight Times Per Year for \$16.00
Volume 1, Number 7 May / June 1990

Special NCAA Tournament Issue!

NYS Collegiate Awards

as voted on by the
NYS Collegiate Wrestling Coaches

Wrestler of the Year

Pat Waters, Cornell, 142 pounds. Waters, a senior, competed at 150 pounds for most of the year. He dropped to 142 at tournament time. Waters, a senior, is originally from Iowa. This year he took third in the rugged Wilkes Open. Then he won the NYS title, and later added a silver medal in the EIWA's, losing to Syracuse junior Darrin Shulman. At the nationals, however, Pat wrestled tremendously in placing fourth. He gave the eventual champ, Joe Reynolds, his closest match, losing only 5-2 in the semifinals. His only other loss was to Chuck Barbee, whom he had beaten earlier in the tournament. Pat's fourth place finish in the Division I NCAA's was the highest by a New Yorker this year. Shulman wound up in eighth place in the same weight class.

Also in the running for this year's award were -

Darrin Shulman, Syracuse University, 142 pounds
Troy Monks, SUNY Cortland, 118 pounds
Nick Mauldin, Army, 158 pounds
Brian Quick, SUNY Brockport, 190 pounds

continued on page 4

NYS Goes Wild in NCAA Division III's!!!

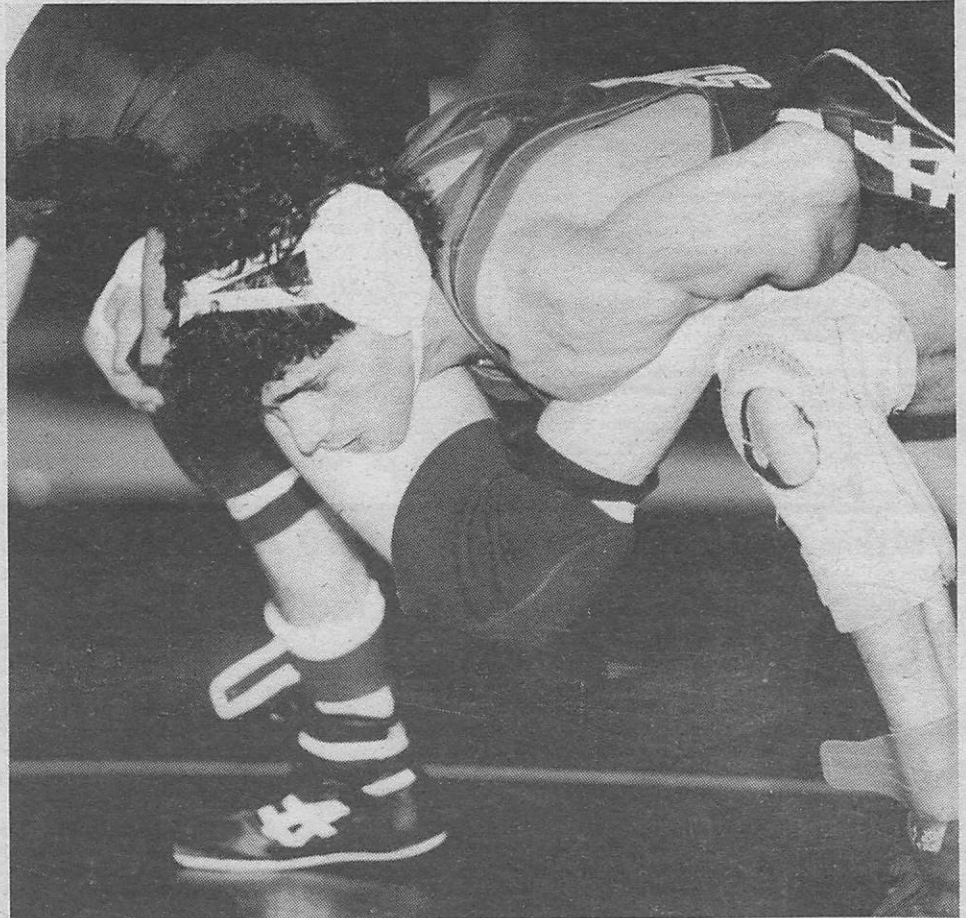
Five Champs Crowned from NY

New York State made its presence felt in this year's Division III NCAA Championships, held at Ithaca College on March 2-3, as five individual champions were from the Empire State. There are ten collegiate weight classes, so exactly 50% of this year's crop of champs is from our state.

Leading off this year was SUNY Cortland's 118 pounder, **Troy Monks**, originally from Section 4. Monks also finished the year as the number one ranked 118 pounder in the state, regardless of division.

He started his collegiate career at SUNY Brockport, but later transferred to Cortland, where he excelled. Under Coach Gene Nighman, Monks posted a tremendous season.

continued on page 6



Syracuse University's 134 pounder, Frank Santana scoring takedown on Ohio State's Mark Marinelli in NCAA action. Santana lost this match, 7-3, but went on to place eighth in the tournament. Santana, only a sophomore, was a high school state champ from Long Beach-8.
Photo by Pete Venier, Sports Action Photos.

The World Duals are coming to New York!
Look inside for info on the June 26th USA vs USSR
and Cuban dual meet at SUNY Brockport!

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All contributions to NYWN are welcome! We need action photos (black and white or color); dual meet and tournament results; wrestler profiles; ranking information; articles; and other newsworthy items. Please help us by submitting your contributions now! Thanks!!!

New York Wrestling News is an independent publication devoted to comprehensive coverage of all levels of amateur wrestling in New York.

Advertisements are most welcome. Please call Mike at (716) 334-6454 (mostly evenings and weekends) for current rates, readership, and circulation facts. All Advertisers receive free one-year subscriptions to NYWN.

Lyman Competes in 16th Annual Pittsburgh Press Wrestling Classic

March 31, University of Pittsburgh

Each year for the past sixteen years, the state of Pennsylvania has been taking on the United States of America in a somewhat strange wrestling event. The event is called the Pittsburgh Press Wrestling Classic and it is held at the University of Pittsburgh. Since its inception, proceeds from this event (totaling over \$100,000) have been donated to the Children's Hospital in Pittsburgh.

Here's how it works - PA assembles a team made up of its best wrestlers. And if you know anything about Pennsylvania wrestling, you know these guys are good. Then they wrestle an All Star team made up of outstanding high schoolers from across the country. And guess what, PA usually wins the thing!

This year was no different. In fact, the PA team destroyed the All Stars, 39-9 before 5,000 screaming fans. The feature match came at 119 pounds, and it was indicative of the event overall. There, North Allegheny (PA) four-time state champ Ty Moore decked TJ Jaworsky, Edmond, OK, just 36 seconds into the bout. Jaworsky brought a record of 117-2 into the match; he is also a four-time state champ. Moore, who also made *Wrestling USA Magazine's* Dream Team, had a career mark of 147-1.

New York's Seamus Lyman, Watertown-3 senior, also competed in the event at 171 pounds. Lyman, who placed second in this

year's state tournament, lost an 11-4 decision to Ty Moore's teammate, Ken Bauer. Bauer scored four takedowns in the match for his win.

Lyman, whose collegiate plans are still uncertain, was number two in the New York 100, which ranks the top 100 high school wrestlers in the state for the current year. He was a four-time Section 3 champ and has one state title and two seconds to his credit.

At the Pittsburgh Press Classic, former Pitts-Johnstown heavyweight Carlton Haselrig was inducted into the Wrestling Classic Hall of Fame. Haselrig won three NCAA Division I titles in his career. He is now a member of the Pittsburgh Steelers football team playing on the special teams section.

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4 GREAT TECHNIQUE CAMPS

June 17 - June 22 Ferris State

July 1 - July 6 Edinboro University

July 9 - July 13 Edinboro University

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2 GREAT TRAINING CAMPS

June 17 - June 29 Ferris State

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The All American Training Camp is designed to specifically show each wrestler how they can become a better wrestler. Each wrestler will be evaluated on live wrestling, technique, strength, anaerobic and aerobic capacity. They will be shown where they need to improve and how to improve. Emphasis will be placed on gaining confidence through hard work and goal setting. Structured time for technique, running, and weightlifting is an integral part of this 12-day training camp. The All American Training Camp is limited to ninth through twelfth graders. Each wrestler will be tested on his immediate anaerobic capacity, short term anaerobic capacity and aerobic capacity. Campers will also receive written feedback on their basic skills, attacks on feet, pinning, escapes and weight control. The training camp staff will consist of Edinboro University wrestlers and coaches DeAnna, Baumgartner and Dave Rowan.

TEAM CONCEPT CAMP

June 25 - June 29

John Carroll University

The "Team Concept" Camp combines the individualized instruction of the private clinic and the working out with other schools you get at technique camps. Each team will have their own mat and be instructed in a daily private clinic during each 2 hour session. High school coaches are encouraged to attend. Evening sessions will be filled with live wrestling. We will pair up the wrestlers according to their ability. The "Team Concept" Camp gives the high school coach the ability to guide instruction toward specific areas.

2 GREAT COMMUTER CAMPS

June 11 - June 15 Willoughby, Ohio

June 11 - June 15 Westlake, Ohio

The commuter camp is limited to wrestlers in elementary and junior high school. Instructors will be Mike DeAnna, Dave Rowan, Sean O'Day and Terry Kennedy. The purpose of the camp is to develop mat awareness, improve balance, show basic moves and motivate young wrestlers. The commuter camp is to be fun oriented and not a highly competitive environment. The camp is three hours per day and enrollment is limited.

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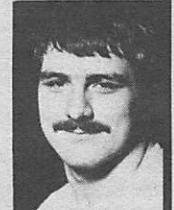
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Jeff Prescott of Penn State and Olean-6.

USA wrestling



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Also ask about the USA Wrestling Camp,
the first session starting on June 24th!!!

Rookie Wrestler of the Year

Marc Ferguson, Cornell, 126 pounds. From wrestling-crazy Oklahoma, Marc Ferguson wrestled at 134 and 126 this year. He shocked just about everyone when he started the season by grabbing the title at the Wilkes Open. Later he won the NYS Title over Syracuse's Rich Santana at 134 pounds. Santana was last year's Rookie Wrestler of the Year, and this year, he placed eighth in the NCAA's Division I. For the EIWA's, Ferguson dropped to 126 and took a third place. He was also Amateur Wrestling News' Rookie of the Year at 126.

Also in the running was Army's Dave Warnick, a NYS runner-up at 126 pounds.

Coach of the Year

Gene Nighman, SUNY Cortland. Nighman, originally from Pennsylvania, attended Cornell University. During his competitive years, he was given the nickname "The Giant Killer" for his impressive string of upset victories of top-ranked Division I wrestlers. Gene won the NYS title, EIWA's, and placed in the NCAA's. This year, as coach of SUNY Cortland, he coached his team to a third place finish in the NCAA's, with four All Americans and two champions. At the State tournament, Cortland placed seventh with one champion. In the Division III National Dual Tourney, his team placed second. Cortland shocked a lot of skeptics this year, especially during the second semester. During the first semester, the team had a meager 0-4 dual meet record, but went 11-2 after Christmas to finish at 11-6.

Nighman was also this year's SUNY Coach of the Year, and was nominated for NCAA Division III Coach of the Year.

Jack Spates, Cornell University, was runner-up in this category by only one vote. Spates, himself a state and NCAA Division I champ, paced his team to an 11-3-1 record. They were Ivy League champs and qualified four wrestlers for the NCAA's while placing sixth in the EIWA's. As a team, Cornell was a very respectable 20th in the NCAA tournament. In the NYS tournament, the team finished second with three champions.

Also in the running were Jack Effner, Army, NYS Champs, and John Murray, Ithaca College, NCAA Division III Champs.

The New York 100!!!

The first annual listing of New York State's Top 100 High School Wrestlers for the 1989-90 season. Detailed information, with an extensive Honorable Mention Section.

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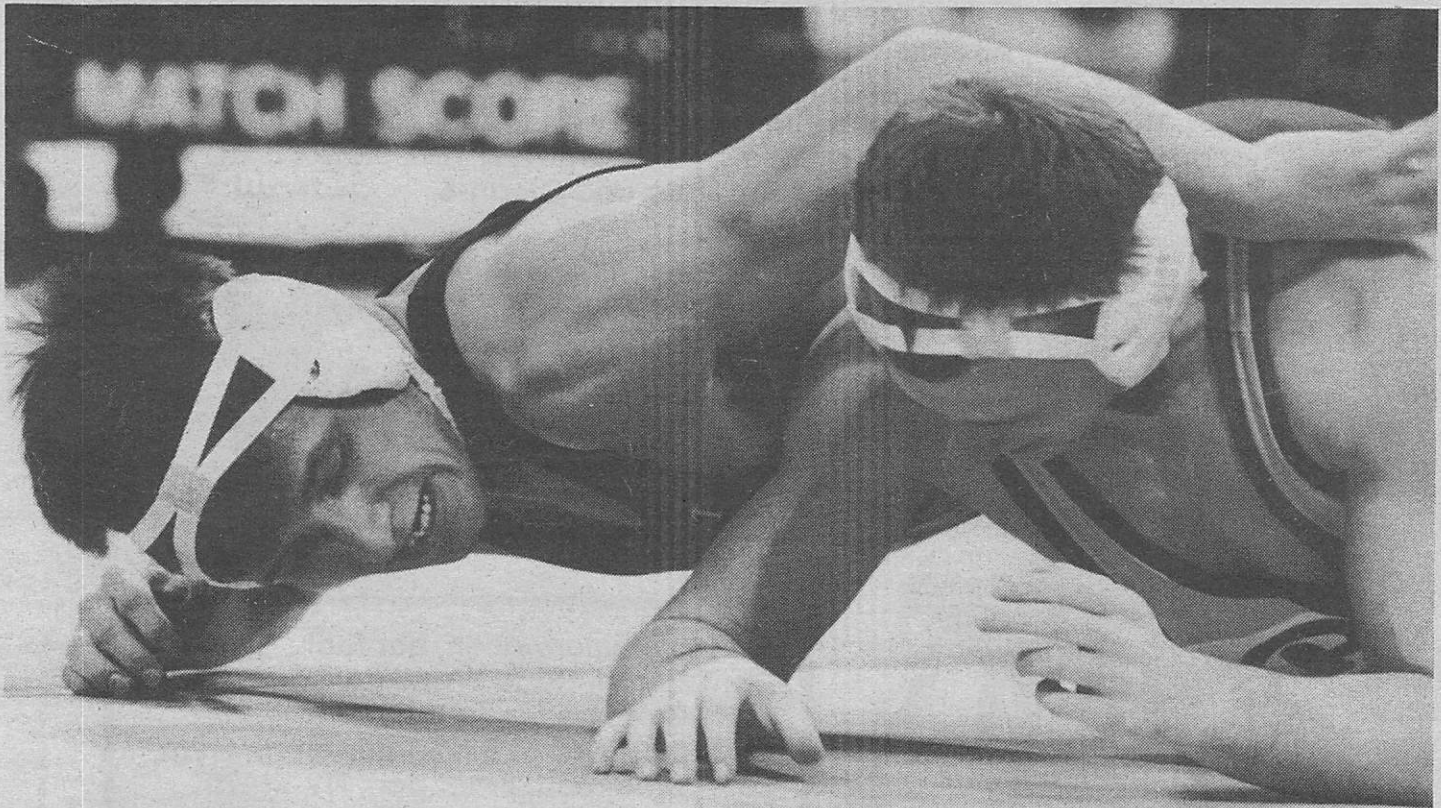
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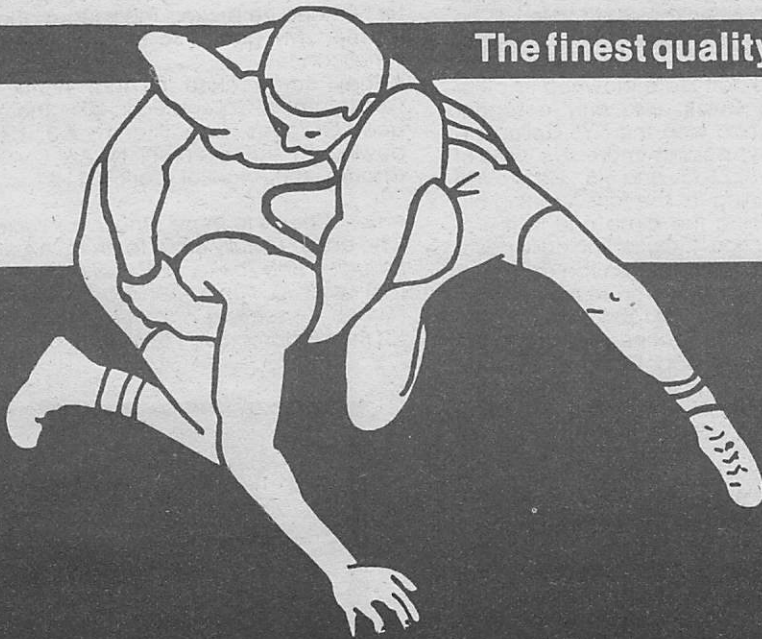


Penn State's Jeff Prescott, left, with cross body ride on Pitt's Bob Simpson in NCAA Division I action. Prescott, a three-time high school state champ from Olean-6, won this match 18-9 and went on to take fifth place at 118 pounds, one of the highest finishes of any New Yorker. Prescott will compete in June's World Dual meet against the Russians at SUNY Brockport. Photo by Pete Venier, Sports Action Photos.

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Monks gained a huge measure of respect in January when he won the NYW Collegiate Championships, the equivalent of the state tournament in high school. There, he started the season seeded third behind Adam Condo of Columbia and Tom Larson of Army.

At the states, he first won over Brockport's talented freshman, Jon Raines, by a score of 9-4. Next, he beat Syracuse University's Drew Black, 9-8. In the semifinals, he squared off against Larson of Army. In one of the tournament's most exciting matches, he pulled out the win, 7-5. And in the finals against Oneonta's always-tough Marat Lempert, he posted a 14-9 win.

Monks' winning ways continued all the way to the Division III tournament. Seeded first, he won going away, scoring wins of fall in 6:28, 14-4, 8-4, and 6-3. His finals match, ironically, was against another New Yorker, Bob Zoeke of St Lawrence. Zoeke, a senior also, attended McQuaid-5, and was a high school state runnerup.

Noted for his aggressiveness and endurance, Monks worked extremely hard, especially this past season, according to Coach Nighman.

The very next weight class, 126, featured another all-New York match up, pitting Ithaca College senior Joel Lamson against Brockport sophomore Fritz Zagorski. Last year, Lamson was fifth in the Division III's, with Zagorski taking an impressive third.

Seeded first, Zagorski soon proved himself. To make it to the finals, he first beat RIT's scrappy Brian Hart, 11-4. Next was a 15-4 drilling of eighth seeded Matt Kaldenberg of Simpson. In the semifinals, he beat fourth seeded Kurt Chesmore of Buena Vista, 6-1. Lamson, the number two seed, scored wins of 7-5, 9-3, and 9-4 in making the finals. His team had already locked up first place (again), but Brockport needed a win by Fritz to have a chance to move past John Carroll of Ohio into fifth place.

Despite coming from the same area (Section 5), both men had never wrestled each other before. In period one of their match, Zagorski nearly had two takedowns. But the fifth-year Ithaca senior was able to defend against them. After five minutes of wrestling, the score was still 0-0, but Zagorski had controlled Lamson for the entire two minute second period to build up a riding time advantage. To start the third, he escaped from Lamson in just 11 seconds, then held off a near takedown. He held on to pick up a riding time point for a 2-0 victory.

Zagorski became the third Golden Eagle to win a crown at 126 pounds. In 1980, Kevin Richard upset a heavily favored opponent to pull off a win, and Frank Famiano walked through the 1982 and 1983 tournaments. He was so good, in fact, that he placed fifth in the Division I NCAA's, nearly beating the eventual champ in the process.

Famiano is now considered to be Brockport's most successful wrestlers. As a four-time All American, two-time NCAA Champ, and Olympian in Greco Roman, it's easy to see why. He was in the 1984 Olympics and was the first alternate in 1988. Now on a comeback, he is ranked in the top three in the country at 136.5 pounds.

As successful as Famiano is, several experts believe Zagorski has the potential to be even more successful. Already, he's ahead of Famiano in NCAA placefinishes. And ironically, he is even more talented in

international styles (Greco and freestyle), and may be a factor in the 1992 Olympic Trials. He finished the year at 21-3, also adding a third place finish at the states. Two of his losses were by one point; the other was by 2 points. Zagorski wrestles year-round, and his multitude of experience shows in his self confidence on the mats.

At 177 pounds, SUNY Cortland's Mike Yanosik proved the seeding committee wrong by disregarding his fifth ranked seeding and taking the NCAA title. Prior to the NCAA's, Yanosik placed third in the state tournament, losing an 8-4 semifinal decision to Cornell's Ben Morgan, the top seed.

In the nationals, Yanosik had perhaps the toughest weight class. To start off, he beat Tony Cipollone of Baldwin Wallace, 15-4. Next he beat All American Mike Nuzen of Coast Guard. Nuzen was seeded fourth. In the semifinals, he beat Joe Schmidt, top seeded All American from John Carroll. In one of the most entertaining matches for the event, Yanosik pulled out a 14-9 upset. "That was the most exciting match I have ever coached," quipped Nighman. And in the finals, he edged third seeded Larry Danko of Kings College, 4-2.

Yanosik, only a junior, finished the year ranked third in New York State. He will be back next year to attempt to do it all over again.

At 190, Brockport State crowned its other champ, Brian Quick, also only a sophomore. Quick also won the NYS Collegiate title in January, posting impressive wins of pin in 6:02, 17-3, 21-17, and 6-5. He proved highly entertaining for the fans, winning big and then winning the close one in the finals. From Section 4, Quick ironically never made it to the states. But on the advice of several scouts, Coach Don Murray recruited him sight unseen. His toughness and determination in the practice room soon impressed Murray, and the titles soon followed - first a SUNY title, then a state title, then another SUNY title, and then the NCAA title. And he's got another two years worth of titles left!

In the NCAA's, Quick was seeded only fourth. He first decked his first opponent in 6:03, then survived a wild shoot-out against Bart Randolph of Heidelberg, 11-10. In the semifinals, he won 3-1 against number one seeded Rick Caldwell of Buena Vista.

And in the finals, he stepped on third seeded Scott Vega of Montclair, 14-5, scoring just 12 seconds into the match and adding near fall points on two different occasions. At one point, he held an 8-1 lead before the first period ended.

His title at 190 was Brockport's second at

that weight. Their first NCAA champ, Regan Beers won the 190 pound title way back in 1970. Beers was one of the scouts, incidentally, who recommended to Murray that he recruit Quick. Brian finished the year at 23-2, winning the last 12 matches straight for his state, SUNY, and NCAA titles.

Ithaca College, the team champion, managed only one individual champ in heavyweight Mike Fusilli, originally from Rochester, Section 5. Fusilli was runner-up in the nationals by an overtime point last year at 190. Seeded second, he was unbeatable in this year's NCAA's, where he won by scores of pin in 2:00, 15-2, and 3-1 (over the number three seed) to make it to the finals. That win came by virtue of a takedown with just two seconds remaining in the match.

In the finals, he faced the top seed, Tom Fye of Luther. Fye was no match for the muscular Fusilli, who grabbed a takedown and near fall right away on the way to a 13-5 shellacking. Said Fusilli, "I finished second last year. I had no intention of repeating as a runner-up. From the second takedown on, I really felt good. I just didn't want to give him an opportunity to get back into the match, so I just kept going after him and he broke. This is just a qualifier for me. My goal is to be a Division I All American."

Fusilli came close to that honor two weeks later in College Park, MD. There, he beat Oregon's Can Strahm, 8-3, before bowing to the eventual NCAA Division I Champ, Kurt Angle of Clarion, 11-6.

note: Cheers to those other New Yorkers who came awfully close to an NCAA title, including Bob Zoeke, SLU; Joel Lamson, IC; Ron Gross, IC, fifth (second last year); Marty Nichols, IC, second; and Mike Cronmiller, IC, third (champ two years ago).

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NCAA Division I Action

Freshman Pat Smith takes 158 crown;
Oklahoma State defends team title

It's been over ten years since a true freshman won a Division I NCAA title. Back in 1979, a very aggressive and unorthodox Daryl Burley of Lehigh stunned the wrestling nation by defeating defending champ Mike Land of Iowa. This year, it was Pat Smith of Oklahoma State who took top honors.

Last year, Smith was one of the top high schoolers in the nation, winning an Oklahoma state crown and a Junior Nationals gold medal during the summer. His start at OS was anything but spectacular, however. He didn't get the starting position until midway through the season. Then in his first match, he lost by pin to Portland State's Dan Russell. Later in the year, he lost to Russell again. The losses motivate him, and he peaked at the right time. He won the NCAA qualifying tournament in grand fashion, then was awarded the top seed going into the NCAA's.

To warm up, Smith beat Pete Welch of North Carolina, 19-7. Next was a pin of Mike Murray, VMI. In the quarterfinals, he beat Chauncy Wynn of Morgan State. In the semifinals, Smith this time came out on top of Dan Russell by a 16-7 margin. To take the crown, he beat number two seed Scott Schleicher of Navy, 11-7. He was in overdrive, as he won each match convincingly.

Smith's team, Okla State, managed to defend their 1989 title by scoring 117 3/4 points to Arizona State's 104 3/4. The top twenty included the following teams in order: Iowa, Northwestern, Nebraska, Penn State, Oklahoma, Indiana, Iowa State, Minnesota, Northern Iowa, Cal St-Bakersfield, Navy, Ohio State, Clarion, North Carolina, Lehigh, West Virginia, Illinois, and Cornell.

In other action, Northwestern's machine-like 118 pounder, Jack Griffin, defeated the favorite Zeke Jones by a 12-4 drilling. Iowa sophomore twins Terry and Tom Brands took titles at 126 and 134, the first twins to win since the Banach Brothers of Iowa State. Ed and Lou Banach were originally from Port Jervis-9. At 142, Joe Reynolds, a senior from Oklahoma, edged Thom Ortiz of Arizona State, 7-3.

At 150, Indiana's rugged Brian Dolph defeated surprise finalist Gary Steffensmeier of Northern Iowa, 11-5. At 167, Dan St John of Arizona State preserved his undefeated season by beating Brad Traviolla of Northwestern 6-3. St John also won at 158 last year, and is considered by many to be this year's top collegiate wrestler, regardless of weight. The MOW award went to 177 pounder Chris Barnes of Okla State. He won his second crown with a 10-2 decision of Minnesota's rugged Marty Morgan. Matt Ruppel of Lehigh managed to hang on to a 6-5 win over Brooks Simpson of Iowa, 6-5. The final match of the tournament was at heavyweight, where Clarion's Kurt Angle edged Penn State's Greg Hala-day, 3-2.

New York State results: New York had only four placemen this year. Senior Pat Waters of Cornell, took a solid fourth place at 142 pounds. In the first round, he blanked Brent Helkamp of Drake, 9-0, then he won 5-1 over Bill Domasky of Clarion. In the quarterfinals, he beat Okla State's Chuck Barbee, 4-3. His semifinals match was

against top ranked Joe Reynolds of Oklahoma. Waters lost a 5-2 decision, with Reynolds going on to win. It was to be his closest match of the tournament. Waters then won again before meeting up with Chuck Barbee again. This time, it was Barbee who won, taking the match 10-0. Despite this, Waters placed fourth, the best of any New Yorker. Waters, who also won a NYS Collegiate title earlier this year, is originally from Iowa.

Junior **Jeff Prescott** of Penn State took a fifth at 118 pounds. From Olean-6, Prescott tech falled his first opponent in 5:46. Then he beat Bob Simpson of Pittsburgh, 18-9 before losing a close 11-8 to top ranked Zeke Jones of Arizona. In the consolations, he drilled his old nemesis **Lew Rosell** of Edinboro, 13-1. Rosell is also a New York product from Royalton Hartland-6. He owns two NYS crowns, with Prescott owning three. Prescott next tech falled highly regarded Don Vidlak in 5:08, but then lost a 6-4 decision to Gary McCall of Iowa State. McCall finished third.

Sophomore **Rich Santana** of Syracuse and Long Beach-8 took eighth place at 134 pounds. He first nipped Iowa State's Mike Moreno, 1-0. Then he lost Mark Marinelli, Ohio State, 7-3. In wrestle-backs, he won three times (8-4, 8-2, and 4-3). He then lost twice (7-6 and 12-11) to take eighth place. This was Santana's second NCAA appearance, and he performed admirably, with all matches being close. He will be a huge threat to take a title next year. As a high schooler, he was a state champ.

Darren Schulman, also from Syracuse,

took eighth place. The muscular junior from New Jersey first beat Steve Pitts of VMI, 8-4. Next, he beat Steve Morris of Bakersfield, 13-2. In the quarterfinals, though, he hit a roadblock in the form of the eventual champ, Joe Reynolds of Oklahoma. In wrestlebacks, Schulman won once (8-6) and lost twice (5-3 and 4-1) to claim eighth. Schulman is also a NYS Collegiate titlist.

Other NYS entries and their records

- 118 Lew Rosell, Edinboro, 3-2
Jerry Graziano, Cornell, 0-2
Adam Condo, Columbia, 0-2
- 126 Mark Furgeson, Cornell, 0-1
Dave Warnick, Army, 0-1
- 142 Mike Bevilacqua, Penn State, 3-2
Rich Brzozinski, Virginia, 1-2
Pat Duthie, Boston College, 1-2
- 150 Joe Guciardo, Cornell, 2-2
- 158 Butch Padomonsky, Hofstra, 0-1
Nick Mauldin, Army, 0-2
- 167 Frank Ryan, Syracuse, 0-1
- 177 Adam Mariano, Penn State, 1-2
Bill Barrow, Army, 0-1
- 190 Jeff Ellis, Penn State, 1-1
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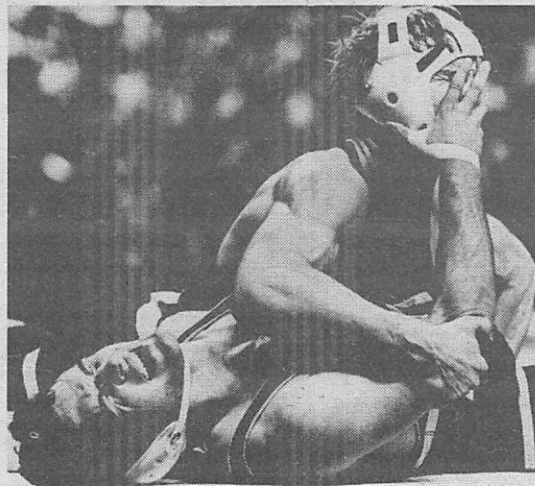


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NCAA Div II Action

Portland State takes Another Title

Last year, Portland State took five wrestlers to the NCAA Division II NCAA's - and every one of them won to give them the team title with ease. This year, however, it was a little closer, as they outdistanced Central State, Oklahoma, 100 3/4 to 96.

Portland State took four individual titles and a runner-up position. Their 158-pounder, Dan Russell, won his second straight title easily, as he handled Kip Kristoff of SIU-Edwardsville, 11-1.

The top five teams were Portland State, Central State, North Dakota, Univ Nebraska-Omaha, and North Dakota State.

New York's only Division II school, SUNY Buffalo, finished a respectable 14th with 24 points. Placing for Buffalo were Bill Stanbro, 167 pounds, Dave Grabenstatter, 177, and Chuck Guptill, heavyweight.

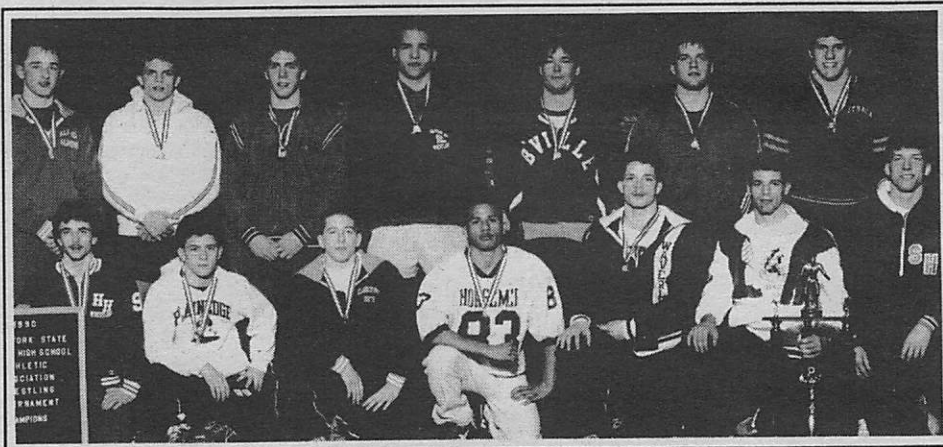
Stanbro, a junior from Johnson City-4, started things off with a 6-3 win over Steve Zuklic of Colorado Mines. Next, he decked number three seeded Johnell Gainey of Norfolk in the first period. In the semifinals, however, he lost a tough 5-2 match to Central State's Howard Moore. Moore went on to win the title, with Stanbro pinning his next opponent before dropping a 3-1 decision to Tom Kirpach of North Dakota State in taking fourth place. Now a two-time All American, Stanbro will be challenging for the title next year. His record for the year was 34-10-1.

Dave the grabber Grabenstatter, from Amherst-4, was the last high schooler to beat Adam Mariano. He did it in the state finals three years ago. In the NCAA's, Dave's first match was a 5-5, 1-1 overtime criteria decision win over number two seeded Doug Mooney of Ferris State. In the semifinals, though, he lost 14-4 to Joe Wypiszanski of Nebraska-Omaha. In the wrestlebacks, he pulled off another cliff-hanger, winning over number four seed, Russ Witzig, 4-4, 1-1 overtime criteria. In doing so, he severely injured his ankle and had to forfeit his next match, placing him at fourth. Ironically, his opponent would have been Mooney again. Only a sophomore, The Grabber has two more years in which to grab a title. He finished the year with a record of 12-7-1.

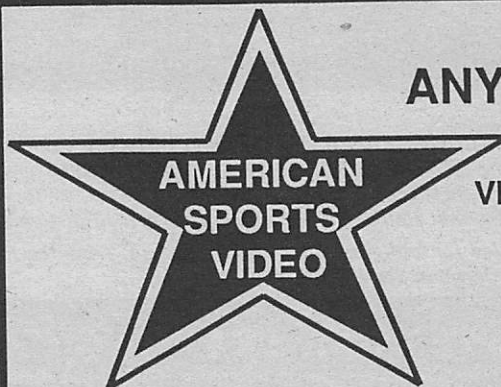
Heavyweight Chuck Guptill, a transfer from California, lost to Paul Koenig of South Dakota State in the first round, 3-0. He then won an overtime 2-2, 4-2 win, before losing 3-1. In the consolations for seventh, he beat Aaron Williams of Pittsburgh-Johnstown, 6-2. Guptill has another year of eligibility left. Guptill finished the year at 20-11-1.

NCAA runner-up Jeff Howard, 158 pounds, did not compete in the tournament. At 142 pounds, Alan Beaney, of Ashland and Spencerport-5, also did not place. Beaney took a second last year. In this year's tourney, as the number one seed, he won his first match, but lost the next to unseeded Kris Presler of North Dakota, 6-6, 1-1 overtime criteria. In wrestlebacks, he won 10-1, then lost to Jimmy Filippo, Central State, 7-4. Beaney is a senior with a 24-4-1 record.

Buffalo's other qualifier, Gary Define, lost two matches and did not place. Define finished the season at 22-15-1.



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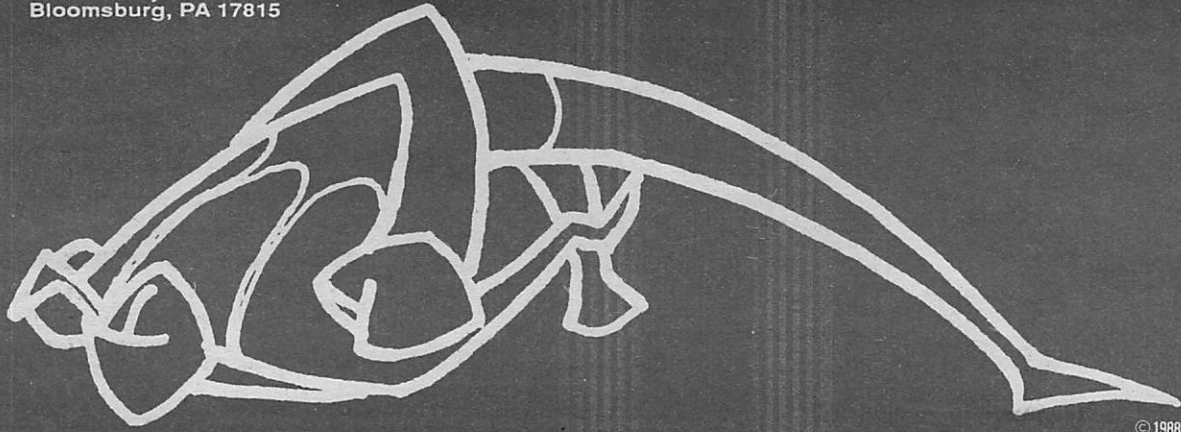
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**Bouzakis, Alberti,
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Four New Yorkers recently made Wrestling USA Magazine's 1990 Scholastic All American Wrestling Team. This team honors the top wrestlers in the nation.

Troy Bouzakis, from Pine Bush-9, was named to the Dream Team at 135 pounds. The Dream Team is the highest honor available. Bouzakis and the other twelve members make up the nation's most successful group of high school wrestlers. In his career, Troy posted a 172-2 record, with 153 falls. He won the states three times and finished second and third in his other Syracuse appearances. He was awarded the "Champion of Champions" twice in state competition, something never before done. In Empire State Games action, he has won six gold medals, five of them in freestyle. In 1987, he was a Junior World Champ, and now owns a 163-2 freestyle record. Coached by John Scesa, Troy has a GPA of 3.0 and has been courted by all the major college programs.

Anthony Alberti, from Hendrik-Hudson-1,

made All American status, an honor that only 22 wrestlers attained. Alberti, a 91 pounder, has won two straight state crowns, and has a 108-7 career record. He finished his career with 75 wins in a row. Coached by Paul LaVallee, Anthony also has a GPA of 3.0.

Mike Bucci, Red Hook-9, made Honorable Mention, a feat that only 60 wrestlers nation-wide achieved. Bucci won the states this year at 215, was third last year, and was sixth the previous two years. His career record was 125-16 with 67 falls. Like Bouzakis and Alberti, he has maintained a 3.0 GPA. Bucci is coached by Karl Knapp.

Tom Shifflet, Sweet Home-6, also made the Honorable Mention section. Coached by his father, Joe Shifflet, he finished with a 164-14 career record with 76 falls. He was a state runner-up last year, and this year won the title at 132 pounds. Tom has a GPA of 3.2

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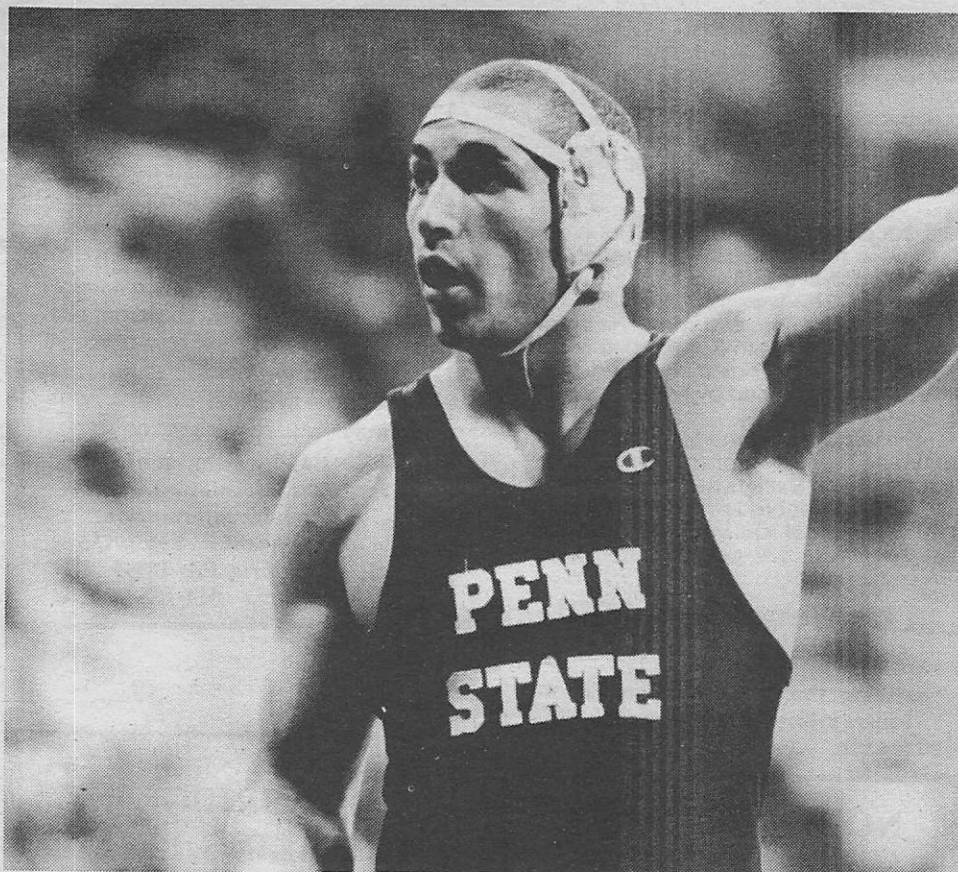
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Adam Mariano, Penn State, 177 pounds, after his NCAA first round win over Bret Gustafson of University of Tennessee-Chattanooga. Mariano did not place in the tournament, but has three years left to do so. Mariano is from Comsewogue-11. Photo by Pete Venier, Sports Action Photos.

NYS Final Collegiate Team Rankings

- 1 Syracuse
- 2 Army
- 3 Cornell
- 4 Ithaca
- 5 SUNY Cortland
- 6 Columbia
- 7 SUNY Buffalo
- 8 SUNY Brockport
- 9 Hofstra
- 10 St Lawrence

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Morrisville Ag & Tech Cracks Top 20 in NJCAA

New York State Community Colleges didn't exactly burn up the competition in this year's National Junior College Championships at Bismarck Civic Center in North Dakota. The only team to crack the top 20 was Morrisville. They placed 15th with 20 points. Team honors went to North Idaho Community College with 120 1/2 points.

Despite the less than spectacular team showing, several individuals put on outstanding performances and placed high in the tournament.

At 134 pounds, Morrisville's **Offie Reid** placed 7th. Reid, originally from Copi-

aque in Section 11, placed fourth in last year's state meet. The first year wrestler has done extremely well this year, winning several tournaments and placing in many others.

Two-time state champ **Tony Ferrara** of Alfred State (Sidney-4) took third place at 142 pounds, an excellent showing in this competitive weight class.

Alex Teran, from Nassau Community College, also placed third at 150 pounds.

The only other placer was Morrisville's **Rory Thorpe** at 167 pounds. Thorpe, who was second last year, also managed a runner-up finish this year, the highest finish for a New Yorker. Thorpe, a second year student, is from Jordan-Elbridge-3. In his senior year, he placed second in the states.

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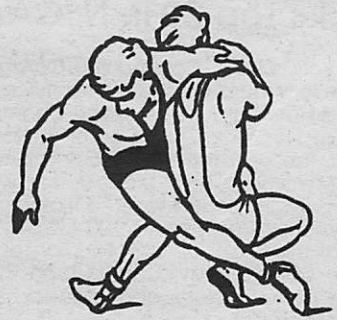
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Darren Schulman, SU 142 pounds, placed eighth in the NCAA's. As a junior, he also won the NYS Collegiate title, and should be a threat to win the NCAA's next year.

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Monks, Yanosik take NCAA Div III Titles

Two champs pace SUNY Cortland
to Third Place Finish

Outstanding performances by Troy Monks and Mike Yanosik led Cortland to its best ever finish in the NCAA Division III Wrestling Championship, March 2 and 3 in Ithaca.

Cortland had four wrestlers earn All American laurels, matching last year's record of four in a single year. Where last year's team wound up in seventh place, this year's team finish was third, thanks to more points being earned by National Champs Monks and Yanosik.

Monks entered the tournament as the nation's number one ranked 118 pounder, and was seeded first. He absolutely dominated his weight class. After a first round bye, Troy defeated Brett Christenson of Buena Vista, Iowa, by fall. In the quarterfinals, he major decisioned Matt McClellan of NYU, 14-4. On Saturday morning, he was the first victor of the day with an 8-4 win over the number five seed, Jason O'Brian from St Thomas, MN. And in the finals in front of a standing room only crowd, Troy defeated a two-time National qualifier, Bob Zoeke of St Lawrence, 6-3. "Troy was very aggressive throughout the tournament. His self confidence along with his physical and mental conditioning really paid off," said Coach Gene Nighman. Monk, who also was named Outstanding Male Athlete at Cortland, finished the year at 41-3. In addition to his NCAA title, he owns SUNY and State Championships. In dual meets, he was 15-0-1.

continued on page 16

Monks, Yanosik, continued

Yanosik, seeded fifth, became the lowest seeded wrestler to win a championship. He did so in one of the toughest weights of the tournament. After a first round bye, Mike defeated John Jackson of Baldwin Wallace, OH. In the quarterfinals, he controlled All American and the number four seed Mike Nuzen of Coast Guard.

Yanosik was then paired against Joe Schmitt from John Carroll, considered to be the best in Division III in any weight class. "Mike respected Schmitt, but he was not afraid of him," said Coach Nighman. "This was the most exciting match I have ever coached. When the match was over, Yanosik's hand was raised in an exciting 14-9 upset win over Schmitt, the number one seed.

In the finals, Yanosik kept his mental intensity with a 4-2 win over Kings College three-time All American, Larry Kanke, the number two seed.

Cortland's other All Americans were Sean Yengo with a repeat of last year's seventh place finish at 158 pounds, and Shawn Cavanaugh with an eighth place finish.

Yengo was competing in the tournament's toughest weight class. Returning were two national champions, both of whom were beaten in the tournament. A pair of two-time All Americans also failed to place in 1990, further proving the quality of 158 pounds.

Yengo's matches went: lost to McGovern, Central Iowa, 10-4; pinned Destofano, Trenton; lost to Ridout, Simpson, IA, 15-0; decisioned Olke, St Johns, MN, 5-5, 1-1 criteria decision. McGovern placed fourth while Ridout placed fifth.

Cavanaugh scored the first win of the tournament for Cortland with a pin over returning All American Randy Mayers of Whitewater.

Two other wrestlers competed for Cortland. They were JP Epifanio at 126 and Rich Walker at 167. They will return next year, along with Cavanaugh, with valuable national experience.

Cortland's best previous finish in the NCAA's was in 1978. They placed fourth with three All Americans and Cortland's first and only National Champion, until this year, Rick Armstrong.

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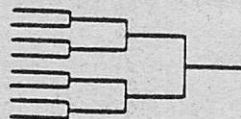
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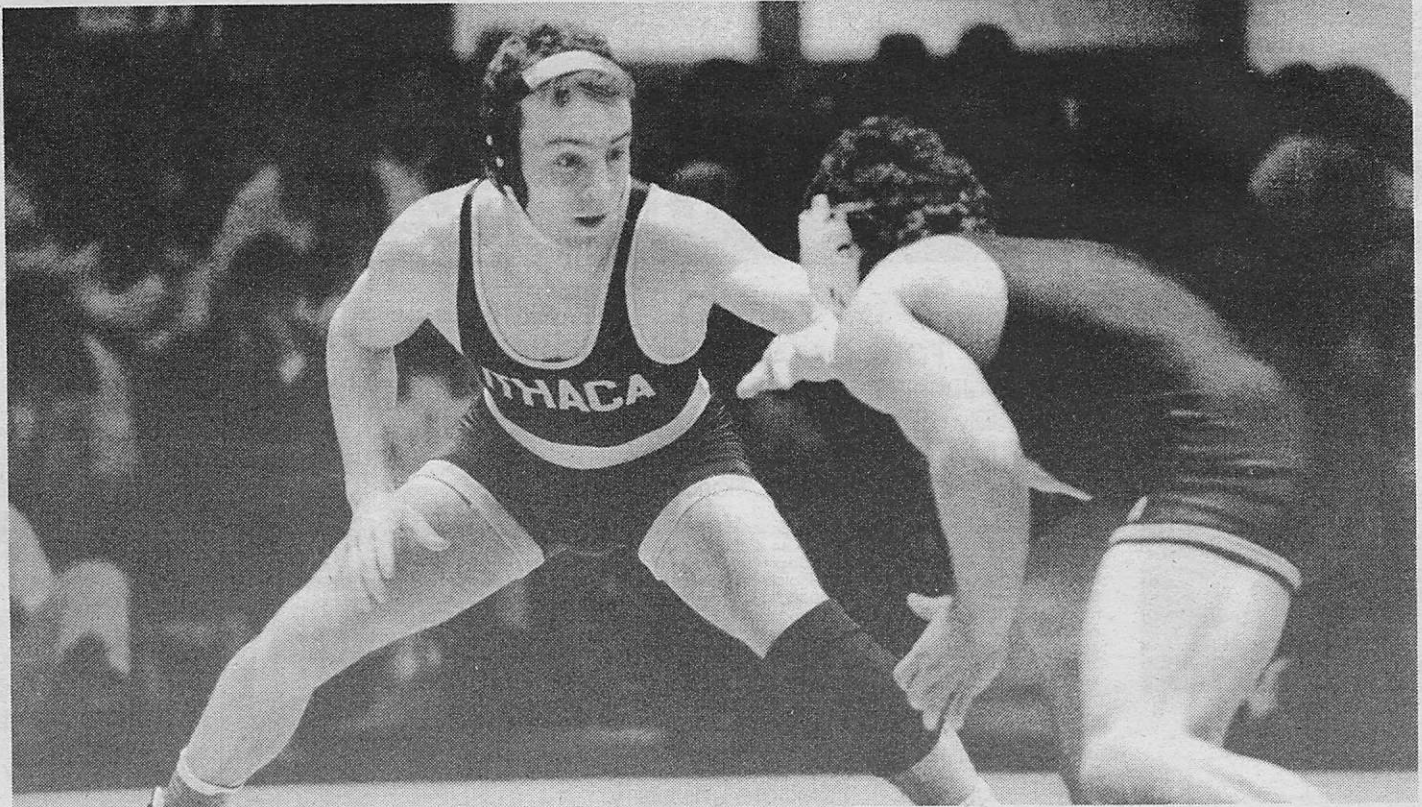
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NCAA Division III Finals action: In the 126 pound weight class, Ithaca's Joel Lamson (left) squares off against Brockport's Fritz Zagorski. In an very close and action-filled match, Zagorski pulled out a 2-0 win. Lamson is a graduating senior, while Zagorski is only a sophomore. Photo by Pat Reynolds

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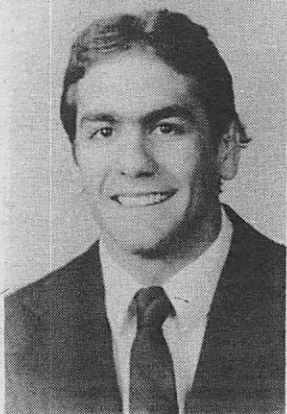
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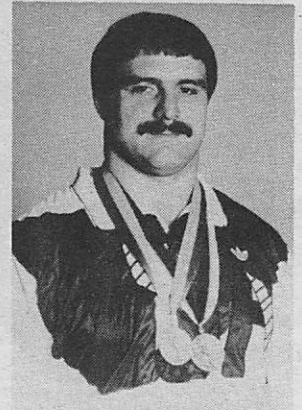


MIKE DeANNA
Head Coach
Edinboro University

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 July 22 - July 27 St Leo, Florida

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BRUCE BAUMGARTNER
Assistant Coach
Edinboro University

TWO GREAT TRAINING CAMPS

June 17 - June 28 Ferris State
 July 1 - July 12 Edinboro University

The All American Training Camp is designed to specifically show each wrestler how they can become a better wrestler. Each wrestler will be evaluated on live wrestling, technique, strength, anaerobic and aerobic capacity. They will be shown where they need to improve and how to improve. Emphasis will be placed on gaining confidence through hard work and goal setting. Structured time for technique, running, and weightlifting is an integral part of this 12-day Training camp. Each wrestler will have the opportunity to make significant improvements in their training habits and wrestling skills. The All American Training Camp is limited to ninth through twelfth graders. Each wrestler will be tested in his immediate anaerobic capacity, short term anaerobic capacity, and aerobic capacity. Campers will also receive written feedback on their basic skills, attacks on feet, pinning, escapes, and weight control. The training camp staff will consist of Edinboro University wrestlers and coaches DeAnna, Baumgartner, and the Rowan. The camp and staff will work out together with the camp goals in mind, the camper will receive a notebook with a summary of the camp practices and activities.

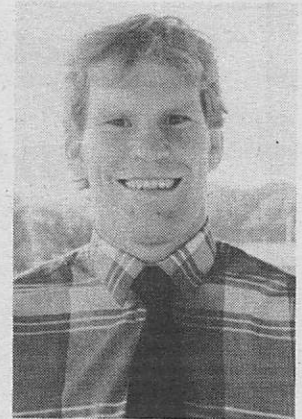


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TERRY KENNEDY
Assistant Coach
Edinboro University

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June 11 - June 15 Willoughby, Ohio
 June 11 - June 15 Westlake, Ohio

The commuter camp is limited to wrestlers in elementary and junior high schools. Instructors will be Mike DeAnna, Head Coach at Edinboro University; Dave Rowan, Assistant Coach at Edinboro University; Sean O'Day, NCAA Champion, and Terry Kennedy, two time All American. The purpose of this camp is to develop mat awareness, improve balance, show basic moves, and motivate young wrestlers. The commuter camp is to be fun oriented and not a highly competitive environment. The camp is three hours per day, and enrollment is limited.

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New York Dominates NCAA Div III Tournament

Ithaca College, March 2-3

1990 was a banner year for New Yorkers in the NCAA Division III Tournament. NYS typically does well in this event, but this year's All American lineup was filled with New York wrestlers from 118 to heavyweight. Of the ten weight classes, five of the champs were from New York. In two of these weights, both finalists were New Yorkers.

Because of its heavy population and multiple business entities, New York has a huge number of colleges in comparison to most other states. The State University of New York (SUNY) system accounts for many schools and community schools. In addition to the state institutions, there are many private colleges and specialty schools located throughout the state.

A weight-by-weight look at how NYS did in the NCAA's follows:

118 Troy Monks, a senior from SUNY Cortland took top honors at this weight. Originally from Odessa-Montour-4, he attended SUNY Brockport before transferring to Cortland. Monks placed fourth in the 1985 high school states at 98 pounds. His finals opponent was Bob Zoeke of St Lawrence, who is originally from McQuaid-5 in Rochester. In 1983, he was a runner-up in the state tournament at 91 pounds. In eighth place was NYU's Matt McClenahan.

126 Ironically, both finalists are not only from New York, but from the same section, Five (Rochester). The champ, sophomore Fritz Zagorski, SUNY Brockport, wrestled for

Bishop Kearney and Eastridge, where he did very well, yet never made it to the states. Zagorski was third last year. Joel Lamson, NCAA runner-up and a senior, is from Waterloo-5. In 1985, he won a state title at 119 pounds. He was fifth last year in the nationals. Brian Hart, RIT and New Hartford-3, took eighth place.

142 Ron Gross, Ithaca and Wayne-5, placed fifth this year. Last year, he took a second to three-time Shawn Smith of Delaware Valley. While in high school, Gross was a state runner-up at 126 pounds, losing to Rick Brzozinski of West Islip-11 in 1986. Brzozinski now competes for Virginia, and was in this year's NCAA Division I tournament.

150 Runner-up at this weight was Marty Nichols of Ithaca College. Nichols, a senior, has over 100 career wins for the Bombers, and is from Sinclairville-6. He placed fifth last year. Also placing at this weight is Tom Gleason of St Lawrence. While in high school (Canastota-3) Gleason took a fifth in the 1986 state tournament, then jumped to third in the 1987 meet.

158 Third place belonged to Ithaca College senior Mike Cronmiller. Cronmiller's only loss of the tourney was a 5-4 semifinal decision to Rob Llorca, the eventual champ. Two years ago, he took the title at 158 pounds, and he also won the NYS Collegiate Championships. Cronmiller took a third in the 1985 high school state tournament while competing for Edison-5. In seventh was Cortland's Sean Yengo. Yengo, from Webster-5, also took a seventh last year. His father is one of Section Five's most successful coaches.

167 Dennis Markou of Hunter College

took a fifth at this weight. Markou, a senior, has also placed in the NYS Collegiate Tournament. Adam Marciniak of Brockport placed eighth at 167. Adam is the brother of Watkins Glen-4 155 pounder Matt Marciniak, who recently placed third in the states.

177 Cortland's Mike Yanosik won the title here. From New Hyde Park in Section 8, he placed second in the 1987 state tournament, and this year, took third in the NYS Collegiate Championships. Now a junior, he has a year left.

190 Brockport's Brian Quick is only a sophomore, yet has already won state and NCAA titles. Originally from Union Endicott-4, he was tough in high school, but never made it to the state tournament. Ben Weinthal, NYU and Brighton-5, took eighth place.

hwt Mike Fusilli, Ithaca College, took a second last year at 190. At heavyweight this year, he took the title handily, winning by fall, 15-2, 3-1, and 13-5. Ironically, he is from Bishop Kearney-5 in Rochester, the same school where Fritz Zagorski (126 pound champ) started wrestling before transferring to nearby Eastridge-5. And while Bishop Kearney has had a rich history of local stars, the school has never been well-known state-wide. Now coached by second year coach Vince Acito, the school is on track towards being a power. Also placing at this weight is Shawn Cavanaugh from Cortland, in eighth place. Cavanaugh is also from Section 5 (Irondequoit High School).

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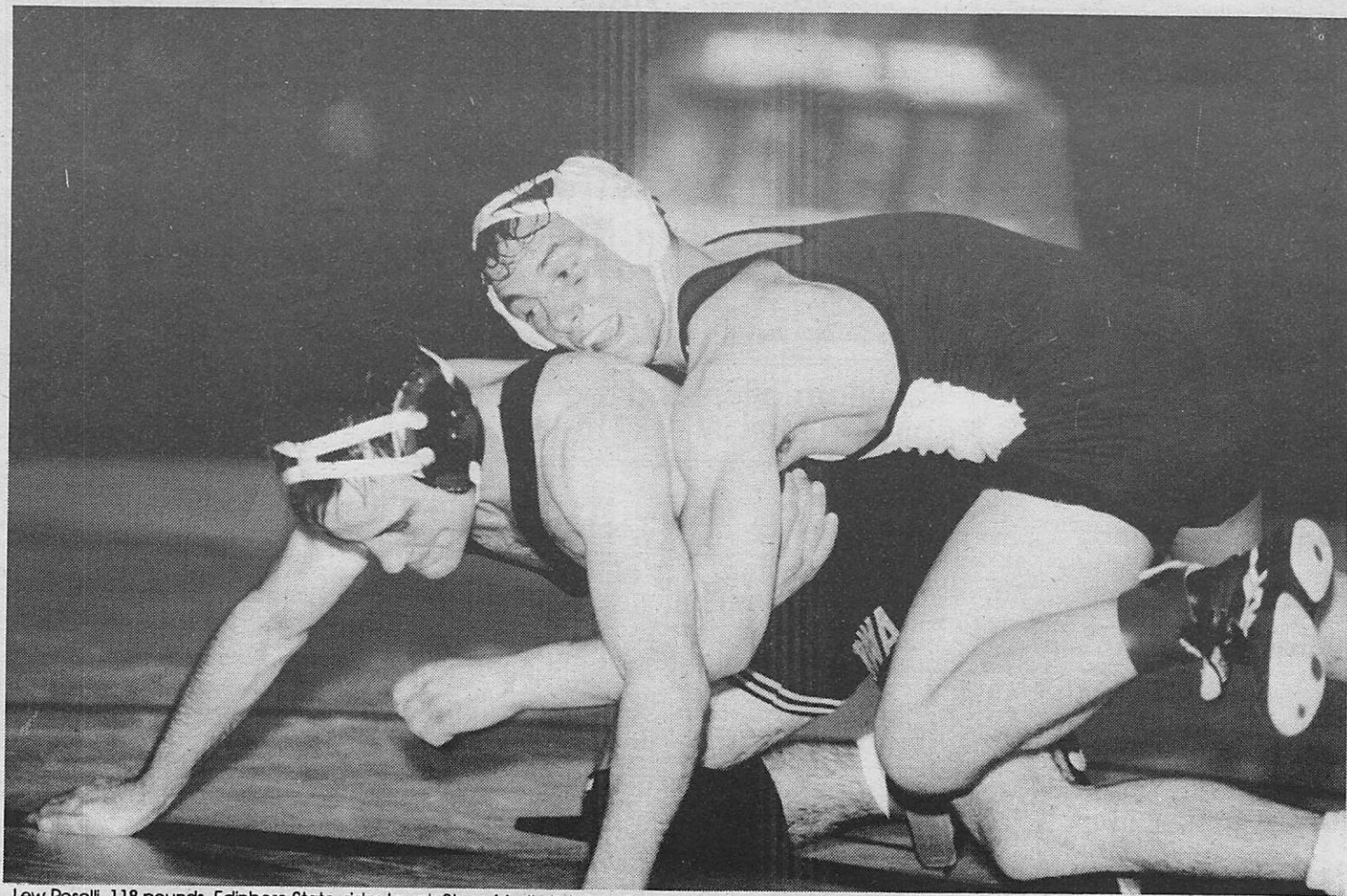
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Lew Roselli, 118 pounds, Edinboro State, rides Iowa's Steve Martin in NCAA Division I action. Roselli, a two-time NYS champ from Royalton-Hartland-6, won three matches in the tournament and came within a match of placing. Photo by Pete Venier, Sports Action Photos.

Wrestling Camp Directory

Complete Listing of 1990 Spring/Summer Camps

"You can't teach an old dog new tricks," is a big lie. Old dogs do learn new tricks. If you're a high school or college wrestler, go to wrestling camp this spring or summer. It will make you a better wrestler. For your convenience, we have compiled a list of all the camps we know of, in no specific order. And when you contact these camps, don't forget to tell them where you saw this listing!!!

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- 7 Great Lakes Wrestling School
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- 11 Vaughn Hitchcock Wrestling Camp
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- 12 Cowboy Wrestling Camp
OSU Wrestling Office
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- 14 Wolfpack Wrestling Camp
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- 15 Top of the World Sports Camp
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- 16 Dynamo Wrestling Coaches Clinic
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- 17 Top of the Nation Camp
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- 18 Eagle Wrestling School
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(814) 226-2455
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- 19 John Smith / Myron Roderick Camp
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(405) 372-3531
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- 20 Iowa State Cyclone Camp
206 State Gym
Iowa State University
Ames, IA 50011
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- 21 Andy Rein's Wrestling Camp
University of Wisconsin
1440 Monroe Street
Madison, WI 53711
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- 22 Keystone Wrestling Camp
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- 25 Cornell University/ Jack Spafes Camp
Box 729
Ithaca, NY 14851
(607) 255-7307 or 844-8291
Several sessions July 22 - August 3
- 26 The Ultimate Wrestling Camp
Box 1142
State College, PA 16804
(814) 466-3361
Several sessions July 8 - 26
- 27 Northeastern Takedown & Leg Wrestling Camp
14 Pinion Pine Ln
Queensbury, NY 12804
(413) 498-2871 or 498-5311
July 1 - 6, August 5 - 11
- 28 Campbell's Comprehensive Wrestling Camp
Laurie Updike, Box 729
Cornell University
Ithaca, NY 14851
(315) 432-3060 or 637-0712
June 24 - July 6
- 29 Golden Eagle Camp
Clarion University
107 Tiffin Gym
Clarion, PA 16214
(814) 226-2109
Several sessions June 17 - August 2
- 30 Stroudsburg Wrestling Camp
Bob Armstrong
505 Brook Rd
Port Jeff, NY 11777
(516) 473-5568
Several sessions June 24 - July 20
- 31 Billy Martin's Granby
Box 7127, Back Bay Sta
Virginia Beach, VA 23457
(919) 429-3564 or 429-3095
Several sess Jun 18 - July 28

NCAA Division III Action: Ithaca College Takes its Second Team Title

crowns one champ in winning
the crown at home

by Scott Conroe

Two seconds remained in Ithaca College wrestler Mike Fusilli's NCAA Division III semifinal bout at heavyweight when he decided to try for one more takedown.

The Bomber senior and second seed was tied, 1-1, with Chester Grauberg of Minnesota's Augsburg College. The two had tied up repeatedly, as Fusilli tried unsuccessfully to gain the advantage.

Fusilli guessed there were 20 seconds left in regulation. One more takedown attempt seemed warranted. So he shot in and brought Grauberg down with a two-legged hold and won, 3-1.

The victory Saturday afternoon did more than give host Ithaca three finalists, in Fusilli, 150 pounder Marty Nichols and 126 pounder Joel Lamson. It put the Bombers ahead to stay.

Ithaca clinched its second consecutive national championship later, when Mike Cronmiller placed third at 158 and Ron Gross placed fifth at 142.

Those victories gave Ithaca 76.5 points to 59 for second-place Augsburg and 49.75 for Buena Vista of Iowa. Only then did the Bombers celebrate a little. Cortland State was in fourth place with 43.5 points and two finalists.

To Ithaca coach John Murray, it felt too

anticlimactic to have claimed the title in the afternoon, with the final bouts still four hours away. "The Fusilli bout took all my emotion away," said Murray. "That bout was one to remember for a long time."

Fusilli was to face top-seeded Tom Fye of Luther in the heavyweight final. The second-seeded Lamson, of Waterloo, was to face Brockport State's Fritz Zagorski, the top seed. Nichols, the second seed, was to face top-seeded Shawn Voigt of Cornell College (Iowa).

Cortland State advanced two wrestles to the finals, top seeded 118 pounder Troy Monks and 177 pounder Mike Yanosik. The only other area finalist was St Lawrence's Bob Zoeko, who was to face Monks in the finals bout.

SLU's Tom Gleason, a junior out of Canastota, placed seventh at 150, defeating Shawn O'Meara of Trenton State, 11-4. Cortland senior Sean Yengo placed seventh at 158 with a referee's criteria decision over Tim Oelke of St John's.

Ithaca's 158 pounder, Mike Cronmiller lost in the semifinals, 5-4, to Rob Lorca of Wisconsin-Whitewater. He bounced back to take third, which in some ways is tougher - physically and mentally than wrestling in the finals.

Gross, who was seeded first but lost on Friday, opened the consolation bouts with a pin. The fifth-seeded Yanosik eluded a near-pin situation in the third period to stun top seeded Joe Schmidt of John Carroll, 14-9, in the semifinals. He called it "the biggest win of my life."

Ithaca didn't get off to an overwhelming start. 134 pounder Tim Cotter, seeded second, failed to make weight, and then at

167, Tim Habecker was defeated in his opening match. Fusilli said there was some concern at the outset. "We were a little depressed after Tim didn't make weight because it took away some point opportunities. But it also made us work harder and makes it a more glorious win."

"I'm amazed at the quality of the wrestling at this tournament," Murray said. "This was the most competitive tournament ever. The 40 semifinalists came from 31 different schools."

After their victory, Murray said that Ithaca didn't stray too far from the type of preparation they used this year compared to 1989. "The preparation was pretty much the same. We felt that if you've been successful with something in the past you stay with it." It appears his strategy was once again, sound.

Finals Matches

- 118 Troy Monks, Cortland, dec Bob Zoeko, SLU, 6-3
- 126 Fritz Zagorski, Brockport, dec Joel Lamson, Ithaca, 2-0
- 134 TJ McStravik, Glassboro, dec DAvid Buckiso, John Carroll, 9-4
- 142 John Beaty, Augsburg, pin Dean Bolte, Luther 4:37
- 150 Shawn Voigt, Cornell, dec Marty Nichols, Ithaca 7-3
- 158 Rob Lorca, Wisc Whit dec Mark Ambrose, Delaware Valley, 14-8
- 167 Troy Gardner, Lycoming, dec Tom WEix, Wisconsin-S, 7-7, 3-2
- 177 Mike Yanosik, Cortland, dec Larry Kanko, Kings, 4-2
- 190 Brian Quick, Brockport, dec Scott Vega, Montclair, 14-5
- hwt Mike Fusilli, Ithaca, dec Tom Fye, 13-5

Poll No 90:3
 May 1990
 Final Ranking

New York State Collegiate Wrestling "Top 80 Individuals" Poll

Poll Coordinator
 Mike Morone
 NY Wrestling News

WGT	FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH	SEVENTH	EIGHTH
118	Troy Monks Cortland (Sr)	Adam Condo Columbia (Jr)	Bob Zoeke St Lawrence (Sr)	Tom Larson Army (Fr)	Matt McLenahan NYU (Sr)	Marat Lempert Oneonta (So)	Gary Define Buffalo (Fr)	Drew Black Syracuse (So)
126	Jerry Graziano Cornell (Sr)	Fritz Zagorski Brockport (So)	Dave Warnick Army (Fr)	Joel Lamson Ithaca (Sr)	Todd Johnson Columbia (Sr)	Steve Trumpet Syracuse (Jr)	Ralph Tubollo Hofstra	Brian Hart RIT (Sr)
134	Marc Furgeson Cornell (Fr)	Rich Santana Syracuse (So)	Mike Ferrari Army (Sr)	Tim Cotter Ithaca (Sr)	Pat Greenlee Hofstra (Sr)	Rick Pawlewicz St Lawrence (So)	Tom Yankanich Columbia (Sr)	Van Fronhofer Albany (Fr)
142	Darren Schulman Syracuse (Jr)	Ron Gross Ithaca (Sr)	Jack Vantress Army	Nate Knauer Cornell (Sr)	Corey McCaslin Columbia	Robert Pine Oneonta (Jr)	Ilias Diakamihalis RIT (Sr)	Ken Kaufman Binghamton (Jr)
150	Pat Waters Cornell (Sr)	John Gautreau Syracuse (Sr)	Marty Nichols Ithaca (Sr)	Doug McCormick Army (Jr)	Toby Johnson Columbia (Sr)	Tom Gleason St Lawrence (Jr)	Chris Zogby Albany (Sr)	Dan Holahan Hofstra
158	Mike Cronmiller Ithaca (Sr)	Jeff Howard Buffalo (Sr)	Joe Guciardo Cornell (Sr)	Butch Padomonsky Hofstra (Sr)	Sean Yengo Cortland (Sr)	Jamie St John Syracuse (Fr)	Eddie McShane St Lawrence (Sr)	John Pavlin Albany (So)
167	Nick Mauldin Army (Jr)	Frank Ryan Syracuse (Sr)	Mike New Cornell (So)	Bill Stanbro Buffalo (Jr)	Khari Freeman Columbia	Dennis Markou Hunter (Sr)	Tim Habecker Ithaca (Sr)	Adam Marciniak Brockport (Sr)
177	Bill Barrow Army (Jr)	Ben Morgan Cornell (So)	Mike Yanosik Cortland (Jr)	Dave Grabenstatter Buffalo (Jr)	Ethan Bosch Syracuse (Fr)	Dan Bieller Ithaca (Sr)	Bill Barker Brockport (So)	Rich Caulkins Binghamton (So)
190	Brian Quick Brockport (So)	Alex Porcelli Army (Jr)	Dan Sanchez Wagner (Jr)	Chris Welch Syracuse (Sr)	Tim Szwec Cornell (So)	Ben Weinthal NYU (Sr)	Bill Hadsell Ithaca (Jr)	Chris Roberts Albany (Jr)
HWT	Mike Fusilli Ithaca (Sr)	EJ Pasteur Army (Jr)	Shawn Cavanaugh Cortland	Wrede Kirkpatrick Columbia (Sr)	Chuck Guptill Buffalo (Jr)	Joe Zito Syracuse (So)	PJ Wendel Brockport (Fr)	Chris Mohr RIT (So)

NOTE: The New York State "Top 80 Individuals" includes only wrestlers who are enrolled full-time and NCAA eligible. As determined by the NYS Collegiate Wrestling Coach's Poll Committee.

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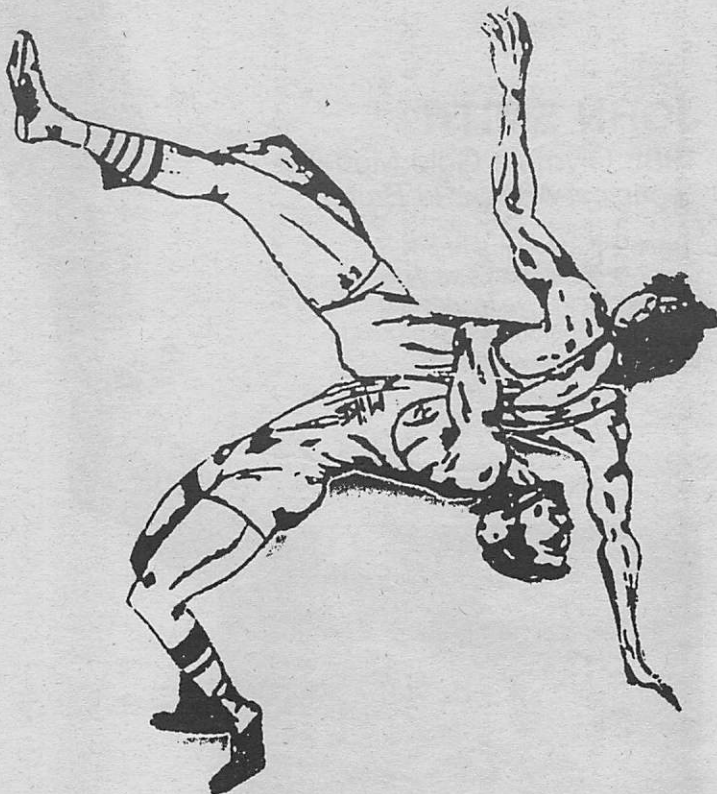
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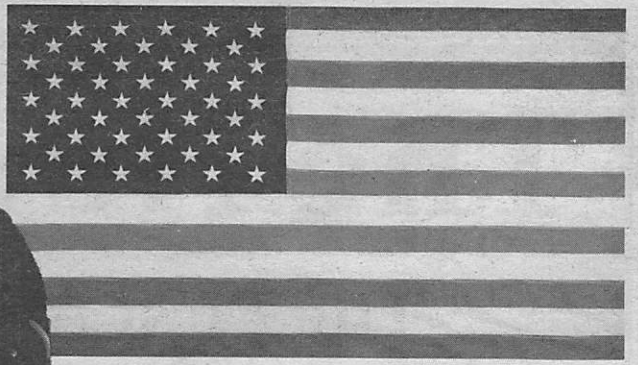
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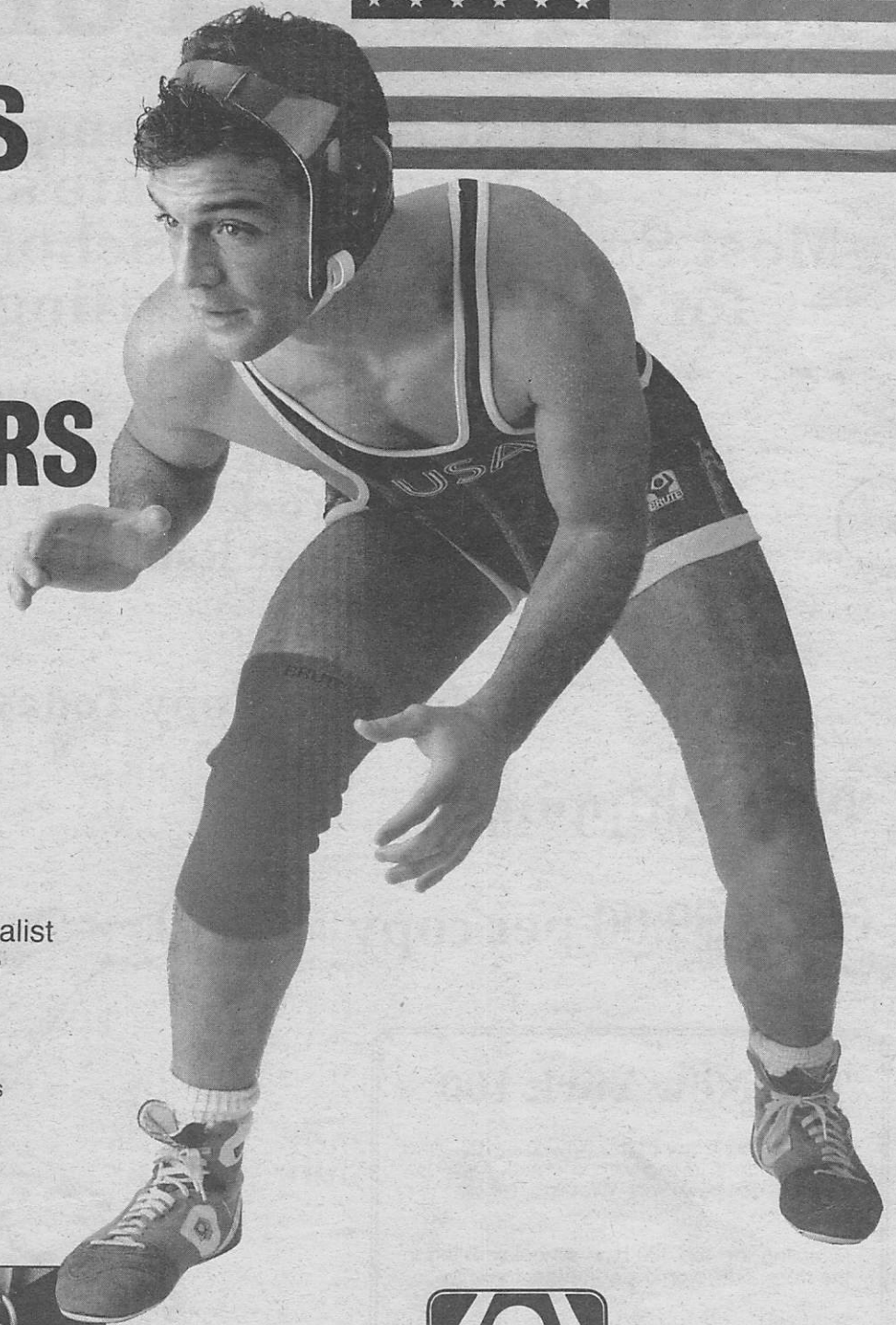
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