



## 2014 ST. JOE'S WRESTLING CAMPS

**The St. Joe's Wrestling System – Technique & Training for Success at any level!**  
1998, 2009, 2010 & 2011 MMHSAA Champions • 2010, 2011 & 2012 MMHSAA All-Catholic Tournament Champions  
Honorable Mention Ranking in New York State 2009, 2010 & 2011  
101 MMHSAA All-Catholic Champions • 15 NYCHSAA State Champions • 5 NYSPHSAA Place Winners

### TWO CAMPS IN ONE!

#### St. Joe's Novice Wrestling Camp

*for new wrestlers entering grades 2–8*

**Dates:** Monday, July 21 – Thursday, July 24

**Time:** 6 - 8 p.m.

**Location:** St. Joe's Auxiliary Gym/Wrestling Room

**Cost:** \$75 per camper

*(additional campers per family are free!)*

**What to Bring:** Shorts, t-shirt, & sneakers *OR*  
wrestling shoes

**Camp Objectives:**

- To develop wrestling skills in a safe and fun environment
- Reinforce good habits and a healthy lifestyle

#### St. Joe's Advanced Wrestling Camp

*for experienced wrestlers entering grades 7–12*

**Dates:** Monday, July 21 – Thursday, July 24

**Time:** 6 – 8 p.m.

**Location:** St. Joe's Auxiliary Gym/Wrestling Room

**Cost:** \$75 per camper

*(additional campers per family are free!)*

**What to Bring:** Shorts, t-shirt, & wrestling shoes

**Camp Objectives:**

- Introduce advanced technique and training methods
- Sharpen skills in live wrestling and intense drill sessions
- Reinforce good habits and a healthy lifestyle

### SPECIAL GUEST CLINICIANS:

#### Jeff Catrabone

Former University of Michigan Student – Athlete

Former University at Buffalo Assistant Coach

- 3X NCAA All-American
- Career record of 160-27 with 55 falls

#### Mark Lewandowski

Seton Hill University – Assistant Wrestling Coach

Former University at Buffalo Student – Athlete

- 3X NCAA Qualifier
- 4x Section 6 Champion at Lancaster High School

### CAMP STAFF:

#### Pete Kennedy '97

*St. Joe's – Head Coach*

#### Craig Ostrum '02

*St. Joe's – Assistant Coach*

- 2002 NYCHSAA State Champion
- 2001 & 2002 MMHSAA All-Catholic Champion

#### John Denz '05

*St. Joe's – Assistant Coach*

- 2005 NYCHSAA State Champion
- 2003 & 2004 MMHSAA All-Catholic Champion

#### Brad Devlin '05

*Amherst – Assistant Coach*

- *St. Joe's assistant coach*  
2007 – 2013
- 2004 NYCHSAA State Champion

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COMPLETE THIS FORM AND MAIL BACK WITH CHECK

St. Joe's Novice Camp \_\_\_\_\_ St. Joe's Advanced Camp \_\_\_\_\_

Camper's Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone Number \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_

Grade in Sept. 2014 \_\_\_\_\_ School in Sept. 2014 \_\_\_\_\_

Shirt Size (circle one): **YS YM YL AS AM AL AXL**

Make check for \$75.00 payable to *St. Joseph's Collegiate Institute* and mail to:

St. Joe's Wrestling Camp  
Attn: Pete Kennedy  
845 Kenmore Ave.  
Buffalo, N.Y. 14223

## Consent to Treat and Release

I hereby give permission to the St. Joe's Wrestling Camp, its officers, employees, agents, trainers, or staff members to take whatever action is necessary for the health and welfare of my son including consenting on my behalf to any and all medical treatments, procedures, operations and/or hospitalizations. I further agree to hold them harmless and indemnify them for all medical bills incurred for the treatment of my child.

I understand that wrestling is a very physical sport that can result in injury. I hold the St. Joe's Wrestling Camp, St. Joseph's Collegiate Institute and its officers, employees, agents, trainers or staff members harmless and hereby release them from liability for any injury to my son while attending camp.

Parent/Guardian's Printed Name

Date

Parent/Guardian's Signed Name

Date