

2009 CAA Wrestling Championship

March 6-7

Oscar Smith High School - Chesapeake, VA

Hosted by Old Dominion

Event Information:

Schedule of Events

Friday, March 6	
Quarterfinals	11:00 - 2:00 p.m.
Consolations	2:00 - 4:00 p.m.
Semifinals	5:00 p.m.
Saturday, March 7	
Second Round Consolations	10:00 a.m. - 12 p.m.
Consolations & Finals	1:00 p.m.

Admission

Tournament Ticket

General Admission \$15.00

Single Day Pass

General Admission \$10.00

Students and Children \$8.00

Active Military (with ID) \$8.00

Tickets will go on sale one hour prior to the start of each day

Directions

From North Carolina/South Chesapeake

1. Take the Great Bridge Boulevard bypass (168 Bypass North) and exit at Battlefield Boulevard South (Great Bridge Boulevard Business), which is the second Battlefield Boulevard exit.
2. Stay in the right lane and turn right at the stoplight onto Great Bridge Boulevard (Route 190 West).
3. After about an eighth of a mile, the school will be on the left.

From Downtown Norfolk

1. Take Interstate 464 South towards Chesapeake.
2. Interstate 464 will intersect Interstate 64; continue straight, however, and take Exit 15B (Dominion Boulevard/Route 190) at the end of Interstate 464.
3. At the first stoplight, make a left onto Great Bridge Boulevard (Route 190 East).
4. After about 1.5 miles, the school will be on the right.

From Peninsula

1. Take Interstate 64 East to Interstate 664 South.
2. Return to Interstate 64 by taking Exit 15B (towards Chesapeake and Virginia Beach).
3. Travel over the Elizabeth River Bridge.
4. Take Exit 292 (Dominion Boulevard), the first exit after the bridge.
5. At the end of the exit ramp, turn right onto Great Bridge Boulevard (Route 190 East).
6. Continue straight on Great Bridge Boulevard crossing Dominion Boulevard in the process.
7. After about 1.5 miles, the school will be on the right.

From Suffolk

1. Take US Route 58 East, and continue as it becomes US Route 13 North.
2. Merge with Interstate 664 South and continue to Interstate 64 West (towards Chesapeake and Virginia Beach).
3. Take Exit 292 to Dominion Boulevard (Route 104 South).
4. At the first stoplight, make a right onto Great Bridge Boulevard (Route 190 East).
5. After about 1.5 miles, the school will be on the right.

From Virginia Beach

1. Take Interstate 264 West towards Norfolk.
2. Merge onto Interstate 64 East toward Chesapeake/Suffolk.

3. Take Exit 291B towards Elizabeth City (US Route 17)/Dominion Boulevard (Route 104 South).
4. Circle around the interchange and take Exit 15B (Dominion Boulevard/Route 190).
5. At the first stoplight, make a left onto Great Bridge Boulevard (Route 190 East).
6. After about 1.5 miles, the school will be on the right.

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2008 CAA Wrestling Champions
Hofstra

Wrestling Past Team Champions

<u>Year</u>	<u>Champion</u>	<u>Coach</u>	<u>Score</u>	<u>Runner-up</u>	<u>Score</u>	<u>Site</u>
1992	George Mason	Mike Moyer	82.5	Old Dominion	70.25	American
1993	Virginia Tech	Jerry Cheynet	63	George Mason	58	Old Dominion
1994	Old Dominion	Gray Simon	68	Liberty	62.75	James Madison
1995	George Mason	Mike Moyer	85.5	Old Dominion	65	George Mason
1996	George Mason	Brian Shaffer	86.5	Old Dominion	65.5	George Mason
1997	George Mason	Brian Shaffer	101.5	James Madison	72	American
1998	Virginia Tech	Keith Mourlam	93.5	Old Dominion	69	Old Dominion
1999	James Madison	Peanut Bowyer	89.5	George Mason	80.5	James Madison
2000	James Madison	Peanut Bowyer	108	George Mason	58.5	James Madison
2001	George Mason	Brian Shaffer	105.5	James Madison	73.5	Chapel Hill, NC
2002	Hofstra	Tom Ryan	111	Drexel	88.5	James Madison
2003	Hofstra	Tom Ryan	124	Sacred Heart	65	Hofstra
2004	Hofstra	Tom Ryan	111	Rider	69.5	Rider
2005	Hofstra	Tom Ryan	136	Rider	84.5	Boston Univ.
2006	Hofstra	Tom Ryan	125	Old Dominion	76.5	Drexel
2007	Hofstra	Tom Shifflet	138.5	Old Dominion	89	George Mason
2007	Hofstra	Tom Shifflet	104.5	Old Dominion	87	Hofstra
2008	Hofstra	Tom Shifflet	104.5	Old Dominion	87	Hofstra