



# SUPERIOR WINTER DUALS

**WHAT:** K-8 Dual - 6-7 Matches Guaranteed - CHAMPIONS GET CUSTOM SINGLETS!!!

**VENUE:** Lyons Community Center – 1 Manhattan Ave, Lyons, NY

**WHEN:** **Saturday, January 10, 2015** – Wrestling Begins at 8:30am Sharp

**COST:** \$625 per team – \$200 Deposit Due By Nov 7, 2014----- Full Payment is due by December 12<sup>th</sup>

**ADMISSION:** \$5.00 Adult \$2.00 Children - 2 Coaches Per Team Get Free Entry

**Grade & AGE:** K-8<sup>th</sup> Any Age

**WEIGH INS:**

**Friday: Jan 09<sup>th</sup>** 6:00-8:00pm @ Lyons Community Center

**Saturday: Jan 10<sup>th</sup>** 7:00– 7:45am @ Lyons Community Center

**WEIGHT CLASSES:** + 1 Pound Allowance

**K-8-** 47, 50, 55, 62, 66, 72, 76, 82, 86, 90, 95, 100, 107, 115, 123, 130, 140, 170 + 4 Alternates

**MATCHES:** Three – 1 minute periods, NYS H.S. Rules & College out of bounds

**TEAM AWARDS:** 1<sup>st</sup> Place - Championship Sublimated Singlets & Hoodies for Coaches & Custom Awards for Top 3 Teams

**TEAM SCORING:** HS Team Scoring - 6pt forfeit, 6pt fall, 5pt tech fall, 4pt major dec, 3pt dec

**RULES:**

1. Each Team Is Required To Provide Their Own Table Help
2. Wrestlers are aloud to bump up only 1 weight class
3. Wrestler's can wrestle for only 1 team. If a wrestler does not make weight he/she will be allowed to wrestle but forfeit pts will be awarded to opposing team
4. There will be a Coaches Meeting prior to Duals Approx. 8:00am

**MEALS:** Served all day

**VENDOR:** Will be on site with plenty of Wrestling Gear

**PAYMENTS CAN BE PAID [WWW.PAYPAL.COM](http://WWW.PAYPAL.COM) BY USING THE E-MAIL [kdefisher@rochester.rr.com](mailto:kdefisher@rochester.rr.com)**

**SEND & MAKE CHECKS PAYABLE TO:**

Superior Wrestling Academy  
477 Pendell Hill Rd  
Whitney Point, NY 13862

**For More Information Contact:**

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Team Name: \_\_\_\_\_

Team Email: \_\_\_\_\_

Coaches Name: \_\_\_\_\_

<u>Wt</u>	<u>Wrestlers Name</u>	<u>DOB</u>	<u>Weigh-Ins(Leave Blank)</u>
47	_____	_____	_____
50	_____	_____	_____
55	_____	_____	_____
62	_____	_____	_____
66	_____	_____	_____
72	_____	_____	_____
76	_____	_____	_____
82	_____	_____	_____
86	_____	_____	_____
90	_____	_____	_____
95	_____	_____	_____
100	_____	_____	_____
107	_____	_____	_____
115	_____	_____	_____
123	_____	_____	_____
130	_____	_____	_____
140	_____	_____	_____
170	_____	_____	_____

**ALTERNATES**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_