

PAL - MAC

Ekstrom

Youth Wrestling Tournament

Sunday January 24th, 2016
Pal-Mac High School, 151 Hyde Parkway, Palmyra New York

Entry Fee: \$25.00 Per Wrestler check payable to Pin & Win Club

Registration: Walk in registration only – Limit 300 wrestlers

Split Session Tournament

- **Ages: 5/6 7/8 9/10**
Registration & weigh ins 7:30 – 8:30 sharp!

- **Ages: 11/12 & 13/14**
Registration & weigh ins 7:30 – 11:00

Wrestling to begin around 9:30



Make Checks Payable to: Pin-N-Win Club

Spectator Admission: Adults \$3.00, Kids not wrestling Free
Concessions available all day

Round Robin Format: 4 man brackets when possible

No JV or Varsity Experience

Bouts: 1-1-1 :45 Sudden Victory OT Followed by :30 ultimate OT if needed

I understand that wrestling is a sport which involves risk. In consideration of this entry being accepted, I hereby, for my child, waive and release any and all rights and claims for damages I may have against the Finger Lakes Youth Wrestling League Inc Palmyra Macedon Central Schools, and their agents and representatives. Furthermore, I take responsibility for any and all injuries suffered by my child at said tournament. I understand that my child must be covered by a health/injury insurance policy and by my signature below certify that he/she is covered. I agree to be responsible for any damages caused by my child. I understand that poor sportsmanship and inappropriate behavior will not be tolerated and will be grounds for removal from the tournament without refund.

Parents Signature _____ cell # _____

Wrestlers Name Printed _____ Age _____

Team/School _____

Weight(do not fill in) _____ Record _____ Years Exp. _____

For Additional info contact: Chris VanGordencvangorden@midlakes.org (585)880-3463