

2009 SPARTAN DUALS

Date: Saturday, January 24, 2009

Site: South Jefferson High School

Weigh Ins: 8:00 - 9:00 AM

Format: 2 four team pools with crossovers. All teams will wrestle 4 or 5 dual meets.

Awards: Trophies for Team Champions and Runners Up

Cost: \$250

Make payment out to: South Jefferson Varsity Club

Send to: Dianna Johnson – Athletic Secretary, P.O. Box 10 Adams, NY 13605

Schedule

Round 1: 9:30 AM - 11:00AM

Round 2: 11:00 AM – 12:30 PM

Round 3: 12:30 PM – 2:00 PM

Round 4: 2:00 PM – 3:30 PM

Round 5: 3:30 PM – 5:00 PM

Any questions, contact:

Patrick Conners

Varsity Wrestling Coach South Jefferson C.S.

25 Roberts St.

Adams, NY 13605

(315) 232-4993 (Home)

(315) 420 1637 (Cell)

(315) 232-4531 (School)

patrickcny@aol.com

_____ would / would not like to participate in the 2009 Spartan Duals

School Name

being held on Saturday, January 24th at South Jefferson High school. Please sign and return this

sheet to the above address.

Coach's Signature

Date

Athletic Director's Signature

Date