

**USA FREESTYLE WRESTLING TOURNAMENT
KIDS / CADET / JUNIOR / STATE CHAMPIONSHIP QUALIFIER**

* Open to all Sections for awards, but only **Section 5** can qualify.

- DATE:** **Saturday, April 18, 2009**
- PLACE:** **Holley Elementary School**, 3800 North Main Street (on Rte 237), Holley, NY 14470
- TIME:** Registration and Weigh-ins for all age groups: **Bring a note for skin check from your doctor if you have a shin condition.**
Friday. April 17th: 5:00 – 5:30pm
Saturday, April 18th: 7:30 – 8:30am
(Wrestling starts around 10:30am following a clinic on rules)
- AWARDS:** 1st, 2nd, 3rd Place Medals
Kids - Top three in each weight class qualify for the State Championships.
Cadet/Junior – Top six in each weight class qualify for the Cadet/Junior State Championships.
- ENTRY FEE:** \$15.00 Registration. **No pre-registration.**
Please make checks payable to: **Gold Force Wrestling Club**
Once you pay and enter the tournament, you will **not** be allowed your money back.
- REFRESHMENTS:** Available all day.
- ADMISSION:** \$3.00 per family or \$1.00 adults / \$.50 students
- 2009 USA CARD:** **Purchased at the door for \$35.00. Bring proof of age.**
- WEIGHT CLASSES:** **All USA Kids/Cadet/Junior - Refer to themat.com for age groups and weight classes**
- QUESTIONS:** Contact: John J. Grillo - 585-638-6335 x2172-W E-mail at jgrillo3@hotmail.com

REGISTRATION FORM

NAME _____ **PHONE #** _____
ADDRESS _____ **CARD #** _____
CLUB / SCHOOL _____ **YEAR OF BIRTH** _____

I will not hold the Holley Central School District, Gold Force Wrestling Club, Section 5 tournament officials, or anyone associated with the tournament responsible for any injury sustained during my presence at the tournament. I will pay for any damage done to property, or otherwise, as a result of my actions.

WRESTLER'S SIGNATURE: _____

PARENT / GUARDIAN SIGNATURE: _____

A code of conduct will be enforced

TOURNAMENT OFFICIALS ONLY

Draw # _____ Age Group _____ Wt. Class _____ (Circle)

Actual Wt. _____



2009 AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	MATCH TIME LIMITS (Freestyle & Greco-Roman Styles Only)	WEIGHT CLASSES
BANTAM	Born 2001-2002	Best out of 3 two-minute periods with 30 second rest between periods	40, 45, 50, 55, 60, 65, 70, 75, 75+ (15 lbs. maximum difference)
INTERMEDIATE	Born 1999-2000	Best out of 3 two-minute periods with 30 second rest between periods	50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+ (20 lbs. max difference)
NOVICE	Born 1997-1998	Best out of 3 two-minute periods with 30 second rest between periods	60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+ (25 lbs. maximum difference)
SCHOOLBOY/ SCHOOLGIRL	Born 1995-1996	Best out of 3 two-minute periods with 30 second rest between periods	70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265
FILA SCHOOLGIRL	Born 1995-1996	Best out of 3 two-minute periods with 30 second rest between periods	66, 70, 74, 81, 88, 97, 105, 114, 125, 136, 136+ (30 lbs. maximum difference)
CADET (Men)	Born 1993-1994	Best out of 3 two-minute periods with 30 second rest between periods	84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
FILA CADET (Men)	Born 1992-1994	Best out of 3 two-minute periods with 30 second rest between periods	39-42 KG/86-92.5 LBS, 46/101.25, 50/110.25, 54/119, 58/127.75, 63/138.75, 69/152, 76/167.5, 85/187.25, 85-100/187.25-220.5, 125/275.5
FILA CADET (Women)	Born 1992-1994	Best out of 3 two-minute periods with 30 second rest between periods	36-38 KG/79.25-83.75 LBS, 40/88, 43/94.75, 46/101.25, 49/108, 52/114.5, 56/123.5, 60/132.25, 65/143.25, 70/154.25, 78/172*, 84/185*, 100/220.5*
JUNIOR (Men)	Born 9/1/1989 & after, plus enrolled in grades 9-12	Best out of 3 two-minute periods with 30 second rest between periods	98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
JUNIOR (Women)	Born 9/1/1989 & after, plus enrolled in grades 9-12	Best out of 3 two-minute periods with 30 second rest between periods	95, 102, 109, 116, 124, 132, 139, 146, 153, 165, 190, 220
FILA JUNIOR WORLD (Men)	Born 1989-1991 1992 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	46-50 KG/101.25-110.25 LBS, 55/121.25, 60/132.25, 63/138.75*, 66/145.5, 70/154.25*, 74/163, 79/174*, 84/185, 96/211.5, 120/264.5
FILA JUNIOR WORLD (Women)	Born 1989-1991 1992 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	40-44 KG/88-97 LBS, 48/105.75, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75, 79.5/175.25*
UNIVERSITY (Men)	Born 1985-1991 & athlete must have graduated from high school	Best out of 3 two-minute periods with 30 second rest between periods	55 KG/121.25 LBS, 60/132.25, 63/138.75*, 66/145.5, 70/154.25*, 74/163, 79/174*, 84/185, 96/211.5, 120/264.5
UNIVERSITY (Women)	Born 1985-1991 & athlete must have graduated from high school	Best out of 3 two-minute periods with 30 second rest between periods	48 KG/105.75 LBS, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75, 77/169.75*
SENIOR (Men)	Born 1989 or before 1990-1991 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	55 KG/121.25 LBS, 60/132.25, 66/145.5, 74/163, 84/185, 96/211.5, 120/264.5
SENIOR (Women)	Born 1989 or before 1990-1992 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	48 KG/105.75 LBS, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75
USA WRESTLING VETERANS (Men—All Styles)	Div. A: Born during the years of 1977 and 1984 Div. B: Born during the years of 1969 and 1976 Div. C: Born during the years of 1961 and 1968 Div. D: Born during the years of 1954 and 1960 Div. E: Born 1953 and before.	<p><u>FREESTYLE & GRECO-ROMAN</u> 3 two-minute periods with 30 second rest between periods</p> <p><u>FOLKSTYLE</u> 1 two-minute period and 2 one-minute periods with 30 sec. rest between periods</p>	<p>50-58 KG/110.25-127.75 LBS, 63/138.75, 69/152, 76/167.5, 85/187.25, 97/213.75, 97-130/213.75 - 286.5</p>

* Not a FILA weight

I AM USA WRESTLING