Maiden voyage in state meet no sweat for wrestlers *

By JIM HOWE

Staff Writer

Joe Vredenburgh of Chenango Forks and Sean Carden of Vestal have not let lack of experience deter them from achieving personal goals and berths in the state wrestling meet. Both wrestlers, in their first year of varsity wrestling, are members of the 14-man Section 4 squad. In all, 182 wrestlers begin state title quests at 3:30 p.m. to-day at Syracuse's Onondaga County War Memorial.

Depsite their inexperience at top-level competition, neither

Vredenburgh, a sophomore 215pounder, nor Carden, a junior 250pounder, said they feel any pressure to succeed in the 27th annual state tournament.

"After winning (the sectional title), I had to pinch myself," Vredenburgh said. "I remember watching my brother (Bob) wrestle in the state tournament and dreamed of being there one day.
I'm glad to be there."

Bob Vredenburgh went on to Delhi Tech, where he finished second in the 1985 National Junior College Athletic Association Tournament at 167 pounds.

Vredenburgh and Carden aren't

the only inexperienced wrestlers on the Section 4 team, as only three have been to the state meet before. Waverly's Doug Shaffer won the 105-pound state title last season. Walton's Brandon Mac-Naught placed fifth at 112 pounds last season and J.J. Stanbro wres-

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Wrestlers seek titles -

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tled at 126 in 1987.

On the state level, the accent will

be on youth, as well.

Of the 182 wrestlers in the tournament last season, one-third are eligible to return this season. Of those 60, only 27 placed in the top six in 1988.

Having experienced the pomp of the season's final meet is not nec-

essarily a blessing.

Shaffer said being the state champ adds pressure. "Everyone knows about me and will be gun-

ning for me," he said.

To win the 119-pound title, Shaffer will likely meet two-time state champion Troy Bouzakis, a junior from Pine Bush, Bouzakis has a 130-1 record entering the tournament and is undefeated this season. This is the fourth straight season Bouzakis has entered the state tournament unbeaten.

Being in the state meet isn't the

only avenue for experience.

Some, like Chris Durdon of Whitney Point, have wrestled on a comparable level in the offseason. Durdon placed third in the past two Empire State Games, in a field which included some of the wrestlers in his 177-pound class.

"The caliber at the top of the heap is pretty good," said Point coach Bill McNeill, comparing the state meet with the Empire Games. "Having gone to the Games, Durdon is accustomed to the hype and ceremonies which are an intimidating factor."

Vredenburgh (23-8) receives a bye into the quarterfinals this evening. Carden has a first-round bout against Marvin Garvey of Section

10's Hermon-DeKalb.

Vredenburgh's situation is not lost on him.

"It's hard to find many sophomore heavyweights," Vredenburgh said. "I'm not going to be greedy (in the state meet). I wanted to place in the sectionals."

Vredenburgh's experience includes a trip to the nationals in In-

dianapolis last summer.

"Now, he can go into the tournament with an open mind and very relaxed," Forks coach Rick Perkins said. "The state meet will be good for him. It will help get rid of the stage fright (for future seasons). The fear of the unknown won't be there."

Carden began wrestling only last



Forks' Joe Vredenburgh First trip to states

season, but practice has provided a crash course for his rapid devel-

opment.

"He has won every tournament he has entered this season," Vestal coach Tony Policare said. "He won STAC (Southern Tier Athletic Conference tournament), Class As and the sectionals."

To get where he is, Carden benefitted from quality practice partners. "Not too many guys had the wrestling partners I did," he said.

Among his practice buddies were John Pourby, who shared the 250-pound class this season with Carden and Todd Schaffer, the STAC champ at 215. Last season's indoctrination came against Ron Pickett, who finished fourth in the state tournament.

The upper classes are a different breed from the rest, said Policare, who was a heavyweight wrestler at Vestal High and at SUNY-Buffalo. The wrestling is done more on the wrestler's feet, as in the Greco-Roman style.

Carden said his late start in wrestling is not necessarily a negative

factor.

"I didn't get into any bad habits," Carden said. "I'm going into the states to have fun. Every guy is good, so we'll just see what happens."

Carden wrestles_at 250 without having to chug extra milkshakes to

add weight.

"There won't be anyone stronger," Policare of Carden's state competition. "The difference will be the desire."

Five state championship shots left for Sect. 4 wrestlers

By JIM HOWE Staff Writer

SYRACUSE — Dreams of a state wrestling title rest on how a wrestler can adapt to a given situation.

Five Section 4 wrestlers still entertain that dream after advancing into today's semifinal round of the state wrestling tournament at the Onondaga County War Memorial.

Johnson City's Joe Toner and J.J. Stanbro, Waverly's Doug Shaffer, Deposit's Mike Russell and Watkins Glen's Matt Marciniak are two steps away from a state title.

But Section 4 is a lot farther away from repeating its second-place team finish of the past two seasons.

Section 4 is sixth with 47 points after the quarterfinals and one round of wrestlebacks. Section 11 (Suffolk-area), the defending team champion, tops the 13-section field with 79½ points. Section 1 (Westchester) is second with 62½ pounds.

Toner won both of his 105-pound matches with relative ease and meets Juan Carlos Garcia of Section 1's Sleepy Hollow in the semifinals, which begin at 10 a.m. today.

Stanbro, weakened by a weight-dropping virus, had to rally for the first time all season to continue his quest for his first state title.

Wrestling at 154 pounds, which is five pounds less than the allowable weight, Stanbro scored three points on an escape and a takedown to beat Terry Lucero of Section 3's Bloomfield in the quarterfinals.

"It's the first time I've been down all season," Stanbro said. "I had to keep my motion going. A slow pace creates a lot of mistakes."

Stanbro said the fact that he was caught

three times by an ankle pick against Lucero was an indication of the virus' effects.

But six seasons of experience and a trip to the state meet two seasons ago helped pull Stanbro through.

"Two seasons ago, I was really young and couldn't handle being down on score," Stanbro said. "Now I can relax a little bit. I won't say (today) is easy, but I will have more mental concentration."

Weight was also a problem for Chenango Forks' Joe Vredenburgh in a 215-pound quarterfinal.

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Wrestlers aim for titles —

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Vredenburgh was pinned by a heftier Ron Vitullo of Section 3's New Hartford in 1:14.

"I think I need to gain about 20 pounds," Vredenburgh said. "(Vitullo's) arms were twice the size of mine."

Vredenburgh received a firstround bye, which he said worked against him.

"I got a little bit tired waiting around for the match," Vredenburgh said.

Russell's success in the semifinals rests on a sore right elbow. Russell has a bone chip in his elbow, which was hurt in the Section 4 Tournament last weekend.

Russell, heavily wrapped, immediately soaked the arm in a garbage bag full of ice after his 4-2 quarterfinal victory over Tim Rigney of Section 2's Averill Park.

For Vestal 250-pounder Sean Car-

den, it was a case of anything you can do, I can do better.

After winning his first-round match over Marvin Garvey of Section 10's Hermon-DeKalb, 13-4, Carden met state runner-up William Friburger of Section 11's William Floyd.

Friburger, who wrestled in the Empire State Games' Greco-Roman competition, defeated Carden, 12-2.

"Everything Sean tried to do. (Friburger) did better," Vestal coach Tony Policare said. "Sean was the aggressor, but Friburger countered every move for points."

Waverly, which had four wrestlers in the tournament, is left with just one shot at a title.

Shaffer, who won the 105-pound state title last season, reached the semifinals at 119.

In his quarterfinal match against Sean Davis of Section 2's Queensbury, Shaffer took the conservative route in winning, 3-0.

NAC Championship (At Mountain View High)	132— Scott Sullivan, Waverty-4, bye. 138— Mike Quaglio, John Jay-1 (East
Montrose 51, WW 42	Fishkill), pinned Travis Nocchi, Waverly-4,
	3:27. 145— Matt Marciniak, Watkins Glen-4,
MONTROSE (51) Player FG FT PF Pts.	dec. Mike Luick, Niagara-Wheatfield-6, 3-1. 155— J.J.Stanbro, Johnson City-4, dec.
Kumrow, 1 3-7 4-5 2 10 Parker, c 3-12 0-2 3 6	Will Moss, Albion-6, 9-3.
Gesford, g 5-23 2-4 1 12	167— Rick Weeger, Massena-10, dec. Chris Schweiger, Waverty-4, 5-3.
Strawn, g 2-4 4-4 1 8	177- Chris Durdon, Whitney Point-4,
Hayner, g 5-23 3-7 2 14 Rauch 0-0 0-0 0 0	won by technical fall over Mike Drollette, Saranac-7, 6:00 (18-2).
Winkleblech 0-1 1-2 1 1	215— Joe Vredenburgh, Chenango
Totals 18-70 14-24 10 51 WESTERN WAYNE (42)	Forks-4, bye.
Player FG FT PF Pts.	250— Sean Carden, Vestal-4, dec. Mar- vin Garvey, Hermon-DeKalb-10, 13-4.
Shaffer, f 8-22 4-6 4 20 Long, f 1-6 2-2 3 4	Quarterfinals
Burner, c 2-8 0-2 2 4	91— M Russell dec. Tim Rigney, Averill
Giacobbe, g 1-8 1-1 3 3	Park-2, 4-2. 98— Tom Mangan, Averill Park-2, dec.
Ambrose, g 2-6 1-2 0 7 Gibbs 0-2 2-2 0 2	L.Russell, 13-11 in overtime.
Racht 1-4 0-0 2 2	105— Toner dec. Kelly Snide, Northern Adirondack-7, 9-3.
Totals 15-56 10-15 14 42 Montrose 14 8 15 14-51	112- Nick Rastelli, Grand Island-6, dec.
Western Wayne 7 15 13 7-42	Boda, 9-7 in overtime.
Three-point goals: Montrose (1-for-5)— Hayner 1-5; WW (2-for-3)— Ambrose 2-2,	119— Shaffer dec. Sean Davis, Queensbury-2, 3-0
Long 0-1. Officials: Grecco, Aten.	132- John Bena, Niskayuna-2, dec. Sul-
Youth	livan, 9-7. 145— Marciniak dec. John Nappi, Nis-
Toutil	kayuna-2, 12-2
S. Tier League	155— Stanbro dec. Terry Lucero, Bloom- field-5, 7-6.
(at Picciano Boys' Club)	177- Mike Bucci, Red Hook-9, won
JV Division	technical fall over Durdon, 4:54 (16-1).
SALAMIDA'S SPIEDIE SAUCE 45, JIM ROMA'S BAKERY 40 (S- Jones 12, Hunt	215— Ron Vitulio, New Hartford-3, pinned Vredenburgh, 1:14.
10; J— Knowlton 16; Gulden 11.)	250- William Friburger, William Floyd-
(at Binghamton Boys' Club) JV Division	11, dec. Carden, 12-2.
BINGHAMTON YMCA 61, BINGHAM-	Semifinals (Start at 10 a.m. today
TON BOYS' CLUB 25 (BY- D. Woolfolk	91— M. Russell vs. Craig Conant, Tully-
21, R. George 15; BBC— P. Graham 10.) Varsity Division	3.
WHITNEY PT. 70, BINGHAMTON	105— Toner vs. Juan Carlos Garcia, Sleepy Hollow-1.
BOYS' CLUB RED 58 (WP— C. Rugg 29, J. Ferri 10, D. Peters 10; BBC— S. Starner	119- Shaffer vs. Andy Antonucci, Hil-
17, J. Maerkl 18.)	ton-5. 145— Marciniak vs. Jamie St. John, Port
(at Binghamton YMCA)	Jefferson-11.
Varsity Division BINGHAMTON YMCA 59, ENDICOTT	155— Stanbro vs. Dion Visconti, Chami- nade-Cath.
BOYS' CLUB 52 (BY- Smith 16, Starley	Wrestlebacks
10, Parker 10; EBC- McCoon 19, Kru- kides 15).	FIRST ROUND
AND THE RESIDENCE OF THE PROPERTY OF THE PROPE	138— Nocchi pinned David Rios, Stuyve- sant-PSAL.
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AB S S PER S R SPERSOR	con z
A STATE OF THE REAL PROPERTY OF THE PARTY OF	
Scholastic	CONTRACTOR DESCRIPTION OF THE PERSON NAMED IN COLUMN
	Mon'e pro
State Tournament	Men's pro
(At Syracuse War Memorial)	Honda Classic
Team scores Through quarterfinals and preliminary	(At the par-72 Tournament Players Club
wrestlebacks: Section 11 (Suffolk County)	At Eagle Trace, Coral Springs, Florida) Yesterday's results
791/2, Section 1 (Westchester area) 621/2, Section 2 (Capital District) 59; Section 5	Dan Pohl 66-62—128
(Rochester area) 58; Section 6 (Buffalo	Buddy Gardner 65-66—131
area) 50; Section 4 (Southern Tier) 47; Section 3 (Syracuse/Litics area) 461/c Section 9	Joey Sindelar 68-64—132 Payne Stewart 68-65—133
tion 3 (Syracuse/Utica area) 461/2 Section 9 (Catskills area) 401/2 Section 8 (Nassau	Paul Azinger 67-66—133
County) 301/2 Section 7 (Eastern Adiron-	Bob Gilder 66-68—134 Rex Caldwell 65-70—135
dacks) 24; Catholic High School Association 21; PSAL (New York City) 201/2, Sec-	Larry Rinker 67-68135
tion 10 (Western Adirondacks) 101/2	Mark McCumber 68-67—135 Mark Wiebe 67-68—135
First Round	Mark Wiebe 67-68—135 Gary McCord 69-67—136
(Section 4 wrestiers' matches only,	
number after opponents' schools indi-	Andy North 70-66—136
number after opponents' schools indi- cates section.)	Fuzzy Zoeller 70-66—136
91— Mike Russell, Deposit-4, bye.	Fuzzy Zoeller 70-66—136 Tommy Armour III 71-66—137 Bill Britton 69-68—137
cates section.)	Fuzzy Zoeller 70-66—136 Tommy Armour III 71-66—137

Craig Schlifstein, Baldwin-8, 6-0.

112— Tim Boda, Ithaca-4, dec. Winston
Lee, Stuyvesant-PSAL, 4-0.

119— Doug Shaffer, Waverly-4, dec.

Grant Swanson, Peekskill-1, 8-1.

126— Ed Moak, Averill Park-2, dec.

Brandon MacNaught, Walton-4, 2-1. Gary Koch J.C. Snead Bob Tway Mark Hayes Dan Halldorson 68-69-137 73-64-137 71-67-138 68-70-138

Bruce Lietzke

68-69-137

69-68-137

Wildcats' Stanbro unable to put perfect cap on career

By JIM HOWE Staff Writer

SYRACUSE — Johnson City's J.J. Stanbro knew what he had to do last night to win a state wrestling title but his body wasn't able to respond.

Seamus Lyman of Section 3's Watertown used a conservative attack to hold off Stanbro, 3-1, in the 155-pound championship bout at the 27th annual state wrestling

■ Semi losers will be back, Page 12C

tournament at the Onondaga War Memori-

"I didn't set him up like I wanted to," said Stanbro, who battled a weight-reducing virus all week. "I didn't move enough ... couldn't get his feet moving."

Stanbro stayed in motion by constantly

shuffling his feet while Lyman, in a bentover stance, stood still and stared at Stanbro.

Lyman, picking down in the referee's position to start the second period, quickly broke free of Stanbro's grasp for an escape and 1-0 lead seven seconds into the period. About a minute later, Lyman, 33-0-1 this season, scored a takedown for a 3-0 lead.

Stanbro scored a third-period escape.

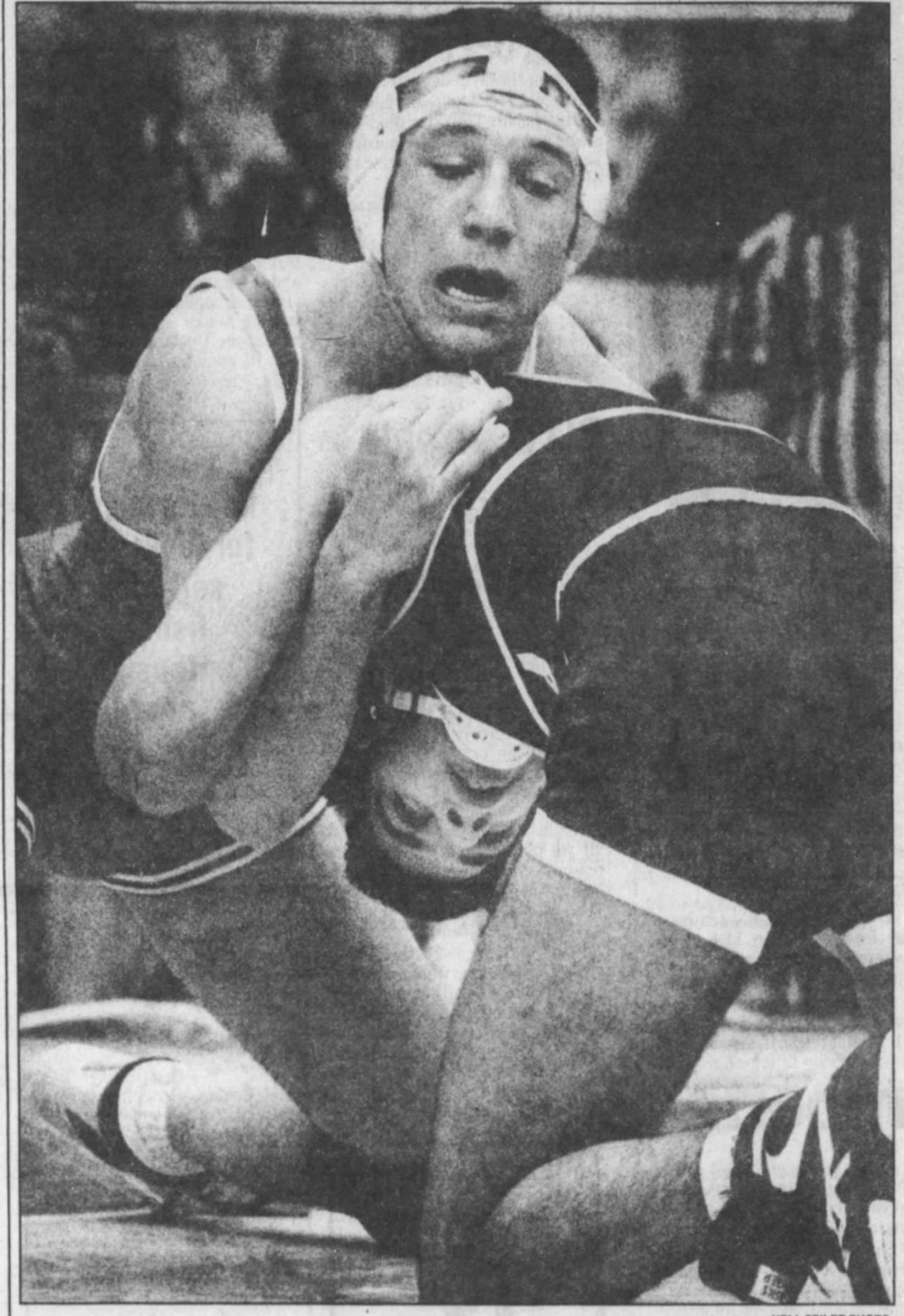
"They tried to slow things down by not

letting anything happen," JC coach Jack Stanbro coach. "Once ahead, Lyman didn't have to do anything. We would have done the same thing."

J.J. Stanbro ended his six-season scholastic career 188-39-1 and was 38-1 this season. He is the winningest wrestler in New York state history.

Stanbro scored an 11-5 semifinal victory over Dion Visconti of Chaminade of the Catholic High School Athletic Association

yesterday morning.



NELL SEILER PHOTO

Johnson City's J.J. Stanbro tries to turn over Chaminade Catholic's Dion Visconti in the semifinal of yesterday's state championships at Syracuse's War Memorial. Stanbro advanced to the finals, 11-5.

Section 4's semifinal losers not down for count just yet

By JIM HOWE Staff Writer

SYRACUSE - Only one of five Section 4 wrestlers made it through the semifinals of the 27th annual state wrestling tournament yesterday, but there is small consolation for all four losers.

They'll all have another chance to chase a state championship dream at the Onondaga County War Memorial. All four have at least one more season of eligibility remaining.

Waverly's Doug Shaffer, who won the 105-pound state title last season, and Deposit's Mike Russell are juniors. Johnson City's Joe Toner and Watkins Glen's Matt Marciniak are sophomores.

Senior J.J. Stanbro of Johnson City was Section 4's lone survivor, making it to the championship at 155 pounds. He dropped a 3-1 decision to Seamus Lyman of Section 3's Watertown in the title bout.

Section 4 had 801/2 points to finish ninth among 13 teams. Section 11 (Suffolk County) won the team title with 1991/2 points and Section 1 (lower Hudson area) was second with 162 points.

Toner lost his semifinal, 13-5, to Juan Carlos Garcia of Section 1's Sleepy Hollow. Garcia, a sophomore, traded two-point takedowns for one-point escapes with Toner to win the 105-pound bout.

"It didn't make a difference what Joey tried to do," JC coach Jack Stanbro said. "The kid (Garcia) was too strong." Toner went on to place fourth in his class.

Shaffer's attempt to repeat as a state champion - this time at 119 - ended when he dropped a 6-5 decision to the same wrestler he defeated by the same score in last season's semifinals.

Andy Antonucci of Section 5's Hilton broke a 4-4 tie late in the match with a takedown and Shaffer could only counter with an escape as time ran out. Shaffer went on to finish fourth.

Russell had more to worry about than an injured elbow after his 91pound quarterfinal victory on Friday night.

At his weigh-in on Friday, Russell was 11/4 pounds overweight. After a night of working off the excess, a tired Russell made weight prior to his semifinal match yesterday morning against Craig Conant of Section 3's Tully. Conant controlled the match and won, 5-0.

"The weight (problem) hurt Mike more than the injury," Deposit coach Stan Elinsky said. "He was sluggish from being tired."

At the match's conclusion, Russell made the customary hand-

shake with his left hand, as his painful right arm dangled at his

That was Russell's last match. He developed a knot in his forearm and Elinsky pulled him from the consolation bracket rather than risk further injury. Russell settled for a sixth-place finish.

Mike Russell's young brother Larry couldn't overcome a similar weight problem. Just one pound overweight, Larry Russell missed the final weigh-in by a McDonald's quarter-pounder. He forfeited his first-round wrestleback at 98 pounds and was eliminated.

Marciniak's bid to become the first Watkins Glen wrestler to win a state title ended in a 9-3 semifinal loss to Jamie St. John of Section 11's Port Jefferson. He finished fifth at 145.

Trio inducted into Hall

The New York State Wrestling Hall of Fame grew to 27 members with the induction of three Olympians. In ceremonies prior to the championship round, Lou Banach, Ed Banach and Jeff Blatnick had their names enshrined on the Hall's plaque.

The Banach brothers were gold medalists in the 1984 Olympic Games and both were state champions while at Port Jervis.

STATE TOURNAMENT SUMMARIES

(at Onondaga War Memorial, Syracuse)

Team scores: Section 11 (Suffolk County) 19912 points: Section 1 (Westchester) 162; Section 5 (Rochester) 1611/z Section 2 (Albany) 156; Section 9 (Orange County) 138; Section 3 (Syracuse) 1301/z Section 6 (Buffalo) 1301/z Section 8 (Nassau) 89; Section 4 (Southern Tier) 801/2 Section 10 (St. Lawrence) 54; Section 7 (Champlain) 51; New York Public High School Athletic Association 311/z Catholic High School Athletic Associa-

CHAMPIONSHIP MATCHES

91— Anthony Alberti (Hendrik-Hudson-1) dec. Craig Conant (Tully-3), 17-3.

98- Carlos Jiminez (Sleepy Hollow-1) dec. Tom Mangan (Averill Park-2), 9-5.

105- Frank Fronhofer (Salem-2) dec. Juan Carlos Garcia (Sleepy Hollow-1), 5-3.

112- Tom Sinacore (Bethpage-8) dec. James Canty (Suffern-1), 8-8 (10-10 ot), criteria decision.

119- Andy Antonucci (Hilton-5) dec. Troy

Bouzakis (Pine Bush-9), 4-4 (5-4 ot).

126- Joe LoPresti (Spencerport-5) dec. Ed. Moak (Averili Park-2), 5-4.

132- John Bena (Niskayuna-2) pinned Tom Shifflet (Sweet Home-6), 1:48. 138- Lou Ruggirello (Valley Central-9) dec.

Bill Terry (Freeport-8), 7-1, 145- Jamie St. John (Port Jefferson-11) dec. Don Duell (Mexico-3), 8-5.

155- Seamus Lyman (Watertown-3) dec. J.J. Stanbro (Johnson City-4), 3-1, 167- Chris Balducci (tryington-1) dec.

Mark Whitford (Tottenville-PSAL), 7-0. 177- Adam Mariano (Comeswoque-11) dec. John Penhollow (Cassadaga Valley-6).

215- Ron Vitullo (New Hartford-3) pinned Earl Gardner (Stuyvesant-PSAL), 2:57

250- William Friburger (William Floyd-11) dec. Jeff Way (Peru-7), 5-3.

Other Section 4 results THIRD-PLACE MATCHES

119- Dan Diamond (King Park-11) dec. Doug Shaffer (Waverly), 5-4.

126- Rob Kearney (Williamsville North-6) dec. Brandon MacNaught (Walton), 2-0.

FIFTH-PLACE MATCHES

91- Jason Wartinger (Cheektowaga-6) won by injury default over Mike Russell (De-

105- Jeff Duque (Valley Central-5) dec. Joe Toner (Johnson City), 7-2.

145- Matt Marciniak (Watkins Glen) dec. Wayne Morrow (Gouverneur-10), 4-2 CHAMPIONSHIP SEMIFINALS

91- Conant dec. Russell. 5-0. 105- Garcia dec Toner, 13-5. 119- Antonucci dec Shaffer, 6-5.

145- St. John dec. Marciniak, 9-3. 155- Stanbro dec. Dion Visconti (Chaminade-CHSAA), 11-5.

CONSOLATION SEMIFINALS

91- Alex Croog (Brighton-1) won by injury default over Russell. 105- Shawn Knisley (Waterloo-5) dec. Toner, 8-2; 119- Shaffer dec. Chad Sneldon (Fulton-3), 6-0; 126-MacNaught dec. Matt Kenneally (William Floyd-11), 3-2, 145- Chris Bell (Minnisk Valley-9) won by disqualification over Marciniak. CONSOLATION QUARTERFINALS

112- Shawn Edwards (Peru-7) dec. Tim

Boda (Ithaca), 6-5: 126- MacNaught dec. James Rial (Peekskill-1), 3-1, 132- John Hill (Brighton-5) dec. Scott Sullivan (Waverly), 3-2; 177- Shane Smith (South Glens Falls-2) dec. Chris Durdon (Whitney Point), 10-6; 250-Rob Bandish (Sweet Home-6) pinned Sean Carden (Vestal), 1:57

SECOND-ROUND CONSOLATIONS

98- Keith Strychalsky (Patchogue-Medford-3) won by forfeit over Larry Russell (Deposit); 112- Boda dec. Tim Jones (St. Anthony's-CHSAA), 5-3; 126- MacNaught dec. Toby Prenoveau (Peru-7), 9-7; 132- Sullivan dec. Nathaniel Bray (Hermon-DeKalb-10), 9-0; 138- John Brooks (North Rose Wolcott-5) pinned Travis Nocchi (Waverly), 2.02, 167-Jason Rocker (Saratoga-2) dec. Chris Schweiger (Waverly), 5-4; 177— Durdon dec. Vondell Garner (Truman-PSAL), 8-1; 215— Charles Davis (Long Beach-8) dec. Joe Vredenburgh (Chenango Forks), 7-3; 250- Carden dec. Mark Lewis (Madison-3), 2-1.

MOST OUTSTANDING WRESTLER-Adam Mariano (Comeswoque-11), 177