

# SANSHIRO ABE

## SUPER32 CAMP AT G2

G2 World Wrestling Academy welcomes "Sunny" ABE on Saturday October 18th - 19th, 2014. The camp address is located inside Canal Business Park Suite 137 1555 Lyell Avenue Rochester 14606.

### Sanshiro "Sunny" Abe

- Pitt Bull Organizer & Main Instructor
- 1996 NCAA Champion, 4 x All-American & 3 x Big 10 Champion for Penn State University
- Outstanding Wrestler of the 1996 National Team Duals
- 1996 Olympian for Japan & 3 x Japanese World Team Member
- 1995 Asian Games Gold Medalist

**What to bring:** Wrestling gear, 3 extra shirts per day, running shoes, water bottle, bath towels and shower gear. 3 post practice showers available at G2.

**Cost:** \$100 for non-G2 members 20% for returning and G2 members. Wrestler must be approved to register for this camp. Please contact Coach ABE [pittbullwrestling@gmail.com](mailto:pittbullwrestling@gmail.com) or Coach Burgos.

**Camp contact:** Adam Burgos 585-690-7214 [adamburgos@g2wrestling.com](mailto:adamburgos@g2wrestling.com)

### Camp hours:

#### Saturday October 18th:

- Session 1 - Noon - 1:30pm **Clinic**
- **Break** 1:30pm - 2pm
- Session 2 - 2pm - 3:30pm **Clinic/LIVE**
- **Break** 3:30pm - 4pm.
- Session 3 - 4pm - 5:15pm. Power Hour - **LIVE**
- **Dismissal** - 5:30pm

#### Sunday October 19th, 2014

- Session 4 - 9am -10:30am **Clinic**
- **Break** - 10:30am - 11:00am
- Session 5 - 11:00 - 12:15. Singlet Sunday. Power hour in your singlet. **LIVE**
- **Dismissal** - 12:30



Thank you in advance for your support, Sunny Abe and the G2 Coaching Staff