



2015 Adidas Empire National Duals



When: Saturday April 11, 2015

Where: Niagara County Community College

Cost: \$600 per Team due no later than 4/1/2015

Send to: Empire Nationals 39 Morningside Drive Spencerport, NY 14559

Age: 12th Grade and Under

Weigh-ins: Friday Night 4/10/2015 6-7:30pm Note you will be provided a specific Time.

THERE WILL BE NO OTHER WEIGH-IN TIMES

Weight Classes: 101, 108, 115, 122, 128, 134, 140, 147, 154, 162, 172, 184, 197, 222, HWT (287max)

No Weight Allowances **Roster due via email 4/9/2015**

Matches: Three 1:30 Minute Periods NYS HS Rules with **College Out of Bounds**

Scoring: Typical NYS Scoring

Rules for Tournament

- Each Team responsible to supply 2 table help
- Wrestlers allowed to bump only 1 weight class
- Wrestlers can only wrestle for 1 team per day
- If a wrestler does not make weight they can wrestle with opponent's approval but will be a forfeit

Food: Food will be available all throughout the day

For More Information: Scott Kropman 585-734-1930 or scott.kropman@gmail.com

**This year we hope to have a silent auction to raise money to benefit
Judy's Fund and the Breast Care Coalition of Rochester**

Team Name: _____

Coaches: _____

Phone: _____ Email: _____

Wrestler	Grade
101 _____	/ _____
108 _____	/ _____
115 _____	/ _____
122 _____	/ _____
128 _____	/ _____
134 _____	/ _____
140 _____	/ _____
147 _____	/ _____
154 _____	/ _____
162 _____	/ _____
172 _____	/ _____
184 _____	/ _____
197 _____	/ _____
222 _____	/ _____
HWT (287 Max) _____	/ _____
ALT 1 _____	/ _____
ALT 2 _____	/ _____
ALT 3 _____	/ _____
ALT 4 _____	/ _____