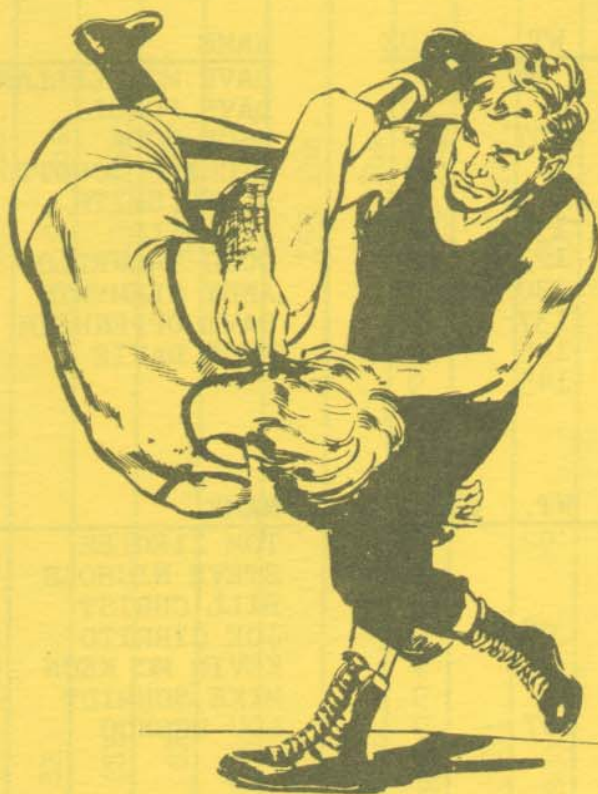


SPENCER PORT CENTRAL RANGERS



WRESTLING

SPENCERPORT CENTRAL HIGH SCHOOL
PRESENTS THE
1969-70 WRESTLING TEAM

VARSITY SQUAD: Co-Captains - Mike VanSchoick & Roger Bubel

NAME	WT.	GRADE	NAME	WT.	GRADE
DAVE TRAVIS *	98	10	KURT KAMM *	137	11
BOB RANSON		11	DAVE MARION *	145	11
GARY AGOSTO *	107	12	LEE SIWICKI *		12
DOUG HILSINGER		10	TOM ANGIE	155	12
WAYNE WILLIAMS		11	AL VALIERI		10
PAUL DE FELICE **	115	11	BILL ROBERTS *		12
MIKE VAN SCHOICK ***		12	DICK SISSON		12
ROGER BUBEL ***	123	12	KEN BETLEM *	165	12
BEN MC PHEE		10	GARY GRAVES *	175	12
RICK ELLIOTT ***	130	12	FRAN BESWICK *		11
MIKE BUBEL *		11	DAVE BAXTER	215	10
TOM GARTLAND**	137	12	GARY JINKS *		12

* INDICATES VARSITY LETTERS EARNED

JUNIOR VARSITY SQUAD

NAME	WT.	GRADE	NAME	WT.	GRADE
PETER MAUER	98	10	DAVE MC CLELLAN	155	9
DAVE SCHMITT		10	DAVE POPOLI		10
NICK RIOLA	107	10	RICK ROOK		9
BERNIE FORER		10	RICHARD SCHOTT	175	9
RICK NORTHROP	115	11	ALLEN SMITH	215	9
CHRIS ADES	130	11	JIM HILL	155	11
BOB MURRAY	123	10	DOUG TRANELLO	130	10
DON VAN SCHOICK	130	10	ANDY CLEMENTS	123	10
RICK LYNCH	137	9	DAVE OPPENHEIM	115	10
RUSS TRONOLONE	145	9	DOUG DAVIE	107	10
TOM COLEMAN	145	9			

FRESHMAN SQUAD

NAME	WT.	GRADE	NAME	WT.	GRADE
DAVE BEACH	92	9	TOM ZIEGLER	107	9
MARK WILLIAMS		9	STEVE NICHOLS	116	9
SAM BRONGO		9	BILL CHRIST	123	9
DOUG ELLIOTT	98	9	JOE CIRRITO	130	9
STEVE SILVER		9	KEVIN MC KEON	130	9
RANDY PARKINSON		9	MIKE SCHMIDT	123	9
TIM MURRAY	107	9	LOU BRONGO	115	9
JACK MC MULLEN		9			

COACHES: MR. WALTER TEIKE
MR. JOHN PATCHEN
MR. JIM WIND

MANAGERS: CONRAD SCHOTT
CHUCK COLBY
JOHN HILL

HOW TO WATCH A HIGH SCHOOL WRESTLING MEET

FIRST - both wrestlers come forward from corners of mat to get instructions, shake hands.

Referee blows whistle and signals wrestle.

Each wrestler is trying to get control of other by getting behind or on top of him - a TAKEDOWN.

Referee signals two points for takedown.

NEXT - the defensive wrestler (usually bottom man) is trying to escape or reverse the position, get on top or behind. The offensive wrestler is trying to stay on top or behind and get a hold to pin the wrestlers shoulders on the mat for two seconds, a pin.

Each match has three periods, unless a pin occurs.

Periods are two minutes in length.

The first period starts from the standing position.

The second period starts from the referee's position.

Top or bottom is determined by the toss of a coin.

The third period starts with the positions of the second period reversed.

SUMMARY OF SCORING

<u>INDIVIDUAL MATCH POINTS</u>		<u>TEAM POINTS</u>	
TAKEDOWN.....	2	PIN	5
SCAPE.....	1	DECISION.....	3
REVERSAL.....	2	DRAW.....	2
PREDICAMENT.....	2	FORFEIT.....	5
REAR FALL.....	3		
TIME ADVANTAGE.....	1		
(one minute)			
TIME ADVANTAGE.....	1		
(two minutes)			

Standings

	<u>MONROE WEST</u>			<u>Over-all</u>
	<u>League</u>	<u>W</u>	<u>L</u>	
Spencerport	6	0	0	12 0 0
Eastridge	6	0	0	9 0 0
Greece Arcadia	4	1	1	7 2 1
Hilton	4	2	0	7 2 0
Irondequoil	3	2	1	5 3 1
Churchville	2	4	0	2 6 0
Greece Olympta	1	4	1	3 5 1
Gates-Chili	1	5	0	1 5 0
Brookport	1	4	1	2 5 1
Greece Athena	0	6	0	0 7 0
	<u>MONROE EAST</u>			
East Rochester	4	0	1	6 0 1
Rush-Henrietta	4	0	1	5 2 2
Fairport	3	2	0	4 3 0
Pittsford	3	2	0	3 6 1
Brighton	3	2	0	3 5 0
Penfield	1	3	1	1 6 1
Webster	0	4	1	0 6 1
Honeoye Falls	0	5	0	0 5 0

UNDEFEATED WRESTLERS

(Dual Meets Only)

<u>95-Pound Class</u>	
Dave Travis, Spencerport (9-0).	
<u>107-Pound Class</u>	
Chuck Grassman, Greece Arcadia (9-0).	
Al Solomon, Rush-Henrietta (7-0).	
<u>115-Pound Class</u>	
Mike Vanschaick, Spencerport (7-0).	
Chuck Law, Eastridge (6-0-1).	
Brian O'Lena, East Rochester (6-0).	
<u>123-Pound Class</u>	
Roger Bubel, Spencerport (8-0).	
Tom Prince, Eastridge (9-0).	
Dan Ranieri, Rush-Henrietta (9-0).	
Kelth Cotroneo, East Rochester (4-0).	
<u>130-Pound Class</u>	
Rick Elliott, Spencerport (8-0).	
Vince Volpe, Eastridge (8-0).	
Joe Cummins, Fairport (6-0-1).	
Dale VanVechten, Rush-Henrietta (5-0-3).	

<u>137-Pound Class</u>	
Tom Garland, Spencerport (8-0).	
Chris Murray, Fairport (6-0-1).	
<u>145-Pound Class</u>	
Lee Siwicki, Spencerport (7-0).	
Doug Mackinnon, Brighton (10-0).	
<u>155-Pound Class</u>	
Bob Huizenaar, Penfield (8-0).	
Dick O'Lena, East Rochester (6-0).	
<u>165-Pound Class</u>	
Kurt Blank, Irondequoil (9-0).	
<u>175-Pound Class</u>	
Rick Cenzi, Rush-Henrietta (5-0-2).	
Tim Gay, East Rochester (5-0).	
<u>185-Pound Class</u>	
Gary Siconolfi, Eastridge (9-0).	
Jerry Wells, Rush-Henrietta (6-0).	
<u>215-Pound Class</u>	
Paul Amico, Eastridge (9-0).	
Fred Buehler, Fairport (7-0).	
Al Harris, Hilton (7-0).	

VARSITY CHEERLEADERS

Laura Stuewe, Captain
Mary Wallace
Pat Marion

Debbie Johnson
Deena Nichols
Jeanne Bennett

Ginny Vincent
Linda Winslow

JUNIOR VARSITY CHEERLEADERS

Paula Annechino, Captain
Chris Fosmire, Co-Captain
Kitty Kent

Mary Macaluso
Karen Moore
Janet Stuewe

Jane Andolina
Paula Bozinovich