VARSITY WRESTLING

1969 - 70



FULTON-MONTGOMERY COMMUNITY COLLEGE

JOHNSTOWN, NEW YORK

ROSTER

John Mauro	118	Fr.	Delmar
Doug Richardson	126	Fr.	Wellsbridge
Ray Duchow	126	Fr.	Rochester
Don Manley	136	Fr.	Liverpool
Len Ledger	136	Fr.	Ballston Spa
William Czarnick	142	Fr.	Troy
Paul Watkins	150	Fr.	Ilion
Kirk Buell	158	Fr.	Schenectady
Robert Checca	177	So.	Amsterdam
Paul Smith	177	Fr.	Sloansville
Ken Harrison	190	So.	Ballston Spa
Paul Wager	220	So.	Rochester

Coaches: E. A. Fierro G. L. Breton

ABOUT F-MCC AND ITS' NEW CAMPUS

Fulton-Montgomery is a two-year college of higher education sponsored by the State of New York and the counties of Fulton and Montgomery.

Since its' inception in 1964, the school has experienced study growth, added curriculum offerings, and is enjoying its' new campus on Rt. 67. The 194 acre site accommodates a Physical Education Center, inclusive of a large gymnasium (120 x 110), six lane competitive swimming pool, wrestling room (60 x 40), outside tennis courts and athletic fields.

The F-MCC sports program includes cross country, soccer, wrestling, basketball, softball, swimming, bowling, and golf.

Students at Fulton-Montgomery may transfer for their third and fourth years of college in Liberal Arts, Teaching, Engineering, and Business. Career Programs in Business and Electrical Technology are also available.

Athletic Department

Mrs. J. HumphriesCheerleading
Dr. G. FabianoBasketball
Mr. J. CampbellCross Country
Mr. R. Mc LohonSoccer
Mr. E. FierroWrestling
Mr. G. BretonWrestling
Mr. R. MeachamBowling
Mr. R. Mc LohonSwimming
Miss E. Mac HaffieSkiing
Mr. G. BretonSoftball
Mr. J. CampbellGolf

Scoring Summary for College Matches

Individual Match Points

Takedown	 2 Pts.
Escape	 1 Pt.
Reversal	 2 Pts.
Predicament	 2 Pts.
Near Fall	 3 Pts.
Time Advantage (for 1 full minute)	 1 Pt.
Time Advantage (Max. for 2 or more mins)	2 Pts.

Dual Meet Points

	Fall																		5	Pts.
	Forfei	t.																	5	Pts.
1	Defaul	t.																	5	Pts.
I	Disqua	li	f	i	C	a	t	i	0	n									5	Pts.
I	Decisi	on	١.																3	Pts.
I	Draw																		2	Pts.

Score Card

F-MCC		VISITORS	
Name	Score	Name	Score
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WRESTLING SCHEDULE 1969-70

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Sat.	Nov.	22	Fulton-Montgomery Tournament at F-MCC	Н		
*Wed.	Dec.	3	Auburn C. C.	Н	5:30	
*Fri.	Dec.	5	Morrisville Ag.&Tech.	Н	6:00	
Mon.	Dec.	8	New Paltz State Frosh	A	8:00	
*Fri.	Dec.	12	Delhi Ag.&Tech.	Н	6:00	
*Sat.	Dec.	13	Monroe C. C.	Н	12:00	Noon
*Wed.	Dec.	17	Mohawk Valley C. C.	A	6:00	
Fri.	Jan.	30	Dutchess C. C.	A	6:00	
Tues.	Feb.	3	Adirondack C. C.	Н	6:00	
Fri.	Feb.	6	Oneonta State Frosh	Н	6:00	
Tues.	Feb.	10	Ulster C. C.	A	8:00	
*Tues.	Feb.	17	Cobleskill Ag.&Tech.	Н	8:00	
Thurs.	Feb.	19	North Country C. C.	Н	6:00	
	Feb.		Region III Champion- ships at Delhi Ag.&Tech			

Mar. 5 National Jr. College A 6 & 7 Tourney at Worthington Minnesota

*State University Athletic Conference Coach: E. A. Fierro Asst. G. L. Breton

REGION III HEAVYWEIGHT CHAMPION

Paul Wager



Paul is a sophomore majoring in Liberal Arts. His aspirations include a career in Health and Physical Education.

In 1967-68 Paul set three school records Most pins -15, Best record 16-0, and Most team points 73.

After a 12-0 season (all pins), Paul won the Regional championship and placed 6th in the National Junior College Tourney at Worthington, Minnesota.



RAIDERS



Left to Right

Paul Wager, Bob Checca, Kirk Buell, Ken Harrison, Paul Watkins, Don Manley, Doug Richardson, Len Ledger, Bill Czarnick, Ray Duchow, John Mauro