



## MONROE COMMUNITY COLLEGE

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### Bob Menz a top mat prospect

One of Monroe Community College's top prospects in the Region III tournament next month will be 190-pound Bob Menz, a former Webster wrestler who was Section V class A champion at 177 pounds two years ago.

Menz won the sectionals his senior year the hard way. He decisoned East Rochester's Rich McPhee in the finals and pinned Gates-Chili's Mike Macaluso in an earlier round. McPhee went on to win the states the next year. Macaluso had beaten Menz earlier in the county tournament 9-8.

For MCC the 5 foot 11 freshman wrestles at either 190 or heavy-weight. He plans on playing on MCC's lacrosse team in the spring. A Liberal Arts major, Bob hopes to eventually go on to Cortland to get a degree in Physical Education.

Regarding the MCC team, Bob said, "We've got a super good team. We'll be hard to stop."

And one reason for that, folks, is that Bob Menz is hard to stop.



Bob Menz of MCC

## MCC WRESTLING TEAM

- 118 pounds - Dave Stolt (Fairport)  
Dan Benedetto (Irondequoit)
- 126 pounds - John Gringer (Spencerport)  
Mike Luce (East)
- 134 pounds - Dave Brown (Medina)
- 142 pounds - Rich Cowan (Eastridge)
- 150 pounds - Larry Arnone (Irondequoit)
- 158 pounds - Craig Cody (Churchville-Chili)  
Leo Banks (Madison)
- 167 pounds - Dave Mitchell (Orchard Park)  
Scott Swanson (Fairport)
- 177 pounds - Tim Kolb (Penfield)
- 190 pounds - Bob Menz (Webster)
- Heavyweight - Eddie Joseph (Eastridge)  
Terry Gurnett (Spencerport)

Captain: Dave Brown

Coach: Mike Cronmiller

Assistant Coach: John Szkolnik

MCC record: 11-0

Last night the Tribunes defeated Jamestown  
Community College to remain unconquered!

Undefeated matmen: Dave Brown  
Craig Cody  
Dave Mitchell  
Bob Menz  
Eddie Joseph

## TONIGHT'S MEET

Tonight the Tribunes will wrestle three different opponents: Genesee Community College, Rochester Institute of Technology (freshmen and sophomores), and St. John Fisher College.

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### MCC SCHEDULE

Tues. Jan. 28	Auburn CC	Away	7:30 PM
Fri. Jan. 31	Mohawk Valley	Away	6:00 PM
Sat. Feb. 1	Hudson Valley Nassau CC	HVCC	12 Noon
Wed. Feb. 5	Corning CC	Away	5:30 PM
Sat. Feb. 8	Cortland Oswego Fulton-Montgomery	Home	12 Noon
Mon. Feb. 10	Morrisville	Home	7:00 PM
Wed. Feb. 12	Utica College	Home	7:00 PM
Fri.-Sat. Feb. 14 and 15	REGIONALS	Delhi	Two days
Fri.-Sat. Feb. 28-29	NATIONALS	Worthington, Minn.	

# Gringer sparks MCC

MCC's John Gringer outwrestled Niagara Community College's Paul Churder, 8-6, in the 134 pound match to lead the unbeaten Tribunes to a 22-21 victory over their hosts in Niagara Falls, N.Y., on Jan. 18. Churder was runner-up in the Region III tournament last season.

Churder scored a takedown in the first period and Gringer escaped. In the second period, Churder escaped, but then the former Spencerport matman scored a takedown and a fall predicament to take the lead. In the third period Gringer escaped and scored a takedown. Churder reversed him but it wasn't enough.

At 118 pounds, NCC's Terry Snyder pinned Dave Stolt in 3:40 of a give-and-take match. Rick Aton of NCC scored a near-fall in the last 15 seconds of the 126

pound match to edge injured Dan Benedetto, 6-3. At 142 pounds MCC's unbeaten captain, Dave Brown, defeated Bob Pearce 9-3.

Highly-rated Bob Sanders of NCC won by disqualification over Larry Arnone at 150 pounds, while at 158 Niagara's Al Deister pinned Leo Banks in 5:52. Banks was leading at the time of the pin, 5-4.

Undefeated Dave Mitchell helped the Tribunes by getting a superior decision, 23-4, over Mark Wolcott. Tim Kolb made his MCC debut by defeating Rich Bopp, 8-3, in a crucial match.

At 190 pounds MCC's unbeaten Bob Menz pinned Steve Bourie in 3:22 of a one-sided match, while at heavyweight, Eddie Joseph of MCC also remained unconquered with a 4-2 win over Steve Pachla.

## Brown's victory helps MCC matmen

MCC captain Dave Brown decided former Madison grappler Emery Rogers, 3-1, as MCC defeated Hilbert Community College, 44-8, on Jan. 18. Each matman escaped from the other, but Brown scored a fall predicament on Rogers in the third period to win and remain undefeated for the Tribunes.

Don Deinhart of Hilbert pinned Dave Stolt at 7:58 of the 118 pound match, while MCC's Dan Benedetto won at 126 by forfeit. At 134 pounds MCC's John Gringer and opponent Tom Ferrentino battled to a 6-6 tie.

Larry Arnone won for MCC at 150 pounds, taking a 6-3 decision over Matt Marriacher. Tribune Leo Banks won by default over Dwight Dale at 158 pounds, when Dale slammed Banks and the former Madison star was injured seriously.

Unconquered Dave Mitchell won by default at 167 pounds when his opponent, Al Stangl, was unable to continue. No illegal maneuvers were involved.

At 177 pounds MCC's Scott Swanson won on forfeit. Unbeaten Bob Menz flattened Hilbert's Joe Skiba in 3:57 at 190 pounds, and Eddie Joseph of MCC maintained his perfect record with a forfeit at heavyweight.

The Tribunes sported a 10-0 record as a result of the win.